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CONTENTS OF THE ISSUE

- i. Copyright Notice
 - ii. Editorial Board Members
 - iii. Chief Author and Dean
 - iv. Contents of the Issue
-
1. Characteristics of Craniofacial Complex for Class II Division 1 Malocclusion in Saudi Subjects with Permanent Dentition. **1-9**
 2. Effect of Curing Protocol on the Physical Properties of Bulk-Fill Resin based Composites using Novel Monomer. **11-14**
 3. The Impact of Aesthetic Orthodontic Treatment Needs on the Oral Health-Related Quality of Life of Dental Students. **15-23**
 4. A Study to Find Anatomic Measurement Correlating to Occlusal Vertical Dimension: Comparison in Two Ethnic Groups of Nepal. **25-29**
 5. "Cell Cycle Aberration in Ameloblastoma: As Evidenced by an Immunohistochemical Expression of p53 and Survivin". **31-37**
 6. Oral Submucous Fibrosis: A Progressive Debilitating Oral Web Disease. **39-42**
 7. General Anaesthesia in Paediatric Dentistry – An Institutional Experience. **43-46**
 8. Clinical Survey to Evaluate the Patients and Dentists Perspective on Denture Cleansing Habits in Mumbai and Navi Mumbai. **47-52**
-
- v. Fellows and Auxiliary Memberships
 - vi. Process of Submission of Research Paper
 - vii. Preferred Author Guidelines
 - viii. Index



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Characteristics of Craniofacial Complex For class II Division 1 Malocclusion in Saudi Subjects with Permanent Dentition

By Azzam Al – Jundi & Hicham Riba

University for Health Sciences, Saudi Arabia

Abstract- European-American norms are still used in the orthodontic treatment of Saudi patients, despite the different ethnic backgrounds of Saudis.

The aims of this study were to evaluate the Cephalometric features of Class II division 1 in Saudi adult patients and to compare these values with those features of normal occlusion by referring to the effect of the gender on these values.

Ninety-four (94) Saudi patients were evaluated Cephalometrically and distributed into two groups where the first group comprised of (45) subjects with normal occlusion. The second group comprised of (49) subjects with Class II division 1.

Wide variations were observed for almost all measurements of Class II division 1. However, a posteriorly positioned mandible and shortness in its dimensions were noticed.

Keywords: *class ii division1, cephalometric evaluation, dento skeletal morphology.*

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Characteristics of Craniofacial Complex For class II Division 1 Malocclusion in Saudi Subjects with Permanent Dentition

Azzam Al – Jundi^α & Hicham Riba^ο

Abstract- European-American norms are still used in the orthodontic treatment of Saudi patients, despite the different ethnic backgrounds of Saudis.

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Wide variations were observed for almost all measurements of Class II division 1. However, a posteriorly positioned mandible and shortness in its dimensions were noticed. Patients were found to have vertical growth pattern and posterior rotation of mandible, buccal inclination of upper and lower incisors and an increased cranial base angle were all main characteristics of Class II divisions 1 patients.

The comparison between the two genders revealed that the males have bigger facial dimensions than females, but the angular measurements were similar referring to the resemblance in the craniofacial morphology.

Keywords: class ii division1, cephalometric evaluation, dento skeletal morphology.

I. INTRODUCTION

Class II malocclusion is a frequently seen disharmony that has been studied in many different populations^[1-4] because excessive overjet is easily recognized, class II division 1 malocclusion is of a greater concern for both patients and parents.

A review of literature shows that class II malocclusion has been evaluated in all three dimensions of space. In general, these studies have compared the craniofacial morphology of patients with class II malocclusion with class I control subjects.

Studies evaluating maxillary and mandibular skeletal and dental positions and vertical components of

class II patients have reported conflicting results from both cross-sectional and longitudinal studies. No common results have been found regarding cranial base configuration.

The class II division 1 malocclusion is the most frequent in particular clinics,^[5] caused in most times, by a retrognathic mandible^[5, 6]

McNamara indicated that retrusion of the mandible is the most commonly occurring factor contributing to class II malocclusion, and the average position of the maxilla was found to be neutral in relation to cranial base structures.^[7]

Although many studies have investigated class II malocclusion characteristics,^[7, 8, 9, 10] few have studied the characteristic of skeletal II malocclusion in specific ethnic groups.^[5, 11, 12]

Therefore, in order to provide more specific information regarding this type of malocclusion in Saudi subjects, this comparative Cephalometric study was undertaken.

The objectives of this comparative Cephalometric study were to:

1. Determine the specific Cephalometric features of class II division 1 malocclusion in adult Saudi subjects that had not been previously submitted to any orthodontic treatment.
2. Compare the changes in the dentofacial structure in untreated class II division 1 malocclusion and normal occlusion class I individuals.
3. Evaluation of the following features of the jaws was made: angular and linear sagittal relation between maxilla and mandible and related to the cranial base; geometric proportion between maxilla and mandible; craniofacial growth pattern and position of maxillary and mandibular incisors, presence of differences between genders.

II. MATERIALS AND METHODS

Careful selection was made from the files of orthodontics clinics in King Abdul-Aziz Medical City, National Guard Health Affairs, Riyadh, Kingdom of Saudi Arabia, from January 2013 to June 2014.

Forty-nine (49) Saudi individuals having a class II division 1 (23 females and 26 males) aged 18-28 years were evaluated and compared with forty-five (45) Saudi

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individuals having normal occlusion class I pattern (21 females and 24 males) aged 18-28 years.

Selection criteria for class II division 1 sample were:

ANB angle $> 4^\circ$;
Over jet > 4 mm;
Bilateral class II molar in centric occlusion;
Permanent dentition, no missing teeth, (except third molars);
Convex facial profile;
No previous orthodontic treatment;
No cleft lip/palate and/or other craniofacial syndromes
All selected subjects are Saudi descent.

Selection criteria for the class I sample were:

ANB angle $\leq 4^\circ$;
Over jet ≤ 4 mm;
Normal over bite;
Bilateral class I molar and canine in centric occlusion;
Permanent dentition, no missing teeth (except third molars);
Well-aligned maxillary and mandibular arches with less than two mm crowding or spacing;
Class I soft tissue profile;
No previous orthodontics treatment.

a) Determination of sample size

A minimum sample size of 21 per group (total 42) will have 80% power to detect a difference in

means of 1° (Change in the skeletal ANB angle), (Cozza P et al, 2006) ^[13] assuming that the common standard deviation is 1.25° (Sayin & Turkkaharaman, 2005) ^[14], using a two group t-test with a 0.05 one sided significance.

The radiographic lateral cephalograms used were taken according to the conventional norms.

All cephalograms were taken by the same radiographic apparatus:
planmecipromax 3Ds/3D
Planmeca oy/Asentajankatu 6/00800 Helsinki/Finland.

Cephalometric Landmarks were marked and digitized by one author to avoid interobserver variability angular and linear variables were established and measured by: Vistadent™ At software (GAC int. Inc. Bohemia, NY)

No cleft lip/palate and/or other craniofacial syndromes ;
All selected subjects are Saudi descent;
Cephalometric skeletal landmarks used in current study:
Fig (1)

N- S - ANS - PNS -A -B -Pog- Me- Ar- Go- Bo -Ao.

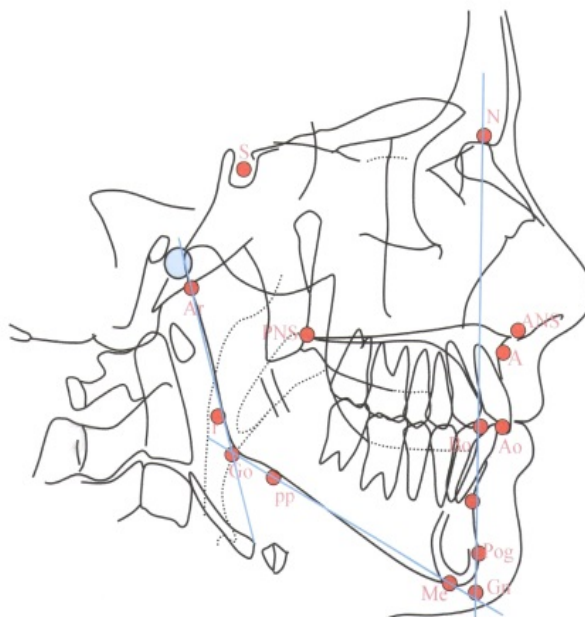


Fig.1 Cephalometric skeletal landmarks used in the current study

Figure 1 : Cephalometric Skeletal Landmarks used in the Current Study

Cephalometric dental and soft tissues landmarks used in the current study: Fig(2)

UI- APUI -LI - APLI- Pog'- Li- LS - Sn - Pn.

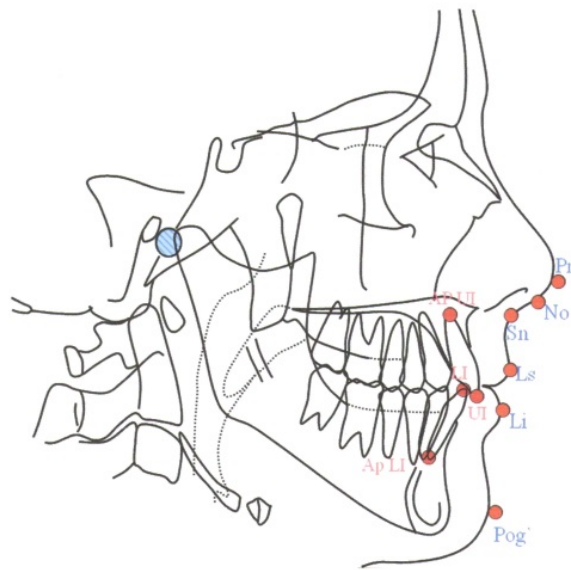


Fig. 2 Cephalometric dental and soft tissue landmarks used in the current study

Figure 2 : Cephalometric Dental and Soft Tissue Landmarks used in the Current Study

The linear measurements used in the current study: (Fig 3)

S-N, S-Ar, Ar-Go, Go-Me, S-Go, S-PNS, PNS-Go, N-Me, S-Gn, ANS-PNS, UI-NA, LINB, pog-NB LI-Apog, Ls-ELine, Li-ELine , (BO –AO) Wits Appraisal.



Fig.3 The linear and angular measurements used in the current study

Figure 3 : The Linear and Angular Measurements used in the Current Study

The angular measurement (degree) used in the study: Fig 3.

SNA – SNB – ANB – SNPog – MM – SN ^ GoMe – SN ^ PP – NSAr – SArGo – ArGoMe – Sum (Bjork) – NSPog (Y)– UI ^ SN – UI ^ SPP – LI ^ GoMe, LI ^ NB– UI ^ LI.

The reference points, planes and angles used in current study were defined according To Bjork, Riolo et al^[15, 16]

b) Error Study

Within a two weeks interval from the first measurements, 20 randomly selected radiographs (10 from class II division 1 group and 10 from normal occlusion group) were retraced, redigitized and re-measured by the same author.

The causal error was calculated according to Dahlberg's formula^[17]

$$ME = \frac{\sqrt{\sum d^2}}{2n}$$

Where **d** is the difference between two registration.

n is the number of duplicate registration and the systematic error with dependent tests, for $P < 0.05$

The error of the method of cephalometric measurement ranged between 0.16mm and 0.41mm for linear measurements, and between 0.18 degree and 0.46 degree for angular measurements. (Allowable inter-and intra-investigator error were 0.5 mm and 0.5 degree)

c) Statistical Analysis

Descriptive statistic was calculated for all measurements in both groups including the mean, standard deviation, and minimum and maximum values for each parameter. [18]

All the statistical analysis were performed by using SPSS-V15 (SPSS Inc., Chicago-ILL).

Anderson-Darling normally tests were performed to check the distribution of data, parametric (two-sample-t-test) or non parametric (Mann-Whitney U test), were used as appropriate to detect significant differences between the two groups with the level significance at 0.05, $p < 0.05$

The comparison between genders in class II division 1 used the same statistical test.

Statistically significant values were considered if $p < 0.05$

III. RESULTS

Tables (1-4) show descriptive statistics and comparison of cephalometric measurements between two groups.

Table 1 : Comparison angular measurements between class II and normal occlusion (in degree)

Variable	Class II, 1			Class I			P
	Pts N	Mean	SD	Pts N	Mean	SD	
NS ^ GoMe	49	33.63	2.78	45	31.00	3.39	0.00
Ns ^ PP	49	8.01	1.15	45	7.93	1.99	0.18
NSAr	49	125.91	2.91	45	123.95	2.33	0.00
SArGO	49	142.91	2.58	45	141.11	1.70	0.00
ArGoMe	49	133.08	3.45	45	129.72	4.59	0.00
Sum(Bjork)	49	400.01	4.07	45	396.58	5.91	0.00
NSPog	49	69.98	3.22	45	66.20	4.13	0.00
SNA	49	81.66	2.51	45	80.96	3.02	0.22
SNB	49	75.42	3.14	45	78.53	2.81	0.00
ANB	49	6.21	1.94	45	2.57	1.01	0.00
SNPog	49	78.04	2.84	45	82.39	2.57	0.00
NAPog	49	184.93	3.90	45	179.10	4.40	0.00
MM	49	28.57	2.92	45	25.84	3.12	0.00
UI ^ SN	49	109.63	4.58	45	102.49	4.45	0.00
UI ^ Spp	49	67.69	4.23	45	70.10	3.25	0.00

There was no difference in the mean position of the maxilla-(SNA) between the two groups, and the class II appeared to be the result of more recessive (SNB) and shorter mandible (Go-Me).

(These results were also supported by maxillary and mandibular skeletal measurements that were not sella-nasion based).

This was accompanied by an increased mandibular plane angle (Go-Gn/SN) but no increase in anterior facial height. The increased mandibular plane angle appeared to be the result of a reduced ramus height with a reduced posterior facial height in the class II division 1 group.

In class II division 1 patients, the maxillary incisors were buccally inclined (upper incisor-NA) and the mandibular incisors were buccally inclined and more protrusive (Lower incisor-NB), the overjet was significantly greater in class II division 1 group.

The cranial base angle (NS ^ Ar) was significantly greater in class II division 1 subjects, and the posterior cranial length (S-Ar) was significantly shorter in class II division 1 group.

The (ANB) angle was significantly greater in class II division 1 subjects.

The Bjork sum (angle NS ^ Ar, SAr ^ Go, ArGo ^ me) was significantly greater in class II division 1 subjects.

Angle retuded chin is indicated by small (SN ^ Pog) angle in class II division 1 subjects.

UI ^ NA	49	24.15	2.24	45	22.30	2.60	0.00
LI ^ GoMe	49	97.20	5.60	45	91.60	4.27	0.00
LI ^ NB	49	25.20	2.71	45	23.29	2.82	0.00
UI ^ LI	49	131.26	4.31	45	134.64	4.86	0.00

Use Mann-Whitney for comparison between non parametric and two sample student test for parametric distribution data.

Statistically significant values were considered if $P < 0.05$

Table 2 : Comparison linear measurement between class II division 1 and normal occlusion (in mm)

Variable	Class II, division 1			Normal Occlusion			P
	No	Mean	SD	No	Mean	SD	
N-S	49	72.49	2.70	45	73.11	3.82	0.12
S-Ar	49	33.07	2.80	45	36.25	2.82	0.00
Ar-Go	49	50.88	2.69	45	52.34	3.18	0.01
Go-Me	49	73.43	3.00	45	76.83	4.73	0.00
S-Go	49	82.12	2.26	45	86.04	5.53	0.00
S-PNS	49	40.68	1.91	45	41.16	3.59	0.73
PNS-Go	49	41.33	2.05	45	44.15	3.76	0.00
N-Me	49	131.16	2.33	45	125.63	4.70	0.00
S-Gn	49	134.88	3.41	45	132.24	3.51	0.00
N-Go	49	126.62	3.36	45	127.67	4.24	0.18
ANS-PNS	49	53.50	2.49	45	52.89	3.17	0.29
UI-NA	49	5.66	.99	45	4.42	1.43	0.00
LI-NB	49	5.77	.99	45	4.15	1.02	0.00
Pog-NB	49	1.85	.84	45	1.71	.84	0.37
UI-APog	49	4.34	1.10	45	2.76	1.31	0.00
LI-APog	49	3.40	.86	45	1.08	1.26	0.00
Ls-E line	49	2.45	1.20	45	0.20	1.51	0.00
Li-E line	49	- 3.25	.93	45	1.05	1.46	0.00
Wits	49	4.14	1.79	45	1.11	1.48	0.00

Use Mann-Whitney for comparison between non parametric and two sample student test for parametric and two sample student test for parametric distribution data statistically significant values were considered if $P < 0.05$

Table 3 : Study of linear measurements according to sex in class II group(in mm)

Variable	Sex	No	Min	Max	Mean	SD	P
N-S	M	26	67.16	77.25	72.88	2.68	0.04
	F	23	65.81	75.64	70.82	2.58	
S-Ar	M	26	28.68	39.82	33.76	2.93	0.08
	F	23	29.15	37.61	32.30	2.49	
Ar-Go	M	26	46.50	56.62	51.22	2.80	0.34
	F	23	45.83	55.15	50.48	2.57	
Go-Me	M	26	7.35	79.62	74.93	2.84	0.00
	F	23	68.82	76.42	71.74	2.18	
S-Go	M	26	79.56	87.31	83.00	2.44	0.00
	F	23	77.98	84.68	81.12	1.56	
S-PNS	M	26	38.45	45.19	41.15	2.10	0.11
	F	23	37.64	43.66	40.15	1.54	

