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CONTENTS OF THE VOLUME

- i. Copyright Notice
- ii. Editorial Board Members
- iii. Chief Author and Dean
- iv. Table of Contents
- v. From the Chief Editor's Desk
- vi. Research and Review Papers

- 1. Dental Extractions, Antibiotics and Curettage – First, Do no Harm. **1-6**
- 2. Estimation of age for Sudanese Adults using Orthopantomographs. **7-14**
- 3. Bioactive Implants in Cervical Spine Injury – Original Research(From 1995 To 2011). **15-26**
- 4. To Determine Prevalence of Chronic Suppurative Otitis Media with Reference to Unsafe Otitis Media in Primary School Going Children of Rural Setup of Wardha District. **27-36**

- vii. Auxiliary Memberships
- viii. Process of Submission of Research Paper
- ix. Preferred Author Guidelines
- x. Index



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Dental Extractions, Antibiotics and Curettage - First, Do no Harm

By Michael J. Wahl DDS, Jean A. Wahl DMD & Margaret M. Schmitt DMD

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Abstract- Background: Gentle curettage of the socket and/or postoperative antibiotics are standard protocols after an extraction of a tooth with a periapical radiolucency, but there are risks associated with these procedures.

Methods: A retrospective chart analysis of simple dental extractions of teeth with periapical radiolucencies and without postoperative curettage was conducted in a multidentist private practice. There were 31 cases that met the criteria, which included extraction site X rays at least three months postoperatively to check radiographic healing.

Results: Of 31 extractions with periapical radiolucencies and without socket curettage, all showed complete healing at least 3 months postoperatively. None was given preoperative antibiotics, and only three were given postoperative antibiotics for five or six days.

Conclusions: Complete radiographic healing occurs without postextraction curettage in teeth with periapical radiolucencies and without preoperative or postoperative antibiotic therapy in most cases.

Keywords: *extraction, curettage, antibiotic.*

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Conclusions: Complete radiographic healing occurs without postextraction curettage in teeth with periapical radiolucencies and without preoperative or postoperative antibiotic therapy in most cases.

Clinical implications: Socket curettage or antibiotic therapy in patients without significant swelling after simple extractions of teeth with periapical radiolucencies should not be routine. The risks of damage to adjacent structures, excessive bone removal, and postoperative pain exceed the benefits of postextraction curettage of the socket for teeth with periapical radiolucencies, and the risks of antibiotic therapy often exceed the benefits.

Keywords: extraction, curettage, antibiotic.

I. INTRODUCTION

A general principle of medicine and dentistry that dates back many centuries is the concept of *primum non nocere* or “first, do no harm.”¹ The Code of Professional Conduct of the American Dental Association states, “The dentist has a duty to refrain from harming the patient.”² In other words, before intervening with medical or dental care, a physician or dentist should consider the potential for harm from the intervention itself.

Gentle curettage of the socket is a standard protocol after a dental extraction. One oral surgery textbook states, “If a periapical lesion is visible on the preoperative radiograph and there was no granuloma attached to the tooth when it was removed, the periapical region should be carefully curetted to remove the granuloma or cyst.”³ Other authors make similar recommendations.⁴⁻⁶

The purpose of curetting an extraction socket with a radiographic lesion is at least theoretically to break up the granuloma or cyst to allow for better and/or faster healing, but there are potential risks with curettage. Adjacent anatomical structures can be disturbed. For example, excessive bone removal, sinus perforation, nerve injury, and increased postoperative pain can occur by curettage. Although good visibility is a hallmark of good extraction technique, postextraction “blind curettage” is typically the only option as the periapical area is usually too small, bloody, and distant from the coronal area of the socket to permit visibility. The tip of the curette must be small enough to reach through the periapex (often only 2mm or less) but large enough to break up the periapical granuloma or cyst, which is often much larger than the periapex itself. Sometimes it is impossible to curette the lateral aspects of the lesion without removing healthy periapical bone for access. If a smaller curette is used, more force can be concentrated in the smaller tip, but it is less likely to reach lateral aspects of the lesion. If a larger curette is used, it is less likely to reach into the periapical lesion because of its size.

Similarly, antibiotics carry inherent risks, including antibiotic resistance on an individual as well as global scale, and they should only be prescribed when necessary.⁷⁻⁹

In the authors’ multidentist general dental practice, sockets are not curetted after extractions. Preoperative or postoperative antibiotic therapy is rarely administered. Antibiotics are administered based on the clinician’s judgment if there is significant preoperative swelling (therapeutic antibiotics) or if there is a heart condition requiring prophylactic antibiotics to prevent endocarditis.

There are typically two choices when a patient presents with an infected tooth that shows a periapical radiolucency: root canal therapy or extraction. Usually, either treatment will lead to resolution of the periapical radiolucency. While postoperative curettage is possible with extractions, preoperative, perioperative, or postoperative curettage is virtually impossible with endodontic therapy. In spite of the impossibility of curettage, most periapical lesions heal after successful endodontic therapy. Our hypothesis was that if periapical lesions can heal after endodontic therapy and without curettage, then they should also be able to heal without postextraction curettage.

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II. METHODS

All patient charts were retrospectively reviewed in a multidentist private general dental practice between 1999 and 2011 of those who had undergone simple extractions of teeth with preoperative radiolucent lesions and who were seen at least three months postoperatively for a periapical radiograph in the course of receiving their routine dental care. After most extractions, patients were not routinely scheduled for postoperative X rays or even postoperative visits. The preoperative X rays were necessary for the extraction, but the postoperative X rays were coincidental with each patient's routine dental care. A full mouth X ray or a periapical X ray of an adjacent tooth on a patient several years after an extraction would qualify as a postoperative X ray of the extraction site. As a result, the median recall time was rather lengthy. Many patients may have moved away or gone to other dental practices before returning for a postoperative periapical radiograph.

III. RESULTS

There were 31 patients who met the criteria, ranging in age from 17 to 85 years old (median age: 47 years; average age: 46.2 years). [See Table 1.] The lesions ranged from 1 mm² to 99 mm² (median: 15 mm²; mode: 25.7mm²).

Of the 31 patients, none was administered preoperative antibiotics, and only three were administered postoperative antibiotics. A 37-year-old man was given 21 tablets of Penicillin VK 500 mg after the extraction of tooth number two with a 4 mm² periapical radiographic lesion. Two patients were administered antibiotics for postoperative infections, one starting on the 2nd postoperative day and the other starting on the 6th postoperative day. All patients showed complete radiographic healing/bone fill at their recall appointments, which ranged from 4 months to 72 months (median 29 months; mode 30.2 months). [See Figures 1 through 4. Figure 1: preoperative #31 X ray

showing periapical radiographic lesion. Figure 2: 5-month postoperative Xray #31 showing complete radiographic healing. Figure 3: #30 preoperative X ray showing periapical radiographic lesion, Figure 4: #30 48-month postoperative X ray showing complete radiographic healing.] In addition, two patients (a 24-year-old two days after #30 was extracted and a 62-year-old six days after #31 was extracted) were seen for postoperative fibrinolytic alveolitis and possible infections were prescribed amoxicillin 500 mg three times a day for 6 days.

IV. DISCUSSION

The results clearly show that neither postextraction curettage nor preoperative, perioperative, or postoperative antibiotic therapy is necessary to achieve complete radiographic healing of periapical lesions. A weakness of our study is that it was retrospective, and as a result, patients were not scheduled back periodically to monitor the speed of healing. In a prospective study, it would have been possible to schedule patients periodically and measure the decrease in lesion size accordingly. It is possible that antibiotic therapy or postoperative curettage may speed healing time, but it does not appear to improve the healing itself as all our patients achieved complete healing without it.¹⁰

V. CONCLUSION

Postextraction curettage carries inherent risks but few benefits. As is the case after successful endodontic therapy, periapical radiographic lesions heal completely without postextraction socket curettage. Practitioners should consider eliminating postextraction curettage of the socket. Similarly, preoperative, perioperative, and postoperative antibiotic therapy does not improve healing of periapical lesions of erupted teeth, and practitioners should consider eliminating such antibiotics unless indicated by the patient's symptoms (eg, preoperative swelling) or medical condition (eg, artificial heart valve).^{11,12}

Table 1 : Extractions without curettage

	Gender	Age	Tooth number	Recall (#months)	Antibiotic	Approximate lesion size (mm ²)
1	M	47	18	36	none	80
2	M	85	8	36	none	20
3	M	44	2	46	none	4
4	M	49	7	26	none	99
5	F	20	17	12	none	15
6	F	49	21	13	none	48
7	M	67	20	44	none	42
8	M	48	31	16	none	54
9	F	74	30	16	none	12
10	F	20	14	4	none	24
11	M	57	19	72	none	7.5
12	M	40	14	12	none	25

13	F	43	8	34	none	1
14	F	41	31	18	none	3
15	M	37	2	40	Penicillin VK 500 mg tablets were prescribed after the extraction for 5 days, four times a day for preoperative swelling.	4
16	M	47	30	24	none	2
17	F	38	30	41	none	7.5
18	M	23	19	35	none	20
19	M	32	30	50	none	5
20	F	25	19	29	none	7.5
21	F	39	18	3	none	4
22	M	62	31	12	On 6 th postop day, patient was treated for postop infection and/or dry socket and given amoxicillin 500 mg three times per day for 6 days	5
23	M	75	2	20	none	41
24	F	27	18	17	none	11
25	F	51	19	10	none	64
26	F	24	30	9	On 2 nd postop day, patient was treated for postop infection, swelling, and/or dry socket and given amoxicillin 500 mg three times a day for 6 days.	48
27	F	17	19	7	none	56
28	M	72	22	33	none	20
29	F	50	12	3	none	9
30	M	63	18	3	none	49
31	M	67	12	4	none	10





Figure 1 : preoperative #31 X ray showing periapical radiographic lesion

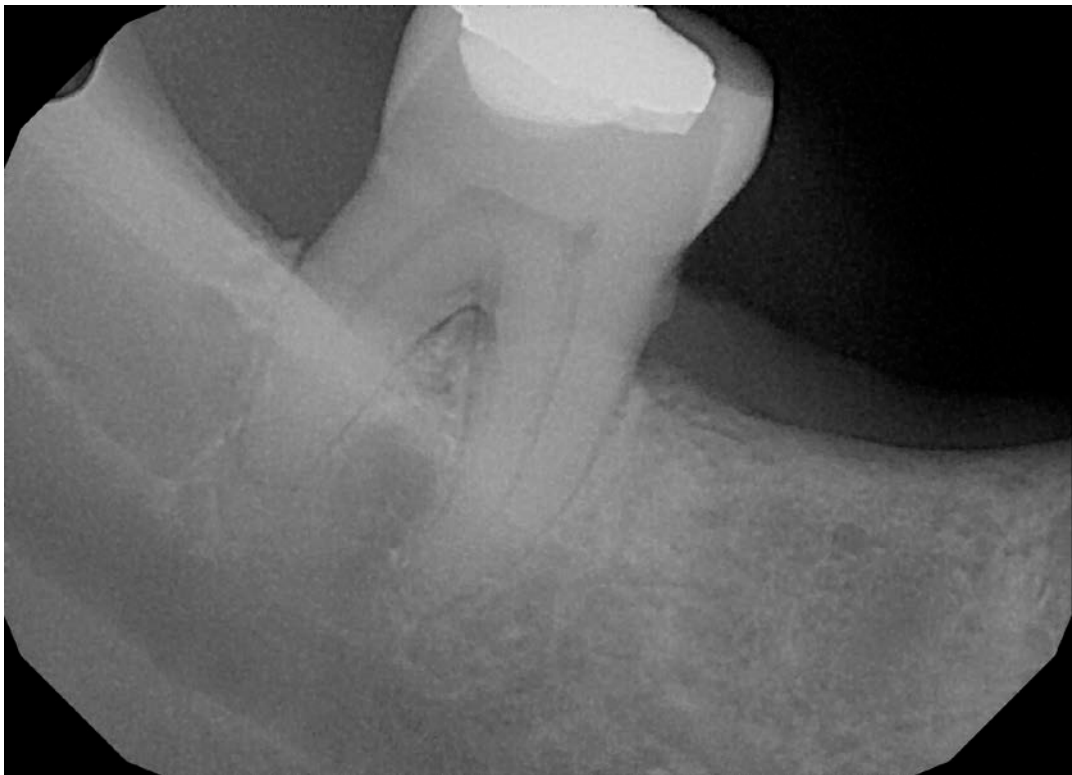


Figure 2 : 5-month postoperative Xray #31 showing complete radiographic healing



Figure 3 : #30 preoperative X ray showing periapical radiographic lesion



Figure 4 : #30 48-month postoperative X ray showing complete radiographic healing



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Estimation of Age for Sudanese Adults using Orthopantomographs

By Caroline Edward Ayad, Hiba Mahgoub Hamid, Elsafi Ahmed Abdalla
& Samih Awad Kajoak

College Of Medical Radiological Science, Sudan

Abstract- Background: Radiology plays an important role in human age determination. Radiological images are utilized in the process of age estimation.

Objectives: The aim of this study was to determine the usefulness of Orthopantomographs (OPGs) in the assessment of the Sudanese adult age compared to chronological age.

Materials and Methods: The study was obtained in Mursi Medical Center from the period of January to August 2011. The OPGs of 99 Sudanese individuals of both gender (49male and50 female) with known chronological age, ranging from 15 to 30 years, were selected .The pulp –root length ,root length, pulp/root ratio , total tooth length ,crown length of the mandibular canine were measured in mm and the estimated age was recorded using the mandibuler canine measurements .Patients were classified into three groups ,A was of age <20 years old ,B was of 20 to 27 and C was of age >27.

Results: the estimated age in A and C groups were well correlated with the chronological age in both genders and no significant difference was detected, but in B group there is a significant difference between the estimated and chronological age and between males and females measurements.

Keywords: *age estimation, sudanese, orthopanto-mography.*

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Materials and Methods: The study was obtained in Mursi Medical Center from the period of January to August 2011. The OPGs of 99 Sudanese individuals of both gender (49male and50 female) with known chronological age, ranging from 15 to 30 years, were selected .The pulp –root length ,root length, pulp/root ratio , total tooth length ,crown length of the mandibular canine were measured in mm and the estimated age was recorded using the mandibuler canine measurements. Patients were classified into three groups ,A was of age <20 years old ,B was of 20 to 27 and C was of age >27.

Results: the estimated age in A and C groups were well correlated with the chronological age in both genders and no significant difference was detected, but in B group there is a significant difference between the estimated and chronological age and between males and females measurements.

Mandibular canine measurements can be used significantly in ages < 20and > 27, but cannot give the exact age for ages between 20 to 27 for Sudanese adult subjects.

