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# Assessment of the Nutritional Status and Associated Factors of Orphans and Vulnerable Preschool Children on Care and Support from Nongovernmental Organizations in Hawassa Town

Bisrat Getaneh a, Dr. Usha Kulkarni & Mr. Yemane G/Mariam b

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*Objective:* To assess the nutritional status and associated factors among orphans and vulnerable preschool children on care and support from a nongovernmental organization.

Methods: Community based Cross-sectional study was conducted on 364 orphan and vulnerable preschool children who were on care and support from Non Governmental Organization in Hawassa town, Southern Ethiopia. The data instruments were a structured questionnaire, 24 dietary recall and anthropometric measurements. Data were entered using EPi-info software and exported to SPSS for analysis. The prevalence of malnutrition among Orphans and Vulnerable preschool Children was assessed by calculating the percentages using ENA for SMART 2007 software and analysis was made using WHO Standard cut off point below- 2 S.D using z-scores. Logistic Binary and multivariate analysis were carried out to see the effect of each independent variable on nutritional status explained as stunting ,wasting and underweight. Logistic regression was used to control any confounders at p value 0.05 with 95% CI.

Results: This study revealed that, 35.1%, 8.9 % and 7.5 % of orphans and vulnerable children were stunted, underweight and wasted, respectively. The main associated factors of stunting were found to be children who have parents (AOR 3.717; 95% CI 1.405, 9.804), single care takers (AOR.259; 95% CI .751, .089) and Educational status secondary and above (AOR 2.777; 95% CI 1.272, 6.063), first complementary food were milk (AOR 2.463; 95% CI 1.328, 4.568).Cough prior to 2 weeks of this survey (AOR 2.272; 95% CI 1.997, 5.181), HH food security (AOR 2.667; 95% CI 1.072,6.667)and food and nutritional support from NGO"s. (AOR.6.251; 95% CI 1.427, 9.778)) Were variable associated with wasting. Underweight

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was associated with family size < 5 (AOR 2.778; 95% CI 1.148, 6.721) and duration of breast feeding (AOR 3.257; 95% CI 1.344, 7.891).

Conclusion and recommendation: from the findings of this study, can be concludes that malnutrition is still an important problem among Orphans and vulnerable preschool Children on care and support from NGO"s and more attention needed to be given by stakeholders.

Keywords: nutritional status, orphans and vulnerable preschool children, care and support, hawassa.

### I. Introduction

a) Background

n estimated 24 million children across the world live without their parents, and numbers of children live outside parental care are. The effects of the loss of parental care on children can be devastating. Children without parental care find themselves at greater risk of discrimination, inadequate care, abuse and exploitation. Inadequate care can impair children's education, emotional and physical development and health. It is widely recognized that the most preferable form of such alternative care is usually care within a family setting such as kinship care or foster care, and that large scale institutional care should be avoided where possible (1).

Poverty and deprivation have a major impact on children"s ability to stay with their parents, and may also affect the ability of extended or other families to offer homes for children. Poverty also interacts with other determinants of children"s care choices, such as HIV, migration and abuse or neglect in the home (2).

Historically, the fostering of children by extended family members, including aunts, uncles, grandparents, and other relatives, is common throughout sub-Saharan Africa. Extended family members have fostered children for a variety of reasons including the deaths of mothers in childbirth (3). The tradition of fostering by extended family continues today and is a vital coping mechanism in nations with high HIV prevalence and growing orphan populations. Throughout sub-Saharan Africa, an estimated 90% of

orphaned children in households live with extended family members (4). The advantages of extended-family fostering are that it is culturally acceptable and assumed to be sustainable throughout a child"s development, partially because communities will band together to support these households. In most cases, children can find stability, love, and emotional support in relatives" homes (5).

United Nation Children"s Fund estimates that as of 2010 there were 153 million orphaned children and adolescents living in the world. While13% of the world"s children under the age of 18 years live in Sub-Saharan Africa, 36% of the world"s orphans lives in Sub Saharan region (6). Approximately 27% of these orphans were orphaned due to HIV/AIDS (7).

With a total population projection of over 86 million, Ethiopia is the second most populous country in Africa, More than half (55.5%) of the population is constituted by children below the age of 18 years (8). Though the national prevalence of HIV in Ethiopia, estimated to be 1.3%, is considerably lower than rates in other sub-Saharan African countries, As of 2012, Ethiopia is estimated to have 1,988,731 Orphans of whom 530,630 are orphans due to HIV /AIDS, one of the largest populations of Orphan and vulnerable children (OVC) in Africa (9).

A number of factors have been suggested to affect both the level of food security at household level and the children"s nutritional status, some of which are independently associated with households in which orphans live. These can broadly be classified into child characteristics (e.g., age and gender), household characteristics (e.g., household income, and number of children in the household), parental characteristics (e.g., occupation, education level and age of the household head) and community factors (e.g., water supply and sanitation) (7).

### b) Statement of the problem

Despite being highlighted as one of the priority development issues under the Millennium Development Goals framework, malnutrition remains an important public health concern and one of the main causes of early child morbidity and mortality in developing countries (10). Many OVC suffer from cycles of poverty as a result of the illness and death of their parents and they are especially vulnerable and are at an increased risk of malnutrition and ill-health (11).

Communities and families in sub-Saharan Africa have been faced with a growing challenge of providing care for orphans and vulnerable children. Over 90% of all orphans not living with a surviving parent are cared for by extended families (12). Malnutrition is among the most series health problem facing in Ethiopia .The prevalence of child malnutrition that is stunting, wasting and under weight is 44.1%, 7.6% and 28.3% respectively for SNNPR. However, there is little information about the

effect of orphan hood and child vulnerability on child nutritional status in study setting and only Few evidence examining the nutritional status of Orphans and vulnerable children (OVC) who are on care and support from NGO while children 6 to 59 month is one of the critical window of opportunity for Intervention to address under-nutrition through the Lifecycle Approach as Stated in the National Nutrition Program and moreover OVC are potentially at greater risk of poor health and nutrition because they are more likely to be extremely poor, may receive less care and may themselves be HIV-infected via parent-to-child transmission.

Therefore, this study will address the information gap by estimating the magnitude and identifying the potential factors affecting the nutritional status of OVC who are on care and support from NGO.