PNS-GO	M	26	37.46	45.15	41.87	2.15	0.04
	F	23	36.85	44.67	40.71	1.79	
N-Me	M	26	128.68	135.65	132.16	2.01	0.00
	F	23	126.32	135.64	130.02	2.17	
S-Gn	M	26	129.45	141.25	137.04	2.62	0.00
	F	23	128.67	137.25	132.44	2.41	
N-Go	M	26	123.64	137.46	128.68	2.73	0.00
	F	23	119.68	128.69	124.30	2.36	
ANS-PNS	M	26	50.64	60.94	54.51	2.33	0.00
	F	23	48.64	56.16	52.36	2.18	
UI-NA	M	26	2.04	6.84	5.51	1.13	0.25
	F	23	3.65	6.15	5.83	.79	
LI-NB	M	26	2.58	6.64	5.90	1.07	0.62
	F	23	2.98	6.64	5.54	.90	
Pog-NB	M	26	.54	3.61	1.71	.85	0.23
	F	23	.64	3.64	2.00	.83	
UI-A Pog	M	26	2.43	6.68	4.40	1.12	0.67
	F	23	2.64	6.82	4.27	1.11	
LI-A Pog	M	26	1.85	5.05	3.35	.95	0.65
	F	23	2.21	5.06	3.46	.75	
Ls-E line	M	26	2.05	7.15	2.37	1.30	0.63
	F	23	2.65	6.85	2.54	1.10	
Li-E line	M	26	-4.15	2.15	-3.15	1.03	0.78
	F	23	-4.51	1.36	-3.40	.81	

Table 4 : Study of angular measurements according to sex in class II group (in degree)

Variable	Sex	No	Min	Max	Mean	SD	P
NS ^ GoMe	M	26	27.68	38.65	33.73	2.99	0.70
	F	23	26.94	37.16	33.53	2.58	
Ns ^ PP	M	26	6.35	10.05	8.21	1.14	0.29
	F	23	5.65	9.26	7.79	1.15	
NSAr	M	26	120.95	131.61	125.99	2.65	0.85
	F	23	119.95	131.46	125.83	3.24	
SArGO	M	26	138.26	147.16	143.30	2.48	0.92
	F	23	136.26	145.03	142.46	2.68	
ArGoMe	M	26	125.54	138.74	132.92	3.70	0.93
	F	23	128.15	139.25	133.25	3.23	
Bjork Sum	M	26	392.94	411.37	399.97	4.51	0.88
	F	23	396.12	408.06	400.05	3.60	
NSPog	M	26	61.58	75.16	69.25	3.58	0.09
	F	23	66.22	76.13	70.81	2.61	
SNA	M	26	77.82	86.94	81.81	2.50	0.66
	F	23	76.65	87.61	81.49	2.58	
SNB	M	26	71.42	80.90	75.37	2.83	0.77
	F	23	68.35	83.31	75.48	3.53	
ANB	M	26	4.21	10.01	6.43	1.37	0.33
	F	23	.70	11.10	5.97	2.45	

SNPog	M	26	72.46	82.64	77.51	2.72	0.16
	F	23	73.46	85.62	78.64	2.91	
MM	M	26	20.15	33.64	28.09	3.11	0.22
	F	23	23.57	34.76	29.12	2.65	
UI ^ SN	M	26	99.54	115.64	110.89	4.61	0.68
	F	23	100.64	113.64	109.34	4.63	
UI ^ Spp	M	26	60.15	75.16	68.33	4.47	0.26
	F	23	61.35	73.45	66.96	3.90	
UI ^ NA	M	26	19.21	27.24	23.94	2.41	0.20
	F	23	20.40	28.64	24.39	2.07	
LI ^ GoMe	M	26	86.54	106.32	98.18	5.58	0.19
	F	23	84.35	106.35	96.09	5.53	
LI ^ NB	M	26	19.86	29.81	25.36	2.54	0.65
	F	23	18.95	30.61	25.01	2.94	
UI ^ LI	M	26	124.30	140.13	131.18	4.15	0.88
	F	23	122.10	139.52	131.36	4.57	

IV. DISCUSSION

Class II malocclusion has been evaluated in numerous studies. [19, 20, 21]. These studies have reported conflicting results about the features of class II malocclusion both in the anteroposterior and vertical dimensions.

Class II malocclusion may results from numerous combination of skeletal and dental components [22]

This was also true for our sample because wide variations were observed for almost all measurements of the class II division 1 patients (Table 1, 2).

Fushima et al [21] reported aretruded and smaller mandible in adult females with class II division 1 malocclusion. In another study of adult patients, Gilmore [23] reported that the mandible was shorter in dental class II division 1 patients. Because our results are consistent with previous studies on adults, we suggest that the majority of class II division 1 patients have a normally positioned maxilla but a smaller and more retruded mandible when compared with class I patients.

Conflicting results of studies regarding anteroposterior positions of maxilla and mandible in growing class II patients may be attributed to the individual differences in skeletal growth rates of these patients.

The sagittal position of the maxilla (SNA) in class II division 1 patients was normally positioned similar to the normal class I group, with a well-positioned maxilla in relation to the cranial base, corroborating previous studies [6, 7, 18, 24, 25]

The sagittal position of the mandible (SNB) presented that it was retracted in relation to the cranial base. The effective length (Go-Me) showed a small

sized mandible. These results are in agreement with other studies in the literature. [6, 7, 24, 25, 26, 27] demonstrating that the mandible presents great participation in this type of malocclusion.

These cephalometric results justify the mandibular advancement for correction of the class II malocclusion in great part of the cases [28, 29]

Our results indicated that the class II division 1 patients show an increased mandibular plan angle (NS ^ Go Me) but no increase in anterior facial height (ANS-Me).

The increased mandibular plan appeared to be the result of reduced ramus height. In accordance with our results. Fushima et al [21] also reported backward rotation of the mandible in class II division 1 patients. Bjork and Skieller [30] reported that the intensity of the Condylar growth was strongly correlated with the rotation of the mandible.

Sinclair and Little [31] reported that the degree of vertical mandibular growth was closely correlated with the total amount of condylar growth.

Discrepancy in the posterior face height especially in ramus height may indicate decreased condylar growth in class II division 1 patients. Histological and implant studies [32, 33, 34] have demonstrated that growth in mandibular length occurs primarily at the condyle, the decreased mandibular length found in class II division 1 patient also supports our findings.

The maxillary incisors presented buccal inclination (UI.NA) in class II division 1 subjects. That findings are in consonance with the results of previous studies [6, 7, 18, 35].

The position of maxillary incisors presented protrusion in relation to the cranial base (UI ^ SN) in

class II subjects. This result diverges from studies in the literature [14,36].

The angular measurement for the mandibular incisors (LI-NB) presented statistically significant differences, showing mandibular incisors strongly buccally inclined.

The results for the linear position of mandibular incisors (LI-NB) showed protrusion in relation to their apical base, indicating dento-alveolar compensation for the skeletal discrepancy.

The craniofacial growth pattern presented a vertical tendency in class II division 1 subjects (Bjork-sum). These findings are uniform to those mentioned in most studies [7, 8, 12], however some authors found contrasting results [9,37].

The cranial base angle ($NS^{\wedge}Ar$) was significantly greater in class II division 1 subjects. The larger cranial base angle in class II subjects might explain the distal positioning of the mandible.

The sagittal discrepancy of the skeletal base angle (ANB) presented an increase in this angle in class II division 1 subjects when compared to the normal occlusion subjects corresponding with other studies [5,11]. Hopkin et al [38] stated that the cranial base configuration was an etiological factor in determining anteroposterior male relationships of the jaws. However a review of the literature indicated no common results concerning cranial base configurations of class II patients.

Dhopatkar et al [39] has suggested that cranial base morphology was more important in establishment of malocclusion when there was a significant skeletal discrepancy. This is also acceptable for our study because our class II patients have significantly greater overjet and ANB angle than class I subjects.

V. CONCLUSION

According to the methodology used, the cephalometric characterizations of Saudi subjects presenting class II division 1 malocclusion were the following:

The maxilla was well positioned in relation to the cranial base and in normal size.

The mandible was smaller in size, posteriorly positioned ((retracted)) and rotated posteriorly when compared with class I subjects.

The geometric proportion between the apical base presented a small mandible and a normal size maxilla.

The craniofacial growth pattern showed a vertical tendency.

The maxillary and mandibular incisors were buccally inclined and protrusively positioned in relation to skeletal base.

Gender comparison revealed that there was statistical difference in linear measurements.

However, there was no difference in angular measurements. This may indicate that males have

bigger facial dimensions than females with the resemblance in the geometric proportions and craniofacial morphology.

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Effect of Curing Protocol on the Physical Properties of Bulk-Fill Resin Based Composites Using Novel Monomer

By Dr. Hicham Nuaimi

Abstract- Objectives: To evaluate the effect of irradiation time on the Vickers hardness value of two bulk-fill resin-based composites.

Methods: Vickers hardness (HV) of nano-hybrid resin-based composites (RBCs) containing a novel monomer composition based on tricyclodecane- urethane structure (TCD-urethane) [Venus Diamond Bulk Fill, Hearus Kulzer, Germany] compared to conventionally formulated nano-hybrid RBCs [TetricEvo-Ceram Bulk Fill, IvoclarVivadent] for 20 and 40 second using (Elipar S10, 3M ESPE, St. Paul, MN, USA).

Results: The highest hardness value was shown in Bulk Fill 60 sec (HV= 65.15 2.22), while the lowest was observed in Bulk Fill TetricEvo Ceram 40 sec (HV= 61.03 1.63). There is no significant increase in Hardness value during irradiation time for both Bulk Fill Venus Diamond ($p=0.456$), and Bulk Fill TetricEvo Ceram ($p=0.288$).

Keywords: bulk fill resin based composite, novel monomer, vickers hardness value.

GJMR-J Classification: NLMC Code: WU 300



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Conclusion: The mode of polymerization and the light-curing time did not affect on the hardness value of the nanofilled composite resin.

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I. INTRODUCTION

Resin-based composite are commonly used in modern dentistry because of their perfect esthetic appearance (tooth colored facade), easy in manipulation and proper mechanical properties. Nanotechnology may be considered as one of the most contemporary advancements in the development of resin-based composites, by increasing filler volume that improved mechanical properties, (1) (2) (3). Additionally, the nano-filler particles provide to show better polishability in compare with conventional resin based composite (4) Durability of resin-based composite entails high mechanical performance, acutely in stress-bearing sites of the posterior tooth that performing high masticatory forces (5).

Researches are not based on improving the inorganic filler components but even more on the development of resin matrix composition by adding novel matrix formulations. Herein, Using of high molecular weight monomers in modern resin based composite suited popular in composite development(6)(7).

Examples of novel resin matrix contain a high molecular weight monomer derived from a core structure based on tricyclodecane-urethane dimethacrylate composition that is said to dispense without diluents and may thus stop high polymerization shrinkage(7),(8).

Incremental layering techniques are suggested not only to reduce shrinkage but also to confirm an adequate polymerization by applying the resin based composite in multiple layers with 2mm thickness (9).

So that researchers invented a new resin-based composite, the bulk-Fill, was presented in clinics use with one increment may reach to 4 mm thickness for curing as one step, therefore no need to waste time due to layering technique. It is mechanical properties of this new material is still an open question while minimum clinical cases are available. Hardness measurements seem to belong to the most sensitive methods for determining this adequate layer thickness(10).

The purpose of this study was to evaluate the hardness value of Bulk Fill nano resin based composite with novel monomer in contrast to conventional materials using different curing time.

II. MATERIALS AND METHODS

Thirty-two Bulk Fill resin based composite were investigated in this study, one of them containing novel monomer matrix in compare with conventional composite. The materials were selected from various manufacturers based on differences in their matrix and filler composition (Table 1). Specimens were produced in a Teflon mold of (6 mm *4 mm). The mold was filled in one increment then LED light cured directly using (Elipar S10, 3M ESPE, St. Paul, MN, USA) for 40 and 60 seconds. An amount of eight specimens was produced for each type of composite and curing time.

Table 1 : Materials, manufacturer, chemical composition of matrix and filler as well as filler content by weight (w) and volume (v) %

Bulk fill RBCs	Manufacturer	Resin matrix	Filler	Filler (w/v)
TetricEvoCeram	Ivoclar/Vivadent	Bis-GMA, UDMA	Ba-Al-Si-glass, prepolymer filler (monomer, glass filler and ytterbium fluoride), spherical mixed oxide	80/61 (including 17% prepolymers)
Venus® bulk fill	Heraeus Kulzer	UDMA and EBPDMA	Ba-Al-F-Si-glass and SiO ₂	65 /38

Hardness value was measured using Vickers hardness test (Nemesis 9000 (INNOVATEST) HaBu, Hauck Pruftechnik GmbH, Hochdorf-assenheim, Germany), three reading was obtained for each sample and the mean of them was represented the mean of hardness value (HV).

Statistical analysis

Results were compared using one- and multiple-way ANOVA and t paired test (α 0 0.05) (SPSS 18.0, Chicago, IL, USA). The results for HV were compared within each different curing time. In the multivariate analysis, the influence of the parameters "material," "curing time," were analyzed.

III. RESULTS

According to limitation of this study, Statistically compared the influence of irradiation time and resin matrix on the mechanical properties of Bulk Fill resin based composite. The highest hardness value was shown in Bulk Fill 60 sec (HV= 65.15 2.22), while the lowest was observed in Bulk Fill TetricEvo Ceram 40 sec (HV= 61.03 1.63) as shown in Fig 1. There is no significant increase in Hardness value during irradiation time for both Bulk Fill Venus Diamond ($p=0.456$), and Bulk Fill TetricEvo Ceram ($p=0.288$). as shown in table 2.

Table 2 : illustrate the mean of hardness value (SD) of the groups

Bulk Fill 40s	Bulk Fill 60s	TetricEvo Ceram 40s	TetricEvo Ceram 60s
65.15(2.227)	66.63(2.320)	61.03(1.634)	62.55(2.033)

IV. DISCUSSION

Clinically, researchers confidently assumed to use not more than 2 mm as maximum incremental layer thickness to ensure adequate polymerization for predictable successful fillings. So that new type of resin based composite was used of Bulk Fill resin based composite: Venus Bulk Fill and TetricEvo Ceram Bulk Fill reflected to be used as liner material or as bulk fill materials in Posterior restorations (class I and II).For this, specimens were investigated using a Vickers hardness test (HV). Led cure devise have to checked of it is proper intensity for curing frequency.

Manufacturers were used bisphenol-A- dime-thacrylate (Bis-GMA) and only formed the organic matrix out of other dimethacrylates(11). Consequently, resin based composite are assumed to be less viscous because UDMA and TEGDMA that forms more flexible than Bis-GMA(12). Additionally, Bis-GMA is said to be more hydrophilic(13), therefore runs a higher risk of water uptake and degradation than other hydrophobic monomers(14) that used in both resin-based composite which reducing the risk of discoloration (15). It has to be mentioned that using different matrix compositions of the two resin based composite, More over when

monomer concentration are increased(16)or diluted(17)may do not improving mechanical properties. Scougall-Vilchis et al. demanded that microhardness largely alters on the inorganic filler particles (size, weight, volume) in addition toorganic matrix (18)so, it can be identified that the measured HV values present the average microhardness of both, fillers and matrix. There is limitation in concentration of dimethacrylates-monomer with lower molecular weight because polymerization might be increase(19).

In the micromechanical tests, Venus Bulk Fillshowed to be non significantly superior to TetricEvo Ceram Bulk Fill resin. The Reasons for that performance might be found in both, organic matrix composition and inorganic fillers. Venus Bulk flow differs from fill in the matrix composition of TetricEvo Ceram as it contains additional EBPDMA and a polymerization modulator(20). In addition of the more flexible side groups with solid core of (TCD - urethane) so that its viscosity can be decreased (21)and with the formation of more homogenous copolymer networks.

Lee et al. found out that viscosity of resin based composite increases when filler volume increases (22)So that Decreasing in viscosity is desirable for

Venus bulk fill (65/38) flow to reach similar levels of flowability, while for TetricEvo Ceram has higher filler content (80/61). In addition increasing filler volume has critical improvement in hardness value, the flexural strength and modulus (23)(24) while in this study it was shown that type of monomer used has affect on the hardness value.

Comparing the results for the hardness value of this study that investigating two different types of Bulk Fill restoration that evaluate resin cure and provide good estimation of the degree of conversion of resin composites, (25), (26).

The depth of cure (DOC) can be affected by some factors related to the source of light curing, including the spectral emission (wavelength distribution), light intensity, exposure period, and irradiation distance. Albino et al evaluated the microhardness for nano filled resin-based composite; he showed that there is no significant increase in hardness of resin if they have similar translucency, which is similar to the result of this study. Nicoleta et al showed that irradiation time has less influence on the initial decrease on depth of cure and cure bonding (C-C) double bonds that are direct related to hardness of resin-based composite. Boaro et al. showed that Composite with novel monomer has been shown as one of the materials with the highest results for DOC and low polymerization shrinkage (27).

V. CONCLUSION

It may be concluded that the mode of polymerization and the light-curing time did not affect the hardness of the nano filled composite resin and that increasing the light-curing time did not improve the hardness of the bottom surface of the composite resin.

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The Impact of Aesthetic Orthodontic Treatment Needs on the Oral Health-Related Quality of Life of Dental Students

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Abstract- Background: More attention is needed in understanding the physical, social, and psychological impact of malocclusion on oral health-related quality of life since it provides more understanding of the demand for orthodontic treatment beyond clinician limits. The aim of this study was to assess the impact of orthodontic treatment needs on the oral health-related quality of life for dental students.

Materials and Methods: A cross-sectional design was used. A random sample of 100 2nd years to 5th year dental students aged 17-23 years from the University of Medical Sciences and Technology in Sudan was obtained, and each subject was assessed for orthodontic treatment need using the Aesthetic Component of the Index of Orthodontic Treatment Needs by taking photographs of the dentition. Each subject was also given an Oral health-related quality to life questionnaire to complete: The Oral Health Impact Profile (OHIP).

Keywords: malocclusion, quality of life, oral health-related quality of life, oral health impact profile, orthodontic treatment need.

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Results: In general, the oral health-related quality of life was good in this sample. Males generally showed a significantly higher OHIP scores in the handicap domain than females. (P-value: 0.003). Despite the fact that no significant gender differences were observed in the remaining quality of life domains, when the Aesthetic Component of the Index of Orthodontic Treatment Needs (IOTN-AC) was separately evaluated, it was found that males with borderline need for treatment had significantly higher impacts on oral health than females in the same group with regards to functional limitation and psychological discomfort, as well as overall OHIP scores (P= 0.014, 0.05, 0.000 respectively).