Keywords: age estimation, sudanese, orthopantomography.

I. INTRODUCTION

OPG is one of the imaging modalities that produce a complete view of both dental arches and their adjacent structures with minimal geometric distortion and with minimal overlap of anatomic details from the contra lateral side. [Allan E, 2010]

Age estimation, is necessary especially in a multicultural society [Nathalie Bosmansa, 2005], different methods for dental age calculation were used including morphological and radiological techniques. The morphology technique required extraction, which cannot be used in living individuals where it is not acceptable to extract teeth for ethical reasons. In such circumstances, a radiographic approach, offers a

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relatively nondestructive method and eliminates the need for extraction of teeth.[Rihima Sharma and Anurag Srivastava,2010]

The dental pulp development and regressive changes can be related to chronological age.[Reppien K., Sejrnsen B., Lynnerup N.,2006] The size of the pulp decreases with age due to the deposition of the secondary dentin, and this is a continuous process that occurs throughout life [Nanci A.,2008],dental pulp can be used as a parameter to assess the age of an individual during later periods of life.

Kvaal et al. reported a new method for estimating the chronological age of adults based on the relationship between age and the pulp size on periapical dental radiographs [Kvaal SI,et al1995] as well as on orthopantomographs (OPGs) for estimating the age of an individual.[Smans N.,2005]

Therefore the Objectives of this study are to assess the dental age for Sudanese population using OPG as one of the radiological methods as well as to determine the usefulness of OPG in dental morphology assessment for the age compared to chronological age using Kvaal's method and to evaluate the applicability of dental age in forensic sciences for Sudanese

II. MATERIALS AND METHODS

The study was done at Mursi Medical Center during the period from March 2011 to August 2011.OPG machine GENDEX was used by applying 47 Kv, 10 mAs. 99 subjects with known chronological ages between (15-30 years old), from panoramic x-ray department were involved in this study, the best presented mandible canine on the orthopantomograph and suited for measurement were chosen. The subjects with impacted teeth, opaque fillings, crowns, pathological processes in the apical bone visible on the radiograph and extracted canine and ages more than 30 were not selected. Orthopantomograms showing badly positioned teeth or teeth with large areas of enamel overlap between neighboring teeth were also excluded. The ethics and research committee approved the study and consent was obtained from all patients prior to the examination.All subjects were examined in sitting position; and in proper manner to ensure that the teeth and jaws are within the image. All foreign objects, including dental appliances, spectacles and earrings were removed. The patient's head was positioned

correctly; the patient rested the tongue against the palate to prevent a radiolucent band appearing above the maxillary teeth. Dental panoramic tomography was carried out with intensifying screens to limit the radiation dose. The Study chooses the mandible canine in both genders to apply the measurements. The variables were defined as: P= the length of the pulp, T= the length of the root from cervical area to the apical end, C= the length of the crown from the cervical area to the incisal edge, Total length of the tooth. The four variables were measured in (mm) and the pulp/tooth area ratio of the canine was calculated. Age was calculated using the Indian formula derived: $(\text{Age} = 64.413 - (195.265 \times \text{PTR}))$, where PTR is the pulp/tooth area ratio. The Indian specific equations [Babshet M., et al 2010] were applied for Sudanese subjects and examined its use in age prediction; the suspected age was compared to the known chronological age.

III. STATISTICAL ANALYSIS

The data were analyzed by using SPSS, version 16.0. The data are expressed using mean, standard deviations and percentages and p value at 0.05 to test the degree of significances.

IV. RESULTS

The 99 Sudanese subjects studied consist of 50 (50.5%) female and 49(49.5%) male

The total sample is divided into three groups (A-B-C) according to age:

Group (A): age less than 19 years old.

Group (B): age more than 20 and less than 27 years old.

Group (C): age more than 26 years old.

a) Results of Group A (Age <20)

Table 1 : The mean and standard deviation of the variables that collected from the sample (12 males, 16 females)

	Gender	Number	Mean	Std. Deviation
Chronological age	Male	12	16.533	1.5675
	Female	16	15.469	.6700
Estimated age	Male	12	16.600	1.5949
	Female	16	15.562	.8318
PRL(P)	Male	12	16.83	3.010
	Female	16	12.94	1.526
TRL (T)	Male	12	19.58	1.832
	Female	16	16.25	2.408
CIL(C)	Male	12	11.00	.853
	Female	16	10.88	.957
Total length	Male	12	30.67	2.535
	Female	16	26.50	3.795
PTR ratio	Male	12	85.1417	7.78921
	Female	16	80.1250	4.25167

Number of Subjects are 28 for both gender (Age < 20), (P) stands for the length of the pulp, (T) for the length of the root from cervical area to the apical end, (C) for the length of the crown from the cervical area to the incisal edge, Total length of the tooth. And (PTR) is the pulp/tooth area ratio

Table 2 : The average mean and STDV of the variables collected from both males and females

	Chronological age	Estimated age	PRL (P)	TRL (T)	CILC (C)	Total length	PTR ratio
Number	28	28	28	28	28	28	28
Mean	15.925	16.007	14.61	17.68	10.93	28.29	82.2750
Std. Deviation	1.2403	1.3015	2.973	2.722	.900	3.876	6.41501

Number of Subjects are 28 for both gender (Age < 20) The ages are measured in years and the variables measurements are taken in (mm)

Table 3 : The Correlation between the Chronological and Estimated Age

	Number	Correlation	Significant
Chronological & Estimated age	28	.939	.000

Number of Subjects are 28, Age < 20 years, P-value is significant at 0.000

b) Results Of Group B (Age > 19 and age < 27)

Table 4: The average mean and standard deviation of the variables collected from the sample B(24 males and 28 females)

	Gender	Number	Mean	Std. Deviation
Chronological age	Male	24	23.717	1.7307
	Female	28	22.157	1.2612
Estimated age	Male	24	23.850	1.5946
	Female	28	22.532	1.3389
PRL(P)	Male	24	20.50	.834
	Female	28	16.61	3.957
TRL (T)	Male	24	16.79	1.103
	Female	28	14.46	3.737
CIL(C)	Male	24	11.04	.690
	Female	28	11.25	.799
Total length	Male	24	27.75	1.359
	Female	28	25.71	3.886
PTR ratio	Male	24	122.5042	8.08286
	Female	28	115.7700	6.85635

Number of Subjects are 52 for both gender ,with Age > 19 and age < 27,(P) stands for the length of the pulp, (T)for the length of the root from cervical area to the apical end, (C)for the length of the crown from the cervical area to the incisal edge, Total length of the tooth. And (PTR) is the pulp/tooth area ratio

Table 5: The average mean and STDV of the variables collected from both genders

	Chronological age	Estimated age	PRL (P)	TRL (T)	CIL (C)	Total length	PTR ratio
Number	52	52	52	52	52	52	52
Mean	22.877	23.140	18.40	15.54	11.15	26.65	118.8781
Std. Deviation	1.6761	1.5924	3.527	3.052	.751	3.143	8.11432

Number of Subjects are 52 both gender (Age > 19 and age < 27)
The ages are measured in years and the variables measurements are taken in (mm)

Table 6: The correlation between the chronological and estimated age

	Number	Correlation	Significant
Chronological & Estimated age	52	.955	.182

Number of Subjects are 52, (Age > 19 and age < 27), P-value is significant at 0.000

c) Results Of Group C (Age > 26)

Table 7: The average mean and standard deviation of the variable collected from the sample c (14 males and 5 females)

	Gender	Number	Mean	Std. Deviation
Chronological age	Male	14	30.229	1.6790
	Female	5	30.320	1.8130
Estimated age	Male	14	30.736	2.0167
	Female	5	29.620	1.3424
PRL(P)	Male	14	19.29	.726
	Female	5	19.60	1.140

TRL (T)	Male	14	12.29	1.069
	Female	5	13.00	1.225
CIL(C)	Male	14	10.71	.611
	Female	5	10.60	.548
Total length	Male	14	23.00	1.177
	Female	5	23.60	1.517
PTR ratio	Male	14	157.4143	10.52096
	Female	5	151.0200	6.83974

Number of Subjects are 19 for both gender ,(Age > 26) ,(P) stands for the length of the pulp, (T)for the length of the root from cervical area to the apical end, (C)for the length of the crown from the cervical area to the incisal edge, Total length of the tooth. And (PTR) is the pulp/tooth area ratio

Table 8 : The average mean and STDV collected from variables for both genders

	Chronological age	Estimated age	PRL (P)	TRL (T)	CIL (C)	Total length	PTR ratio
Number	19	19	19	19	19	19	19
Mean	30.253	30.442	19.37	12.47	10.68	23.16	155.7316
Std. Deviation	1.6638	1.8954	.831	1.124	.582	1.259	9.93518

Number of Subjects are (Age > 26) The ages are measured in years and the variables measurements are taken in (mm)

Table 9 : The correlation between the chronological and estimated age

	Number	Correlation	Significant
Chronological & Estimated age	19	.894	.000

Number of Subjects are 19 (Age > 26) P-value is significant at 0.000

d) Results of the Groups A and C (Age <= 20 or age > 26 years)

Table 10 : The average mean and standard deviation of the variables collected from the sample A&C

	Gender	Number	Mean	Std. Deviation
Chronological age	Male	26	23.908	7.1431
	Female	21	19.005	6.5579
Estimated age	Male	26	24.212	7.4081
	Female	21	18.910	6.2064
PRL(P)	Male	26	18.15	2.412
	Female	21	14.52	3.234
TRL (T)	Male	26	15.65	3.979
	Female	21	15.48	2.581
CIL(C)	Male	26	10.85	.732
	Female	21	10.81	.873
Total length	Male	26	26.54	4.329
	Female	21	25.81	3.586
PTR _ratio	Male	26	124.057	37.87195
	Female	21	7	31.30921

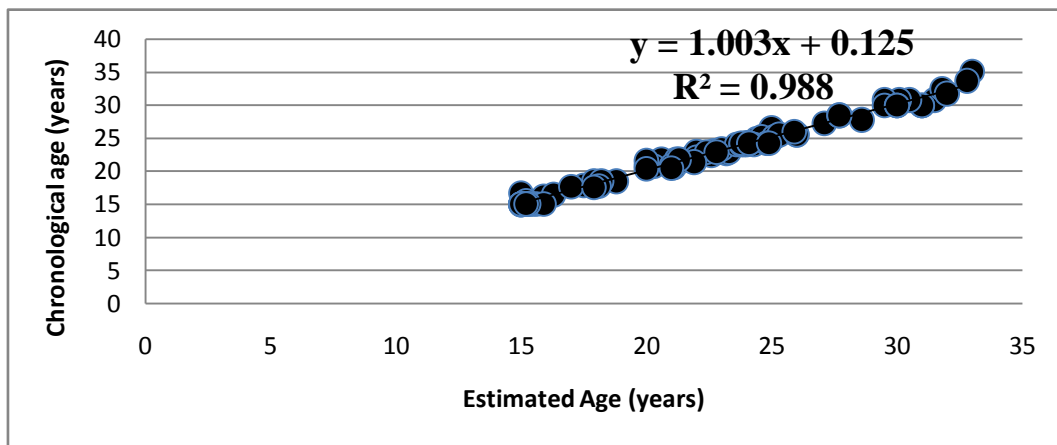
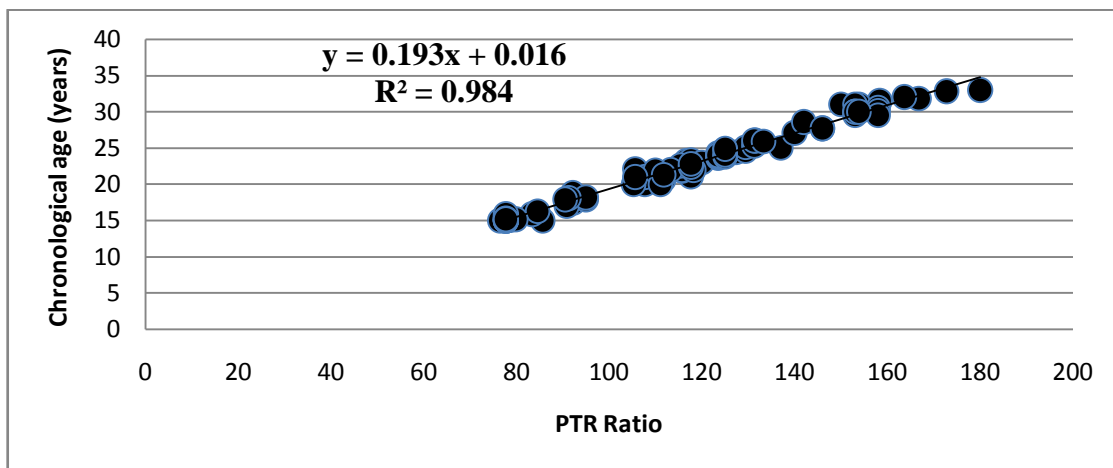
Number of Subjects are 47 for both gender (Age <= 20 or age > 26 years),(P) stands for the length of the pulp, (T)for the length of the root from cervical area to the apical end, (C)for the length of the crown from the cervical area to the incisal edge, Total length of the tooth. And (PTR) is the pulp/tooth area ratio

Table 11: The average mean and STDV collected from variables for both genders

	Chronological age	Estimated age	PRL (P)	TRL (T)	CIL (C)	Total length	PTR ratio
Number	47	47	47	47	47	47	47
Mean	21.717	21.843	16.53	15.57	10.83	26.21	111.9702
Std. Deviation	7.2456	7.3262	3.322	3.393	.789	3.989	37.28985
Number of Subjects are 47 (Age <= 20 or age > 26/ years),the measurements are taken in (mm) for the variables							

Table12: The correlation between the chronological and estimated age

	Number	Correlation	Significant
Chronological & Estimated age	47	.996	.000
Number of Subjects are 47, Age <= 20 or age > 26 years P-value is significant at 0.000			

*Fig. 1:* shows the relation between the chronological age and estimated age*Fig. 2:* Shows the relation between the chronological age and PTR Ratio