### c) Significance of the study

Information regarding the nutritional status of orphan and vulnerable children is limited in the study setting and most studies mainly focus on the general population than these segments of population. Currently a number of Non Governmental Organization in Ethiopia are providing different types of care and support to OVC based on the Guideline developed by the Ministries Of Women's Affaires on care and support for orphan and vulnerable children, However; little is known about their nutritional status and therefore determining the magnitude and associated factors affecting the nutritional status of the Orphans and Vulnerable Children will be helpful to provide information for policy maker, NGO's and other stakeholders and the information can be used as a baseline for further research.

### II. Literature Review

### a) Prevalence of malnutrition in Orphans and Vulnerable Children

Malnutrition is a leading cause of morbidity and mortality among children in the developing world, contributing to more than half of all child deaths (13). Worldwide, nearly one in four children under five ages are stunted, an estimated 101 million children of under five age are underweight and 52 million children are moderately or severely wasted (14).

In Sub Saharan Africa, Malnutrition is a leading cause of morbidity and mortality. More than one third of countries in sub Saharan Africa with high prevalence rates 40% of children are stunted, 25% of children are underweight and wasted (14).

A study conducted on influence of socioeconomic factors on nutritional status of children in a rural community of osun state, Nigeria revealed that the prevalence rates of underweight, wasting and stunting were 23.1%, 9 % and 26.7% respectively (15).

Nationally, The National Demographic Health Survey conducted by Central Statistic agency (CSA) in Ethiopia in 2011 showed that the prevalence of stunting, wasting, and underweight was 44%,10% and 29% and varies from region to region (8).

A cross sectional study conducted in North West Ethiopia shows prevalence of malnutrition in the community with 28.5% of the children underweight, 24 % stunted and 17.7% wasted (16). A community based cross-sectional survey conducted in West Gojam zone revealed that 49.2 % children were found to be underweight, 43.2 % of the children under age five were suffering from chronic malnutrition and 14.8 % acutely malnourished (17). The cross sectional survey conducted in rural communities of Tigray region also revealed that, the levels of stunting, under weight and wasting were 42.7%, 38.3% and 13.4%, respectively (18). A cross sectional study conducted in Aynalem village in Tigray region, the overall prevalence of stunting, underweight and wasting were 45.7%,43.1% and 7.1% ,respectively (19). According to research conducted in Gimbi district, Oromia region indicated that, 32.4 % stunted, 23.5 % underweight and 15.9% of the children were wasted. Prevalence of severe stunting, severe underweight and severe wasting respectively were 15.7%, 8.0 % and 5.7% (20). A community-based cross-sectional study conducted in rural kebeles of Haramaya district revealed, the prevalence of stunting, underweight, and wasting were 42.2%, 36.6%, and 14.1%, respectively (21).

The prevalence of stunting, wasting, and underweight reported for SNNPR is 44.1%, 7.6% and 28.3% respectively (8).

### b) Factors affecting the nutritional status of an OVC

### i. Inadequate Dietary intake

Globally, 39 per cent of infants less than 6 months old were exclusively breastfed and only 60 per cent of children aged 6-8 months receive solid, semisolid or soft foods, highlighting deficiencies in the timely introduction of complementary foods in 2011 (14). The study conducted in Nairobi, Kenya prevailed that orphans living in households in informal settlements in Nairobi are indeed more vulnerable with regards to food security than non-orphaned children, most particularly paternal orphans. In preliminary studies completed by UNICEF in Malawi and Jamaica, the percentage of nonorphans who were food insecure was 15%, compared to 39% among paternal and double orphans in the same region (22).

### ii. Disease and Malnutrition

It is clear that Infection and nutritional status of children are interrelated where malnutrition can accelerate disease progression, and Infection worsens malnutrition by weakening the immune system and hindering nutrient intake, absorption, and storage. Globally, between 1995 and 2005, one in three preschool-age children were deficient in vitamin A due to inadequate dietary intake. A study conducted by FAO shows that one in four had experienced symptoms of illness including fever, cough, and/or diarrhea in the previous two weeks; and 55% had been ill during the previous 6 months. Four percent were reported to have tested HIV positive, and HIV infection was suspected in another 2.0 % (23).

In sub-Saharan Africa, AIDS is the leading cause of death among those aged 15-59 years old and 80.0% of them who have lost a parent by AIDS in the developing world are living in this region. Even once the HIV infection rates stabilize or begin to decline, the number of orphans will continue to grow or remain high for many years due to the time lag between HIV infection and death. Orphaned children are at an increased risk for malnutrition and illness in addition to a lack of access to health care (24).

A study conducted in Angolela tera Woreda north Ethiopia revealed that One-third of the participants were found to have a protozoan infection, while 7.1% were found to have a helminthic infection. Approximately 11% of the students were stunted, 19.6% were wasted, and 20.8% were underweight. (25).

### iii. Child care and OVC

Care affects nutritional status in three ways: through feeding practices such as breast-feeding and the preparation of nutritious foods for weaned infants and others in the household; through health and hygiene practices both within the family and within the community; and through support to the mother, both by the family and by the community, so that she has sufficient time to care for the child. (1)

A study conducted about attributes of care giving Reveled that, Caregivers, whose mean age at enrolment was 42.9 (S.D 13.3) years, predominantly female (87%), and 25% per cent were married. Fifty-five percent were biological parents of the child participants. Forty-five percent of caregivers were known to be illiterate, and the mean number of years of education was 4.9 (S.D 3.7). Forty-five percent of caregivers reported their own health to be fair, poor, or very poor; 24% reported symptoms in the previous two weeks; and 56% reported illness in the previous 6 months (26).

### iv. Socio demographic variables

A study conducted about poor health in less wealthy country showed the median age at enrolment was 10 (standard deviation, S.D 2.1) years. Fifty-seven percent of the OAC were paternal orphans; 16% were maternal orphans, and 17% were double orphans (27).

Vulnerable children who live in household sizes of 4-6 members and vulnerable children who live with non-relatives had greater odds of inadequate immunization (OR = 1.51, 95% CI: 1.13-2.01, OR = 9.02, 95% CI: 4.62-17.62). Paradoxically, vulnerable children living with non-relative caregivers were at lower risk for inadequate food (OR = 0.19, 95% CI 0.07-0.33). Single orphans with an HIV positive parent were less

likely to be fully immunized than single orphans with an HIV negative parent (28).