Conclusion: Malocclusion does not appear to affect the oral health-related quality of life to a measurable degree.

Keywords: malocclusion, quality of life, oral health-related quality of life, oral health impact profile, orthodontic treatment need.

I. INTRODUCTION

The demand for orthodontic treatment has been increasing, which places a load on many global healthcare resources.¹ the development of occlusal indices was done so as to determine the severity of the malocclusion and prioritize treatment. However, occlusal indices define orthodontic treatment need from a clinician's point of view without paying attention to the patient's social needs and desire to improve appearance.

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Recently, researchers and clinicians have placed more focus on patients' own perceptions of oral health status and oral health care systems to understand their needs, fulfillment with treatment, and ultimately the perceived overall quality of health systems.^{2, 3, 4}

Kelly Ryan Taylor et al found that recent studies with standardized instruments have displayed a link between malocclusion and the oral health related quality of life.⁵

The Aesthetic Component of the Index of Orthodontic Treatment Needs (IOTN-AC) classifies malocclusions based on particular occlusal features which are considered important for aesthetics, in order to identify those in most need for treatment. The aesthetic component (AC), records the aesthetic need for orthodontic treatment using a ten grade standardized ranking scale of coloured photographs showing various levels of dental attractiveness. For IOTN-AC, those with a score of 1-4 are labeled as having no/little treatment needed, 5-7 as borderline treatment needed, and 8-10 as treatment required.⁶

Many instruments have been designed to measure dental outcomes in terms of the impact on quality of life related to oral health. Amongst these, the Oral health impact profile (OHIP) and its shortened version OHIP-14 are broadly used. It was designed to be applied to various oral conditions. The items in both versions of the Oral health impact profile (OHIP) are grouped into 7 domains: functional limitation, physical pain, psychological discomfort, physical disability, psychological disability, social disability, and handicap.^{7,8} numerous previous studies reported a significant association between malocclusion and Oral Health Related Quality of Life (OHRQoL)^{1, 2, 9-11}

This study aims to answer the following questions: Do various orthodontic treatment needs have an impact on the oral health-related quality of life? Does gender significantly affect the oral health-related quality of life? And is there a difference of OHIP scores between genders in relation to the IOTN?

II. MATERIALS AND METHODS

This is a Cross-sectional study carried out in the Academy Charity Teaching Hospital (ACTH), University of Medical Sciences and Technology, Faculty of

Dentistry, Khartoum from November 2012 to February 2013.

Permission and approval was obtained from the University of Medical Sciences and Technology (UMST). An informed consent was obtained from each participant in the study. Before taking part in this study, all participants were given a brief explanation about the aim of the study and the methods that will be carried out.

This research included 2nd, 3rd, 4th, and 5th year dental students in the University of Medical Sciences and Technology. 1st years were not included because they were not present in the Academy Charity Teaching Hospital (ACTH) at the time. The following groups of subjects were excluded from the study:

- Students who have had previous orthodontic treatment.
- Students who had active orthodontic treatment.

The sampling technique used was Stratified random sampling.

The desirable sample size was n=100

III. DATA COLLECTION TECHNIQUE

Each batch of UMST students was informed about the aim of the study and all the steps which were required to collect the data in the lecture room. The individuals who have met the inclusion criteria were chosen randomly from registration sheet. Once consent had been obtained, each student was first assessed for orthodontic treatment needs using the aesthetic component of the Index of Orthodontic Treatment Need (IOTN).

The students were examined in the dental clinic. After doing a clinical examination, the subject was asked to bite on their back teeth and a photograph was taken of the dentition. Then, the subject was asked to compare the photo of their teeth with the standard, and grade the dental attractiveness of the anterior teeth.

There were 10 grades, grade 1 being the most attractive and 10 being the least. After the subject graded their photo, the need of treatment was attained.

Grade 1-4: No/little treatment need.

Grade 5-7: Borderline treatment need.

Grade 8-10: Definite treatment need.

Secondly, the Oral Health-Related Quality of life was determined by giving each subject a questionnaire to complete with the examiner sitting by the students for explanation of any difficult questions. The questionnaire was the Oral Health Impact Profile (OHIP) which is composed of 49 questions related to oral health. Respondents were asked to indicate on a five-point Likert scale how frequently they experienced each problem within a reference period of 12 months. Response categories for the five-point scale are: "Very often", "Fairly often", "Occasionally", "Hardly ever" and "Never". For three questions that ask about denture-related problems (numbers 9, 18 and 30), a response option was provided for non-wearers of dentures to indicate that these questions do not apply to them. The OHIP scores were then attained.

IV. DATA PROCESSING AND ANALYSIS

The data was processed and analyzed using computer software programs SPSS (Statistical Package for Social Sciences) version 17

The data analyzed and correlated with those of the Index of orthodontic treatment needs (IOTN) and final results were obtained and presented in tables and figures. The tests which were used during analysis were Chi-squared test, and ANOVA test.

V. RESULTS

Figure 1 shows the gender distribution in the study; the majority of the students were females (78%), while (22%) were males.

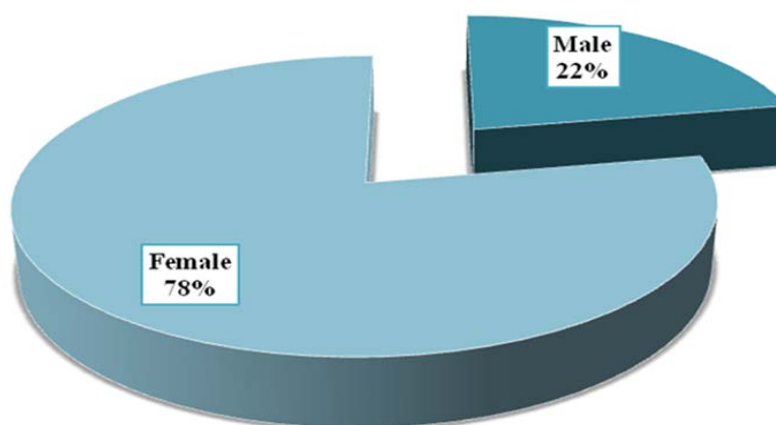


Figure 1: Distribution of the study sample according to (Gender)

Figure 2 portrays the distribution of the study sample according to Index of Orthodontic Treatment Needs (Aesthetic Component). 96% had No/ Slight treatment need with a score ranging from 1-4, while 4%

had borderline treatment need with a score ranging from 5-7. None of the population scored 8-10, meaning there was no definitive aesthetic need for treatment among this study sample.

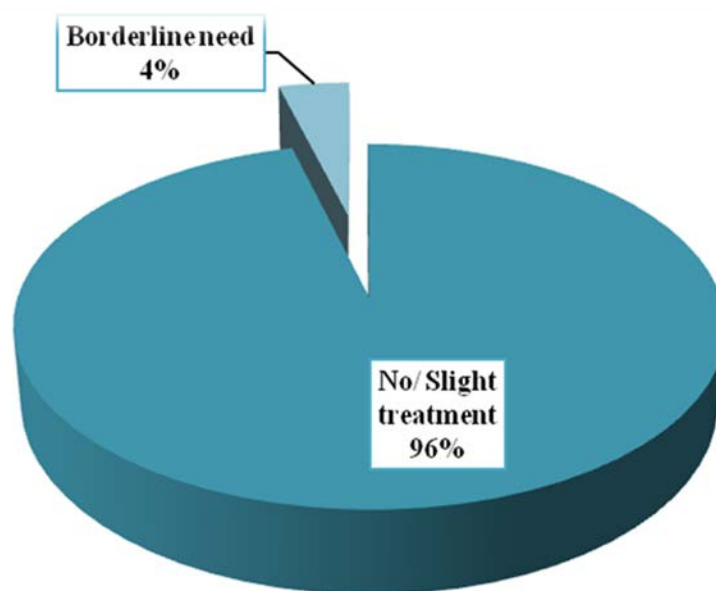


Figure 2 : Distribution of the study sample according to (Index of Orthodontic Treatment Needs (Aesthetic Component) - IOTN (AC))

Figure 3 shows Distribution of the study sample according to Index of Orthodontic Treatment Needs (Aesthetic Component) in relation to gender. It was

found that 90.9% of males and 97.4% of females had No/Slight treatment need, while 9.1% of males and 2.6% of females had borderline need for treatment.

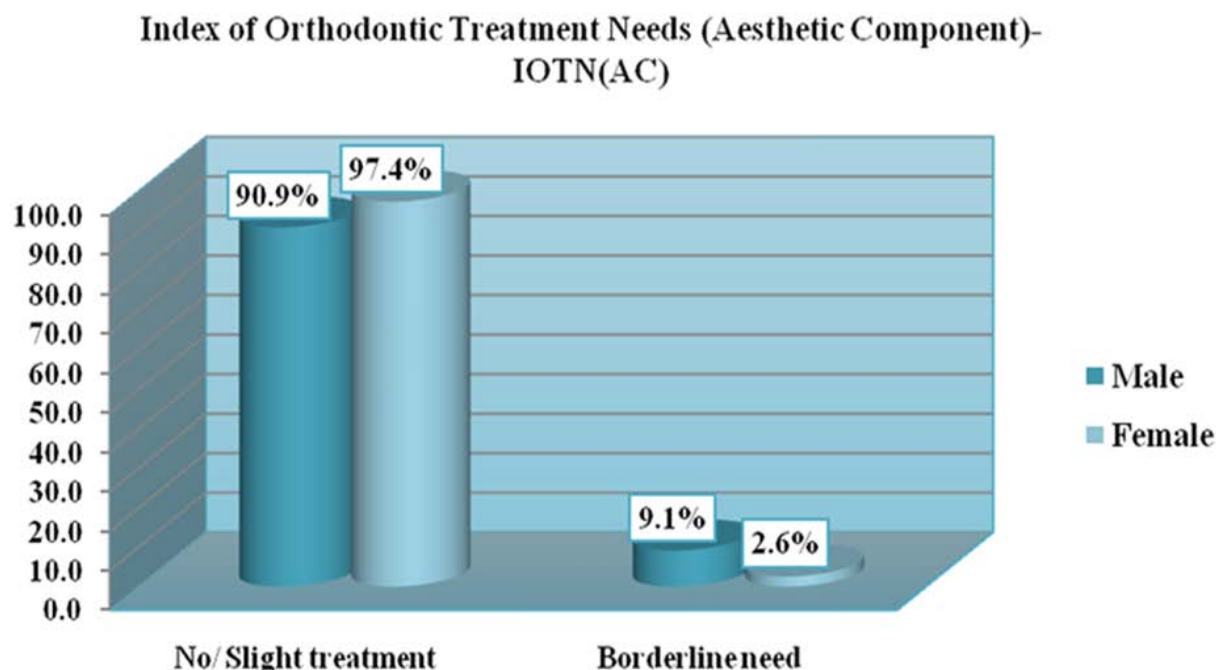


Figure 3 : Distribution of the study sample according to (Index of Orthodontic Treatment Needs (Aesthetic Component) - IOTN (AC)) in relation to gender

In this study sample, the OHIP scores ranged from 0-22.02 in the domains while the overall OHIP scores ranged from 0-95.1 in both genders.

Table (1) shows The Oral health Impact Profile scores (mean \pm S.D) in relation with gender; males generally showed a significantly higher OHIP scores in the handicap domain than females. (P-value: 0.003).

They also showed higher scores in functional limitation, psychological discomfort, psychological disability, and physical disability than females, however, these were not statistically significant. Females, on the other hand, had more impacts to oral health in terms of physical pain and social disability. These scores, however, were also not statistically significant.

Table 1 : The Oral health Impact Profile scores (mean \pm S.D) in relation with gender

Gender	Functional limitation	Physical pain	Psychological discomfort	Physical disability	Psychological disability	Social disability	Handicap	Overall Oral health Impact Profile scores
	Male	8.6 \pm 5.9	10.0 \pm 8.1	5.5 \pm 4.8	5.5 \pm 9.6	2.2 \pm 4.2	6.1 \pm 6.5	46.2 \pm 26.9
	Female	9.8 \pm 6.1	7.6 \pm 6.8	3.4 \pm 3.4	3.1 \pm 5.4	2.3 \pm 2.5	1.7 \pm 3.3	33.5 \pm 24.6
	P-Value	0.544	0.336	0.110	0.281	0.958	0.003	0.144

Table (2) shows The Oral health Impact Profile scores (mean \pm S.D) in relation with Index of Orthodontic Treatment Needs (Aesthetic Component) Those with borderline treatment need had statistically

significant higher impact on oral health in relation to functional limitation (OHIP score: 11.9 \pm 9) than those with no/ slight treatment need (OHIP score: 6.4 \pm 3.6) P-value: 0.05 Those with borderline need for treatment

also showed higher impacts on oral health in relation to psychological disability and physical disability, yet these were not statistically significant.

The Oral health Impact Profile scores (mean \pm S.D) in relation with Index of Orthodontic Treatment Needs (Aesthetic Component) and gender are shown on Table (3) The males with a borderline need for treatment showed significantly higher scores in functional limitation (P-value: 0.014), psychological discomfort (P-value: 0.05), and overall OHIP scores (P-value: 0.000) than females who also had a borderline need for treatment.



Table 2 : The Oral health Impact Profile scores (mean \pm S.D) in relation with Index of Orthodontic Treatment Needs (Aesthetic Component)

	Functional limitation	Physical pain	Psychological discomfort	Physical disability	Psychological disability	Social disability	Handicap	Overall Oral health Impact Profile scores
Index of Orthodontic Treatment Needs (Aesthetic Component)- IOTN(AC)	No/ Slight treatment	6.4 \pm 3.6	9.6 \pm 6.1	8.0 \pm 7.1	3.8 \pm 3.9	3.7 \pm 6.6	2.4 \pm 4.5	2.7 \pm 4.6
	Borderline need	11.9 \pm 9.0	9.5 \pm 1.6	12.6 \pm 7.1	5.9 \pm 2.2	3.1 \pm 4.4	0.0 \pm 0.0	1.1 \pm 1.5
	P-Value	0.05	0.982	0.368	0.441	0.905	0.464	0.667

Table 3 : The Oral health Impact Profile scores (mean \pm S.D) in relation with Index of Orthodontic Treatment Needs (Aesthetic Component) and gender

Index of Orthodontic Treatment Needs (Aesthetic Component)- IOTN(AC)	Functional limitation	Physical pain	Psychological discomfort	Physical disability	Psychological disability	Social disability	Handicap	Overall Oral health Impact Profile scores
No/ Slight treatment	Male	7.3 \pm 2.8	8.4 \pm 6.2	9.2 \pm 8.1	5.3 \pm 5.0	5.5 \pm 10.1	2.4 \pm 4.3	6.5 \pm 6.7
	Female	6.1 \pm 3.8	9.9 \pm 6.2	7.6 \pm 6.9	3.4 \pm 3.5	3.2 \pm 5.4	2.3 \pm 4.6	1.7 \pm 3.3
	P-Value	0.782	0.637	0.808	0.480	0.317	0.998	0.096
Borderline need	Male	18.2 \pm 0.0	10.6 \pm 0.0	17.6 \pm 0.0	7.5 \pm 0.0	6.2 \pm 0.0	0.0 \pm 0.0	2.1 \pm 0.0
	Female	5.5 \pm 0.0	8.4 \pm 0.0	7.6 \pm 0.0	4.4 \pm 0.0	0.0 \pm 0.0	0.0 \pm 0.0	0.0 \pm 0.0
	P-Value	0.014	0.491	0.050	0.248			0.000

VI. DISCUSSION

The results of this study showed that the orthodontic treatment needs didn't significantly affect the oral health-related quality of life, which were consistent with the results of Kelly Ryan Taylor et al⁵, who carried out a study on 293 children aged 11 to 14 recruited from orthodontic and pediatric dental clinics at the University of Washington and a community health clinic in Seattle, and Vig et al¹² who carried out a longitudinal study involving children/adolescents attending the OSU dental clinics in the United States.

In assessment of the association between Oral Health-Related Quality of Life (OHQoL) and gender, there was found to be a significant difference between gender for the handicap domain of the OHIP only, where males showed higher scores than females ($P = 0.003$). However, there was no statistically significant difference between genders in the remaining domains of the OHIP, as well as the overall OHIP scores. This corroborated the results of L.A Foster Page et al¹¹ and Daniela Feu et al¹³, while they differed from the results of De Oliveria and Sheiham⁹ who found that females had higher impacts on oral health than males.

In the present study, despite the fact that no gender differences were observed in the remaining quality of life domains, when the Aesthetic Component of the Index of Orthodontic Treatment Needs (IOTN-AC) was separately evaluated, it was found that males with borderline need for treatment had significantly higher impacts on oral health than females in the same group with regards to functional limitation and psychological discomfort, as well as overall OHIP scores ($P = 0.014, 0.05, 0.000$ respectively).

Interestingly, this raises the question, why do males seem to have more negative impacts on certain areas of their oral health than females in this study, and why has this never been reported in another study? And is this truly related to malocclusion only or do other factors play a role?

When we take a look at the domains where males significantly scored higher: Handicap, functional limitation, and psychological discomfort, we find that they included general questions related to oral health. Now, assuming that the questions were answered on a general basis, and not just focusing on malocclusion, which is what should have happened, we can see that there was obviously a great difference in the Handicap domain where males scored (6.1 ± 6.5) and females (1.7 ± 3.3) despite the fact that malocclusion may lead to stale breath, bad appearance, dental problems, and self-consciousness in both genders. One hypothetical response to this is, assuming that it is more common to find males using tobacco products than females, that this may be the cause. Other possible causes are listed later on.

Because the male subjects in this study were students at the faculty, after raising this question, the

researcher returned and asked them about their smoking status. It was found that 14 out of the 22 male participants in this study, that is, 63.6% were current smokers. This is a large percentage, and it seems likely to have an effect on the results of this study. However this must be statistically proven before making any conclusions and further research should be done to assess the association between smoking and oral health-related quality of life. This is one of many factors which may have contributed to the impacts on oral health in this study. Other studies controlled confounding factors such as that carried out by L.A Foster Page¹¹ where the caries index was accounted for using the DMFT score.