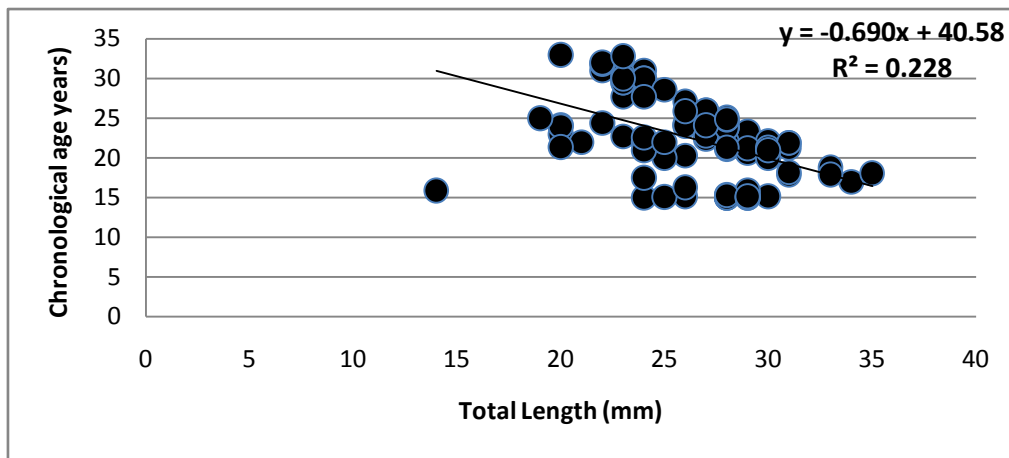


Fig. 3 : shows the relation between the chronological age and Total Length

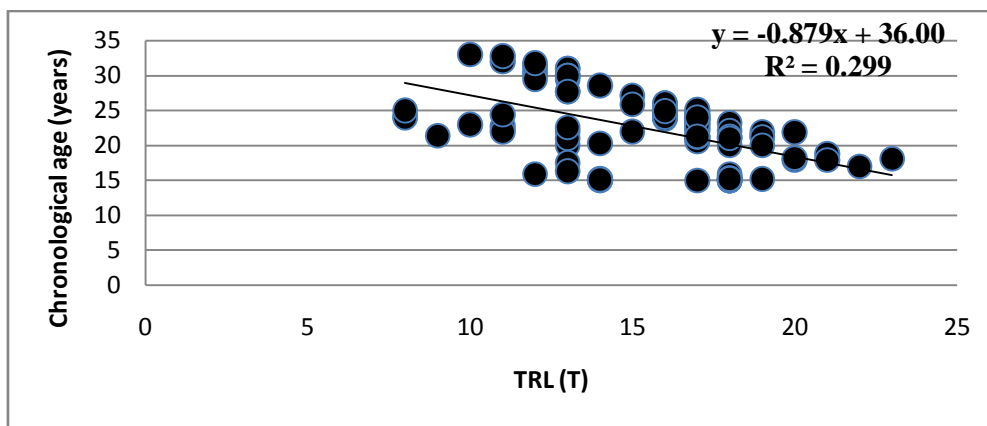


Fig. 4 : shows the relation between the chronological age and TRL

V. DISCUSSION

Age estimation plays an important role in forensic medicine and dentistry. [Maber M, 2006] Radiology plays an indispensable role in human age determination. Radiological age estimation in adults would be challenging as the development of dentition is completed.

In adulthood, teeth undergo time-related changes representing biological aging, and many studies have shown that several features of aging can be used for age determination [Paewinsky E. 2005] including volume of pulp cavity and the third molar development as well as the morphology of the teeth.

The main objective of this study was to assess the dental age using OPG as a routine method used in dentistry. The study used five variables including: The pulp-root length, root length, pulp/root ratio, total tooth length, crown length of the mandibular canine in both genders using mean values and standard deviation.

The sample was divided into 3 groups, group A was of ages <20, [Table 1, 2] shows that the mean age and standard deviation were found to be For PRL (P) and TRL (T), CIL(C) it was found to be 14.6 ± 2.9 , 17.7 ± 2.7 , $10.9 \pm .9$, and the total length of the mandible

canine was found to be 28.3 ± 3.9 where the PTR ratio was found to be 82.3 ± 6.4 .

The Indian equation mentioned by [Babshet M. 2010] was applied using the PTR to calculate the subjects suspected age, the mean age and standard deviation were found to be 15.9 ± 1.24 , 16.0 ± 1.30 for Chronological age and estimated age respectively. The correlation between the chronological and estimated age of this group was found to be 0.000 at p-value of 0.005. [Table 3]

Results of Group B (Age > 19 and age < 27) were found to be: for PRL (P), TRL (T), CIL(C), were found to be 18.4 ± 3.5 , 15.5 ± 3.1 and $11.2 \pm .8$ and the total length were found to be 26.7 ± 3.1 and the PTR - ratio was 118.9 ± 8.1 .

The mean age and standard deviation were found to be 22.9 ± 1.7 , 23.1 ± 1.6 for Chronological age and Estimated age respectively, and The correlation between the chronological and estimated age of this group was found to be 0.184 that means that a significant difference between the estimated and chronological age was detected in this group. [Table 4, 5, 6]. This may be due to the different stages of dental development which should be associated with caution

to maturation stage or skeletal age as mentioned by [Carlos Estrela, José Valladares Neto, 2010]

Results of Group C (Age > 26) the results shows that the mean PRL-P was 19.4 ± 0.8 and TRL -T was 12.5 ± 1.124 and CILC was 10.7 ± 0.6 where the total length was found to be 23.2 ± 1.3 , and PTR ratio was 155.7 ± 9.9 . The mean age and standard deviation were found to be 30.3 ± 1.7 , 30.4 ± 1.9 for Chronological age and estimated age respectively, The result showed that there were significant relationships detected when calculating the estimated age in group (A and C) with the chronological age in both genders, but there is a significant difference between the estimated and chronological age in group (B). [Table 7, 8, 9]

On similar grounds, a study was carried out to examine the application of the pulp/tooth area ratio by digital periapical images of upper and lower canines as an indicator of age. It was concluded that canines can serve to predict the age of an individual [Cameriere et al, 2007]

Results of the Groups A and C (Age ≤ 20 or age > 26 years) showed a significant relation between the chronological age and estimated age [tables 10, 11, 12]

The relation between the chronological age and PTR Ratio was studied, it was increased by 0.19 ± 0.02 , R^2 was 0.98 this ;because of that with advancing age, secondary dentine is deposited along the wall of the dental pulp chamber, leading to a reduction in the size of the pulp cavity. [Prapanpoch S, 1994] this ratio is good indicator for ages less than 20 and more than 26 it consigned with the estimated age gained by the Indian equation but in ages of twenties the exact age was not estimated significantly when using PTR ratio. [Figures 1, 2]. The relation between the chronological age and Total Length was also been evaluated, it was found that the total tooth (canine) length was decreased by increasing the age, and TRL was also decreased with age as it appears in [Figures 3, 4]. Similar findings was found [Babshet M. 2010, Kvaal S.I, Solheim T, 1994, Landa M.I. 2009]

To conclude ;this study is an attempt to assess the age using OPG in Sudanese population in both gender using mandibular canine for PTR, the result suggested that The Indian formula for mandibular canine measurements can be applied to estimate the dental age for Sudanese significantly with the chronological age in ages less than 20 and more than 27 in both male and female, but in the ages between 20 to 27 there is a significant difference between chronological and estimated age as well as between males and females measurements.

Also it gives a scope for future studies on larger sample size, and measuring the molars and premolars as an age indicator.

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Bioactive Implants in Cervical Spine Injury - Original Research(From 1995 To 2011)

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Abstract- Objectives: The paper deals with the development and clinical evaluation of a new bioactive implant designed for anterior cervical interbody fusion (ACIF) in the surgical treatment of unstable injury in subaxial part of cervical spine (type A2, 3 and B3 fractures according to Aebi and Nazarian classification).

Significance of the topic: In the middle of the nineties of the last century the glass-ceramic prosthesis BAS-0 made it possible to gain the first experiences in materials replacing allografts for ACIF. Its major disadvantage lay in insufficient resistance. Given these complications, we searched for a stronger material while maintaining the bioactive properties of the glass-ceramics. Bioactive titanium with a special surface treatment by the company LASAK proved to be such a material. New Implant suitable for ACIF was developed in the year 2003. This type was introduced into clinical practice in 2004 after experimental mathematical verification of the design and cadaver testing.

Brief methodology: The new implant has a basic shape of a full truncated prism narrowed by 1 degree towards the spinal canal; its length is 13-15 mm with a graded height of 8-5 mm and width of 13 mm. We have used this implant successfully in the treatment of patients with cervical spine injury in unstable fractures. It was indicated the anterior decompression of the spinal canal with interbody fusion together with plate systems.

GJMR-J Classification : NLMC Code:WE 725



Strictly as per the compliance and regulations of:



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Bioactive Implants in Cervical Spine Injury – Original Research(From 1995 To 2011)

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Abstract- Objectives: The paper deals with the development and clinical evaluation of a new bioactive implant designed for anterior cervical interbody fusion (ACIF) in the surgical treatment of unstable injury in subaxial part of cervical spine (type A2, 3 and B3 fractures according to Aebi and Nazarian classification).

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Results: During the years 2006 – 2011 we operated 26 patients with unstable fractures in subaxial cervical spine. We performed successful surgery using new bioactive titanium implant in 12 patients. The outcomes were evaluated according to the standard criteria used in this kind of operations (clinical scoring schemes, radiological imaging) with a follow-up of at least 1 year.

Conclusion: When comparing the operation techniques using different types of implants to our implants we found one significant difference. Thanks to the new shape and bioactive properties of the surface it is not necessary to fill it with further material.

1. INTRODUCTION

Injuries of the lower cervical spine occurs as monotrauma or compound injury. They are rarely caused by only direct force on the spinal structures. Typically there is an indirect injury of spinal segment due to non-physiological forces (compression, flexion, extension or rotation). Cervical spine injuries result in the spine segment instability which poses a threat to the

nerve structures of the spinal canal (spinal cord, roots) (Aebi 1991, Bohlman 1979, Caspar 1989). Modern classifications of lower cervical spine injuries respect these pathological anatomical characteristics and determine the level of injury severity and the prognosis. Detailed and frequently used classification by Aebi and Nazarian (Aebi 1987) divides injuries into type A, type B and type C and into groups and subgroups 1 to 3, and respects the extent of traumatic instability or residual stability, distinguishes anterior and posterior column of the spine and differentiates between mostly osseous, mostly ligamentous, and combined injury. Conventional X-ray and CT examinations are needed for the determination of injury classification. In many cases it is also necessary to add MRI examination to determine the damage to the soft tissues – ligaments, joint capsules and intervertebral discs. Depending on whether the injury is classified as stable or unstable, a decision is made about the management (surgery/conservative therapy). Surgical intervention is required for unstable spine injuries (Bohlman 1992, Fehlings 2005, Kandziara 2005, Osti 1989, Štulík 2003). It allows stabilization and decompression of the spinal cord and reconstruction of the anatomical structures of the spine to prevent secondary damage to the spinal cord and late post-traumatic changes. It is not possible to heal the "unstable" type of injury using conservative management. The most common surgical technique in ligamentous (A3, B3, C3) and osteoligamentous injuries (A2, C2) is anterior approach using a plate and the anterior cervical interbody fusion (ACIF) similarly as in degenerative cervical spine disease (Norrell 1970, Perret 1968, Caspar 1989, Connolly 1996).

In 1960 Bailey (Bailey 1960) and then Robinson and Southwick published their first experience with surgical treatment of lower cervical spine injuries using the anterior approach technique described between 1955 and 1958 by Robinson and Cloward for the treatment of degenerative diseases (Cloward 1958). Standard surgical procedure includes decompression of the spinal canal (reduction of luxation, removal of damaged intervertebral disk, etc.), anterior cervical interbody fusion using bone grafts and fixating the operated segment with a plate and monocortical or bicortical screws. Because of problems associated mainly with bone graft harvest (Banvart 1994, Hrabálek 2007) implants designed for use in ACIF made of various materials (glass-ceramics, titanium, PEEK,

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poly(lactide) have been developed since the 80's of the last century (Yamamoto 1995, Matge 1998, Filip 2000, Cho D 2002, McConnell 2003, Vaccaro 2002). They should eliminate the problems inherent to bone grafts and copy as much as possible the biological properties of bone tissue. Based on biomechanical studies we have developed an implant made of bioactive glass-ceramics in the first half of 1990's. Its strength parameters and bioactive properties simulated bone tissue (Kokubo 1982, Bienik 1991, Urban 1992). In clinical practice it gradually replaced bone grafts in surgical treatment of degenerative disease (Filip 2000) and unstable, mainly osteoligamentous injuries to the lower cervical spine. At the Neurosurgical Department of the University Hospital in Ostrava we operated 10 patients with cervical spine injuries using this implant supplemented with a plate fixed by screws during the period of 1997 to 1999. Neurological findings improved by one grade on the Frankel scale in 3 patients. According to imaging examinations (RTG, CT) no dislocation of glass-ceramics implant occurred after a period of one year and more since the time of the operation. After two months, we observed in two operated that a screw in the plate became partially loose without a need for re-operation. The main advantages for the patients included mainly shorter time of the operation and elimination of complications associated with the bone graft harvest. Bioactive properties of the surface contributed to bone fusion without supplementing additional material. Implant fragility was the main disadvantage (Filip 2000). During the application there was a risk of damage to the implant by the contact with metal instruments. In 2003–2004 we eliminated this disadvantage by developing an implant made of a new material – bioactive titanium. It has shown several times higher strength while retaining its bioactive properties as a result of a special surface treatment [Strnad 2001]. We have gradually implemented this to the clinical practice for the same indications as in case of the preceding glass-ceramics implant. In 2007–2011 we used it at Neurosurgical Department of KNTB Zlín in 12 of 34 patients who underwent anterior approach surgery due to unstable injury to the lower cervical spine. Compared to the glass ceramic implant the new implant handling during the surgical procedure was easier without a risk of damage. Its shape and bioactive properties contributed to bone fusion without the need of additional material (Filip 2005, Filip 2010). In the monitored post-operative period of at least one year neither any dislocation nor deterioration in the clinical condition was observed in a set of all 34 operated patients. Cage implants made of poly(lactide) or PEEK (Vaccaro 2002, Hacker 2000, ChoD 2002, Matge 2002, Suchomel 2004) were applied to the remaining 22 patients who were operated in the same period. Their cavity needed to be filled with additional material (bone, BCP, TCP) to initiate interbody fusion. Compared with

the application of a titanium implant with bioactive surface, cage implants with filling material are more demanding with regards to their insertion, which prolongs the duration of the operation.

II. MATERIAL AND METHODOLOGY

a) *Implant for use in ACIF made of glass-ceramics BAS-O (1996–1999)*

In 1997 we used an implant made of bioactive glass-ceramics for ACIF in unstable injury to the lower cervical spine as an equivalent replacement of autologous bone drafts (Kokubo 1982, Urban 1992, Yamamoto 1995). It imitated bone tissue properties by its mechanical strength and bioactive properties. In vertical compression glass-ceramics exceeded twice the strength of cortical bone tissue and it was identical in bending strength. Disadvantage of BAS-O glass-ceramics is its fragility causing problems in optimizing the implant shape during biomechanical modelling. Based on mathematical studies we have retained the implant's shape as a tapered prism with the following dimensions: length 15mm, height 7.8mm ventrally and 6.9mm dorsally, and width 13mm. Strength parameters of this shape exceeded the strength of an autograft (see Figure 1, Figure 2).