### v. Environmental and hygiene and OVC

Unsafe water, poor sanitation and unhygienic conditions claim many lives each year. An estimated 1.2 million children die before the age of 5 years from diarrhea. Poor urban areas where insufficient water supply and sanitation coverage combine with overcrowded conditions tend to maximize the possibility of fecal contamination (29). Globally, urban dwellers enjoy better access to improved drinking water sources (96 per cent) than do people living in rural areas (78 per cent). Even so, improved drinking water coverage is barely keeping pace with urban population growth; access to an improved water source does not always guarantee adequate provision. Without sufficient access to safe drinking water and an adequate water supply for basic hygiene, children"s health suffers (29).

### vi. Impact of malnutrition in OVC

Malnutrition prevents children from reaching their full physical and mental potential. Health and

prolonged physical consciences of states malnourishment among children are: delay in their physical growth and motor development; lower intelligent quotient (IQ), greater behavioral problems and deficient social skills; susceptibility to contracting disease. Under nutrition and micronutrient deficiencies contribute substantially to the global burden of disease. Under nutrition reduces immunological capacity to defend against diseases, and diseases deplete and deprive the body of essential nutrients. Under nutrition and infectious diseases further exacerbate poverty through lost wages, increased health care costs, and most insidiously impaired intellectual development that can significantly reduce earning potential (30).

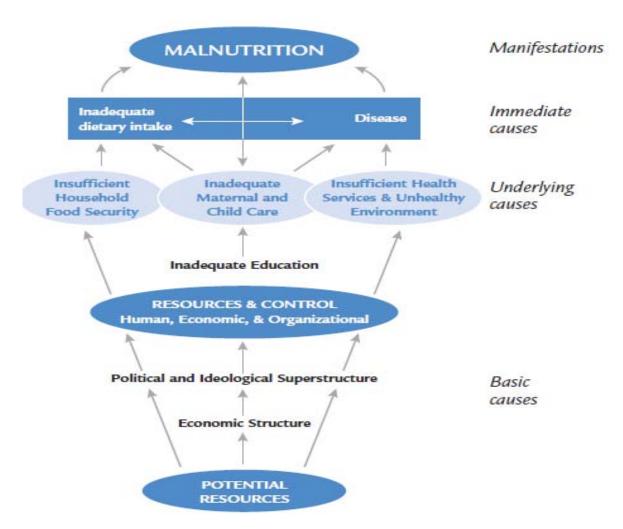


Figure 1: Coneptual frame work adopted from UNICEF, 1990

The immediate causes of malnutrition are inadequate food intake and infectious diseases, which in turn, result from a combination of three underlying causes that relate to the nutrition, social and health environment of the child. Inadequate household food security, inadequate maternal and child care, insufficient services and unhealthy environment are the underlying causes, which in turn, result from basic causes; Formal and non-formal institutions, political and ideological superstructure economic structure and potential resources (Figure 1) (31).

### III. STUDY OBJECTIVES

### a) General objective

To assess the nutritional status and associated factors of orphans and vulnerable preschool children on care and support from a nongovernmental organizations in Hawassa town, Southern Ethiopia.

### b) Specific objectives

- ➤ To estimate prevalence of malnutrition among orphans and vulnerable children on care and support from nongovernmental organization based on anthropometric measurement
- To identify associated factors for malnutrition among orphans and vulnerable children on care and support from nongovernmental organization

### IV. METHODS AND MATERIALS

### a) Study period and Setting

The study was conducted from January 27 to April 1, 2014 in Hawassa town administrative council, which is the capital of Southern Nation Nationalities People"s Regional state. Hawassa town is found 273 km south of Addis Ababa, the capital city of Ethiopia. Its boundaries are Shashmene town in the north, Wondo-Genet district in the east, Malga district in the Southeast and Hawassa Lake in the west. It has a projected population for 2013/14 was 316,842 people, out of this 163,039 are males and 153,803 are females with the annual population growth rate 4.02. The municipality has 8 sub-city and 32 kebeles (32).

The potential health coverage of the City administration was 92 % in 2013 G.C. There are one referral hospital, one district hospitals, three private hospitals, 10 health centers, 15 health posts, 47 private clinics, 49 drug stores, 11 diagnostic laboratories and 12 pharmacies in the City administration. The total number of OVC on care and support in Hawassa Town was 10,693 and out of this 3000 was under five and there were 28 NGO"s that provide care and support for OVC (33).

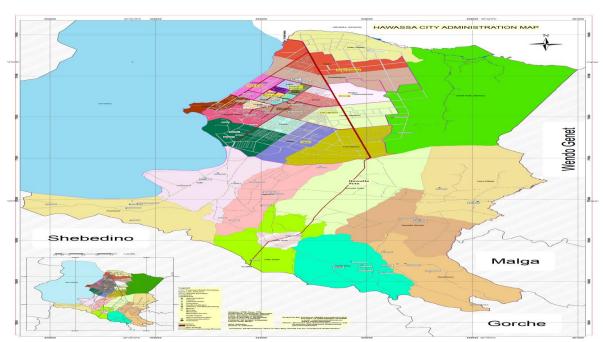


Figure 2: Map of the study area

### b) Study Design

Community based cross-sectional study was conducted.

### c) Source population

All Orphans and vulnerable children aged 6-59 month on care and support from Nongovernmental Organizations in Hawassa town.

### i. Study population

orphan and vulnerable children aged 6-59 month on care and support in selected sub cities

### Exclusion criteria

Orphans 6-59 month of age who were severely ill or with disability

### Sample size determination

To determine the number of Orphan and Vulnerable Children to be included in the study, the single population formula was used to calculate the sample size for first specific objective and for this proportion the most prevalent form of malnutrition (44.1%) was taken from EDHS 2011GC (8).

**Assumption** 

n= sample size

 $Z\alpha/2=1.96$  level of significant

P= Proportion of the most prevalent form of malnutrition 44.1%

D= degree of precision 0.05

The sample size is calculated using

$$\frac{(Z1 - \alpha/2)^2 *P *(1 - P)}{d^2} = \frac{(1.96)^2 *0.441(1 - 0.441)}{0.05^2} = \frac{3.84 \ 16 *0.441 *0.559}{0.0025} = 372$$

372 with 90% response rate =372\*1/0.9= 414

Since the total population is < 10,000 correction was made and n final was calculated as n final=n/(1+n/N)=414/(1+414/3000)=364

This is the Main Factors affecting the nutritional status of Children from literature and then the second objective is calculated using OPEN EPI 2.3 version as follows with the (20,21).