However, due to the cross-sectional design of this study, one should not assume that malocclusion doesn't truly have an effect on the oral health-related quality of life.

The studies conducted by Ali and Amin² and De Oliveria and Sheiham⁹ only used the Dental Health Component of the IOTN to assess the effect of malocclusion on the oral health-related quality of life. Because treatment need is not only assessed objectively, and because most orthodontic patients seek their services out of concern for aesthetics rather than health or function, these studies don't truly show the extent of how orthodontic treatment needs affects the oral health-related quality of life. Furthermore, De Oliveria and Sheiham rather focused more on comparing those who had completed orthodontic treatment, with those who were currently under treatment, and those who never had treatment.

This cross-sectional study was the first in Sudan to use these valid instruments: The Oral Health Impact Profile (OHIP), and the Index of Orthodontic Treatment Needs (AC) to investigate the effects of malocclusion on the oral health-related quality of life of dental students. The subjects were randomly selected, giving no room for selection bias. The OHIP was used out of all the other oral health-related quality of life measures because it has been used in many studies^{1, 2, 7-9, 13} to assess the relationship between malocclusion and oral health-related quality of life, and it is concerned with not only impairment, but also three functional status dimensions (social, psychological and physical) which represent four of the seven quality of life dimensions¹⁴

Nevertheless, some limitations should be discussed. The sample size was small due to time and cost factors, and as a result may not have shown a clear association because of the diversity of malocclusions in the population. Therefore, a larger sample may be required to endorse this research.

The subjects were only recruited from UMST, faculty of Dentistry. These were dental students themselves and may have had better access to dental care and more knowledge in the field of dentistry. Thus the results might not be generalizable to the population

of young Sudanese adults requiring orthodontic treatment.

Despite the interviewer's attempt to clarify that the responses of the subjects were confidential, it can't be ruled out that the responses were biased by a desire to give a positive feedback in relation to aesthetics as well as oral health-related quality of life.

VII. CONCLUSION

Orthodontic treatment needs alone doesn't impact the oral health related quality of life. However, this doesn't necessarily mean that it doesn't play a role in affecting the quality of life related to oral health. Many factors though individually minute, when coupled together can negatively impact an individual's quality of life.

Males generally showed a significantly higher OHIP scores in the handicap domain than females. They also showed higher scores in functional limitation, psychological discomfort, psychological disability, and physical disability than females. Females, on the other hand, had more impacts to oral health in terms of physical pain and social disability.

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A Study to Find Anatomic Measurement Correlating to Occlusal Vertical Dimension: Comparison in two Ethnic Groups of Nepal

By Dr. Bishal Babu Basnet, Dr. Raj Kumar Singh & Dr. Prakash Kumar Parajuli

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Abstract- Establishment of proper occlusal vertical dimension is the important yet daunting task for successful prosthodontic therapy for function, esthetics and comfort to the edentulous patients. In the current study the relationship of various distances between facial landmarks to the OVD was tested in two ethnic groups of Nepal, viz. Aryans and Mongoloids. The result of this study can be useful in determining proper OVD in the patients who have lost the OVD. The aim of the study was to find the correlation between facial landmarks and OVD.

Materials and methods: The OVD was measured using a Boley gauge from the prominent part of chin and nose. Other facial landmarks were also measured using the calipers in 200 adult volunteers.

Results: The Pearson's product moment correlation coefficient was determined.

Keywords: occlusal vertical dimension, rima oris to pupil distance, eye-ear distance, vertical height of ear.

GJMR-J Classification: NLMC Code: WU 21



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A Study to Find Anatomic Measurement Correlating to Occlusal Vertical Dimension: Comparison in Two Ethnic Groups of Nepal

Dr. Bishal Babu Basnet ^α, Dr. Raj Kumar Singh ^σ & Dr. Prakash Kumar Parajuli ^ρ

Abstract- Establishment of proper occlusal vertical dimension is the important yet daunting task for successful prosthodontic therapy for function, esthetics and comfort to the edentulous patients. In the current study the relationship of various distances between facial landmarks to the OVD was tested in two ethnic groups of Nepal, viz. Aryans and Mongoloids. The result of this study can be useful in determining proper OVD in the patients who have lost the OVD. The aim of the study was to find the correlation between facial landmarks and OVD.

Materials and methods: The OVD was measured using a Boley gauge from the prominent part of chin and nose. Other facial landmarks were also measured using the calipers in 200 adult volunteers.

Results: The Pearson's product moment correlation coefficient was determined. OVD was significantly ($p \leq 0.05$) correlated with rima oris to pupil distance ($r = 0.557$ in whole population, $r = 0.577$ in Aryans and 0.466 in Mongoloids).

Conclusions: The distance between rima oris to pupil distance has higher correlation to OVD than other facial measurements.

Keywords: occlusal vertical dimension, rima oris to pupil distance, eye-ear distance, vertical height of ear.

I. INTRODUCTION

Glossary of Prosthodontic Terms¹ defines the occlusal vertical dimension as the distance between two selected points when the occluding members are in contact and rest vertical dimension as the distance between two selected points when mandible is in physiologic rest position. For a successful denture in terms of esthetics and function correct vertical dimension should be determined.²

In clinical practice, there exists no universal rule for determining correct vertical dimension at occlusion because of wide range of individual variation.³ Use of pre-extraction records,⁴ maximum biting force,⁵ electromyographic method,⁶ and cephalometric radiograph⁷ are some of the techniques utilized for determining occlusal vertical dimension. Millet et al.⁸ recommended using multiple methods, like physiologic rest position, swallowing, phonetic, esthetics and facial measurements. Distance between soft tissue landmarks of face was significantly correlated to occlusal vertical dimension.⁹

The purpose of this study was to evaluate the correlation between facial measurements and occlusal vertical dimension in two ethnic groups of Nepal.

II. MATERIALS AND METHODS

Two hundred subjects between 19 and 46 years (mean age 25 years) were randomly selected from among the students, staffs, patients and relatives of patients visiting the College of Dental Surgery, B. P. Koirala Institute of Health Sciences. They were divided into two groups according to ethnicity, Aryans and Mongoloids. The inclusion criteria were full set of dentition, straight profile on visual examination, absence of malocclusion, no history of orthodontic and prosthodontic treatment. Each subject was instructed to relax the lips and close mouth in centric relation. The occlusal vertical dimension was measured between most prominent part of chin and nose. Other facial measurements measured were the distance between pupil of eye to corner of mouth (rima oris), distance between outer canthus of one eye to inner canthus of other eye, distance between outer canthus to midpoint of external auditory meatus and vertical height of ear. Independent sample t test was performed to test the difference of means of studied parameters in males and females and in Aryans and Mongoloids. Correlation between these facial measurements and occlusal vertical dimension was studied with Pearson's correlation coefficient (r) at the significance level ≤ 0.05 and 95% confidence interval.

III. RESULTS

The mean occlusal vertical dimension of studied sample was 64.87 ± 5.21 mm. In Aryans, it was mm and in Mongoloids mm. The tables 1-4 show the results of this study. It was found that males have significantly longer dimension of OVD. The difference of means of rima oris to pupil distance, vertical height of ear, distance between outer canthus of one eye to inner canthus of other eye and eye-ear distance between males and females was not statistically significant. As we compared two ethnicities (Table 3), it was found that OVD and rima oris to pupil distance were significantly longer in Mongoloids whereas eye-ear distance was significantly longer in Aryans than Mongoloids.

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The correlation between the facial measurements and occlusal vertical dimension was found statistically significant in both ethnicities (Table 4). However, the correlation between rima oris to pupil distance was stronger than the others. It was also noted that correlation between other facial measurements

(eye-ear distance, distance between canthi and vertical height of ear) in Mongoloids was relatively weaker. Overall, rima oris to pupil distance was significantly correlated to occlusal vertical dimension (Table 5) with stronger correlation than other facial measurements.

Table 1 : Descriptive statistics of OVD and other facial measurements for total subjects

Character	Number	Minimum	Maximum	Mean	Std. deviation
Age	200	19	46	25	4.78
OVD	200	48	77	64.87	5.21
RO-Pu	200	52.5	72	64.77	4.65
OC-IC	200	55	77	66.99	3.74
E-E	200	53	82	69.32	4.17
EH	200	48.4	71	60.25	3.75

OVD- occlusal vertical dimension, RO-Pu – distance between rima oris to pupil of eye, OC-IC – distance between outer canthus of one eye to inner canthus of other eye, E-E – eye ear distance, EH- vertical height of ear.

Table 2 : Group statistics of OVD and other measurements comparing gender

Parameters	Gender	N	Mean±S.D.	p value	Remarks
OVD	Male	120	65.90±4.31	0.001	Sig.
	Female	80	63.35±6.03		
RO-Pu	Male	120	64.78±4.43	0.437	NS
	Female	80	64.77±4.98		
OC-IC	Male	120	67.27±3.40	0.053	NS
	Female	80	66.57±4.19		
E-E	Male	120	70.33±3.91	0.967	NS
	Female	80	67.83±4.11		
EH	Male	120	60.93±3.75	0.421	NS
	Female	80	59.23±3.55		

p-value significant at ≤0.05 level. Sig.- significant, NS- not significant

Table 3 : Group statistics of OVD and other measurements comparing ethnicity

Parameters	Ethnicity	N	Mean±S.D.	p value	Remarks
OVD	Aryan	100	63.89±6.29	<0.001	Sig.
	Mongoloids	100	65.86±3.61		
RO-Pu	Aryan	100	62.65±4.65	0.003	Sig.
	Mongoloids	100	66.90±3.56		
OC-IC	Aryan	100	66.42±3.95	0.062	NS
	Mongoloids	100	67.56±3.45		
E-E	Aryan	100	70.12±4.81	<0.001	Sig.
	Mongoloids	100	68.54±3.24		
EH	Aryan	100	60.29±3.78	0.200	NS
	Mongoloids	100	60.21±3.75		

p-value significant at ≤0.05 level. Sig.- significant, NS- not significant

Table 4 : Correlation between OVD and other parameters in two ethnic groups

Measurements	Aryans			Mongoloids		
	Pearson's r	p-value	Significance	Pearson's r	p-value	significance
OVD	1			1		
RO-Pu	0.577	<0.001	Sig.	0.466	<0.001	Sig.
OC-IC	0.508	<0.001	Sig.	0.307	0.002	Sig.
E-E	0.498	<0.001	Sig.	0.320	0.001	Sig.
EH	0.471	<0.001	Sig.	0.278	0.005	Sig.

p-value significant at ≤0.05 level. Sig.- significant, NS- not significant

Table 4 : Correlation between OVD and other parameters in studied sample (N=200)

Measurements	Pearson's r	p-value	Significance
OVD	1		
RO-Pu	0.557	<0.001	Sig.
OC-IC	0.499	<0.001	Sig.
E-E	0.395	<0.001	Sig.
EH	0.378	<0.001	Sig.

p-value significant at ≤ 0.05 level. Sig.- significant, NS- not significant

IV. DISCUSSION

The loss of teeth results in poor appearance of lower third of face. The restoration of correct vertical dimension in those who have lost it should be in harmony with the upper part of face. Prosthodontists have long been seeking for universally accepted method of determining the OVD. There were methods like use of anterior teeth measurements¹⁰, closest speaking space¹¹, swallowing method¹², patient's neuromuscular perception¹³, cephalometric radiographs¹⁴, intra-oral and extra-oral anatomic landmarks¹⁵ and measurement of fingers.¹⁶ All of these methods possess some kinds of disadvantages. The present study gave some idea about facial measurement and their use in determining occlusal vertical dimension.

In present study the occlusal vertical dimension was found 65.90 ± 4.31 mm in male and 63.35 ± 6.03 mm in female. These were found to be longer than the findings of Ladda et al.¹⁶ (61.4 ± 4.2 mm in male and 56.7 ± 3.0 mm in female) and Kulakarni and Kohli¹⁷ (54 to 59 mm in female and 62 to 65 mm in male). The distance between ANS and Me from cephalometric radiograph in Serbian population, was 67.87 ± 5.67 mm in male and 61.51 ± 5.06 mm in female.⁷ Similar measurements were observed in Iraqi adult population reported by Al-Hamadany¹⁸ where occlusal vertical dimension in 75 students was 66.74 ± 6.468 mm. The OVD in males was 68.25 ± 6.134 mm and in females, it was 63.99 ± 6.254 mm. These values are consistent to that of current study.

The correlation was statistically significant and positive with rima oris to pupil of eye ($r=0.557$), followed by distance between outer canthus of one eye to inner canthus of other eye ($r=0.449$) and eye-ear distance ($r=0.395$) and vertical height of ear ($r=0.378$). This is in contrast with the study done by Delic et al.¹⁹ The correlation of eye-ear distance ($r=0.8676$) was stronger than pupil to rima oris distance ($r=0.4357$) in their study. Rima-oris to pupil distance was longer than lower facial height by 3 cm in a study done in Phillipinos by Tina-Olaivar et al.²⁰

The limitations of the study were only two ethnic groups were taken into consideration and the findings cannot be extrapolated to other races. Also, the sample size was very small to conclude the findings. The occlusal vertical dimension is not constant and dynamic. Therefore the anthropometric measurement in dentulous subjects can be an adjunct but not accurate for utilizing

in edentulous patients. There need to be further investigations to endorse or refute the findings of present study in this part of world as most of studies are found pertaining to developed countries.

V. SUMMARY

Anthropometric measurements of facial landmarks were recorded for 200 subjects (100 Aryans and 100 Mongoloids) and correlation of facial measurements to occlusal vertical dimension was tested. Within the limitations of this study, we can conclude that the facial measurements are significantly correlated to the occlusal vertical dimension. Findings of this study will be helpful guide in determination of occlusal vertical dimension.

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Photographs

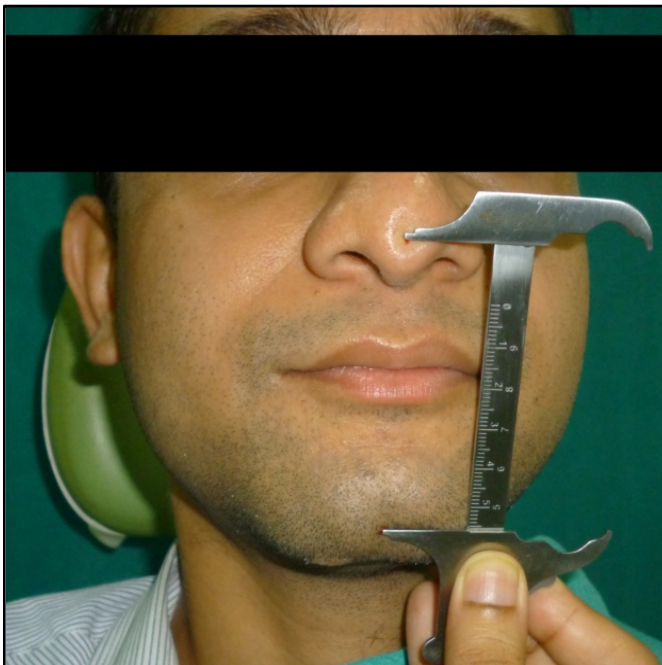


Figure 1 : Measurement of OVD by Boley gauge



Figure 2 : Measurement of distance from rima oris to pupil of eye

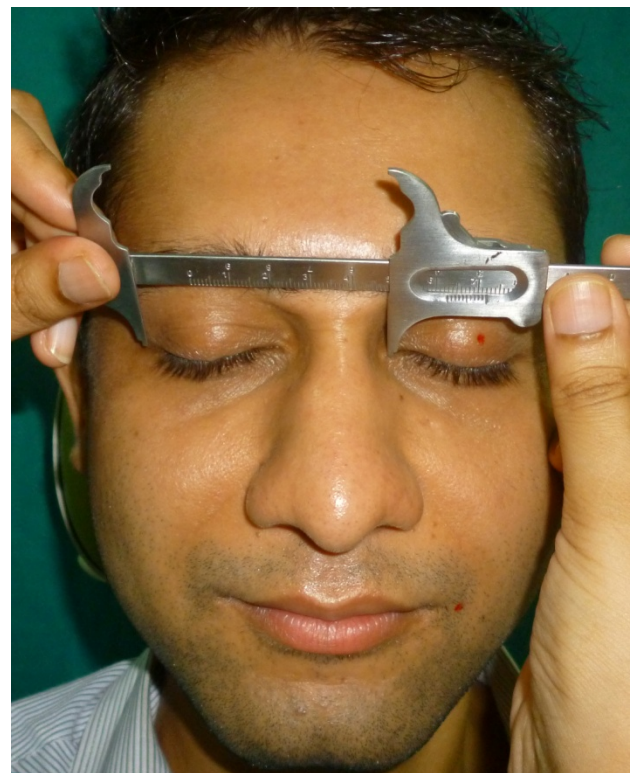


Figure 3 : Measurement of distance from outer canthus of one eye to inner canthus of other eye



Figure 4 : Measurement of eye-ear distance



Figure 5 : Measurement of vertical height of ear

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“Cell Cycle Aberration in Ameloblastoma: As Evidenced by an Immunohistochemical Expression of p53 and Survivin”

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Abstract- Evasion from apoptosis by aberrations of apoptotic regulatory factors has been found to cause accumulation of neoplastic cells in various tumours. Survivin, an inhibitor of apoptosis protein localizes to the nucleus as well as in the cytoplasm depending on its function such as cell division and inhibiting apoptosis. The regulation of Survivin seems to be linked to p53, a tumour suppressor gene. Though there are studies showing the role of p53 and Survivin in oral carcinogenesis, but the field of odontogenic tumours yet needs to be explored. The aim of this study was to correlate the expression of p53 and Survivin in normal tissues (tooth germ) and Ameloblastoma as well as to assess differential localization of Survivin. Qualitative and quantitative assessment of immunexpression of p53 and Survivin (nuclear and cytoplasmic) was evaluated in a total of 35 cases which included 10 tooth germs and 25 Ameloblastoma. The expression levels of p53 and nuclear Survivin were significantly higher in Ameloblastoma quantitatively but there was no significant correlation between p53 and cytoplasmic expression of Survivin.