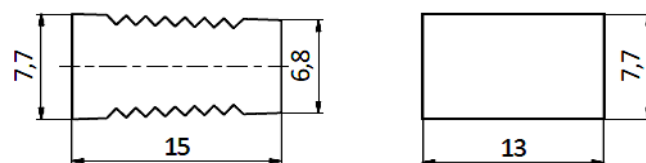


Figure 1 : Drawing of a cervical implant for use in ACIF made of bioactive ceramics (1994)



Figure 2 : Cervical implant for use in ACIF in clinical practice (1996)

Its bioactive properties were the result of an active chemical bond initiated by hydroxyapatite surface with surrounding bone tissue that developed within 48 hours and then the migration of osteoblasts over the surface to create bone fusion within 2 to 3 months by connecting the surrounding vertebral bodies (see Figure 3).

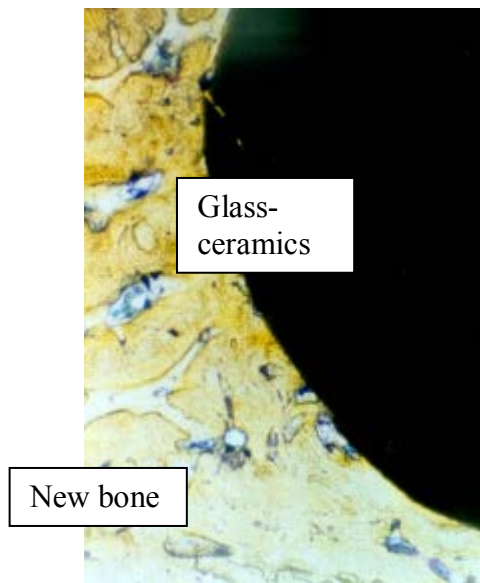


Figure 3 : Electron microscope: bone/glass-ceramics active interface (1992)

Figure 3 Histological cross-section of the interface between BAS-O glass-ceramics and newly created bone tissue 6 years after the implantation (original magnification 200x, stained with toluidine blue). The image demonstrates direct connection of the implant surface with bone tissue without intermediary layer of fibrous tissue.

Implant surfaces that face the vertebral bodies have small indentations of 1mm high. They are intended to secure a firm fixation immediately after the surgery before the fusion due to chemical bond occurs. During the insertion the implant had to be protected from a contact with the metal because of the risk of a damage. We used instruments covered with rubber for handling the implant.

b) *Implant for use in ACIF made of bioactive titanium 2007 - 2011*

Based on the experience with the application of the glass-ceramics implant (Filip 2000) we were looking for material with better strength parameters while maintaining the surface bioactive properties. The material was required to enable more convenient handling during the surgical procedure without the risk of a damage. Titanium with special treatment ensuring surface bioactive properties developed in 1998-2001 (Strnad 1999, 2001) appeared to be the material.

In 2004–2005 we developed an implant for use in ACIF made of bioactive titanium. After the surface treatment this material retains its osteoconductive properties similar to the BASO glass-ceramics while its strength increases significantly. This implant has a basic shape of a full truncated prism narrowed by 1 degree towards the spinal canal; its length is 13-15 mm with a graded height of 8-5 mm and width of 13 mm

It is made of technical pure titanium with a chemically-treated surface providing its bioactive properties. This enables it to form a firm bond with the bone tissue and features osteoconductive properties, see Figure 4.



Figure 4 : Electron microscope: bone/biotitanium active interface

Figure 4 Histological cross-section of the interface between the newly created bone tissue and bioactive surface 2 months after the implantation (original magnification 200x, stained with toluidine blue). The figure showing high value of Bone Implant Contact (BIC=91%) 2 months after the implantation indicating excellent osseoconductive properties of bioactive titanium.

The material is of black-gray color with a density of 4,500 kg*m⁻³ and its tensile strength is at least 450 MPa. On the prism's opposite sides adjacent to vertebral bodies after the application, the implant is fitted with sharp wings of 0.5 mm in height and 30-degree angulation. These ensure primary stability for undisturbed healing and incorporation of the implant into the surrounding vital bone tissue. The shape and size was supported by biomechanical studies, see Figure 5.



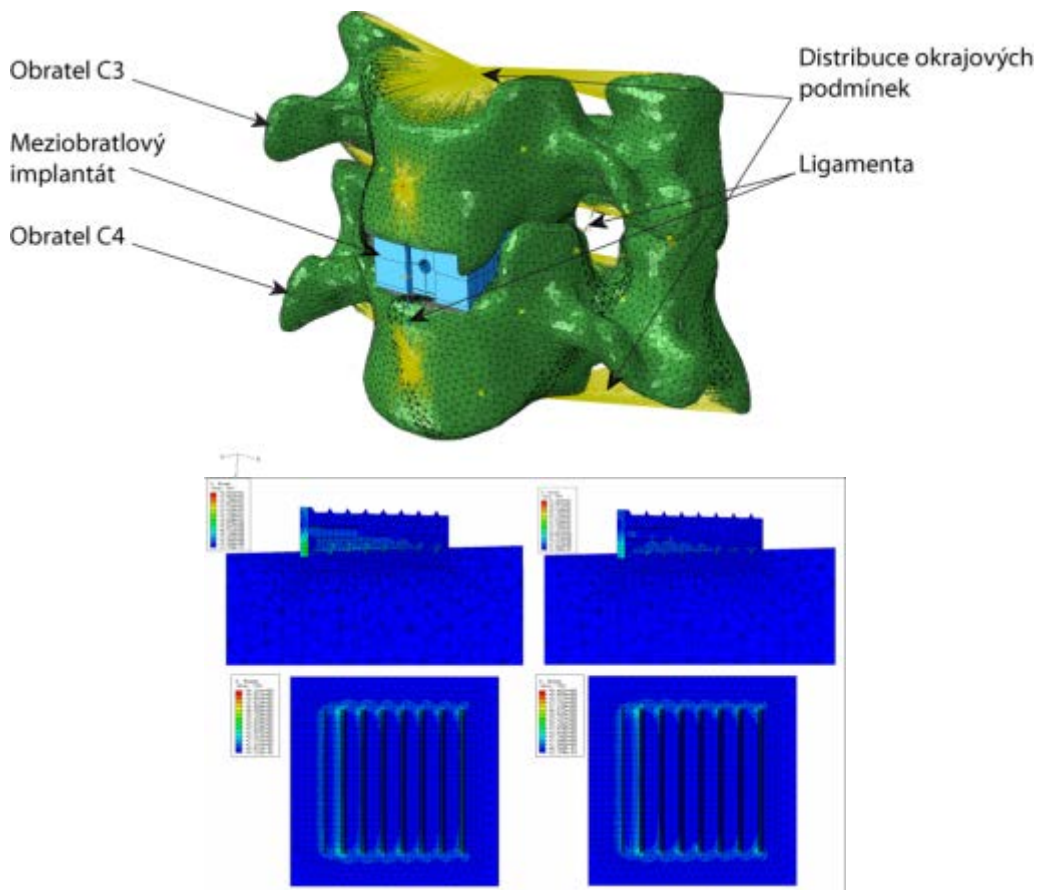


Figure 5 : Model evaluation of shape and strength of wings (2003)

These studies supplemented by clinical experience with the glass-ceramics implant resulted in the creation of a new implant for use in ACIF, see Figure 6.

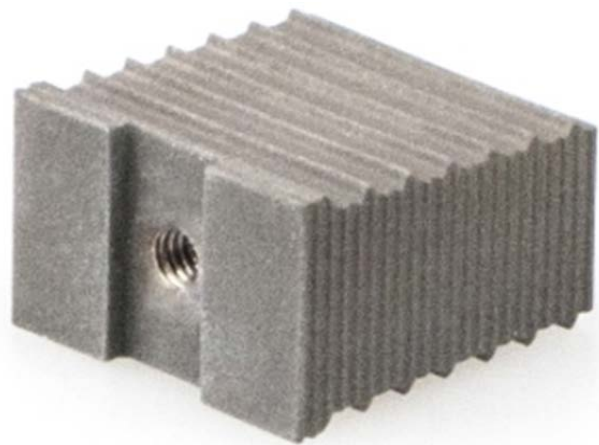


Figure 6 : Cervical implant made of bioactive titanium (2004)

III. RESULTS

In both types of implants (glass-ceramics/bioactive titanium) developed by us we indicated patients for the operation according to the instability of the injured lower spine defined in the preoperational stage according to the imaging methods (X-ray, MRI, CT) and using the classification according

to Aebi and Nazarian and according to the neurological findings using the Frankel scale. We carried out the surgery by the Caspar technique (Caspar 1989, Klézl 1999). Under general anesthesia from the prevertebral incision and after exposing anterior surface of the vertebral bodies we removed the structures compressing the spinal canal (intervertebral disk, posterior ligament residues, fragments of the edges of

the vertebral bodies, haematoma, etc.) using an operating microscope. Then we prepared a bed for inserting the implant into the interbody space. We removed the endplates from the vertebral bodies and

exposed cancellous bone. In traction and using the Caspar's instrumentarium we inserted the implant into the interbody space under the control of X-ray, see Figure 7.



Figure 7 : Inserting the bio-titanium implant into the interbody space C5/6 using the X-ray control

After releasing traction and checking the position on X-ray we fixed the impaired segment by a plate secured with monocortical or bicortical screws into the neighboring vertebral bodies. Surgical procedure is

similar for both the glass-ceramics implant and the bio-titanium implant. We used the same surgical procedure for other types of implants as well (polyactide/PEEK).



Figure 8 : Implant for use in ACIF (PEEK/TCP) 2010

We carried out verticalization in operated patients in case of all implants on the first post-operative day in a collar for a period of 6 weeks until the expected bone fusion occurrence.

At Neurosurgery Department of the University Hospital in Ostrava we operated 10 patients with unstable injury to the lower cervical spine using glass-ceramics implants between 1997 and 1999, see Figures 9 and 10.





Figure 9 : X-ray after fixation of C6/7 due to unstable injury (Aebi-Nazarian – A3) 12 months after the surgery – glass-ceramics BAS-O (1997)



Figure 10 : CT after fixation of C6/7 12 months following the surgery – glass-ceramics BASO (1998)

The implant for use in ACIF made of glass-ceramics fulfilled our expectations. It removed complications associated with bone graft harvest and due to its shape and bioactive properties it enabled a chemical bond with surrounding osseous tissue to create bone fusion without a need for filling with other material (Bienik 1991, Madawi 1996, Filip 2000). Its disadvantages included fragility in contact with metal and threshold bending strength. These disadvantages were eliminated by a new implant made of bio-titanium that we introduced into clinical practice for identical indications in 2004. In years 2007-2011 at the Neurosurgery Department of KNTB Zlín we operated 34 patients with unstable lower cervical spine injury. In 12 patients we used a bio-titanium implant in ACIF (Figures 11 and 12). In 22 patients we used an implant made of different materials (Figure 13).



Figure 11 : Unstable injury C6/7 (Aebi-Nazarian – A3) (2009)
Trauma MRI- T2, X-ray 6 months after the surgery – bioactive titanium

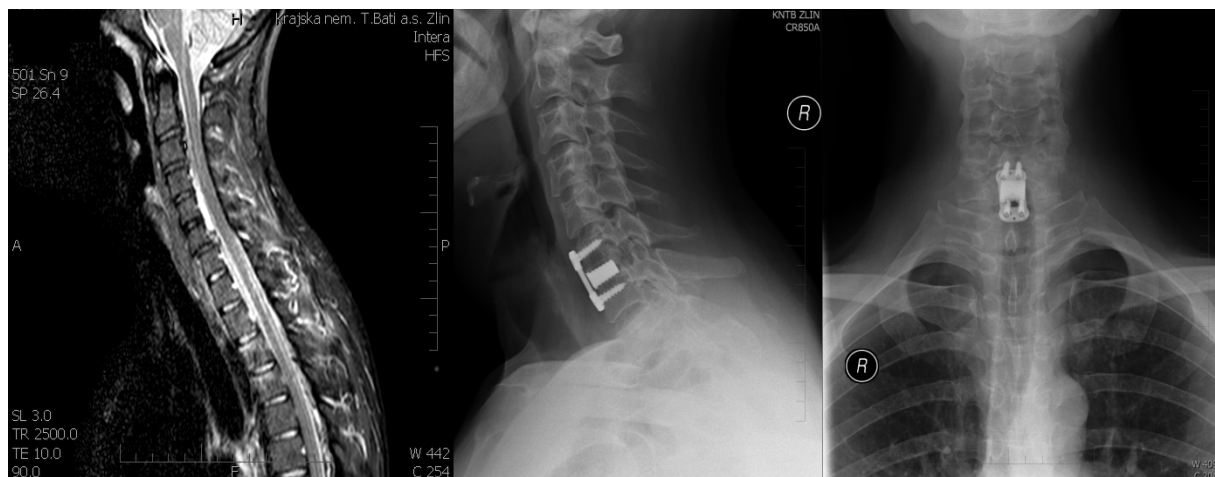


Figure 12 : Unstable injury C6/7 (Aebi-Nazarian – C3) (2010)
Trauma MRI-T X-ray 12 months after the surgery – bioactive titanium

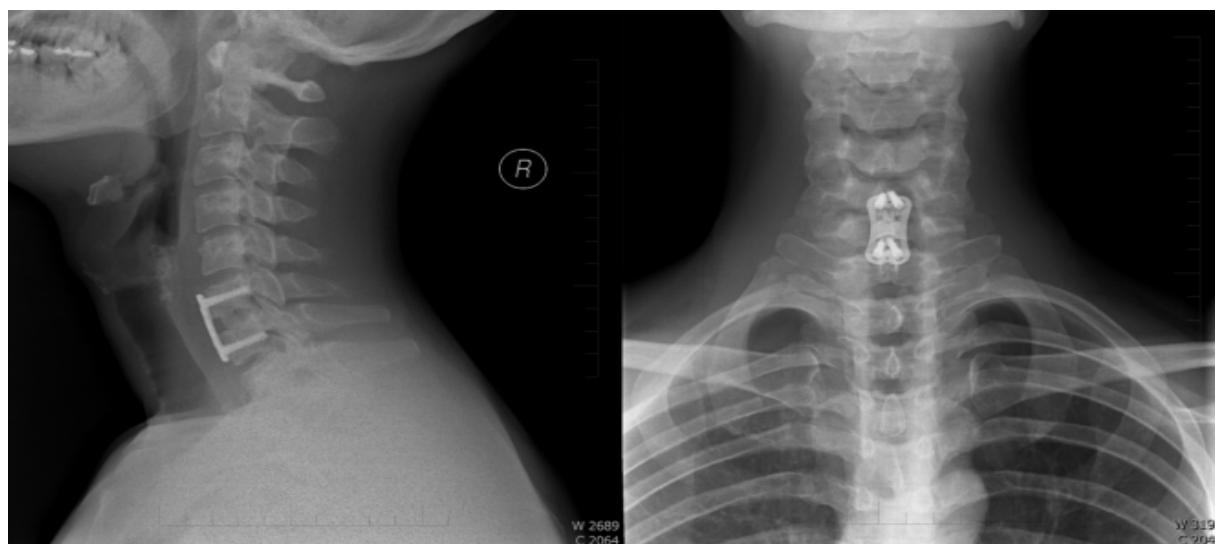


Figure 13 : X-ray image 6 months after the surgery on C6/7 –PEEK/BCP (2011)



In our own set of patients we evaluated the neurological finding according to the Frankel scale with a finding from the imaging methods (X-ray, CT, MRI) preoperative and 2, 6 and 12 months after the surgery.