Sample size for second objective

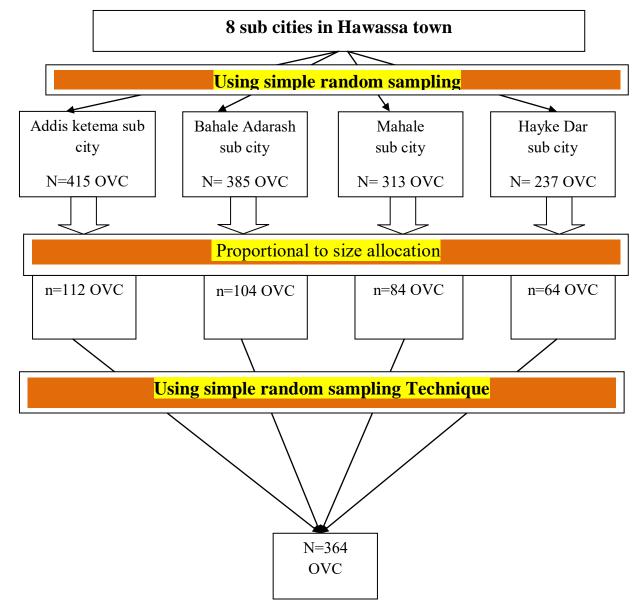
Assumption 95% CI, power of 80% and Ratio of case to controls 1:4

	HH income in birr	<b>Employment status</b>	Education of mother/caretaker	N <sup>0</sup> orphan children cared for
% cases exposed	≥ 1000 33.4%	Employed 38%	Literate 13%	17% caring for 3 or more orphans
% controls exposed	<1000 66.6%	Unemployed 62%	No Education 44%	54% caring for 1
Sample Size for cases	25	47	25	19
Sample size for controls	98	186	99	75
Total Sample size with 90% RR	137	264	137	104

Since the sample size calculated for the first objective could accommodate the second objectives 364 was selected due to representativeness.

### e) Sampling procedures

All sub cities in Hawassa town were identified by name and then using simple random sampling technique by lottery Methods 4 sub city was selected and the sample size for the sub city was proportionally allocated. The sampling frame was prepared for selected sub city in Hawassa town depending on registration from sub city and then by using simple random sampling method using random number table subjects were identified and household survey was conducted using mother child supporting groups as a guiders at each sub cities who know house the selected orphan and vulnerable children were located.



Proportional to size allocation =total number of OVC in each selected sub cities/ the sum of OVC in selected sub cities \*total sample size

Figure 3: Schematic presentation of sampling procedure

### f) Study variable

Dependent Variable

Nutritional status— stunting, wasting, underweight Independent Variables

Demographic factors (age, sex, ethnicity, education, number of children in HH, marital status), Socio economic variables (income, employment), Child health care (immunization, sickness), Environmental /sanitation factors (source of water, latrine, domestic waste disposal), food in security variables, Dietary intake (breast feeding, Individual Dietary Diversity Score).

### g) Data collection procedures and measurements

The data collection instruments were a structured pretested interviewer administered

questionnaire, 24 hours dietary recall measurements at individual level and anthropometric measurements. Questionnaire was adapted from different relevant studies and standards and was prepared originally in English language and then it was translated into Amharic language for data collection purpose and then back to English for reconsideration. Data were collected from mother/caretakers and measurements from orphan and vulnerable preschool children aged 6-59 month who were on care and support in NGO"s during the time of data collection

### h) Data quality control

The pretest of the instrument was carried out in Tula Sub city which was not selected for this study in 5%

of the sample and pretest ensures validity of the instrument. The pre-tested data were not included as part of the main data of the study.

The data collections were facilitated by 4 enumerators who are diploma nurses and two health officers as supervisors. Enumerators and supervisors were given one day training by principal investigator in Hawassa health center on the objectives of the study, on the contents of the questionnaire, on the methodology of the study, on the issues of the confidentiality of the responses, on the use of instruments and on the procedures how to take anthropometric measurement. All measurements were carried out using standard procedures by explaining the procedure to the mother /care takers.

### Anthropometric measurements

Age: were collected from the mother/caretakers and looking up age in official registers for counter check. The 15th day of the month was used when the date of birth is unknown and if the month of birth was unknown, the midpoint of the year of birth was used.

Sex: Was recorded as male and female.

Length/Height: were measured using Wooden board in recumbent position while the child barefooted and free of head wearing in children <2 years old to the nearest 0.1 cm and height was measured using Wooden board in standing-up position while the child being barefooted and free of any head wearing in children >2 years old and was recorded to the nearest 0.1 cm.

Weight: weight was measured using a 25 kg hanging spring scale graduated by 100 g for children while clothes are removed and was recorded to the nearest 0.1 kg. The scale was calibrated immediately before and during each session by placing standard calibration weights of 5 kg iron on the scale to ensure accuracy.

MUAC: were measured for children >65cm in height using color coded standard MUAC tape meter by calculating the midpoint of the child"s left upper arm by first locating the tip of the child"s shoulder and the tip of the elbow through right angle position and measurement was taken in the mid point by straighten the child"s arm and read the measurement to the nearest 0.1cm.

### Households Food Insecurity Access scale

Based on the responses given to the nine questions and frequency of occurrence over the past 30 days, households are assigned a score that ranges from 0 to 27. A higher HFIAS score is indicative of poorer access to food and greater household food insecurity. The lower the score, the most food secured a household was. A score of<17 was classified as food secured and a score of≥17 classified as food insecure. Household Food Security was assessed during the site assessment using the household level component of HFIAS (34). *Individual dietary diversity score* 

Was Calculated on the basis of the number of food groups consumed within the 24 hours recall period from the total of 11 food groups. The food group consumption frequency score (FGFS) was calculated by assigning a score of 0 if not consumed during the previous 24 hours, 1 if consumed. For children 6 months to 5 years was scored as high DDS if the score out of the 9 is  $\geq$ 4 and as low DDS if < 4 (35).

### i) Data Management

First code was given to the completed questionnaire and then data was entered and clean up using EPI-info version 3.5.1 software and SPSS analysis statistical package to cheek for frequencies, accuracy, outliers, and consistencies and missed values and variables and Anthropometric measurement data was entered, clean up using ENA SMART. Any error was identified and corrected.