Keywords: *apoptosis, survivin, p53, ameloblastoma, immunohistochemical expression, tumorigenesis, aberrations, tumour suppressor gene, inhibitor of apoptosis protein, apoptotic regulatory factors.*

GJMR-J Classification: *NLMC Code: WU 20.5*



Strictly as per the compliance and regulations of:



“Cell Cycle Aberration in Ameloblastoma: As Evidenced by an Immunohistochemical Expression of p53 and Survivin”

Apoptosis and Cell Cycle Aberration in Ameloblastoma – Evidenced by Immunohistochemical Study

Dr. Zulfin Shaikh^α & Dr. Niranjana K C^ο

Abstract- Evasion from apoptosis by aberrations of apoptotic regulatory factors has been found to cause accumulation of neoplastic cells in various tumours. Survivin, an inhibitor of apoptosis protein localizes to the nucleus as well as in the cytoplasm depending on its function such as cell division and inhibiting apoptosis. The regulation of Survivin seems to be linked to p53, a tumour suppressor gene. Though there are studies showing the role of p53 and Survivin in oral carcinogenesis, but the field of odontogenic tumours yet needs to be explored. The aim of this study was to correlate the expression of p53 and Survivin in normal tissues (tooth germ) and Ameloblastoma as well as to assess differential localization of Survivin. Qualitative and quantitative assessment of immunexpression of p53 and Survivin (nuclear and cytoplasmic) was evaluated in a total of 35 cases which included 10 tooth germs and 25 Ameloblastoma. The expression levels of p53 and nuclear Survivin were significantly higher in Ameloblastoma quantitatively but there was no significant correlation between p53 and cytoplasmic expression of Survivin. There was up-regulation of both p53 and Survivin in Ameloblastoma. This study highlights the nuclear and cytoplasmic expression of Survivin and p53 in tumorigenesis of Ameloblastoma.

Keywords: apoptosis, survivin, p53, ameloblastoma, immunohistochemical expression, tumorigenesis, aberrations, tumour suppressor gene, inhibitor of apoptosis protein, apoptotic regulatory factors.

1. INTRODUCTION

Odontogenic tumours comprise a complex group of lesions exhibiting considerable variations in clinical and histological behavior [1]. A series of genetic and molecular alterations appear to promote the development and progression of these tumours [2]. Ameloblastoma is an epithelial odontogenic tumour characterized by a benign but locally invasive behavior, with a high risk of recurrence. Ameloblastoma shows considerable variation with different types such as

solid/multicystic, unicystic, peripheral and desmoplastic [3].

Regulation of the cell cycle and control of apoptosis are thought to be intimately linked processes in maintaining homeostasis and developmental morphogenesis [4]. *TP53* is one of the most frequently altered tumour suppressor genes and its gene products play an important role in response to genomic damage by inducing cell cycle arrest and apoptosis [2]. *TP53* encompasses 16-20kb of DNA on human chromosome 17p13.1 [5].

Apoptosis, also known as programmed cell death or physiological cell death, has diverse roles in development and normal homeostasis as well as in a variety of pathological conditions [6]. Survivin, a member of inhibitor of apoptosis protein family (IAP), has a molecular weight of 16.5kDa and the gene is located on chromosome 17q25 [7]. It is a unique bifunctional protein which suppresses apoptosis by inhibiting caspase-3 and caspase-9 and regulates G2/M phase of the cell cycle by associating with mitotic spindle microtubules. It is highly expressed in embryonic tissues and neoplasm's but is absent in terminally differentiated cells [8]. Several studies have proposed that the sub-cellular distribution of Survivin is regulated by active import into the nucleus and CRM1-mediated export to the cytoplasm [9-11]. Recent studies have suggested that the nuclear pool of Survivin is involved in promoting cell proliferation, whereas the cytoplasmic pool of Survivin controls cell survival [9, 10, 12,13].

Mutation of p53 in tumours causes over expression of Survivin which rescues cells from p53 induced apoptosis [14]. Survivin is highly expressed in most human tumours of the oral cavity, lung, colon, breast, liver, gastrointestinal and prostate [15-21]. The expression of Survivin in odontogenic epithelial cells has already been described [22-24], but to date, no study has investigated the relationship between nuclear and cytoplasmic expression of Survivin in odontogenic tumours. The role of p53 in various tumours has been extensively studied but there are few reports about its association with anti-apoptotic proteins in odontogenic tumours. Therefore, the present study was performed to

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determine the role of p53 and Survivin, in addition to assess nuclear and cytoplasmic localization of Survivin in Ameloblastoma to gain a better insight into its tumorigenesis.

II. MATERIALS AND METHODS

Twenty five formalin fixed paraffin embedded tissue blocks with histological diagnosis of Ameloblastoma were retrieved from the archives of the Department of Oral and Maxillofacial Pathology, SDM College of Dental Sciences and Hospital, Dharwad. The study sample being an odontogenic tumour, the control tissue included ten tooth germs taken from the postmortem fetal oral tissues fixed in 10% formalin. All the tooth germs taken were between 20th to 25th weeks of gestation.

The study was approved by the institutional ethics committee. Immunostaining was performed using the super sensitive polymer – Horseradish Peroxidase (HRP) detection system, a biotin free detection system supplied by Biogenex life sciences limited [California, USA]. The paraffin-embedded tissues were cut into four-micrometer thick sections, mounted on amino-propyltriethoxysilane (APES) coated slides, deparaffinized in xylene, rehydrated in alcohol and then treated with 3% hydrogen peroxide for 10 minutes.

The tissue sections were then incubated with primary antibodies against p53 [Mouse monoclonal, Clone DO7, IgG2b immunoglobulin; Biogenex Ltd, USA; diluted at 1:150] and Survivin [Rabbit monoclonal, Clone EP28880Y, IgG immunoglobulin; Biogenex Ltd, USA; diluted at 1:40] as per the instructions given by the manufacturer. Next, the tissue sections were incubated with the secondary antibody and immunoreactivity was visualized with 3, 3'-diaminobenzidine solution. Finally, the sections were counterstained with Harri's hematoxylin.

Two independent observers scored all samples in a blinded manner and no interobserver variability was observed. An immunoreactivity scoring system was applied as follows [25]: (i) the staining intensity was graded on a four point scale such as '0' for no staining,

'1' for mild staining, '2' for moderate staining and '3' for intense staining, and (ii) the number of positively stained cells with brown colour were counted among 400 tumour cells using an oculometer eye-piece grid at the objective magnification x40. The results were multiplied by 100 and the score was expressed as the percentage of positive cells. Nuclear (A) and cytoplasmic (B) expression of Survivin was assessed separately. The results were subjected to statistical analysis. Mann Whitney U test was performed to determine the significance of p53 and Survivin expression between tooth germ and Ameloblastoma. Wilcoxon Signed Ranks test was used to assess the significance between p53 and Survivin expression in each group. Pearson's correlation test was done to determine the correlation between p53 and Survivin expression in each group. A p-value of <0.05 was considered as statistically significant.

III. RESULTS

The study sample of 25 Ameloblastoma included 12 follicular, 4 plexiform and 9 cases of unicystic subtypes. Out of ten tooth germs five showed hard tissue formation.

a) p53 expression in tooth germ and Ameloblastoma

p53 expression was localized to the nucleus [Figure 1] with predominant intense staining compared to that of tooth germ [Table 1]. Out of ten tooth germs, p53 expression was seen in six tooth germs and was more evident in inner enamel epithelial cells than in stellate reticulum & outer enamel epithelial cells [Figure 1a]. In Ameloblastoma, p53 was expressed in all the tissues. In follicular and plexiform subtypes, p53 expression was seen in peripheral ameloblast-like and few central stellate reticulum-like cells [Figure 1b & 1c] and in unicystic variant, expression was seen in basal and suprabasal cells [Figure 1d]. p53 expression was statistically significant between tooth germ and Ameloblastoma in the number of positive cells but no significance was seen in relation to the staining intensity [Table 2].

Table 1 : Qualitative and quantitative analysis of p53 expression in tooth germ and Ameloblastoma

Group	Total no. of cases	Negative staining	Mild staining	Moderate staining	Intense staining	Average % of positive cells
Tooth germ	10	1	1	6	2	24.89%
Ameloblastoma	25	0	1	9	15	75.97%
Follicular	12	0	1	5	6	79.37%
Plexiform	4	0	0	0	4	81.62%
Unicystic	9	0	0	4	5	68.91%

Table 2 : Pair wise comparison of p53 expression in tooth germ and Ameloblastoma by Mann Whitney U test

	N	Sum of Ranks	Mean Rank	U-value	Z-value	p-value
Qualitative analysis						
Tooth germ	10	123.50	12.35	68.50	-2.296	0.038
Ameloblastoma	25	506.50	20.26			
Quantitative analysis						
Tooth germ	10	74.00	7.40	19.00	-3.874	0.000*
Ameloblastoma	25	556.00	22.24			

*Statistically significant

b) Survivin expression in tooth germ and Ameloblastoma

Survivin expression was predominantly localized to the cytoplasm [Figure 2]. The staining intensity was predominantly moderate in Ameloblastoma compared to tooth germ [Table 3]. Out of ten tooth germs, Survivin was expressed in five tooth germs with cytoplasmic expression in inner enamel epithelial cells, stellate reticulum & outer enamel epithelial cells with focal nuclear expression in inner enamel epithelial cells [Figure 2a]. In follicular and plexiform ameloblastoma,

Survivin showed cytoplasmic expression both in peripheral ameloblast-like and central stellate reticulum-like cells with focal nuclear expression in peripheral cells [Figure 2b & 2c]. Among unicystic ameloblastoma, cytoplasmic expression of Survivin was seen in basal and suprabasal cells with focal nuclear staining in basal cells [Figure 2d]. Similar to p53, Survivin expression was statistically significant between tooth germ and Ameloblastoma but no significance was seen with respect to staining intensity [Table 4].

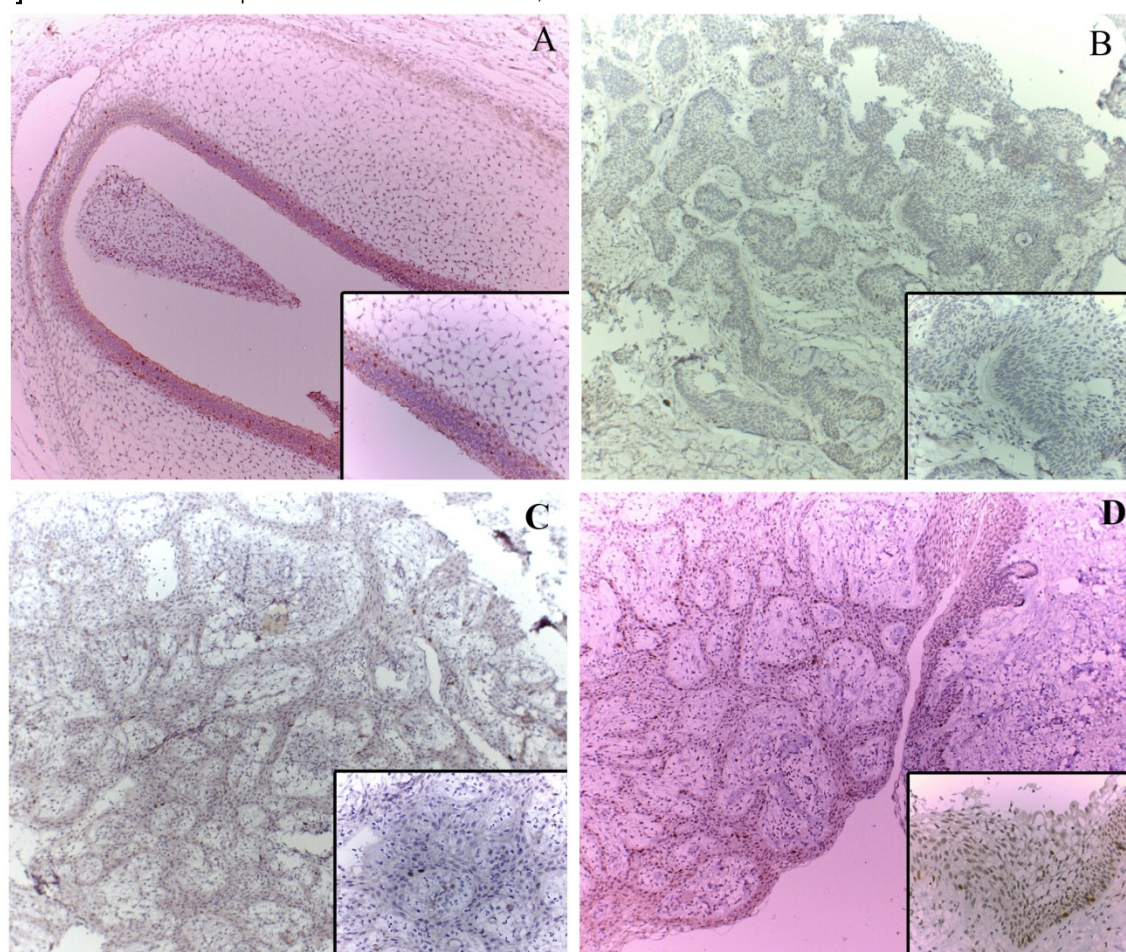


Figure 2 : Expression of Survivin in tooth germ and Ameloblastoma

- a) Intense Survivin expression in tooth germ (Original magnification x10). Survivin cytoplasmic expression in inner enamel epithelial cells, stellate reticulum and outer enamel epithelial cells with focal nuclear expression in inner enamel epithelial cells (Inset-Original magnification x40) (Immunostaining: DAB chromogen, Survivin monoclonal antibody).

- b) Mild Survivin expression in follicular ameloblastoma (Original magnification x10). Survivin cytoplasmic expression in ameloblast-like cells & stellate reticulum-like cells with focal nuclear expression in peripheral cells (Inset-Original magnification x40) (Immunostaining: DAB chromogen, Survivin monoclonal antibody).
- c) Moderate Survivin expression in plexiform ameloblastoma (Original magnification x10). Survivin cytoplasmic expression in peripheral and central neoplastic cells with focal nuclear expression in the peripheral cells (Inset-Original magnification x40) (Immunostaining: DAB chromogen, Survivin monoclonal antibody).
- d) Intense Survivin expression in unicystic ameloblastoma showing intraluminal proliferation in plexiform pattern (Original magnification x10). Survivin nuclear and cytoplasmic expression in basal and suprabasal cells (Inset-Original magnification x40) (Immunostaining: DAB chromogen, Survivin monoclonal antibody).

Table 3 : Qualitative and quantitative analysis of Survivin expression in tooth germ and Ameloblastoma

Group	Total no. of cases	Negative staining	Mild staining	Moderate staining	Intense staining	Average % of positive cells
Tooth germ	10	0	4	4	2	29.10%
Ameloblastoma	25	0	6	13	6	78.25%
Follicular	12	0	5	7	0	78.06%
Plexiform	4	0	0	4	0	79.12%
Unicystic	9	0	1	2	6	56.66%

Table 4 : Pair wise comparison of Survivin expression in Tooth germ and Ameloblastoma by Mann Whitney U test

	N	Sum of Ranks	Mean Rank	U-value	Z-value	p-value
Qualitative analysis						
Tooth germ	10	161.00	16.10	106.00	-0.752	0.506
Ameloblastoma	25	469.00	18.76			
Quantitative analysis						
Tooth germ	10	73.00	7.30	18.00	-3.913	0.000*
Ameloblastoma	25	557.00	22.28			

*Statistically significant

c) p53 and Survivin expression in tooth germ and Ameloblastoma

Four tooth germs showed both p53 and Survivin expression, three showed negative staining for both p53 and Survivin, two tooth germs had only p53 expression and one tooth germ showed only Survivin expression. A positive correlation was found between p53 and Survivin expression in Ameloblastoma [$r=0.251$, $p=0.226$]. We found that p53 and Survivin expression was statistically

significant in Ameloblastoma with respect to staining intensity [Table 5]. Quantitatively, p53 and nuclear Survivin was statistically significant in Ameloblastoma [$p=0.000$] but no significance was seen in p53 and cytoplasmic expression of Survivin in Ameloblastoma [$p=0.330$]. Due to focal expression of Survivin in the nucleus of normal and neoplastic cells, a statistical correlation could not be obtained between cytoplasmic and nuclear Survivin.

Table 5 : Analysis of p53 and Survivin expression in tooth germ and Ameloblastoma by Wilcoxon Signed Ranks test

	N	Sum of Ranks	Mean Rank	Z-value	p-value
Qualitative analysis					
Tooth germ	10	28.00	8.00	-0.378	0.705
Ameloblastoma	25	171.00	18.2	-2.854	0.004*
Quantitative analysis					
Tooth germ	10	28.00	8.60	-0.676	0.499
Ameloblastoma	25	276.00	24.25	-0.821	0.411

*Statistically significant

IV. DISCUSSION

Various concepts have been proposed which explain the pathogenesis of odontogenic tumours, but what causes odontogenic cells to transform into an odontogenic tumour is yet to be explored [23].

p53, a tumour suppressor gene, acts as a 'molecular policeman' by monitoring the integrity of the genome. If DNA is damaged, p53 accumulates and switches off cell replication to allow extra time for repair mechanisms to act. If the repair fails, p53 triggers cell suicide by apoptosis [26]. Survivin, an inhibitor of

apoptotic protein (IAP) inhibits caspase activation. This has been shown by disruption of Survivin induction pathways leading to increase in apoptosis and decrease in tumour growth. Besides its role as an IAP, Survivin acts as a subunit of the chromosomal passenger complex (CPC) and as a regulator of microtubule dynamics [8, 27]. The CPC also composed of the Aurora-B kinase, Borealin and INCENP corrects attachment errors between chromosomes and the mitotic spindle, regulates the quality-control checkpoint and ensures the correct completion of cytokinesis [10]. The typical chromosomal passenger localization pattern of Survivin can be observed not only in normal but also in tumour cells [27, 28]. Li *et al.* have suggested that nuclear Survivin is involved in the promotion of cell proliferation, whereas cytoplasmic Survivin may help control cell survival [29]. Thus, Survivin exists in two subcellular pools (cytoplasmic and nuclear) in response to its function in the regulation of both cell survival and cell division.