We indicated the actual surgical approach (ACIF + plate) according to the type of traumatic instability from the imaging examinations evaluated according to Aebi-Nazarian (Table 1).

Table 1

Classification according to Aebi-Nazarian in our patients	Glass-ceramics + Aesculap plate (1996–1999)	Bioactive titanium + plate (Zephyre, Venture, Reflex, Eagle) (2007–2011)	Poly lactide/BCP + plate (Zephyre, Eagle) (2007–2011)	PEEK/TCP + plate (Zephyre, Reflex, Eagle) (2007–2011)
A2	1	3	1	2
A3	2	2	3	3
C2	3	2	4	1
C3	4	5	3	5

The most common type of unstable injury operated using the ACIF approach with a plate and all types of implants was diagnosed as osteoligamentous injury type A (about 35%) and type C (about 65%).

We evaluated the neurological finding according to the Frankel scale (A– Complete lesions, B – Preserved sensitivity only, C – Preserved non-functional motorics, D – Preserved sensitivity and

functional motorics, E – No lesions) before the surgery and 12 months after the surgery (Table 2).

Table 2 shows that improvement in the neurological finding 12 months after the surgery occurred regardless of the implant type in 30% of patients (28–32%) by at least one grade of the Frankel scale, most frequently in incomplete spinal lesions.

Table 2

Neurological lesions according to the Frankel system preoperative/12 months postoperative	Glass-ceramics (1996–1999)	Bioactive titanium (2007–2011)	Poly lactide/BCP (2007–2011)	PEEK/TCP (2007–2011)
A	2/2	2/1	1/1	2/1
B	3/1	2/2	2/1	2/2
C	2/3	2/1	3/3	3/3
D	1/2	3/4	4/4	2/3
E	2/2	3/3	1/2	2/2
Number of improved	3 (30%)	4 (32%)	3 (28%)	3 (28%)

In addition to the neurological finding we also evaluated findings from imaging examinations performed 2, 6 and 12 months after the surgery.

Here we focused on a change in the implant position (ventral or dorsal dislocation and sinking into the vertebral bodies) and signs of instability (reduced density of bone tissue surrounding the implant, plate loosening).

Using postoperative imaging methods (X-ray, CT) we did not observe any dislocation or instability signs in the used implants in the entire group of patients. In two patients (glass - ceramics) partial

loosening of screws in the plate was observed without the implant or the plate being dislocated. Steady position of fixation on images correlates with postoperative evaluation of neurological lesion according to the Frankel scale (30% of improved patients).

Complications associated with the surgical procedure (secondary healing of surgical wound, temporary paresis of the recurrent laryngeal nerve, permanent partial paresis of the recurrent laryngeal nerve) which we observed in our group is shown in

Table 4

Complications associated with the surgical procedure	Glass-ceramics (1997–1999) 10 operated	Bioactive titanium (2007–11) 12 operated	Poly lactide/BCP + plate (2007–2011) 11 operated	PEEK/TCP (2007–2011) 11 operated
Secondary wound healing	1	0	0	1
Temporary paresis of the recurrent laryngeal nerve	2	1	2	1
Permanent paresis of the recurrent laryngeal nerve	0	1	1	0

We observed permanent complications associated with the surgical technique in two patients of the group (4%), namely it was unilateral partial lesion of the recurrent laryngeal nerve, which slightly limits patients in loud vocal expression (Ebraheim 1997). We did not observe any other complications associated with the surgery.

IV. DISCUSSION

Anterior interbody fusion with splint remains a verified standard treatment method of unstable injury in subaxial part of cervical spine fractures (An HS. 1998, Bohlman 1979, Fehlings 2005) and in the subaxial section of the cervical spine in mono- and bisegmental degenerative stenoses caused by posterior osteophytes and/or osteophytes combined with the intervertebral disc prolapse (Bailey 1960, Bohlman 1992, Cloward 1958, Dunsker 1977).

Application of allografts made of artificial material for the interbody fusions started to be used globally in the second half of the 1980s. After many years of experience with the application of autograft we developed the first implant for use in ACIF made of bioactive glass-ceramics at the beginning of the 90s. We started to use it in the clinical practice in 1995 in surgical treatment of degenerative disease of the cervical spine (Filip 2000) and from 1997 also in the treatment of unstable ligamentous or osteoligamentous injuries to the cervical spine. Compared with the autograft the advantages of this implant include shortening the time of the surgical procedure, elimination of complications associated with bone graft harvest and active bonding of the implant with the surrounding osseous tissue within 48 hours. Bioactive properties of the implant (active hydroxyapatite layer) allows the migration of osteoblasts around its surface (Kokubu 1982, Yamamuro 1995). Implants made of bioinert materials started to appear in the market at the same time. They were mostly designed as a hollow cage (Matge 2002, Suchomel 2004). The cage had to be filled with bone grafts to initiate the fusion. As a result of its bioactive properties our implant had a solid design without a cavity and did not require any bone graft filling.

Compared with other implants its disadvantage was that it was fragile. There was a danger of damage during insertion into the interbody space due to an inadvertent contact with metal instruments or a failure to fix it with the plate. This would have resulted in deterioration of the position in the postoperative period with a possible deterioration of the clinical finding. Therefore at the beginning of the 90s we developed a similar implant made of bioactive titanium and we gradually introduced it in the clinical practice for the same indications during the period of 2004–2006. In the treatment of unstable injuries to the lower cervical spine we use it simultaneously with the implants made of absorbable (polyactides) or bioinert (PEEK) materials. The evaluation was based on the recommended optimal properties for the allograft (ChoD 2002, Vaccaro 2002) which should, with a splint, meet the following criteria.

- Firm structure resistant against damage
- Active formation of fusion without the addition of other materials (bone, TCP, BMP. etc.)
- Compatibility with human tissue
- Radiological evaluation of bone fusion
- Physical properties of the bone tissue
- Affordability

At present, we can find a large number of implants made of various types of material on the market. According to the criteria, these materials meet the requirements for implants for the ACIF as shown in **Table No. 5.**

Table 5 : Comparison of material properties for ACIF

Material properties	PEEK	Glass-ceramics	Poly lactide	Biotitanium
1. Rigid support	+/-	-	+/-	+
2.Active formation of fusion (Osteoconduction)	-	+	-	+
3. Compatibility with human tissue	+	+	+	+
4. Radiological rating of fusion	+	+	+	-
5. Physical and biochemical properties of bones	+	+/-	+/-	+/-
6. Affordability	+/-	+	+/-	+

From the table above it follows that, when compared to other materials, the properties of bioactive titanium make it a very-close-to-optimum material for ACIF.

Out of all the properties, the emphasis must be on the bioactivity of the overall surface of the biotitanium implant specified in point 2 of the table. Bioactivity enables the osteoconduction of bone cells at the implant/bone interface with their subsequent migration over the implant surface (Strnad 1999,2001 Filip 2010). Most of the other implants do not have this property. Only glass-ceramics have similar bioactive properties, however without sufficient strength parameters. The active formation of fusion is enabled by the surface treatment of the titanium using the technology, as mentioned in the Material and Methodology section. It enables the new formation of bone cells and their migration on the implant surface, as we have verified using the CT, see Figure 14.

2000, Matge 2002, Suchomel 2004,Kandziora 2005). Its application is, therefore, made easier and the state of the operated-on patient is not impaired when expanding the surgery time by taking an autograft or preparing an implant with filling. This results in a lower surgical burden and better affordability. The other implants do not have this property. They are in the shape of hollow cages increasing only mechanical strength without any bioactivity of the material itself. To develop fusion the hollow of the cage must be filled with one of bioactive materials (BCP, TCP, BMP).

The chemical bond and the subsequent interbody fusion develop only in the contact area of bone/supplementary material outside the implant itself. If, for various reasons, the filling homogeneity is impaired, the fusion formation may be slowed down or stopped with the development of later instability in the operated-on region. Regarding the other properties, biotitanium is not significantly different from the other materials as seen in table No. 5.

Another benefit of our implant compared to the other ones is its shape of a full truncated prism in different sizes with surface treatment on the opposite sides. This provides primary stability minimizing the danger of migration in all directions. It gives a better chance to maintain the cervical spine lordosis in the postoperative period compared to some other implants of a shape without truncation. Implant dislocation endangers the operated-on patient by new instability with compression of the spinal canal and by worsening of the clinical findings. Due to its surface bioactivity, our implant has no hollow in the shape of an oval or square. When comparing the operation techniques using different types of implants to our implants we did not find any significant differences. Always the Smith-Robinson technique with splint with Caspar instrumentation is used. The only difference is seen in simpler handling during the surgery. Thanks to the bioactive properties of the surface it is not necessary to fill it with further material. This shortens the surgery time as well as the surgery burden on the operated-on patient.

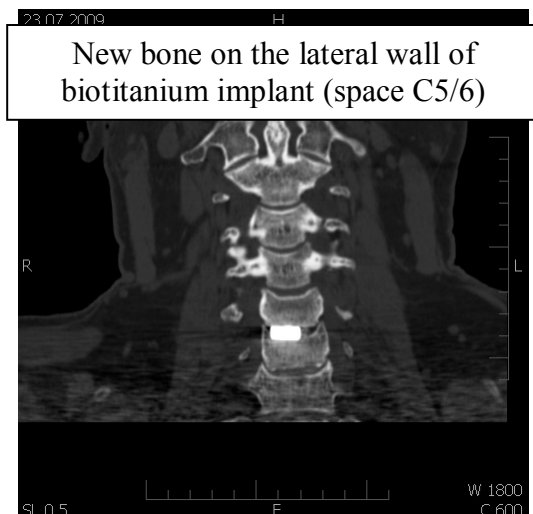


Figure 14 : CT after 12 months with signs of migration of osteoblasts along the anterior and lateral walls of the implant, section C5/6

Hence there is no necessity to fill the implant inside with supplementary material (bone / artificial material) as is the case with the other implants (Hacker

V. CONCLUSION

It follows from the results above that the our implant from bioactive titanium is a good alternative for operation treatment of unstable injury in subaxial part of cervical spine to the anterior cervical interbody fusion with splint. Regarding the quality and price it successfully competes with the other products for ACIF. This has been proven by clinical evaluation of our group by Frankel scale (30%) improve surgery within the interval of 12 months after surgery in all types of implants supplemented by imaging examinations (X-ray, CT).

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To Determine Prevalence of Chronic Suppurative Otitis Media with Reference to Unsafe Otitis Media in Primary School Going Children of Rural Setup of Wardha District

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National Board of Education, India

Introduction- Chronic Suppurative otitis media is a long standing inflammation of mucoperiosteum of middle ear cleft. It is associated with intermittent, continuous, mucopurulent or purulent ear discharge, hearing impairment and tympanic membrane perforation. C.S.O.M. was defined by task force of Fourth International Symposium of otitis media held in June 1987 in Bal Harbour, Florida as the condition "refer to a chronic discharge from middle ear through perforation of tympanic membrane." It usually leads to irreversible pathological changes. It is slow and insidious in nature. It is capable of causing irreversible sequel and fatal intracranial complications when medical and surgical inter venations are delayed. It is commonest cause of hearing impairment. It is often unnoticed (Zelhius et al 1940). Presence of fluid attenuates sound transmission which may result in hearing loss (Paparella 1986).

Chronic suppurative otitis media is a global disease. It is one of the important health problems in our country. Serious complications may arise from it. It is seen in all the continents of world having different environmental and socio-economic background. It is more prevalent in developing countries.

Poverty illiteracy, crowding, malnutrition are root factors for the development of Chronic Suppurative otitis Media and a large group of society are suffering from it. The morbidity and mortality associated with otitis media is a really a challenge for health care systems. Surprisingly there are very few studies done in India to know the burden of disease on the society.

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To Determine Prevalence of Chronic Suppurative Otitis Media with Reference to Unsafe Otitis Media in Primary School Going Children of Rural Setup of Wardha District

Dr. Abhinav. D. Wankar ^α & Dr. Sanjiv Golhar ^σ

I. INTRODUCTION

Chronic Suppurative otitis media is a long standing inflammation of mucoperiosteum of middle ear cleft. It is associated with intermittent, continuous, mucopurulent or purulent ear discharge, hearing impairment and tympanic membrane perforation. C.S.O.M. was defined by task force of Fourth International Symposium of otitis media held in June 1987 in Bal Harbour, Florida as the condition "refer to a chronic discharge from middle ear through perforation of tympanic membrane." It usually leads to irreversible pathological changes. It is slow and insidious in nature. It is capable of causing irreversible sequel and fatal intracranial complications when medical and surgical interventions are delayed. It is commonest cause of hearing impairment. It is often unnoticed (Zelhius et al 1940). Presence of fluid attenuates sound transmission which may result in hearing loss (Paparella 1986).

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This is a small attempt to peep into magnitude of problem, where in school going children in Wardha District are studied.

II. REVIEW OF LITERATURE

A thorough research of this research topic was done. Search was done from internet which was com-

plemented by taking out the full research papers from library.

In April-june 2006, Dr P.T Wakode carried research relating to morbidity and mortality with otitis media. The study was a small attempt to look into magnitude of problem in society where in school going children in Yavatmal city were studied. The overall prevalence was found to be 3%. It was found commoner in students of lower socio economic strata. The research is related to my research as subjects selected are identical. Even environmental conditions are quite same. Same methodology is used.