### j) Data Analysis and Presentation

The prevalence of malnutrition among OVC was assessed by calculating the percentages of children 6-59 months using ENA SMART and analysis was made using WHO Standard cut off point below - 2 S.D to determine nutritional status as stunting, wasting or underweight using z-scores. Odds ratio 95% confidence interval was computed to assess the strength of the association and statistical significance and Data were then exported to SPSS and Binary and multivariate Logistic analysis was carried out to see the effect of each independent variable on nutritional status. Logistic regression was used to control any confounders at p value 0.05. . Bar graph was used for diagrammatic summarization of categorical variables and tables were used for summarization variables.

### k) Operational Definition

An orphan: was a child aged 6 to 59 month whose mother, father, or both have died.

Social orphans: one or both their parents may still be alive but who have been unable to perform parental duties because of illness or acute poverty among other reasons.

*Vulnerability:* high probability of a negative outcome which results from risky or uncertain events and lack of appropriate means to deal with them.

Vulnerable children: were defined as being under the age of 59 month and currently at high risk of lacking adequate care and protection.

### Standard Definition

Stunting which is below -2 S.D from median height for age of reference population,

Wasting which is below -2 S.D from median weight for height of reference population

*Underweight* which is below -2 S.D from median weight for age of reference population.

### Ethical consideration

The study proposal was submitted to the ethical Review Board of Mekelle University College of health sciences and was approved. Following the endorsement by ethical Review Board, official permission was secured from Hawassa city administration department Women"s, children and youth Affairs through a support letter from the department of public health, college of health sciences, Mekelle University. Selected Sub cities were informed about the objective and purpose of the study through a support letter from the Hawassa city administration department Women"s, children and youth Affairs. The participants were informed about the objective and purpose of the study and parental informed written consent was obtained from each participant during data collection and anthropometric measurement. Introduction of the study, method of the questioning and confidentiality letters was attached to the cover page of the questionnaires.

The participants were informed that they have a full right to participate or decline from participating in the study and information was collected anonymously. There was no serious harm to the participants and children who were malnourished using MUAC tape meter during data collection was notified to the respected service providing organization management of malnutrition and the result of this study will help us to know the nutritional status of orphans and vulnerable preschool children and to improve services provided by NGO"s for Orphans and vulnerable preschool children.

### m) Dissemination of Information

The results of this study will be communicated to Mekelle University, college of health sciences, the

Bureau of women's affairs, the Regional Health Bureau and other concerned bodies through hard copy and presentation. Publication on an appropriate journal will also be attempted.

### RESULTS

### Socio-demographic characteristics

A total of 359 aged OVC 6-59 months were participated in the study with an age category 48-59 month accounted 161(44.8%) followed by 36-47 month 85(23.7%) with a mean age of 39.25 month and the response rate was 98.6%. Non response rate was due to refusal to participate in the study. Regarding sex, 187(52.1%) of the study participants were males and 172 (47.9%) were females. The number of Under five children in household two and above was 65(18.1%). protestant and orthodox was the dominant religion in this study which was 181(50.4%) and 161(44.8%), respectively. Wolyita was the dominant ethnicity 249(69.4%). Double orphan in this study was 22(6.1%) and maternal orphan was about 69(19.2%) and paternal orphan 7(1.9%).over half of the respondents 281(78.3%) parents and female parents constituted 347(96.7%) were females and among the care takers 168(46.8%) were attended primary education. Concerning the occupation of care takers, majority 216(60.2%) was unemployed and majorities of the care takers were married 323(90%) and almost half of them the households were headed by husband/wife of husband (Table-1).

Table 1: Socio demographic characteristics of the study participants in selected sub city, Hawassa town, Ethiopia, 2014

Variable	Frequency	Percent (%)
Age of the child in Month (n= 359)		
6-11	10	2.8
12 -23	42	11.7
24 - 35	61	17.0
36 -47	85	23.7
48 - 59	161	44.8
Mean age (SD)		
Sex of the child (n=359 )		
Male	187	52.1
Female	172	47.9
Under 5 children in HH (n=359)		
<2	294	81.9
>=2	65	18.1
Family members in HH (n=359)		
<5	162	45.1
>= 5	197	54.9

Religion of parents/care takers (n=359)		
Orthodox	161	44.8
Muslim	12	3.3
Protestant	1 81	50.4
Others *	5	1.4
Ethnic group (n=356)		
Welyta	249	69.9
Sidama	27	7.6
Amhara	41	11.5
Guragie	25	7.0
Others **	14	3.9
Parental status (n=359)		
Alive	337	93.9
Not alive	22	6.1
Orphan status (n=337)		
Alive	261	20.5
Paternal	7	2.1
Maternal	69	77.4
Sex of the caretaker (n=359)		
Male	12	3.3
Female	347	96.7
Education of mothers (n=359)		
Illiterate	140	39
Primary	168	46.8
Secondar y and above	51	14.2
Occupation of care takers (n=359)		
Unemployed	143	39.8
Employed	216	60.2
Marital status (n=359)		
Single	36	10
Married	323	90
Head of the family (n=359)		
Care taker	160	44.6
Husband/wife of care takers	186	51.8
Others ***	13	3.6

<sup>\*</sup>Catholic

### b) Water, sanitation and hygiene characteristics

The source of water for the 200(55%) of the OVC is public stand and the amount of water used per day which was >15L was 323(90%).Majorities 344(95.8%) used Container as a means of water storage. Furthermore, 355(98.9%) of the household had hand washing facilities. Three hundred and forty four (95.8%) of the house hold had access for latrine and nearly half (47%) of latrine was pit type. Over half (57.1%) used municipality service for domestic waste. Hundred and one (28.1%) of the house hold have separated kitchen for cooking (Table 2).