Experiments have revealed that transient expression of wild-type p53 results in marked repression of Survivin at both the mRNA and protein levels [14]. Up-regulation of Survivin and mutation of p53 occurring concomitantly in many human tumours implicates that these two events are related [30, 33]. p53 expression in tooth germs in contrast to previous studies [34,35], can be explained by the fact that p53 activation is not limited to DNA damage; it is also activated in response to myriad stresses like oxidative stress, osmotic shock, heat shock, hypoxia, ribonucleotide depletion and deregulated oncogene expression leading to accumulation of p53 in stressed cells [36]. Absence of p53 staining in other tooth germs correlates with the literature that p53 does not normally accumulate to amounts detectable by immunohistochemical staining because of its short half-life (6-20 minutes) [34, 35, 37].

EL-SISSY NA *et al.* reported faint p53 staining and attributed this to slow tumour growth, expansion and correlated with the benign nature of Ameloblastoma resulting from relatively quiescent tumour cells [34]. Thus, the presence of predominant intense p53 staining in the present study may be suggestive of rapid growth, expansion and locally aggressive behavior of Ameloblastoma [38].

Survivin is chiefly expressed in the undifferentiated proliferating cells like stem cells, basal cells of the oral epithelium, embryonic and fetal tissues but becomes undetectable in most terminally differentiated cells [39]. Absence of Survivin expression in five tooth germs may be due to differentiation of inner enamel epithelial cells into ameloblast because hard tissue formation was evident in these tooth germs.

KUMAMOTO *et al.* suggested that cells neighboring the basement membrane are proliferative cells and those away from the basement membrane are apoptotic [23]. Studies in the literature have described cytoplasmic expression of Survivin to be associated with

inhibition of cell death [9-13]. Thus, in the present study predominant cytoplasmic expression of Survivin in the peripheral ameloblast-like cells and stellate reticulum-like cells with focal nuclear expression is suggestive of its role in evading apoptosis rather than in the proliferation of neoplastic cells in Ameloblastoma.

Co-expression of p53 and Survivin in the present study implicates that these two proteins may have a combined role in inhibiting apoptosis, where mutant p53 led to up-regulation of Survivin. But the expression of only p53 or Survivin in few tissues also cannot be ignored. Though possible explanation was obtained through literature review, the significance of clinical and other molecular factors needs to be explored. The present study was done to throw light on nuclear and cytoplasmic expression of Survivin in relation to p53 in Ameloblastoma which would add-up to the existing understanding about its biological behavior and explore new and better therapeutic results. Further molecular studies with large sample size are required to confirm these findings.

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FIGURE LEGENDS

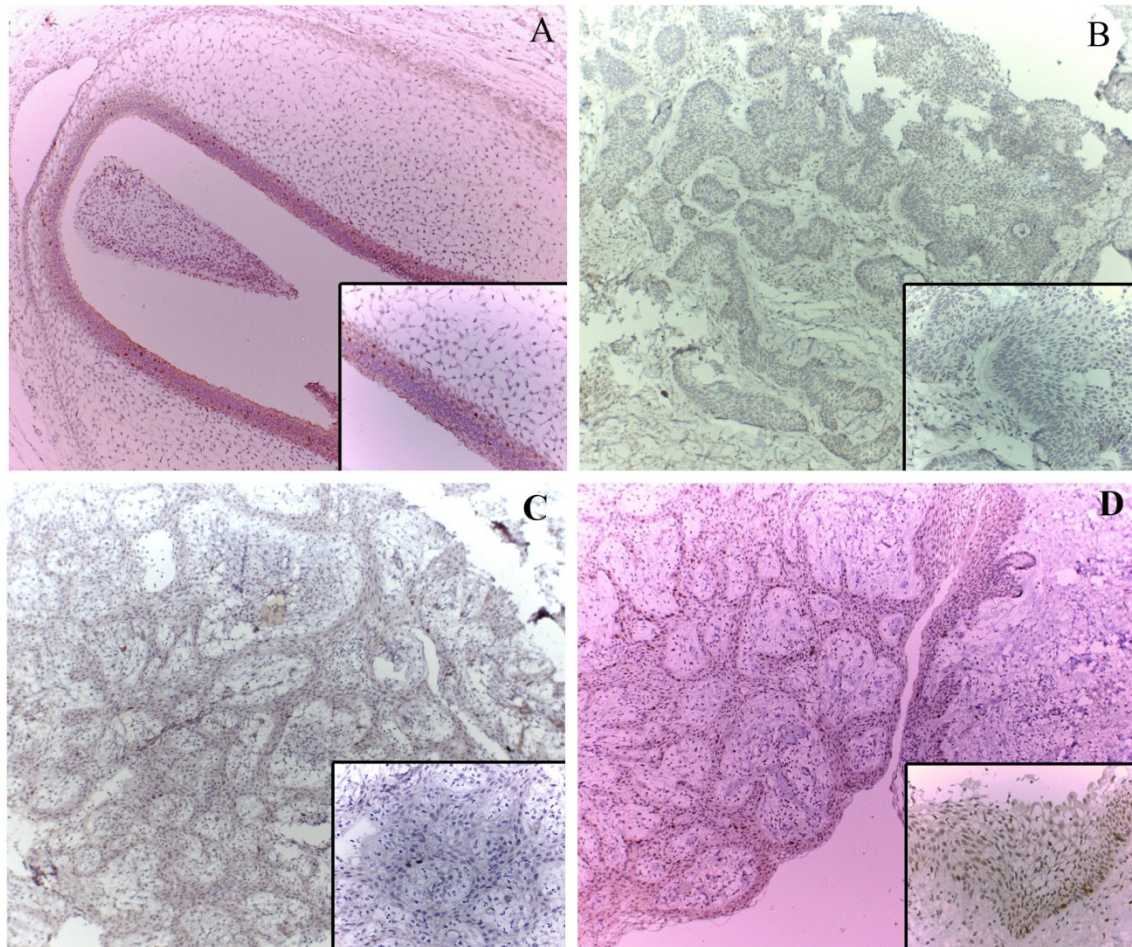


Figure 1 : Expression of p53 in tooth germ and Ameloblastoma

- Intense p53 expression in tooth germ (Original magnification x10). p 53 nuclear expression in inner enamel epithelial cells (Inset-Original magnification x40) (Immunostaining: DAB chromogen, p53 monoclonal antibody).
- Intense p53 expression in follicular ameloblastoma (Original magnificationx10). p 53 nuclear expression in ameloblast-like cells and stellate reticulum-like cells (Inset-Original magnificationx40) (Immunostaining: DAB chromogen, p53 monoclonal antibody).
- Intense p53 expression in plexiform ameloblastoma (Original magnificationx10). P 53 nuclear expression in peripheral and central neoplastic cells (Inset-Original magnificationx40) (Immunostaining: DAB chromogen, p53 monoclonal antibody).
- Intense p53 expression in unicystic ameloblastoma showing intraluminal proliferation in plexiform pattern (Original magnification x10). P 53 nuclear expression in basal and suprabasal cells (Inset-Original magnificationx40) (Immunostaining: DAB chromogen, p53 monoclonal antibody).



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Oral Submucous Fibrosis: A Progressive Debilitating Oral Web Disease

By Abhilash. R. Krishnan & Jayakrishnan

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Abstract- Amongst the list of pre-malignant conditions, Oral Submucous Fibrosis (OSMF) forms one of the most debilitating diseases of the oral cavity. It is predominantly seen among populations using betel quid, indicating areca nut as the most conspicuous agent in the etiological agents. A clear dose-dependent relationship in relation to both the duration and frequency of chewing areca nut was revealed, although other risk factors such as excessive use of chilies and spices and malnutrition were also put forth. Research in some aspects in the background of progressive fibrosis associated with the disease, has allowed to put light onto the mechanisms involved in the malignant transformation to the most prevalent, potentially malignant oral disorder in south Asia. Reduction in matrix metalloproteinases (MMP's) and increased secretion of tissue inhibitors of MMP's play the most significant role in collagen accumulation whilst fibrogenic cytokines, mainly TGF- β over expression leading to increased production of collagen. There is increasing incidence of the disease and subsequent malignant transformation..

Keywords: areca nut, fibrous bands, betel quid, vesicles, burning sensation, reduced mouth opening, marbled appearance, hyaluronidase.

GJMR-J Classification: NLMC Code: WU 113



Strictly as per the compliance and regulations of:



Oral Submucous Fibrosis: A Progressive Debilitating Oral Web Disease

Abhilash. R. Krishnan ^α & Jayakrishnan ^σ

Abstract- Amongst the list of pre-malignant conditions, Oral Submucous Fibrosis (OSMF) forms one of the most debilitating diseases of the oral cavity. It is predominantly seen among populations using betel quid, indicating areca nut as the most conspicuous agent in the etiological agents. A clear dose-dependent relationship in relation to both the duration and frequency of chewing areca nut was revealed, although other risk factors such as excessive use of chillies and spices and malnutrition were also put forth. Research in some aspects in the background of progressive fibrosis associated with the disease, has allowed to put light onto the mechanisms involved in the malignant transformation to the most prevalent, potentially malignant oral disorder in south Asia. Reduction in matrix metalloproteinases (MMP's) and increased secretion of tissue inhibitors of MMP's play the most significant role in collagen accumulation whilst fibrogenic cytokines, mainly TGF- β over expression leading to increased production of collagen. There is increasing incidence of the disease and subsequent malignant transformation. Hence the article focuses to review the etiology, pathogenesis, clinical features and management of OSMF.

Keywords: areca nut, fibrous bands, betel quid, vesicles, burning sensation, reduced mouth opening, marbled appearance, hyaluronidase.

I. INTRODUCTION

On the basis of clinical and histopathological findings, Pindborg defined Oral Submucous Fibrosis as "an insidious chronic disease affecting any part of the oral cavity and sometimes the pharynx. Although occasionally preceded by and or associated with vesicle formation, it is always associated with a juxta epithelial inflammatory reaction followed by a fibro elastic change of the lamina propria with epithelial atrophy leading to stiffness of the oral mucosa and causing trismus and inability to eat".

It is a slow, progressive fibrotic disease causing fibroelastic change and inflammation in the oral mucosa, leading to inability to open the mouth, swallow or speak^{1, 2}. This was accredited to the accumulation of inelastic fibrous tissue in the juxta epithelial region of the oral mucosa, along with concomitant muscle degeneration³. The most common site to be involved was found to be the buccal mucosa, although other

parts of the oral cavity were also found to involve, including the pharynx⁴.

These reactions may be the result of direct stimulation from exogenous antigens like Areca alkaloids or changes in the tissue antigenicity that may lead to an autoimmune response.

II. EPIDEMIOLOGY

Most common prevalence was found among the Indians, ranging from 0.2% to 1.2%. A survey revealed an overall prevalence of up to 4% in Kerala⁵. Amongst the reported cases 0.5% was found to be in women⁶. The reason for the rapid increase of the disease is reported to be due to an upsurge in the popularity of commercially available areca nut in south Asia⁷.

III. ETIOLOGY AND PATHOPHYSIOLOGY

The etiology of OSMF is still not fully unwinded. It is considered to be a multifactorial disease. According to Liao, the areca nut in betel quid plays a major role in the pathogenesis of OSMF⁸. There was no significant evidence to relate the habits of smoking or alcohol consumption alone in the pathogenesis of the disease^{9, 10}. Arecoline, an active alkaloid found in betel quid, stimulates fibroblasts to increase production of collagen by 150%¹¹. Chung-Hung in 2006, studied that arecoline was found to elevate mRNA and protein expression of cystatin C, a non glycosylated basic protein consistently upregulated fibrotic diseases, in a dose dependent manner in persons with OSMF¹².

Yet another hypothesis grips on the fact that, the high copper content of areca nut acts as an initiating factor in OSMF. This was suggested by the fact that, soluble copper levels in oral fluids significantly increases after chewing areca nut for 5-30 minutes¹³.

Other factors thought to cause OSMF include iron and vitamin B complex deficiency that derange the repair of inflamed oral mucosa, leading to defective healing and resultant scarring. As a result, the oral mucosa becomes more prone to the effects of areca nut and chillies.

The role of chillies and spices in the list of etiological agents is still a topic of debate among the scientific community. It was shown that the capsaicin in chillies stimulates the widespread palatal fibrosis in rats¹⁴. However, the incidence of OSMF was lower in Mexico and South America than in India, despite a higher dietary intake of chillies¹⁵.

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Genetics is believed to play a role in OSMF patients, which leads to immune system changes. People without the betel nut chewing and chilly ingestion were reported to have OSMF¹⁶. Mutations in APC gene and low expression of wild type TP 53 tumor suppressor gene in affected patients, increased the risk of malignant transformation¹⁷. The increase in CD4 cells with HLA-DR in OSMF tissues suggest that lymphocytes are activated and number of langerhans cells increased. The presence of these immunocompetent cells and with increased CD4 to CD8 ratio in OSMF tissue, suggest an ongoing cellular immune response resulting in imbalance of immune regulation and an alteration in local tissue architecture. These reactions can be from the direct stimulation from exogenous antigens or of changes in tissue antigenicity that leads to an autoimmune response¹⁸. Increased levels of proinflammatory cytokines and reduced antifibrotic interferon gamma (IFN-gamma) in patients with OSMF were demonstrated¹⁹.

IV. CLINICAL FEATURES

OSMF was found to be predominant in females¹⁶. The mean age was 43 years. Burning sensation and discomfort in the oral mucosa during mastication was the most common complaint amongst the reported cases. There is associated depapillation of the tongue (Fig: 1). Progressive changes including

difficulty in mastication, reduced salivation, dysphasia, pain in the ears and loss of auditory acuity due to stenosis of the pharyngeal end of Eustachian tubes.

In advanced cases, the jaws become inseparable and totally inelastic and plastic and nutrition can be maintained only by pushing the food into mouth. The buccal mucosa is frequently ulcerated and secondarily infected consequent to ischemia and constant pressure of the mucosa against the buccal aspect of the teeth.

Pindborg provided staging criteria for OSMF²⁰. He divided the stages according to the clinical presentation of the disease as:

Stage 1: Stomatitis including erythematous mucosa (Fig: 2), vesicles, mucosal ulcers, Melanotic mucosal pigmentation and mucosal petechiae

Stage 2: fibrosis occurs in ruptured vesicles and ulcers as they heal (Fig: 3), which is the hallmark of this stage

Early lesions demonstrate blanching of oral mucosa and older lesions presents with vertical and circular palpable fibrous bands in the buccal mucosa and around the mouth opening or lips, resulting in mottled, marble like appearance (Fig:4) of the mucosa.

This stage is characterized by reduced mouth opening, stiff and small tongue, fibrotic and depigmented gingiva, shrunken bud like uvula.

Stage 3: speech and hearing deficits may occur as a part of the sequel.



Figure 1



Figure 2



Figure 3



Figure 4

Histological examination reveals severely atrophic epithelium with complete loss of rete ridges. Varying degrees of epithelial atypia may be present. The underlying lamina propria exhibits severe hyalinization, with homogenization of collagen. Cellular elements and blood vessels are greatly reduced¹⁸.

V. INVESTIGATIONS

Clinical presentation of the disease plays an upper hand in the diagnosis phase. Other investigations include complete hemogram, toluidine blue test, incisional biopsy and immune fluorescence tests²¹.

VI. MANAGEMENT

The earlier the treatment begins, better it is for the patient. The treatment modes depend upon the state of the disease at the time of presentation. If it is detected at a very early stage, cessation of the habit would provide sufficient relief. But moderate to severe stages of OSMF are almost always irreversible. Usually the disease is very resistant to treatment. The proposed treatment regimens aims hinder the progression of the disease process. Submucosal injected steroids and hyaluronidase, placental extracts, oral iron preparations and topical vitamin A and steroids are some the agents that have been used²². All of these therapies are usually palliative. Surgical treatment includes simple excision of fibrotic bands, split thickness skin grafting following bilateral temporalis myotomy or coronoidectomy¹¹. The use of oral stent as an adjunct to surgery to prevent relapse of the fibrotic bands has also been studied²³. Other treatment modalities include administration of Antoxid OD for 6-8 weeks, Lycored OD for 6-8 weeks and physiotherapy for improving mouth opening²².

VII. MALIGNANT TRANSFORMATION

OSMF is a well recognized potentially malignant disorder of the oral mucosa. Simultaneous occurrence of oral leukoplakia and OSMF is demonstrated to carry a higher risk for malignancy than with OSMF alone which amounts from 4-13%²⁴.

VIII. CONCLUSION

The incidence of OSMF is on the rise with the popularity of commercially available betel nut products. It also carries a significant morbidity rate from oral cancer. So it is desirable that OSMF is diagnosed as early as possible. At best, it is palliate the symptoms of OSMF. In palliative care, the patient is the focus of treatment, not the disease. A stepwise approach to OSMF management is advocated, with the level of entry into the treatment algorithm being dictated by the disease severity and response to treatment. Although clinicians strive to achieve lesion resolution and primary outcomes of therapies aims to concentrate on symptom reduction and improvement of quality of life. Intervention studies and public health awareness programme linked

with OSMF condition and habits may prove the best way to control disease process at the root level.

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General Anaesthesia in Paediatric Dentistry – An Institutional Experience

By Dr. Saurabh Kumar, Dr. Runki Saran & Dr. Kalyana Chakravarthy Pentapati

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Abstract- Background: Dentists who routinely treat children will encounter some patients whose behaviour cannot be managed adequately even with the use of medication and restrains. Young children with lacking cooperative ability having extensive dental caries or children with certain systemic conditions like cerebral palsy who cannot adequately control their own physical movements and mentally handicapped children are some of the cases where pharmacological means of behaviour management for dental treatment is indicated. In such situations dentist can opt for treatment under conscious or deep sedation or a treatment under general anaesthesia.

Objective: The purpose of this paper is to present few case series of children with both systemic condition and severe dental condition that required dental treatment under general anaesthesia.

Conclusion: General anaesthesia can assist in providing quality dental care in such patients who could not be treated otherwise.