Reports on prevalence of C.S.O.M. in African children by Okeowo in 1986 and Halama et al in 1986 showed that prevalence of C.S.O.M. was lower in African children than expected. Okeowo found prevalence to be 4.9% while Halama et al found it to be 3.8%. In both these reports the socio economic and living conditions were poor and this low incidence of C.S.O.M. was ascribed to genetic factors. My research was influenced by it as the target Population Selected were same. Socio economic strata and living conditions of which students selected were identical.

Indian Journal of otology in MARCH 1999 published work of Dr Arsi Saad. He studied Microbiological evaluation and management of Chronic Suppurative Otitis Media among Saudi children. Study showed that medical management in children with dry mopping and topical antibiotics was effective in controlling otorrhea and minimizing the referrals for surgery. This basis was used for treatment of children detected with C.S.O.M. It also guided with careful selection of local and systemic antibiotics guided by culture and sensitivity to avoid resistance to community used systemic antibiotics. It also suggested use of local frequent ear toilet as an effective treatment modality. It proved out to be very useful for selecting management of students diagnosed with C.S.O.M.

Dr Gulati and Dr Sudesh kumar in Indian Journal of otology in June 1997 suggested that prevalence of C.S.O.M. was found more in male (61%) than in females (39%). It also suggested that majority of cases belonged to lower and middle socio economic

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strata with Rural:Urban ratio of 2:1(65%:35%)Unhygienic condition, poverty,illiteracy,malnutrition have also been suggested as a basis of wide spread prevalence of C.S.O.M..It proved out to be helpful for a comparative study of cases of C.S.O.M between male and female in my study.The study was related to our study as my study aimed at finding prevalence of C.S.O.M. in school children of different economic strata, different level of sanitation in rural setup of Wardha.

In 1997 Dr H.c. Rushton et al studied prevalence of otitis media with effusion in multicultural schools in Hong kong.In this study 177 students from multicultural schools between 5years to 7 years were studied with otoscopy.It was found that Chinese children had a significant lower prevalence (1.3%)than Caucasian children(9.5%).Reason for lower prevalence of C.S.O.M .in Chinese children needed further research This study related to my research as it was also cross sectional study as and study population was identical to my research.

III. AIM & OBJECTIVES

a) *Aims and objectives*

- i. *Aim*
 1. To find out prevalence of C.S.O.M. among primary school going children of rural setup in Wardha district.
 2. To inform expert doctors about cases of C.S.O.M. and helping patients with treatment.
 3. To carryout thorough research which can act as a pivot to future research in this topic.
- ii. *Objectives*
 1. To evaluate the comparative assessment of prevalence of C.S.O.M. among primary school going children of rural setup in Wardha district.
 2. To reduce morbidity caused by C.S.O.M. among school going children.

IV. MATERIALS AND METHODS

a) *Study design*

This is a descriptive, cross sectional materialistic study.

b) *Methodology*

Sample pattern and setting after obtaining the informed consent, 1000 students of primary school of villages in Wardha district were be studied.

Study was carried out over a period of 12 months. Primary school going children ranging from 5 years to 10 years were selected as study. Deaf and dumb schools were excluded from study. Schools were selected in such a way that students of all economic strata were included. Students were classified into age groups as:

5-6 years

6-7 years

7-8 years

8-9 years

9-10 years

The proforma was prepared to carry out the study.

The initial school survey was carried out and students were examined according to proforma, which were distributed to children or to respective class teachers. And the teachers were asked to fill up the primary information in consultation with parents regarding the main, place of residence, family income, living condition and if possible history of major illness in past, in students or family.

The proforma was distributed and were collected on the next day, or on next visit of student. The students were examined with help of otoscope and other standard instruments used for routine E.N.T check up. Cases of chronic suppurative otitis media were referred to our hospital. In our hospital they were examined by our expert doctors and be given proper treatment. After conducting the primary survey students were grouped according to age, socio-economic conditions (Revised Prasad classification),and level of sanitation. Message was conveyed to parents, teachers and students themselves. The prevalent chronic suppurative otitis media in students was classified into safe (tubotympanic) and unsafe (atticoantral) type.

After completion of study, a chart was prepared to carry out statistical work which was done with help of Department of Preventive and Social Medicine, J.N.M.C, Sawangi (M), Wardha.

c) *Consent Approval:* As enclosed here with

i. *Instruments*

1. Socio-demographic profile sheet
2. Clinical profile sheet
3. E.N.T. instruments set

ii. *Inclusion criteria*

1. Either sex
2. School going rural children between age group 5-10 year.
3. Informed consent

V. OBSERVATIONS AND RESULTS

Total of 5 schools were selected and 960 students were examined as per pro forma.

a) Sex Wise Distribution

Out of 960 students, 526(54.79%) were male and 434(45.20%) were female

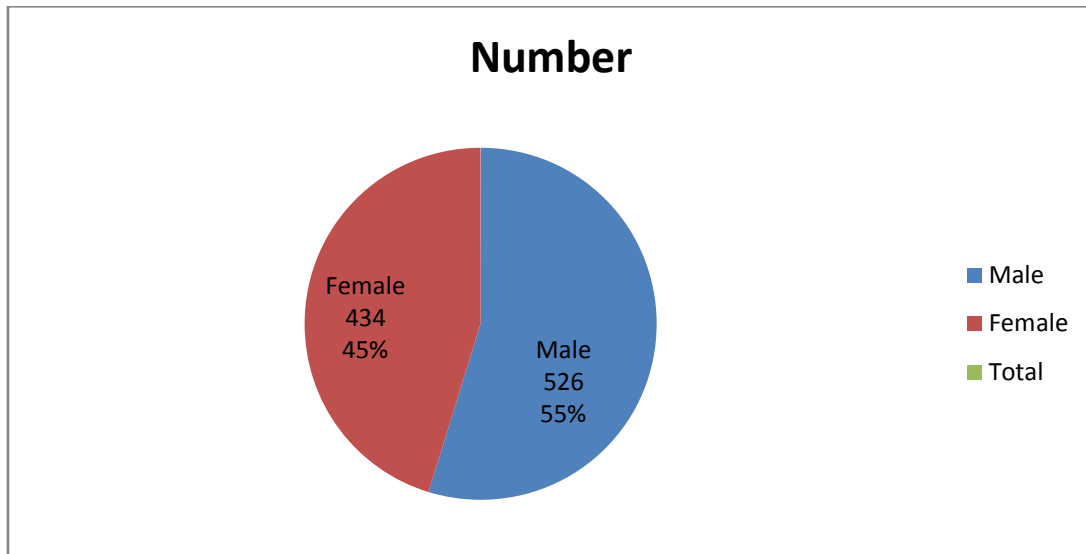


Figure 1

b) Age wise distribution

Table 1 : 960 students of different age groups were studied. Following were age wise distribution

Age of students	Number of students
5 years	73
6 years	157
7 years	131
8 years	181
9 years	161
10 years	257

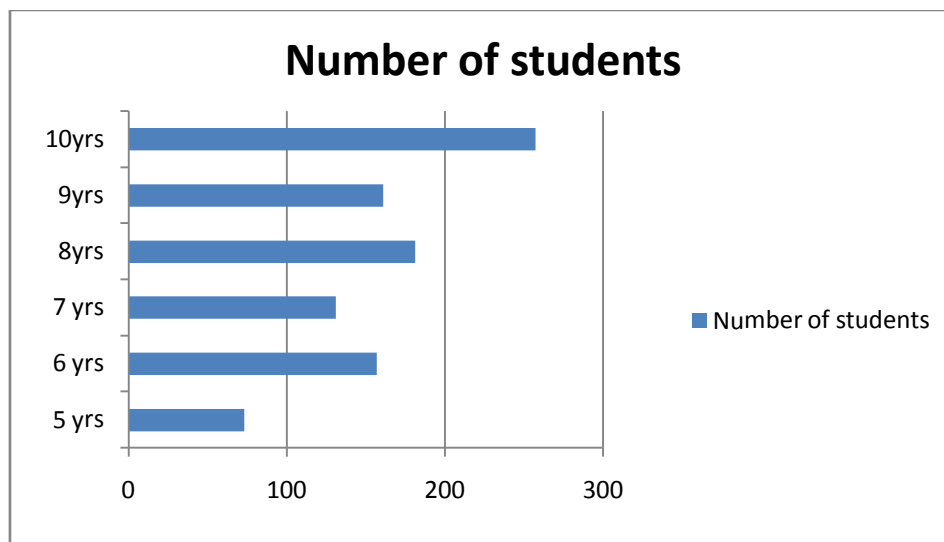


Figure 2

c) C.S.O.M .Findings

In first cross sectional examination, out of 960 students, 63 students (6.56%) were having chronic suppurative otitis media.

Out of 63 students suffering from chronic suppurative otitis media, 56(5.83) belonged to safe (tubo-tympanic) and 7(0.72) belonged to unsafe (atticoantral) category

Table 1

C.S.O.M cases	Number of students	% of students
Safe	56	5.83
Unsafe	7	0.72
Total	63	6.56

Figure 3

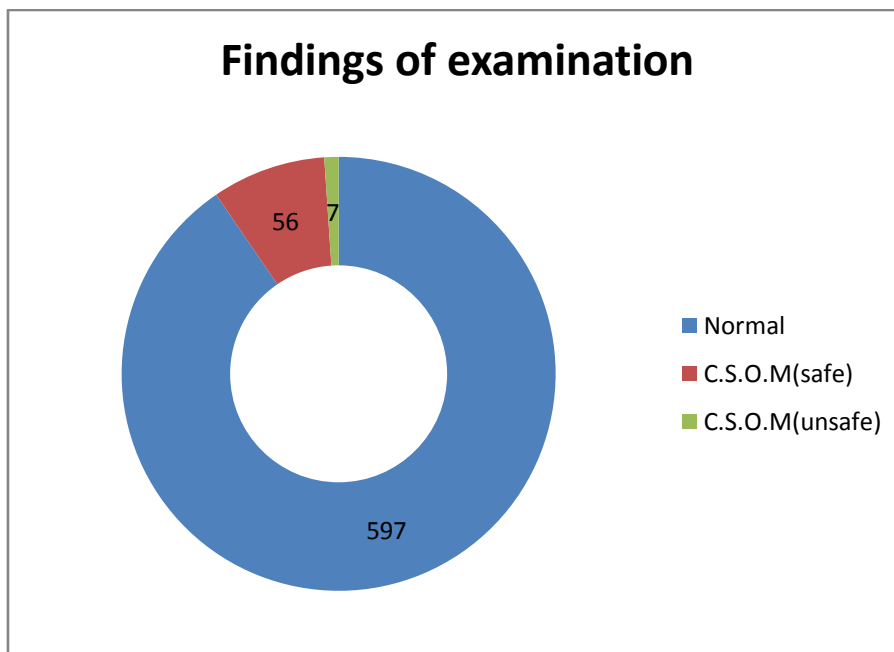


Figure 4

d) Relation of chronic suppurative otitis media with socio-economic status

Table 3

	CSOM Cases	Normal Cases	Total
Upper	5	83	88
Middle	16	365	381
Lower	42	449	491

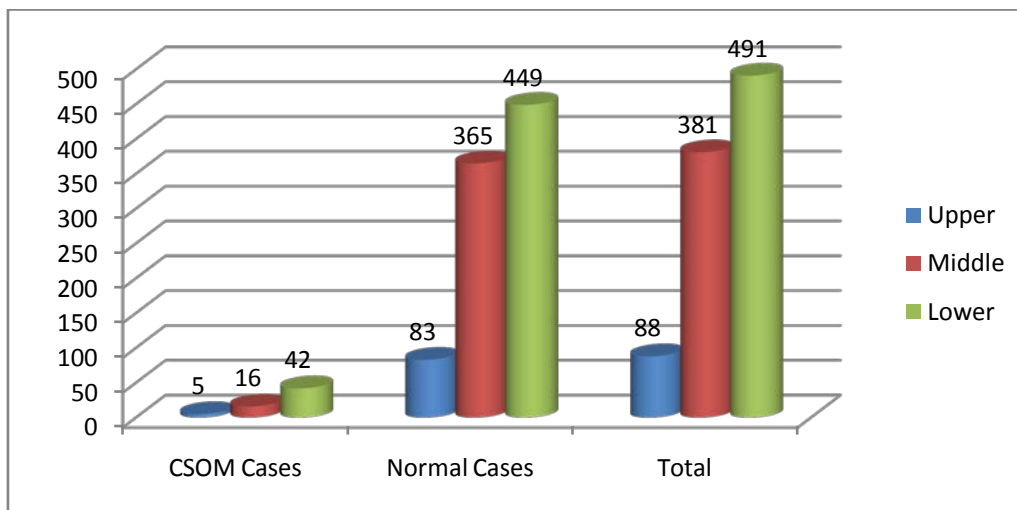


Figure 5

Chi-square- 6.714, Degree of freedom- 2, P = 0.034, Statistically significant

e) Relation of chronic suppurative otitis media with level of sanitation

Table 4

	CSOM Cases	Normal	Total
Good	6	115	121
Moderate	24	549	573
Bad	33	233	266

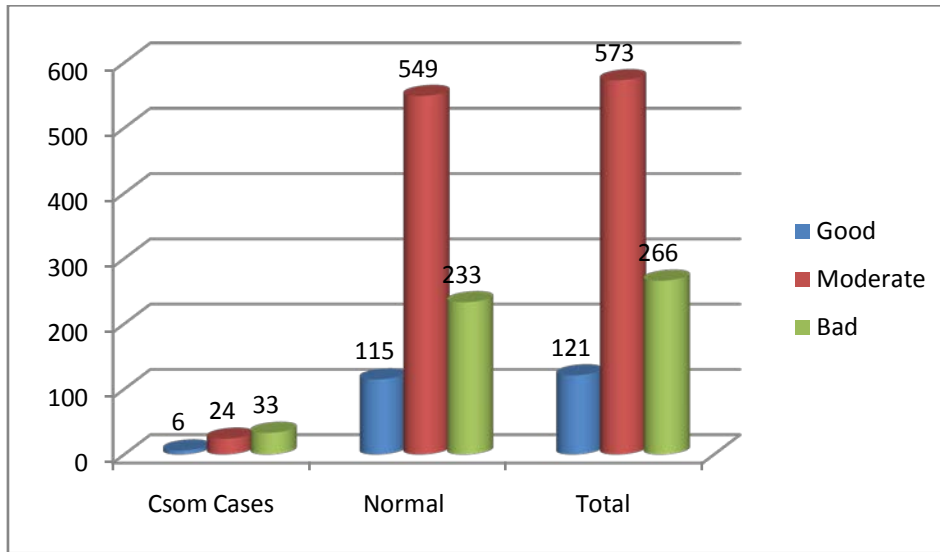


Figure 6 : Chi-square- 20.59 Degree of freedom- 2 P < 0.0001 Statistically significant

f) Sex wise distribution of chronic suppurative otitis media cases

Table 5 : It was found that out of 63 students suffering from C.S.O.M, 38 (60.31) students were male while 25 students(39.68) were female