Table 2: Water, sanitation and hygiene characteristics of the study subject sin the selected sub city, Hawassa town, Ethiopia, 2014

Variable	Frequency	Percent (%)
Source of water (n= 359)		
Pipe	157	43.7
Public stand	200	55.7

<sup>\*\*</sup>Kenbata, Hadiya

<sup>\*\*\*\*</sup> uncles, Grand parents

Protected spring /well	2	0.6
Amount of water used per day (n= 359)		
<=15L	36	10.0
>15L	323	90.0
Method of water storage n= 359)		
Pot	15	4.2
Container	344	95.8
Hand washing while feeding (n= 359)		
Yes	355	98.9
No	4	1.1
Latrine availability(n=359)		
Yes	344	95.8
No	15	4.2
Type of latrine(n=344)		
Pit	162	47.0
VIP	143	41.6
Water carriage	24	7.0
Others	15	4.4
Waste disposal system (n= 359)		
Pit	104	29.0
Open	18	5.0
Municipality service	205	57.1
Separated Kitchen (n= 359)		
Yes	101	28.1
No	258	71.9

### c) Feeding practice and Dietary intake

Three hundred and forty two (95.3%) of the OVC were ever breast fed. Similarly, 285(81.9%) initiated BF within the first hour after delivery. Majorities 91.7% of the OVC exclusively breast feeding. And 249 (69.4%)

introduced complementary food within 6 to 12 month. Furthermore, 74(74.4%) of the OVC first complementary food was milk and over half 56.3 % used cup and spoon as means of child feeding. (Table 3)

Table 3: Feeding practice and Dietary intake reported by mothers/caretakers of 359 under five children subjects in selected sub city, Hawassa town, Ethiopia, 2014

Variable	Frequency	Percent (%)
Ever breastfeed $(n = 359)$		
Yes	342	95.3
No	11	3.1
Not known	6	1.7
Initiation of breast feeding $(n = 348)$		
Within First hour	285	81.9
Within eight hour	29	8.3
2-3 day	26	7.5
Not known	8	2.3
Age ceased breast feeding $(n = 339)$		
< 6 month	14	4.1
6-11 month	76	21.2
>=12 month	249	69.4

Age Started complementary feeding (n = 359)		
Immediately after birth	20	5.6
Within 1-6 month	75	20.9
6-12 month	249	69.4
12 month latter	15	4.2
First complementary food child received $(n = 359)$		
Milk	74	74.4
Adult food	30	8.4
Porridge	54	15
Means of child feeding (n = 359)		
Hand	49	13.6
Cup and spoon	202	56.3
Bottle	108	30.1

Table 4: Proportion of the OVC who consumed specific food items within 24 hours reported by mothers/care takers of 359 under five children subjects in selected sub city, Hawassa town, Ethiopia, 2014

Food item consumed	frequency	Percentage (%)
Cereals		
Yes	291	81.1
No	68	18.9
Roots and Tubers		
Yes	210	58.5
No	149	41.5
Vegetables		
Yes	224	62.4
No	135	37.6
Fruits		
Yes	134	37.3
No	225	62.7
Meat		
Yes	19	5.3
No	340	94.3
Eggs		
Yes	37	10.3
No	322	89.7
Poultry		
Yes	22	6.1
No	337	93.9
Pulses and Nuts		
Yes	155	43.2
No	204	56.8
Milk and Milk product		
Yes	90	25.1
No	269	74.9
Oils and Fats		
Yes	186	48
No	173	52

Table 5: Distribution of responses to household's food security module items reported by mothers/caretakers of 359 under five children subjects in selected sub city, Hawassa town, Ethiopia, 2014

Variable	Frequency	Percent (%)
Worry that not hav ing enough food (n= 359)		
Never	69	19.2
Rarely	206	71.0
Sometimes	38	13.0
Often	46	15. 8
Not able to eat the kinds of food you preferred		
Because of lack of resources? (n= 359)		
Never	59	16.4
Rarely	19 1	63. 6
Sometimes	56	18. 6
Often	53	17. 6
Eat just a few kinds of food day after		
Day due to lack of resources ? (n= 359)		
Never	45	12.6
Rarely	21 2	67. 5
Sometimes	55	17. 5
Often	47	15.0
Eat food that you preferred not to eat		
Because Of lack of resources? (n=359)	81	22.6
Rarely	192	69.0
Sometimes	53	19.0
Often	43	15.4
Eat a smaller because there were not enough		
Food? (n=359)		
Never	63	17.5
Rarely	20 1	67.9
Sometimes	62	20. 9
Often	33	11.1
Eat a fewer meal because there W ere not enough food? (n= 359)		
Never	43	12.0
Rarely	22 2	70. 2
Som etimes	54	17.0
Often	40	12.6
No food at all because there were Not enough	-	
resources? (n= 359)		
Never	147	69.3
Rarely	151	71.2
Sometimes	49	22.2
Often	12	5.6

Sleep at night hungry because The	re was not	
enough food? (n= 359)		
Never	97	27.0
Rar ely	183	69.8
Sometimes	54	20.6
Often	25	9.5
Whole day eating anything because	e There was	
not enough food? (n= 359)		
Never	174	48.5
Rarely	133	71.8
Sometimes	42	22.7
Often	10	5.4

### d) Maternal and child care characteristics

Three hundred and sixteen (88%) care takers had ANC follow up during their previous pregnancy and Two hundred and seventy three (76%) of them gave birth at health facilities. over three fourth (76.6%) of the OVC had ever received vaccination and majorities (86.2%) of the OVC were received vitamin A supplementation (Table 4).

Table 6: Maternal and child care characteristics in selected sub city, Hawassa town, ethiopia, 2014

Variable	Frequency	Percent (%)
ANC follow -up (n= 359)		
Yes	316	12.0
No	43	88.0
Place of deliver (n= 359)		
Home	86	24.0
Health facility	273	76.0
Who attend the deliver (n= 359)		
TBA	84	23.4
Health personnel	275	76.6
Child received Vaccination (n= 359)		
Yes	333	92.8
No	25	7.0
Not known	1	.30
Type Vacci nation received (n= 315)		
BCG	62	19.7
Polio	64	20.3
Measles	11	3.5
All	178	56.5
Vitamin A supplementation (n= 359)		
Yes	311	13.4
No	48	18.6
Measles Infection( n= 359)		
Yes	52	14.5
No	307	85. 5
Cough in 2 weeks (n= 359)		
Yes	78	21.8
No	281	78.3

Diarrhea in 2 weeks (n= 359)		
Yes	54	15.0
No	305	85.0
Fever in 2 weeks $(n=359)$		
Yes	98	27.3
No	261	72.7

e) OVC care and support characteristics in selected sub city, Hawassa town, Ethiopia, 2014

Seventy one percent of the OVC get nutritional support from nongovernmental organization through direct assessment and supplementation as a main means of support which was 51%. About 170 (47.4%) of the OVC had health care support from the supportive organization through free health care access as a main means of support (52.6%). About 170 (46.5%) of the OVC had economic strengthening support from supportive organization through income generating

activities and access to credit 111(30.9%) and 86 (24%) respectively .About 221(61.6%) of the OVC had educational support from supportive organization through direct assistance 99 (27.6%). About 232(64.6%) of the OVC had Psychological support from supportive organization through Training of Psycho social support 86 (24.0%). About 153(42.6%) of the OVC had legal support from supportive organization and About 142(42.6%) of the OVC had shelter and care support from supportive organization (Table 5).