Keywords: *general anaesthesia, pediatric dentistry, restorations, prevention.*

GJMR-J Classification: *NLMC Code: WU 105*



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Dr. Saurabh Kumar^α, Dr. Runki Saran^σ & Dr. Kalyana Chakravarthy Pentapati^ρ

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Conclusion: General anaesthesia can assist in providing quality dental care in such patients who could not be treated otherwise. It should not be used routinely for the convenience of the dental team, but rather should be seen as the last resource for treatment.

Keywords: general anaesthesia, pediatric dentistry, restorations, prevention.

I. INTRODUCTION

The administration of local anaesthesia, sedation and general anaesthesia (GA) is an integral part of pediatric dental practice (AAPD, 2004).¹ Young children (under 3 years) with extensive dental caries or children with certain systemic conditions like cerebral palsy who cannot adequately control their own physical movements or mentally handicapped children with whom physical restrain is impossible are few instances which require dental treatment under GA. (Anderson HK et al., 2004; Klaassen MA et al., 2008).^{2,3} Recently, extensive caries in younger age group and an inability to accept treatment under local anaesthesia were the main reasons for the use of GA, although a medical problem was the most usual reason in children aged over 9 years. In the study by Cahuana and co-workers (2003)⁴, of 1,827 patients aged below 18 requiring general anaesthesia for treatment, 50.4% had a physical or mental disability. Previous studies indicated GA for various reasons like (Vargas Roman Mdel P et al.,

2003)⁵ patients with physical disabilities with uncontrollable motor deficits making it impossible for them to collaborate; when local anaesthesia is not effective or for reasons of allergy; when there are uncontrollable epileptic crises. Patients with extensive dental treatment needs: when for some reason they must be treated in a single session; extensive orofacial trauma or fractured maxilla, with serious cranio-facial anomalies and the need for extensive dental care. This includes extractions, which are usually multiple, even in patients without other added problems. Patients who do not cooperate for reasons of fear or phobia or incapacity for cooperating due to physical or mental impairment or immaturity (age) or in cases of severe autism and psychosis with uncontrollable behaviour.

Though previous studies have suggested many beneficial effects such as reducing toothache-related behaviours and providing better quality of life, (Versloot J et al., 2006)⁶ improvements involving less pain experience, abilities to eat and sleep and positive social impact (Low W et al., 1999)⁷; GA carries a risk for morbidity and mortality and was shown to be emotionally challenging for parents (White H et al., 2003).⁸

Hence the main objective of this report was to discuss few cases of children with both systemic conditions and extensive dental conditions that required dental treatment under GA.

II. CASE No. 1



Figure 1

A six year old girl (Figure 1) reported to our clinic with the chief complaint of decayed teeth in the upper and lower, front and back region of the jaw. The child patient was known case of global developmental

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delay. On examination primary dentition was present with multiple decayed teeth (Figure 2). On the basis of history and clinical examination she was diagnosed with rampant caries. The treatment plan included oral prophylaxis, restoration of decayed teeth, bifluoride varnish application followed by extractions of grossly decayed teeth. Since the child patient was highly uncooperative with global developmental delay, the dental treatment was planned under chair-side general anaesthesia. After getting the parental consent evaluation by paediatrician, a pre-anaesthetic check-up (PAC) was done before taking up the case under chair side GA. Following the clearance given by paediatrician and anaesthetists, the child patient was admitted one day prior to the procedure. Routine blood and urine tests were performed and nil per oral (NPO) instructions were given. On the day of procedure the chair-side general anaesthesia was given by anaesthetists and the dental treatment was performed. After the finishing treatment, the child patient was shifted to intensive care unit (ICU) where the child was monitored. The following day the child patient was examined. Once satisfied the child patient was discharged.



Figure 2 : Preoperative



Figure 3 : Extracted teeth

Treatment done under General Anaesthesia

- Oral prophylaxis
- Restoration with respect to 55 53 63 65 75 83 85
- Extraction with respect to- 54 52 51 61 62 64 74 73 72 82 84 (Figure: 3)
- Bifluoride varnish application

III. CASE No. 2



Figure 4

A seven year old boy (Figure 4) reported to our clinic with the chief complaint of decayed teeth in the upper and lower, front and back region of the jaw. The child patient was known case of global developmental delay with convulsive disorder. On examination mixed dentition was present with multiple decayed teeth (Figure 5). On the basis of history and clinical examination he was diagnosed with multiple dental caries. The treatment plan included oral prophylaxis, restoration of decayed teeth, Bifluoride varnish application (Figure 6). Since the child patient was highly uncooperative with global developmental delay & seizure disorder, the dental treatment was planned under general anaesthesia. A paediatric evaluation and pre-anaesthetic check-up (PAC) was done before taking up the case under chair side general anaesthesia.



Figure 5 : Preoperative



Figure 6 : Postoperative

- Oral prophylaxis
- Pit & fissure sealants with respect to 16 26 36 46
- Restoration with respect to 55 65 75 74 84 85
- Bifluoride varnish application

IV. CASE NO. 3



Figure 7

A three year old girl (Figure: 7) reported to our clinic with the chief complain of decayed teeth in the upper and lower, front and back region of the jaw. Nothing relevant medical history was reported by parents. This was the child's first visit to dental clinics. On examination primary dentition was present with multiple decayed teeth. On the basis of history and clinical examination she was diagnosed with early childhood caries with chronic periapical abscess with

respect to 75. The treatment plan included oral prophylaxis, restoration of decayed teeth, pulpectomy with respect to 75, Bifluoride varnish application. Since the child patient was highly uncooperative with lacking cognitive ability, the dental treatment was planned under general anaesthesia. A paediatric evaluation and pre-anaesthetic check-up (PAC) was done before taking up the case under chair side general anaesthesia.



Figure 8 : Preoperative



Figure 9 : Post-operative

Treatment done under general anaesthesia

- Oral prophylaxis
- Pit & fissure sealants with respect to 64 65
- Restoration with respect to 51 61 62 73 74 81 84 85
- Pulpectomy with respect to 75
- Bifluoride varnish application.

V. DISCUSSION

According to **ADA Anaesthesia guidelines (2007)⁹**, patients considered for general anaesthesia

must be suitably evaluated prior to the start of any sedative procedure. In healthy or medically stable individuals (ASA I, II) this must consist of at least a review of their current medical history and medication use and NPO status. However, patients with significant medical considerations (e.g., ASA III, IV) may require consultation with their primary care physician or consulting medical specialist. In our cases we followed the same guidelines for a review of their current medical history and medication use and NPO status.

Because many dental patients undergoing deep sedation or general anaesthesia are mentally and/or physically challenged, it is not always possible to have a comprehensive physical examination or appropriate laboratory tests prior to administering care. When these situations occur, the dentist responsible for administering the deep sedation or general anaesthesia should document the reasons preventing the recommended preoperative management. In two of our cases the child was having systemic condition. There examination and evaluation was done after the child was admitted prior to the day of procedure of general anaesthesia.

The dentist should be responsible for sedative/anaesthetic management, adequacy of the facility and staff, diagnosis and treatment of emergencies related to the administration of deep sedation or general anaesthesia and providing the equipment, drugs and protocols for patient rescue.

VI. CONCLUSION

General anaesthesia (GA) can assist in providing quality dental care in such patients who could not be treated otherwise. General anaesthesia should not be used routinely for the convenience of the dental team, but rather should be seen as the last resource for treatment.

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A Clinical Survey to Evaluate the Patients and Dentists Perspective on Denture Cleansing Habits in Mumbai and Navi Mumbai

By Mariam Khan, Dr. Omkar Shetty, Dr. Gaurang Mistry & Dr. Mishal De Souza

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Abstract- This study was performed to evaluate the patients and dentists perspective on denture cleansing habits. Using a prepared questionnaire a total of 100 patients and 100 practising dentists living in Mumbai and Navi Mumbai were surveyed, regarding their opinions and views about denture hygiene and cleansing routines. The conclusions drawn from the study, were that most of the denture wearers did not clean their dentures satisfactorily and the dentists did not provide complete information about denture cleanliness to their patients.

Keywords: *denture cleansing, denture hygiene, oral health, cleansing agents, mechanical methods, professional cleansing, denture care negligence, denture staining, dental plaque, edentulism.*

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A Clinical Survey to Evaluate the Patients and Dentists Perspective on Denture Cleansing Habits in Mumbai and Navi Mumbai

Mariam Khan^α, Dr. Omkar Shetty^σ, Dr. Gaurang Mistry^ρ & Dr. Mishal De Souza^ω

Abstract- This study was performed to evaluate the patients and dentists perspective on denture cleansing habits. Using a prepared questionnaire a total of 100 patients and 100 practising dentists living in Mumbai and Navi Mumbai were surveyed, regarding their opinions and views about denture hygiene and cleansing routines. The conclusions drawn from the study, were that most of the denture wearers did not clean their dentures satisfactorily and the dentists did not provide complete information about denture cleanliness to their patients.

Keywords: denture cleansing, denture hygiene, oral health, cleansing agents, mechanical methods, professional cleansing, denture care negligence, denture staining, dental plaque, edentulism.

I. INTRODUCTION

"The first step towards change is awareness." A holistic approach of dental health care, awareness and patient support is critically important to a long term success of the treatment. There is sparse literature on dental health awareness, attitude and oral health care among the adult population in India. Oral health has been neglected for long and the need for dental awareness cannot be overstated.

As it's said "Cleanliness is next to godliness", thus cleansing of dentures is essential for the maintenance of residual oral tissue health. We as dentists can help maintain oral tissue health by providing the information needed about denture cleansing techniques to the patients.

This survey throws light on the denture cleansing habits of the patients and dentist perspective towards training patients to maintain denture hygiene.

II. MATERIALS AND METHODS

In this study, a total of 100 patients and 100 practising dentists living in Mumbai and Navi Mumbai were surveyed regarding their opinions and views about denture hygiene and cleansing routine, using a prepared questionnaire. This survey was undertaken from August 15, 2014 to September 15, 2014.

III. RESULT

In this study, it has been revealed that all the 100 practising dentists advise denture cleansing habits to their patients (Fig 1).

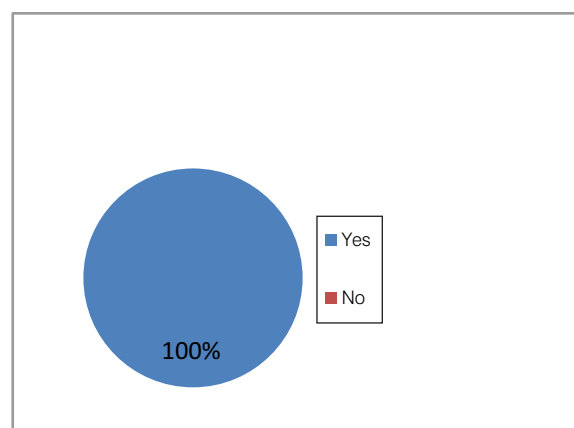


Figure 1 : Do the dentist explain the importance of denture cleansing

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47% dentists advise their patients brushing with toothpaste along with denture cleansing agents while the second most preferred method is soaking their dentures into commercial tablets (36%). Brushing with toothpastes and cleansing with soap and water come next at 6% and 11% respectively. (Fig 2).

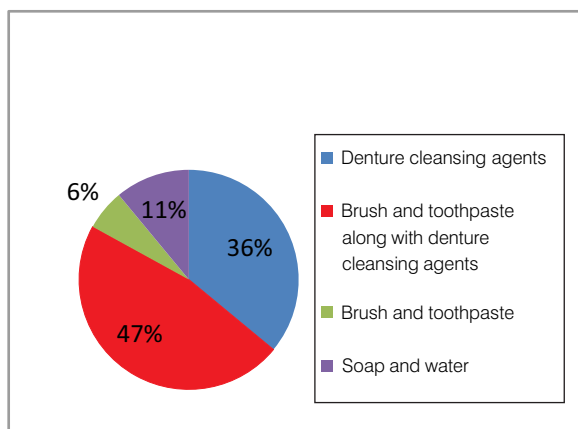


Figure 2 : Methods of denture cleansing advised by the dentists

Denture cleansing agents advised are sodium perborate 80% and alkaline peroxide 16%(Fig 3).

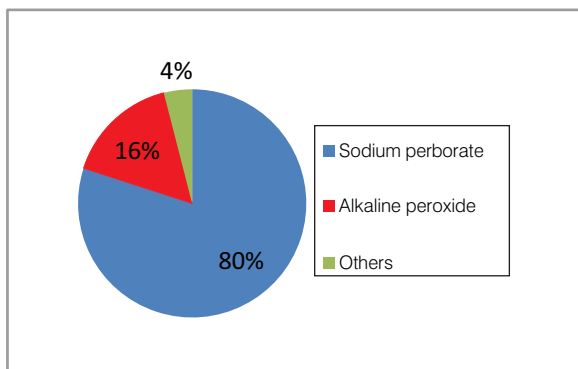


Figure 3 : Denture cleansing agents advised by the dentists

While 70% of the dentists recommend cleansing of the dentures once a day, 20% recommend twice a day and 10% suggest once a day (Fig 4).

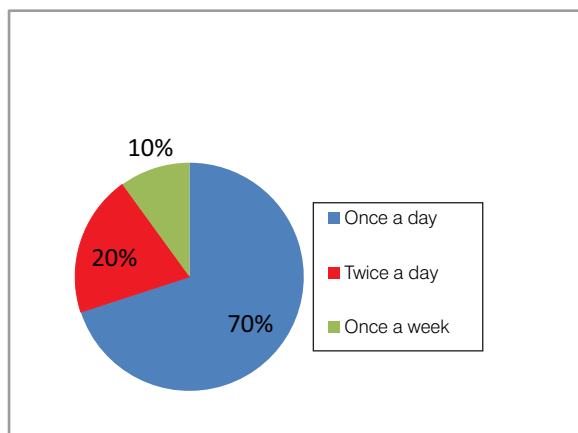


Figure 4 : Dentists recommending cleansing of dentures

98% dentists evaluate dentures for cleansing during recalls, whereas 2% do not recall their patients (Fig 5).

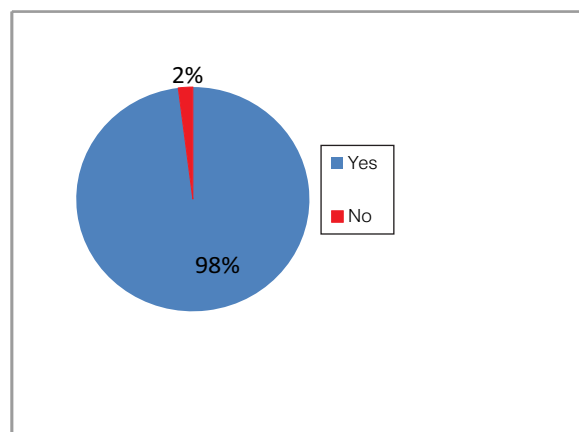


Figure 5 : Denture evaluation during recall visits

Only 44% dentists advise professional cleansing of dentures once a year, 34% twice a year, the rest advice it less frequently (Fig 6).

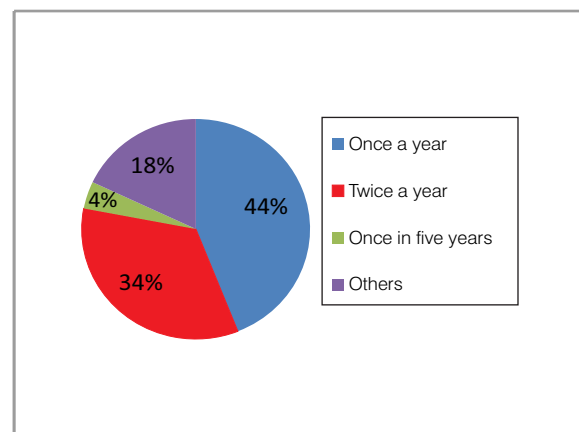


Figure 6 : Professional cleaning of the dentures advised by the dentists

Majority of the dentists 58% instruct patients to clean their dentures after meals, followed by 32% who instruct cleansing after meals as well as before sleeping (Fig 7).

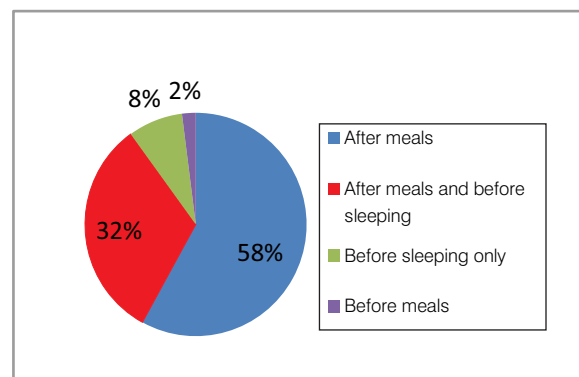


Figure 7 : Dentists recommendations to clean the dentures

34% dentists provide instructs verbally while 21% provide by clinical demonstration. Both verbal and clinical demonstration are provided by 25% dentists. Only 20% provide written instructions (Fig 8).

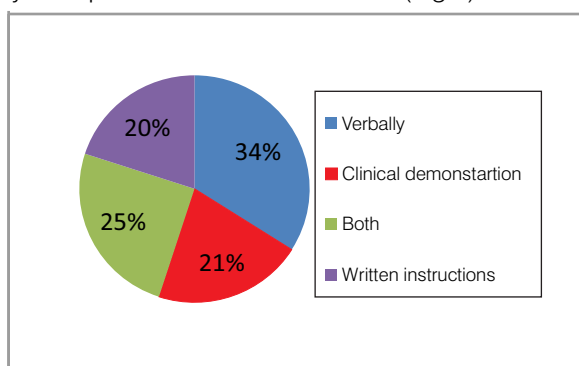


Figure 8 : Mode of providing instructions by the dentists

58% dentists found patient cleansing habits as average, followed by 18% who evaluate them as fair, 14% as unsatisfactory, and only 10% evaluate patient cleansing habits as good (Fig 9).