Sex of student	Number of C.S.O.M Case	% of case
Male	38	60.31
Female	25	39.68

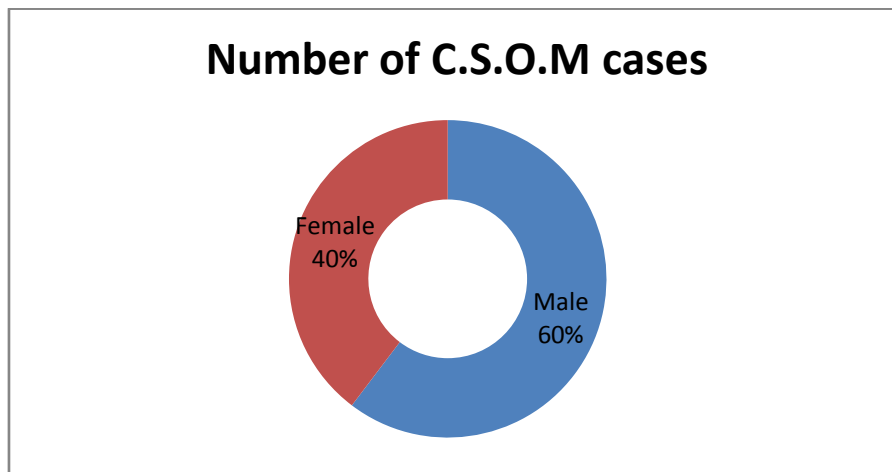


Figure 7

g) Distribution of different C.S.O.M .cases according to different socio-economic data

Table 6 : 63 cases of C.S.O.M. were distributed according to different socio-economic status. Following were results

Socio-economic status	Number of C.S.O.M cases	% of C.S.O.M cases
Upper	5	7.93
Middle	16	25.39
Lower	42	66.66

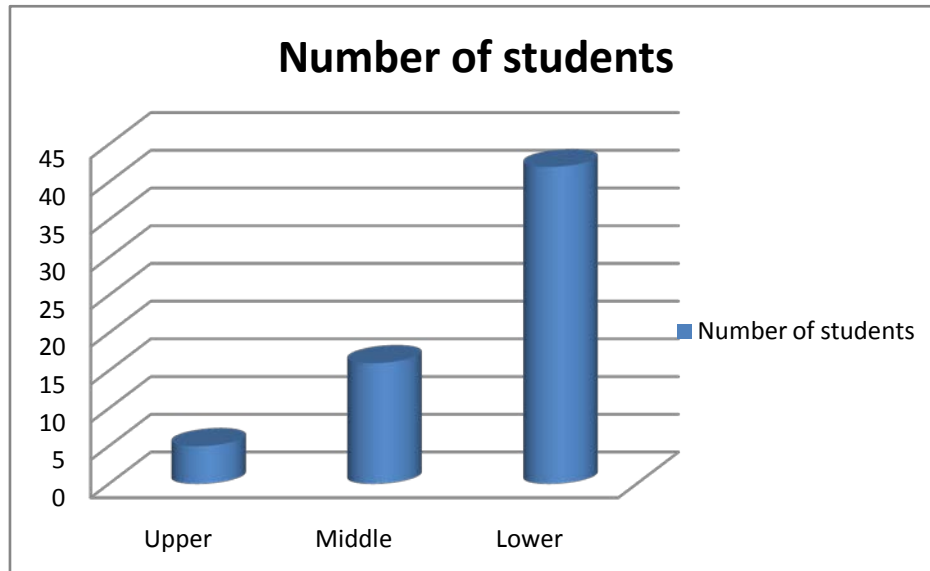


Figure 8

h) Distribution of students according to Level of sanitation

Table 7 : Level of sanitation being an important factor, 63 cases were distributed according to level of sanitation

Level of sanitation	Number of C.S.O.M cases	% of C.S.O.M cases
Good	6	9.52
Moderate	24	38.09
Bad	33	52.38

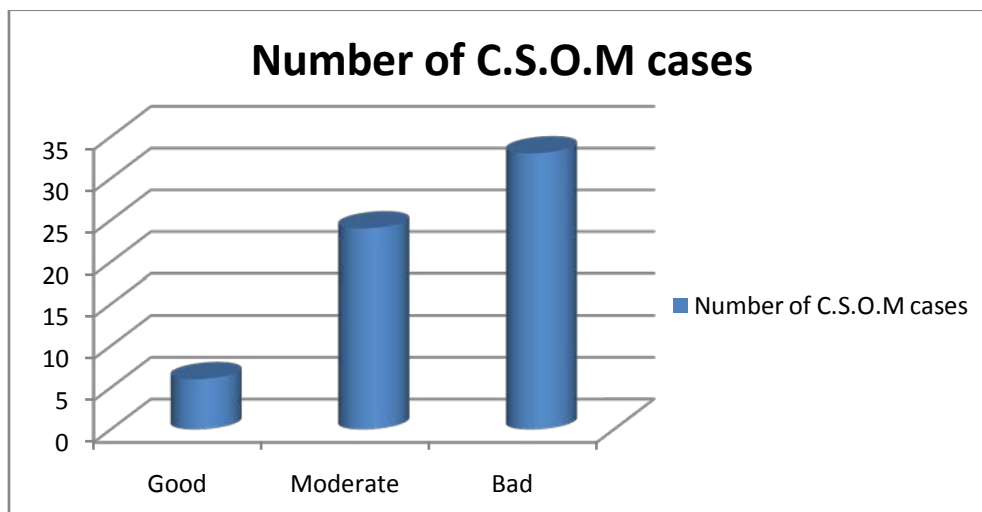


Figure 9

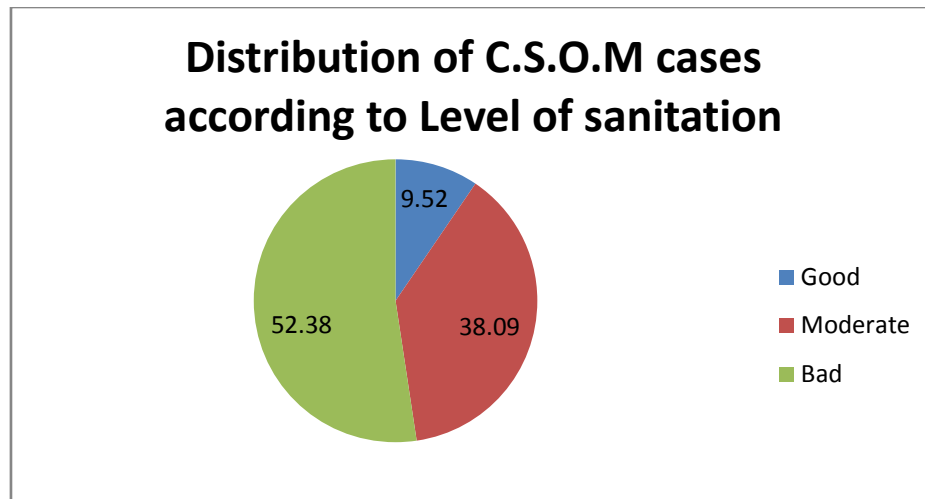


Figure 10

i) Distribution of C.S.O.M .cases according to different age groups

Table 8 : When C.S.O.M cases were distributed according to different age groups following were observations

Age of students	Number of students suffering from C.S.O.M
5	0
6	1
7	3
8	19
9	19
10	21

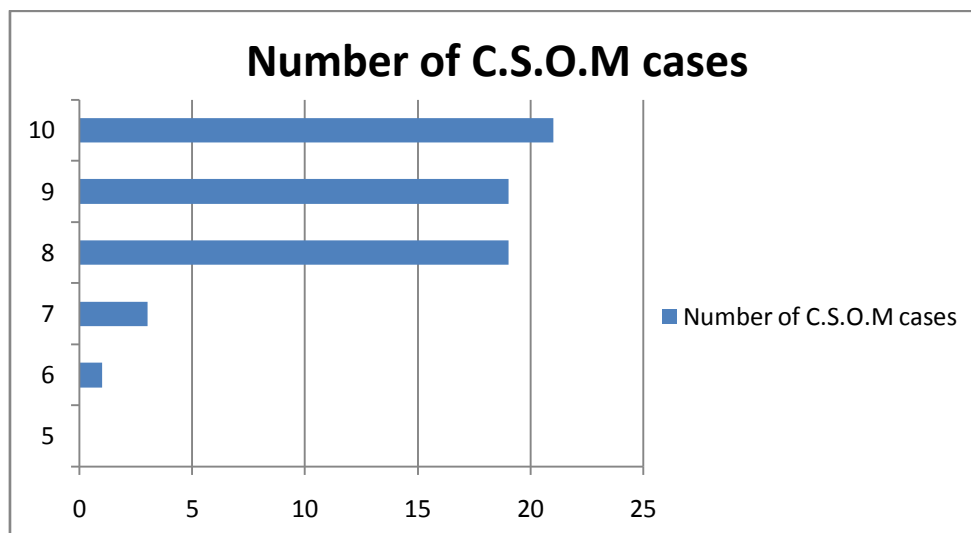


Figure 11

VI. DISCUSSION

In present study it has been observed that overall prevalence of Chronic Suppurative Otitis media is 6.56%.

Out of this 6.56%, 5.83% were tubotympanic type while 0.72% Were attico antral type.

The literature on prevalence of disease is sparingly available particularly in recent years. Most of studies (table9) are from different ethnic environment background. With the advent of medical sciences, increase in general awareness, the prevalence rate of otitis media is bound to change. Hence it is difficult to

compare the present study with other workers. Still a few studies can be taken into consideration to compare with the present study.

Table 9

Year	Country	Worker	Prevalence
1965	British Columbia Canada	K.Cambon	15.50%
1970	Alaska-North America	Dwayne Reed et al	15%
1985	Pohenpi-Island in Pacific Ocean	G Dever et al	3.97%
1993	Cairo,Egypt	Motta et al	2%
1996	Tanzania,Africa	Manja BM et al	2.60%
1985	Korea	Noh et al	6.24%
1991	Malaysia	Elango	4.36%
1993	Saudi Arabia	H.Mohammad	1.50%
1961	Lucknow(U.P)India	R.N.Mishra et al	14.65%
1965	Vellore south India	Kapur Y.P	7.43%
1974	Madurai South India	Rajendrakumar P.V	69.70% in patients of ear complaints
1974	Lucknow(UP) India	Pal et al	3.59%
1997	South India	Rupa et al	7.74%
1999	South India	Rupa et al	6%
2000	Yavatmal Maharashtra India	P.T Wakode et al	3%

The studies of Cambon¹ and Reed² show prevalence rate of 15.5% and 15% which differs from our present study. But they are old studies and nearer the North Pole (Canada and Alaska) where there is cold climate. The climate may be a contributory factor for increased prevalence of otitis media

Out of Indian workers Mishra et al ³(1961) showed prevalence rate of 14.65% but this work is quite old (1961) and done in Uttar Pradesh which is thickly populated state and hence the high figure is expected. Rajendra kumar PV ⁴(1974)69.70%did his work on O.P.D patients only. Hence figure does not represent true prevalence in the society.

Both studies of Rupa et al^{5,6} in 1997and 1999 show prevalence of 7.4%and 6% .These studies were based on rural population in remote areas of Tamil Nadu.

However prevalence rate in our study matches with prevalence rate of Motta et al ⁷ (1993)2% at Cairo-Egypt, Minja et al⁸ (1996)2.6%inTanzania, Pal et al⁹ (1974)3.5%at Lucknow–India but none of above studies were carried out by taking samples directly from society.

Almost all of them are hospital based studies. However they give information regarding magnitude of disease.

Table 10 : Peak occurrence of otitis media in different parts of world

Year	Worker	Country	Month
1940	Heller George and Englewood	America	October and April
1969	Robert Brownlee et al	America	March
1970	Dwayne Reed et al	Alaska,America	March and July
1979	Jerome o klein	America	October to March
1982	Pulender J.Coworkers	Finland	January
1996	Riquelme Perez.M	Spain	February
2000	P.T Wakode et ai	India	July and October

The literature shows peak occurrence of fresh cases of otitis media in different months in different countries (Table10).In America it is in October to April which are winter months in that country. Our study was carried in months of July and August; hence there is high incidence of cases of otitis media during this period.

Our study clearly indicates that the socio economic strata and prevalence of chronic suppurative otitis media are inversely proportional to each other.66.66% of cases suffering from Chronic Suppurative Otitis Media were from lower economic

strata while only 7.93% of total cases of Chronic suppurative otitis media were from upper economic strata.

Our study indicates that level of sanitation has a major role to play in prevalence of chronic suppurative otitis media.

Level of sanitation is inversely proportional to prevalence of the disease.52.38% of total cases were having poor sanitation while 38.09%wwere having moderate sanitation. On the other hand only 9.52% of cases had good sanitation. Our subjects were mainly

school going children of rural setup hence there level of sanitation was bound to be low.

Our studies also indicates that prevalence of chronic suppurative otitis media was more in male(60.31%) than in female(39.68%).This is because level of sanitation among girls was better than boys in our study.

VII. CONCLUSION

1. The overall prevalence of chronic suppurative otitis media in school going children between 5 years to 10 years in rural setup of Wardha district was found to be 6.56%
2. Out of this 5.83% were safe type while 0.72% was unsafe type.
3. Association of chronic suppurative otitis media with low socio economic strata was found to be statistically significant. It is more prevalent in low socio economic strata (Chi-square- 6.714, Degree of freedom- 2, $P = 0.034$, statistically significant).
4. Association of chronic suppurative otitis media with low level of sanitation was found to be statistically significant. It is more prevalent in children having low level sanitation (Chi-square- 20.59, Degree of freedom- 2, $P < 0.0001$, statistically significant)
5. The prevalence of chronic suppurative otitis media was more in male than in female. The reason for this requires further research.

A large group of population suffers from morbidity of otitis media.It is really challenge for health care system .As my study was population based study this data can be of vital importance to planner of health care systems. The paucity of such studied in recent Indian literature speaks out the need of such studies in different parts of the country.

VIII. SUMMARY

This study was carried to find out prevalence of Chronic Suppurative Otitis Media among primary school children of rural setup in Wardha District. In addition to it aimed to inform expert doctors about cases of C.S.O.M and helping patients with treatment. C.S.O.M being global disease and important health problem in our country was chosen for research.

A descriptive, cross sectional materialistic study of 1000 students of age group from 5-10 from primary school of villages in Wardha district were studied. Proforma was prepared to carry out study. Cases of C.S.O.M. wer referred to our hospital where they were examined by our expert doctors and were given proper treatment.