Table 7: OVC care and support characteristics in selected sub city, Hawassa town, Ethiopa, 2014

Variable	Frequency	Percent (%)
Food and nutrition support (n= 359)		
No	103	28.7
Through Assessment and supplementation	183	51.0
Through Link to health center	59	16.4
Through Training	31	8.6
Health care (n=359 )		
No	189	52.6
Through free access	131	36.5
Through Home visit	48	13.4
Through Training	18	5.0
Economic strengthening (n=359)		
No	192	53.5
Through Vocational training	79	22
Through Income g enerating activities	111	30.9
Through Access to credits	86	24.0
Education support (n=359)		
No	138	38.4
Through Direct assistance	99	27.6
Through Identifying and promoting	91	25.3
Through Training	61	17
Psychological support (n=359)		
No	127	35.4
Through Training of Psycho social support	86	24.0
Through Support	129	35.9
Through Parenting	41	11.4

Legal protection (n=359)		
No	206	57.4
Through Protection	82	22.8
Through Link to	89	24.8
Shelter and care (n=359)		
No	218	60.7
Through Support family	98	27.3
Through Assessment	29	8.1
Through Improve shelter	29	8.1
Duration of support (n=359)		
< 6 month	41	11.4
>= 6 month	318	88.6
Adequacy of support (n=359)		
Adequate	108	30.1
Not adequate	248	69.1
No answer	3	.8

### Prevalence of malnutrition among OVC

The prevalence of stunting 35.1% (95%Cl: 30.3, 40.2), wasting 7.5 % (95% C.I 5.2 - 10.7) and underweight 8.9 % (95% C.I 6.4 - 12.3) among orphans and vulnerable children. (Figure 3)

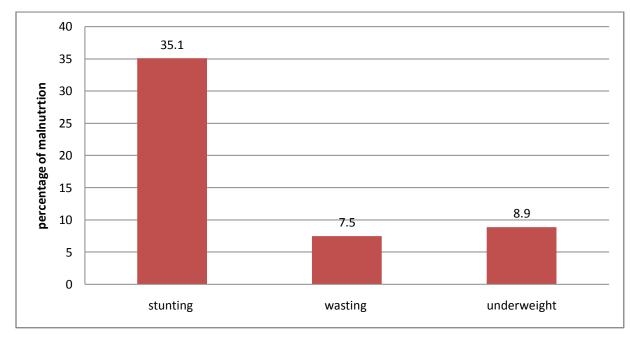


Figure 4: Magnitude of Malnutrition among orphans and vulnerable children aged 6-59 month on care and support from NGO in Hawassa town, Ethiopia, 2014.

### g) Factors associated for malnutrition among OVC

### i. Factors associated for stunting

The multivariate logistic regression analysis identified children who have parents, marital status and status the educational of care takers, first complementary food the child received as determinant factors for stunting. The odds of stunting among OVC whose either parent were alive were 3.717 times an increased risk than those who were not alive (AOR 3.717; 95% CI 1.405, 9.804).OVC of married care taker were 74.1% at reduced risk to be stunted than those OVC of single care takers (AOR .259; 95% CI .751,.089). The odds of stunting among OVC care takers whose educational status primary were 2.777 times at an increased risk when compared to OVC of care takers their educational status were secondary and above (AOR 2.777; 95% CI 1.272, 6.063). The odds of stunting among OVC whose first food porridge were 2.463 times an increased risk than OVC whose first complementary food were milk (AOR 2.463; 95% CI 1.328, 4.568) (Table 8).

Table 8: Logistic regression analysis showing associated factors for stunting among OVC aged 6-59 month on care and support from NGO in Hawassa town, Ethiopia, 2014

Variable	stunting		COR (95% CI)	AOR (95% CI)	
	Yes N ( %)	No N ( %)			
Parental status					
Alive	123 (97.6 %)	214 (91.8%)	1	1	
Not alive	3 (2.4%)	19 (8.2%)	3.861(1.332,11.234) *	3.717(1.405 ,9.804) **	
Marital status					
Married	121 (96 .0%)	202(86.7%)	1	1	
Single	5 (4.0%)	31(13.3%)	.269( .711, .102) *	.259( .751, .089) **	
Educational status					
Illiterate	45 (35.7 %)	95 (40.8%)	1.942 (.893 , 4.224 ) *	1.804 (.813, 4.003)	
Primary	71(56.3%)	97(41.6%)	3.001(1.409, 6.391) *	2.777 (1.272, 6.063) *	
Secondary and above	10 (7.9 %)	41 (17.6%)	1	1	
First comp. Food	`				
Milk	84 (66.7%)	191 (81.9%)	1	1	
Adult food	14 (11.1 %)	16 (6.9%)	2.082(.970, 4.470) *	1.671(.758, 3.683)	
Porridge	28(22.2%)	26(11.2%)	2.563(1.414, 4.646) *	2.463(1.328,4.568) **	
Health and care supp					
Ye s	53(31.2%)	117(68.8%)	1	1	
No	73(38.6%)	116(61.4%)	1.05 3 (0.74 2,1.48 3) *	1.00 ( 0.91 ,1.10 )	
Vitamin A supp					
Yes	113(36.3%)	198(63.7%)	1	1	
No	13(27.1%)	35(72.9%)	6.750(3.212,14.187)*	2.558 (.923, 7.090)	
IDDS	,	,		, , ,	
Highly DD	34(29.8%)	153(62.4%)	1	1	
Less DD	92(37.6%)	80(70.2%)	1.67 1 (0.78 2, 3.613 ) *	1.09 4 (0.52 1,2.28 3)	
HFIAS	,	,	,	, , ,	
Food secured	113(36.8%)	194(63.2%)	1	1	
Food in secured	13(25%)	39(75%)	2.09 2 (0.67,6.52) *	2.07 5 (0.74 4,5.74 1)	
Eco . strengthen supp	- ( - )	( )	- (,)	(	
Yes	52(31.1%)	115(68.9%)	1	1	
No	74(38.5%)	118(61.5%)	1.01 6 (0.99 6,1.03 2) *	0.99 1 (0.97 7,1.01 9)	