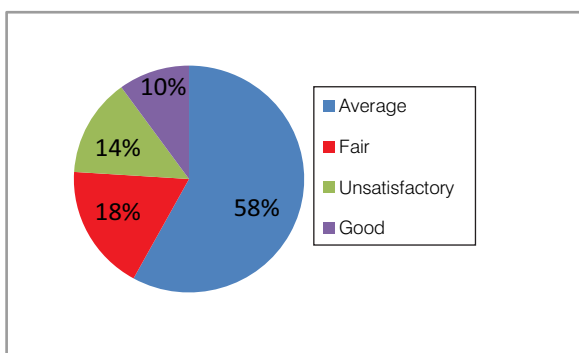


Figure 9 : Evaluation of patients cleansing habits

When the dentists were asked for the reason of negligence of the professional cleaning of the dentures, 33% said patient negligence of professional denture cleansing is due to the cost factor, 29% said it was due to the time factor. 25% was from not wearing the dentures for a day and 13% dentists evaluated the other factors such as patient unawareness and laziness.

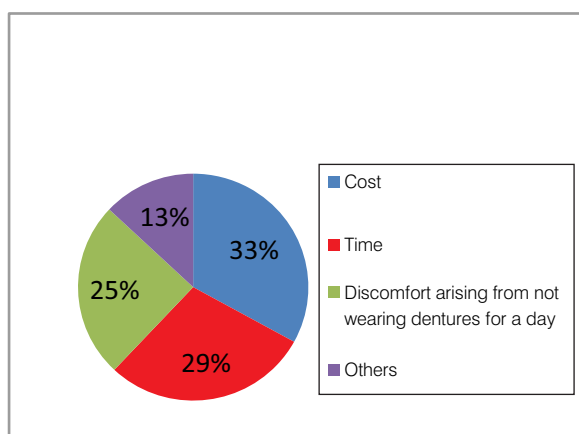


Figure 10 : Negligence for the professional cleansing of dentures according to the dentists

The result of the present survey from the patients perspective indicated that 61% patients did not feel their dentures to be as nice as new, unlike the other 39% (Fig 11). Majority of the patients 92% felt regular cleansing of their dentures are necessary (Fig 12).

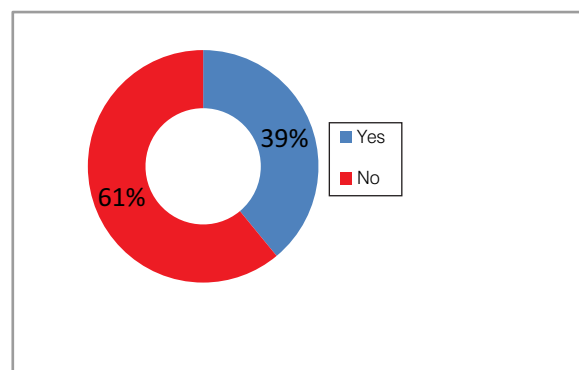


Figure 11 : Do the patients feel their dentures to be as nice as new

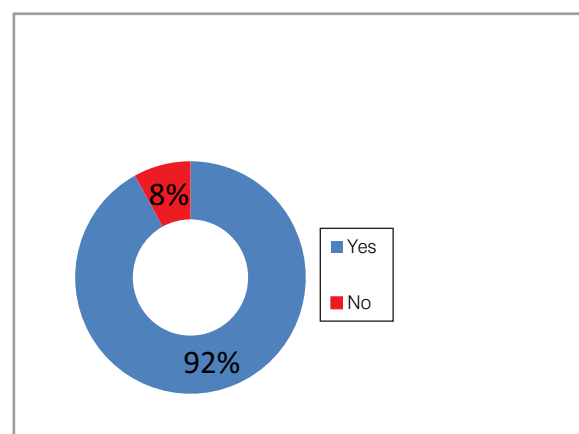


Figure 12 : Do the patients feel regular cleansing of dentures are important

56% patients clean their dentures twice a day followed by 36% who clean it thrice a day and 8% who clean them once a day (Fig 13).

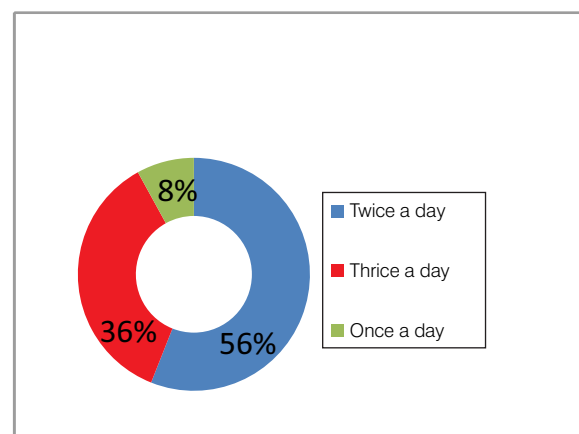


Figure 13 : Frequency of denture cleansing followed by the patients

The most common denture cleansing methods patients use are denture cleansing agents 25%, 35% a brush and toothpaste alone, and a brush and toothpaste along with denture cleansing agent is 25%. Only 15% use soap and water (Fig 14).

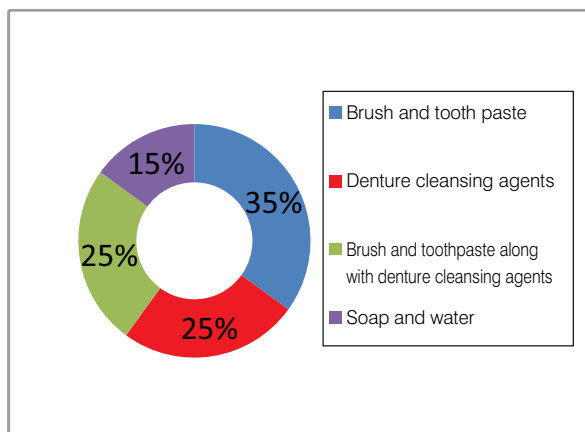


Figure 14 : Methods of denture cleansing followed by the patients

It is surprising to know that 17% patients claim that their dentists do not inform them of how to clean their dentures (Fig 15).

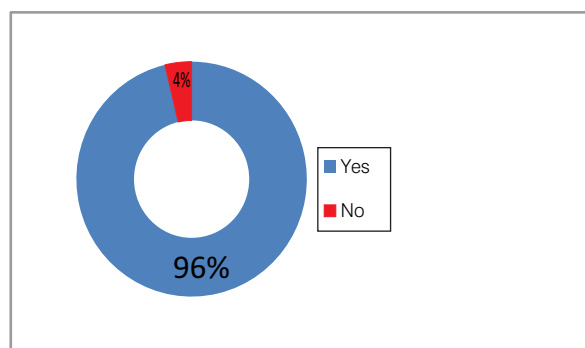


Figure 15 : Were instructions about denture cleansing provided by the dentists

76% of the patients claimed the dentists recommend cleansing of dentures after meals, 15% recommend before sleeping, and 9% recommend before sleeping along with after meals (Fig 16).

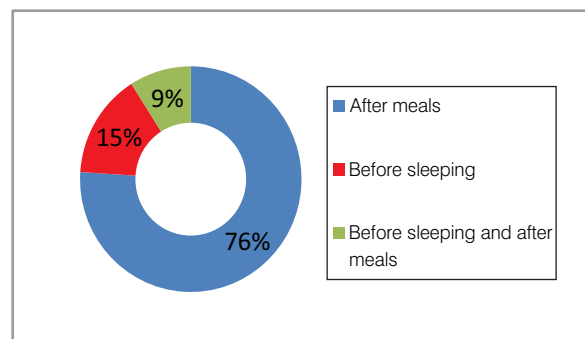


Figure 16 : Dentists advise patients to clean their dentures

According to patients, majority of dentists 54% provide instructions verbally, 23% by clinical demonstration, 12% by both, and 11% by giving written instructions (Fig 17). The most common habits amongst patients leading to staining of dentures is consumption of tea and coffee 76%, 12% take to smoking, 8% beetle nut/ tobacco and remaining 4% pan chewing (Fig 18).

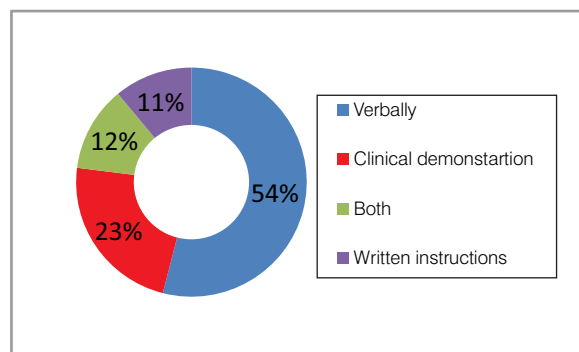


Figure 17 : Mode of providing instructions to the patients

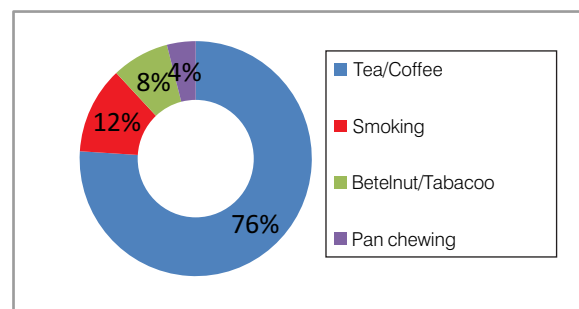


Figure 18 : Habits leading to staining of dentures

61% patients consider stains on dentures as socially unacceptable (Fig 19). 40% patients are unaware of professional cleansing of dentures, 36% neglect professional denture cleansing because of cost, 18% because of discomfort arising from not wearing dentures for a day and 6% due to lack of time (Fig 20).

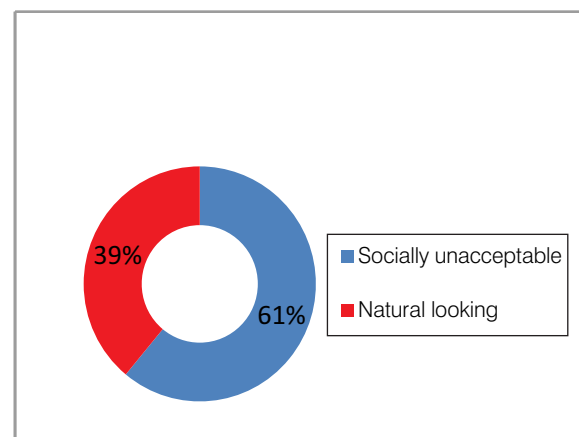


Figure 19 : Patients perspective regarding stains on a denture

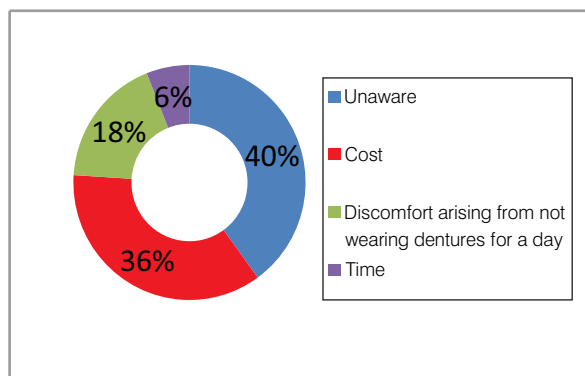


Figure 20 : Negligence for the professional cleaning of dentures by the patients

IV. DISCUSSION

Edentulism is a growing problem in our society. The number of fully and partially edentulous patients is still increasing today. Dentures are an artificial substitute for missing natural teeth and adjacent tissues (1).

Regular cleansing of the denture prosthesis is necessary to increase the longevity of the prosthesis. The present survey is conducted on patients between the age of 35 to 65 years.

We discussed denture cleansing habits with patients as well as dental professionals. We asked both the patients and the dentists as to how often the denture should be cleansed to which majority of the dentists (70%) said once a day, these results agree with those of Nevalainen et al(2) and De Castelucci Barbosa et al(3), and 56% of the patients said twice a day. Keeping in mind, the denture cleansing agent from patient to patient varies, therefore the number of times the patient cleans the denture also varies.

There are various methods to clean a denture, soap and water, brush and toothpaste, brush alone, and denture cleansing agents. Majority of the dentists recommended brushing with toothpaste along with soaking their dentures into denture cleansing tablets, followed by using denture cleansing agents alone, whereas majority patients prefer cleaning their dentures by brushing with a toothpaste (35%). Similar results were obtained in previous studies conducted by Peracini et al(4) and Jegantha et al(5). Brushing with a toothpaste is a mechanical method of denture cleansing, however if done incorrectly it may lead to surface abrasions which will cause undesirable aesthetic and biological result(6,7). Dentrifice has a higher patient compliance because of its simplicity and cost effective characteristics. Mechanical methods of denture cleansing are not effective in completely removing the biological plaque on the surface of the dentures, therefore majority of the dentists (80%) recommend sodium perborate. Oxidizing nature of this chemical has the ability to remove stains as well as the advantage of having an antimicrobial action. Ideally,

both mechanical and chemical methods should be used to achieve adequate plaque control. Combination of brushing and soaking methods is recommended by 47% dentists, similar to the studies conducted by Hoad-Reddick et al(8) and Veres et al(9). In addition to the frequency and the nature of denture cleansing, when you clean a denture is equally important. Majority of the dentists and patients said that they should clean their dentures after meals and before sleeping. Daily cleansing of the dentures after meals is necessary to prevent buildup of plaque, food, calculus and stains, which can cause problems with appearance and aesthetics. Lack of denture hygiene is one of the main etiological factors for the inflammation of the oral mucosa according to Abelson.(10) Denture teeth accumulates plaque. When plaque reacts with saliva, it hardens into calculus, therefore professional cleaning machines are available to remove this said calculus. It is extremely important for the dentist to re-call the patients to evaluate the oral hygiene habits, consequently 98% of the dentists re-call the patients for the evaluation of the dentures and maintenance of oral health issues.

V. CONCLUSION

Within the limits and demography of the survey the following conclusions were drawn:

- 1) Denture wearers did not clean their dentures satisfactorily.
- 2) Dentists did not provide complete information about denture cleanliness to their patients.
- 3) Most of the patients preferred the mechanical method of denture cleansing i.e brushing with toothpaste twice a day.
- 4) Most of the dentists recommended mechanical and chemical cleansing methods.

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The introduction will be compiled from reference matter and will reflect the design processes or outline of basis that direct you to make study. As you will carry out the process of study, the method and process section will be constructed as like that. The result segment will show related statistics in nearly sequential order and will direct the reviewers next to the similar intellectual paths throughout the data that you took to carry out your study. The discussion section will provide understanding of the data and projections as to the implication of the results. The use of good quality references all through the paper will give the effort trustworthiness by representing an alertness of prior workings.



Writing a research paper is not an easy job no matter how trouble-free the actual research or concept. Practice, excellent preparation, and controlled record keeping are the only means to make straightforward the progression.

General style:

Specific editorial column necessities for compliance of a manuscript will always take over from directions in these general guidelines.

To make a paper clear

- Adhere to recommended page limits

Mistakes to evade

- Insertion a title at the foot of a page with the subsequent text on the next page
- Separating a table/chart or figure - impound each figure/table to a single page
- Submitting a manuscript with pages out of sequence

In every sections of your document

- Use standard writing style including articles ("a", "the," etc.)
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- Align the primary line of each section
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Abstract:

The summary should be two hundred words or less. It should briefly and clearly explain the key findings reported in the manuscript-- must have precise statistics. It should not have abnormal acronyms or abbreviations. It should be logical in itself. Shun citing references at this point.

An abstract is a brief distinct paragraph summary of finished work or work in development. In a minute or less a reviewer can be taught the foundation behind the study, common approach to the problem, relevant results, and significant conclusions or new questions.

Write your summary when your paper is completed because how can you write the summary of anything which is not yet written? Wealth of terminology is very essential in abstract. Yet, use comprehensive sentences and do not let go readability for briefness. You can maintain it succinct by phrasing sentences so that they provide more than lone rationale. The author can at this moment go straight to shortening the outcome. Sum up the study, with the subsequent elements in any summary. Try to maintain the initial two items to no more than one ruling each.

- Reason of the study - theory, overall issue, purpose
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Approach:

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- Present a justification. Status your particular theory (es) or aim(s), and describe the logic that led you to choose them.
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Approach:

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Approach:

- It is embarrassed or not possible to use vigorous voice when documenting methods with no using first person, which would focus the reviewer's interest on the researcher rather than the job. As a result when script up the methods most authors use third person passive voice.
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What to keep away from

- Resources and methods are not a set of information.
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The page length of this segment is set by the sum and types of data to be reported. Carry on to be to the point, by means of statistics and tables, if suitable, to present consequences most efficiently. You must obviously differentiate material that would usually be incorporated in a study editorial from any unprocessed data or additional appendix matter that would not be available. In fact, such matter should not be submitted at all except requested by the instructor.



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- Sum up your conclusion in text and demonstrate them, if suitable, with figures and tables.
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Approach

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- Recommendations for detailed papers will offer supplementary suggestions.

Approach:

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<i>References</i>	Complete and correct format, well organized	Beside the point, Incomplete	Wrong format and structuring



INDEX

A

Alveolar · 9
Ameloblastoma · 35, 37, 38, 40, 42, 43, 45
Anteroposterior · 8, 9
Apoptosis · 35, 36, 41, 42, 43, 44, 45
Areca · 48, 49, 53

B

Bifluoride · 56, 57

C

Carcinogenesis · 35, 45
Cephalometrically · 1

D

Dentrifice · 64
Depapillation · 50
Diaminobenzidine · 37

E

Edentulism · 59
Edentulous · 26, 31, 64
Eustachian · 50

H

Hyalinization · 52

I

Intraluminal · 40, 46
Ivoclarvivadent · 12, 13

L

Leukoplakia · 52
Lycored · 52

M

Malocclusion · 1, 16
Mucosa · 48, 49, 50, 52, 65

O

Occlusal · 10, 16, 26, 27, 28, 30, 31, 32

P

Perborate · 60, 64
Pharynx · 48
Planmecaoy · 3
Plexiform · 37, 38, 40, 46
Prosthodontic · 26, 27

R

Retrognathic · 1
Ribonucleotide · 42

S

Suprabasal · 37, 38, 40, 46

T

Toludine · 52
Trismus · 48

U

Uvula · 50



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