The overall prevalence of C.S.O.M in school going children was 6.56%.Out of this 5.83% were safe(Tubotympanic)type while 0.72% were unsafe(attico antral) type.It had inverse relation with economic strata and level of sanitation.66.66% of lower socio economic

strata and 52.39% were suffering from C.S.O.M. There was male predominance. Reason for it requires further study.

The magnitude of problem and its prevalence of Chronic Suppurative Otitis Media in our country depict a need of more studies in different parts of country

IX. SUGGESTION

Thorough research for C.S.O.M. in school going children, it depicted that C.S.O.M. can be prevented. It can lead to health promotion and improve overall improvement in health status of children. It can also limit disability.

Following are suggestions

1. Prevention of upper respiratory tract infection in children
2. Prevention of C.S.O.M. by improving level of sanitation among students.
3. Secretary Otitis Media being one of primary cause of C.S.O.M. periodic examination of students should be done.
4. Health education to children and teachers about C.S.O.M. This will enable early diagnosis of C.S.O.M.
5. Creating awareness among people about C.S.O.M.

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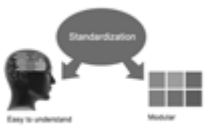
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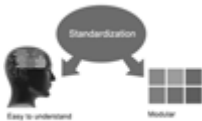
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30. Think and then print: When you will go to print your paper, notice that tables are not be split, headings are not detached from their descriptions, and page sequence is maintained.

31. Adding unnecessary information: Do not add unnecessary information, like, I have used MS Excel to draw graph. Do not add irrelevant and inappropriate material. These all will create superfluous. Foreign terminology and phrases are not apropos. One should NEVER take a broad view. Analogy in script is like feathers on a snake. Not at all use a large word when a very small one would be sufficient. Use words properly, regardless of how others use them. Remove quotations. Puns are for kids, not grunt readers. Amplification is a billion times of inferior quality than sarcasm.

32. Never oversimplify everything: To add material in your research paper, never go for oversimplification. This will definitely irritate the evaluator. Be more or less specific. Also too, by no means, ever use rhythmic redundancies. Contractions aren't essential and shouldn't be there used. Comparisons are as terrible as clichés. Give up ampersands and abbreviations, and so on. Remove commas, that are, not necessary. Parenthetical words however should be together with this in commas. Understatement is all the time the complete best way to put onward earth-shaking thoughts. Give a detailed literary review.

33. Report concluded results: Use concluded results. From raw data, filter the results and then conclude your studies based on measurements and observations taken. Significant figures and appropriate number of decimal places should be used. Parenthetical remarks are prohibitive. Proofread carefully at final stage. In the end give outline to your arguments. Spot out perspectives of further study of this subject. Justify your conclusion by at the bottom of them with sufficient justifications and examples.

34. After conclusion: Once you have concluded your research, the next most important step is to present your findings. Presentation is extremely important as it is the definite medium through which your research is going to be in print to the rest of the crowd. Care should be taken to categorize your thoughts well and present them in a logical and neat manner. A good quality research paper format is essential because it serves to highlight your research paper and bring to light all necessary aspects in your research.

INFORMAL GUIDELINES OF RESEARCH PAPER WRITING

Key points to remember:

- Submit all work in its final form.
- Write your paper in the form, which is presented in the guidelines using the template.
- Please note the criterion for grading the final paper by peer-reviewers.

Final Points:

A purpose of organizing a research paper is to let people to interpret your effort selectively. The journal requires the following sections, submitted in the order listed, each section to start on a new page.

The introduction will be compiled from reference matter and will reflect the design processes or outline of basis that direct you to make study. As you will carry out the process of study, the method and process section will be constructed as like that. The result segment will show related statistics in nearly sequential order and will direct the reviewers next to the similar intellectual paths throughout the data that you took to carry out your study. The discussion section will provide understanding of the data and projections as to the implication of the results. The use of good quality references all through the paper will give the effort trustworthiness by representing an alertness of prior workings.



Writing a research paper is not an easy job no matter how trouble-free the actual research or concept. Practice, excellent preparation, and controlled record keeping are the only means to make straightforward the progression.

General style:

Specific editorial column necessities for compliance of a manuscript will always take over from directions in these general guidelines.

To make a paper clear

- Adhere to recommended page limits

Mistakes to evade

- Insertion a title at the foot of a page with the subsequent text on the next page
- Separating a table/chart or figure - impound each figure/table to a single page
- Submitting a manuscript with pages out of sequence

In every sections of your document

- Use standard writing style including articles ("a", "the," etc.)
- Keep on paying attention on the research topic of the paper
- Use paragraphs to split each significant point (excluding for the abstract)
- Align the primary line of each section
- Present your points in sound order
- Use present tense to report well accepted
- Use past tense to describe specific results
- Shun familiar wording, don't address the reviewer directly, and don't use slang, slang language, or superlatives
- Shun use of extra pictures - include only those figures essential to presenting results

Title Page:

Choose a revealing title. It should be short. It should not have non-standard acronyms or abbreviations. It should not exceed two printed lines. It should include the name(s) and address (es) of all authors.



Abstract:

The summary should be two hundred words or less. It should briefly and clearly explain the key findings reported in the manuscript-- must have precise statistics. It should not have abnormal acronyms or abbreviations. It should be logical in itself. Shun citing references at this point.

An abstract is a brief distinct paragraph summary of finished work or work in development. In a minute or less a reviewer can be taught the foundation behind the study, common approach to the problem, relevant results, and significant conclusions or new questions.

Write your summary when your paper is completed because how can you write the summary of anything which is not yet written? Wealth of terminology is very essential in abstract. Yet, use comprehensive sentences and do not let go readability for briefness. You can maintain it succinct by phrasing sentences so that they provide more than lone rationale. The author can at this moment go straight to shortening the outcome. Sum up the study, with the subsequent elements in any summary. Try to maintain the initial two items to no more than one ruling each.

- Reason of the study - theory, overall issue, purpose
- Fundamental goal
- To the point depiction of the research
- Consequences, including definite statistics - if the consequences are quantitative in nature, account quantitative data; results of any numerical analysis should be reported
- Significant conclusions or questions that track from the research(es)

Approach:

- Single section, and succinct
- As an outline of job done, it is always written in past tense
- A conceptual should situate on its own, and not submit to any other part of the paper such as a form or table
- Center on shortening results - bound background information to a verdict or two, if completely necessary
- What you account in an conceptual must be regular with what you reported in the manuscript
- Exact spelling, clearness of sentences and phrases, and appropriate reporting of quantities (proper units, important statistics) are just as significant in an abstract as they are anywhere else

Introduction:

The **Introduction** should "introduce" the manuscript. The reviewer should be presented with sufficient background information to be capable to comprehend and calculate the purpose of your study without having to submit to other works. The basis for the study should be offered. Give most important references but shun difficult to make a comprehensive appraisal of the topic. In the introduction, describe the problem visibly. If the problem is not acknowledged in a logical, reasonable way, the reviewer will have no attention in your result. Speak in common terms about techniques used to explain the problem, if needed, but do not present any particulars about the protocols here. Following approach can create a valuable beginning:

- Explain the value (significance) of the study
- Shield the model - why did you employ this particular system or method? What is its compensation? You strength remark on its appropriateness from a abstract point of vision as well as point out sensible reasons for using it.
- Present a justification. Status your particular theory (es) or aim(s), and describe the logic that led you to choose them.
- Very for a short time explain the tentative propose and how it skilled the declared objectives.

Approach:

- Use past tense except for when referring to recognized facts. After all, the manuscript will be submitted after the entire job is done.
- Sort out your thoughts; manufacture one key point with every section. If you make the four points listed above, you will need a least of four paragraphs.



- Present surroundings information only as desirable in order hold up a situation. The reviewer does not desire to read the whole thing you know about a topic.
- Shape the theory/purpose specifically - do not take a broad view.
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This part is supposed to be the easiest to carve if you have good skills. A sound written Procedures segment allows a capable scientist to replacement your results. Present precise information about your supplies. The suppliers and clarity of reagents can be helpful bits of information. Present methods in sequential order but linked methodologies can be grouped as a segment. Be concise when relating the protocols. Attempt for the least amount of information that would permit another capable scientist to spare your outcome but be cautious that vital information is integrated. The use of subheadings is suggested and ought to be synchronized with the results section. When a technique is used that has been well described in another object, mention the specific item describing a way but draw the basic principle while stating the situation. The purpose is to text all particular resources and broad procedures, so that another person may use some or all of the methods in one more study or referee the scientific value of your work. It is not to be a step by step report of the whole thing you did, nor is a methods section a set of orders.

Materials:

- Explain materials individually only if the study is so complex that it saves liberty this way.
- Embrace particular materials, and any tools or provisions that are not frequently found in laboratories.
- Do not take in frequently found.
- If use of a definite type of tools.
- Materials may be reported in a part section or else they may be recognized along with your measures.

Methods:

- Report the method (not particulars of each process that engaged the same methodology)
- Describe the method entirely
- To be succinct, present methods under headings dedicated to specific dealings or groups of measures
- Simplify - details how procedures were completed not how they were exclusively performed on a particular day.
- If well known procedures were used, account the procedure by name, possibly with reference, and that's all.

Approach:

- It is embarrassed or not possible to use vigorous voice when documenting methods with no using first person, which would focus the reviewer's interest on the researcher rather than the job. As a result when script up the methods most authors use third person passive voice.
- Use standard style in this and in every other part of the paper - avoid familiar lists, and use full sentences.

What to keep away from

- Resources and methods are not a set of information.
- Skip all descriptive information and surroundings - save it for the argument.
- Leave out information that is immaterial to a third party.

Results:

The principle of a results segment is to present and demonstrate your conclusion. Create this part a entirely objective details of the outcome, and save all understanding for the discussion.

The page length of this segment is set by the sum and types of data to be reported. Carry on to be to the point, by means of statistics and tables, if suitable, to present consequences most efficiently. You must obviously differentiate material that would usually be incorporated in a study editorial from any unprocessed data or additional appendix matter that would not be available. In fact, such matter should not be submitted at all except requested by the instructor.



Content

- Sum up your conclusion in text and demonstrate them, if suitable, with figures and tables.
- In manuscript, explain each of your consequences, point the reader to remarks that are most appropriate.
- Present a background, such as by describing the question that was addressed by creation an exacting study.
- Explain results of control experiments and comprise remarks that are not accessible in a prescribed figure or table, if appropriate.
- Examine your data, then prepare the analyzed (transformed) data in the form of a figure (graph), table, or in manuscript form.

What to stay away from

- Do not discuss or infer your outcome, report surroundings information, or try to explain anything.
- Not at all, take in raw data or intermediate calculations in a research manuscript.
- Do not present the similar data more than once.
- Manuscript should complement any figures or tables, not duplicate the identical information.
- Never confuse figures with tables - there is a difference.

Approach

- As forever, use past tense when you submit to your results, and put the whole thing in a reasonable order.
- Put figures and tables, appropriately numbered, in order at the end of the report
- If you desire, you may place your figures and tables properly within the text of your results part.

Figures and tables

- If you put figures and tables at the end of the details, make certain that they are visibly distinguished from any attach appendix materials, such as raw facts
- Despite of position, each figure must be numbered one after the other and complete with subtitle
- In spite of position, each table must be titled, numbered one after the other and complete with heading
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Discussion:

The Discussion is expected the trickiest segment to write and describe. A lot of papers submitted for journal are discarded based on problems with the Discussion. There is no head of state for how long a argument should be. Position your understanding of the outcome visibly to lead the reviewer through your conclusions, and then finish the paper with a summing up of the implication of the study. The purpose here is to offer an understanding of your results and hold up for all of your conclusions, using facts from your research and generally accepted information, if suitable. The implication of result should be visibly described. Infer your data in the conversation in suitable depth. This means that when you clarify an observable fact you must explain mechanisms that may account for the observation. If your results vary from your prospect, make clear why that may have happened. If your results agree, then explain the theory that the proof supported. It is never suitable to just state that the data approved with prospect, and let it drop at that.

- Make a decision if each premise is supported, discarded, or if you cannot make a conclusion with assurance. Do not just dismiss a study or part of a study as "uncertain."
- Research papers are not acknowledged if the work is imperfect. Draw what conclusions you can based upon the results that you have, and take care of the study as a finished work
- You may propose future guidelines, such as how the experiment might be personalized to accomplish a new idea.
- Give details all of your remarks as much as possible, focus on mechanisms.
- Make a decision if the tentative design sufficiently addressed the theory, and whether or not it was correctly restricted.
- Try to present substitute explanations if sensible alternatives be present.
- One research will not counter an overall question, so maintain the large picture in mind, where do you go next? The best studies unlock new avenues of study. What questions remain?
- Recommendations for detailed papers will offer supplementary suggestions.

Approach:

- When you refer to information, differentiate data generated by your own studies from available information
- Submit to work done by specific persons (including you) in past tense.
- Submit to generally acknowledged facts and main beliefs in present tense.



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<i>Introduction</i>	Containing all background details with clear goal and appropriate details, flow specification, no grammar and spelling mistake, well organized sentence and paragraph, reference cited	Unclear and confusing data, appropriate format, grammar and spelling errors with unorganized matter	Out of place depth and content, hazy format
<i>Methods and Procedures</i>	Clear and to the point with well arranged paragraph, precision and accuracy of facts and figures, well organized subheads	Difficult to comprehend with embarrassed text, too much explanation but completed	Incorrect and unorganized structure with hazy meaning
<i>Result</i>	Well organized, Clear and specific, Correct units with precision, correct data, well structuring of paragraph, no grammar and spelling mistake	Complete and embarrassed text, difficult to comprehend	Irregular format with wrong facts and figures
<i>Discussion</i>	Well organized, meaningful specification, sound conclusion, logical and concise explanation, highly structured paragraph reference cited	Wordy, unclear conclusion, spurious	Conclusion is not cited, unorganized, difficult to comprehend
<i>References</i>	Complete and correct format, well organized	Beside the point, Incomplete	Wrong format and structuring



INDEX

B

Biotitanium · 18, 25

C

Curettage · 1, 2, 3

F

Fixation · 18, 21, 23

Flexion · 16

G

Granuloma · 1

H

Homogeneity · 25

K

Kandziora · 16, 25, 26

L

Lynnerup · 8, 14

O

Opaque · 8

Orthopantomographs · 8

Osteoligamentous · 16, 17, 23, 24

P

Paewinsky · 13, 14

Periapex · 1

Postextraction · 1, 2, 3

Postextraction · 3

S

Subaxial · 16, 24, 26

T

Tubotympanic · 36



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