<sup>\*</sup> P-value < 0.25 in the bivariate analysis

### ii. Factors associated for Wasting

The multivariate logistic regression analysis identified cough prior to 2 weeks of this survey, HH food security and food and nutritional support from NGO were identified as determinant factors for Wasting. The odds of wasting among OVC who were have cough prior to 2 weeks of this survey were 2.272 times an increased risk than OVC who were not have cough (AOR 2.272; 95% CI 1.997, 5.181) The odds of wasting among OVC from food in secured HH were 2.667 at increased risk than to be those who were from food secured (AOR 2.667; 95% CI 1.072, 6.667). The odds of wasting among OVC who have no food and nutritional support from NGO were 6.251times at increased risk to

be wasted when compared to OVC who do have food and nutritional support.(AOR.6.251; 95% Cl. 1.427, 9.778).(Table 9).

<sup>\*\*</sup> P-value < 0.05 in the multivariate analysis

Table 9: Logistic regression analysis showing associated factors for wasting among OVC aged 6-59 month on care and support from NGOS in Hawassa town, Ethiopia, 2014

Variable	Wa	sting	COR (95% CI)	<b>AOR (95% CI)</b>	
	Yes N (%)	No N (%)			
Cough	_ = = = : (, =)	- ( - ( , - )			
Yes	10(37.0%)	68(20.5%)	2.421(1.072, 6.667) *	2.272(1.997,5.181) **	
No	17(63.0%)	263(79.5%)	1	1	
HH food security					
Food secured	19(70.4%)	287(86.7%)	1	1	
Food in secured	8(29.6%)	44(13.3%)	2.747(1.134,6.667) *	2.667(1.072,6.667) **	
Food and nut. Supp.					
Yes	25(92.6%)	230(69.5%)	1	1	
No	2(92.6%)	101(30.5%)	5.495(1.277,13.811)*	6.251(1.427,9.778) **	
Fever					
Yes	10(10.2%)	88(89.8%)	2.917(1.314,6.468) *	1.62(0.93,2.82)	
No	17(6.5%)	244(93.5%)	1	1	
Diarrhea	,	,			
Yes	6(11.1%)	48(88.9%)	1.334 (0.662,2.682) *	0.997 (0.966,1.014)	
No	21(6.9%)	284(93.1%)	1	1	
IDDS	,	,			
High DD	16(6.5%)	229(93.5%)	2.079 (0.745,5.744) *	1.014(0.873,1.175)	
Less DD	11(9.6%)	103(90.4%)	1	1	
<b>Measles Vaccination</b>	(2.07.0)	( - 0 0)	-	-	
Yes	6(11.5%)	46(88.5%)	1.018 (0.982,1.038) *	0.824(0.492,1.355)	
No	21(6.8%)	286(93.2)	1	1	

iii. Factors associated for under weight

The multivariate logistic regression analysis identified family size and duration of breast feeding as determinant factors for underweight. The odds of underweight among OVC from >= 5 family size were 2.78 times at an increased risk than those who family size < 5(AOR 2.778; 95% CI 1.148, 6.721). the odds of underweight among OVC who were breast feed for 6-12 month were 3.26 times at an increased risk when compared to OVC who were breast feed for >=12 month (AOR 3.257; 95% CI 1.344, 7.891). (Table10).

Table 10: Logistic regression analysis showing associated factors for underweight among OVC aged 6-59 month on care and support from NGO in Hawassa town, Ethiopia, 2014

Variable	Under	weight	COR (95% CI)	AOR (95% CI)	
Family size	Yes N (%)	No N ( %)			
<5	21(65.6%)	141(43.1%)	1	1	
>=5	11(34.4%)	186(56.9%)	2.518(1.176, 5.394) *	2.256 (1.148, 6.721) **	
<b>Duration breast feeding</b> < 6 month 6-11 month	2(7.1%) 13(46.4%)	12( 3.9%) 63(20.3%)	3.285(.623,17.317) * 3.746(1.654, 8.484) *	3.026(.612, 14.952) 3.257(1.344, 7.891) **	
>=12 month  Vitamin A supp	13(46.4%)	23.6(75.9%)	1	1	
Yes	2(4.2%)	46(95.8%)	1	1	
No	30(9.6%)	281(90.4%)	1.47 5(0.52,4.21) *	1.37 2(0.39 1,4.87 6)	

cough				
Yes	1(1.3%)	77(98.7%)	1.55 2 (1.05 ,2.30 2) *	1.28 3(0.85 5,1.90 2)
No	31(11.0%)	250(89.0%)	1	1
Food and Nut. Support				
Yes	27(10.5%)	229(89.5%)	1.63 4(1.07 2,2.49 3) *	1.27 3(0.87 6,1.87 4)
No	5(4.9%)	98(95.1%)	1	1

<sup>\*</sup> P-value < 0.25 \*\* P-value < 0.05

### VI. Discussion

The present study investigated nutritional status and associated factors of orphans and vulnerable preschool children on care and support from nongovernmental organizations in Hawassa town, southern Ethiopia 2014GC.

### a) Stunting

In this study, the prevalence of stunting is a bit higher than the studies done among orphans and vulnerable children in Zambia (29%), Nigeria (23.1%), Mongolia (15.6%), Gumberiti (24%) respectively (15,16,36,37). This might be due to the difference in study period, socioeconomic characteristics, health service delivery, study area and age difference.

However, the magnitude of stunting in the present study was found to be a bit lower than a studies conducted among similar age groups in west Gojiam (43.2%), Tigray (42.7%), Haramaya (42.7%), EDHS (44%) & 44.1%) Bangladesh (42%) respectively (8, 17, 18, 21, 38). The variation might be due to involvement of special segments of the study subject who are on care and support.

The magnitude of stunting was found to be consistent with the regional prevalence of Dire Dawa (36.3%), Harari (29.8%), Nepal (37%) (8, 39). This might be due to similarities in socio economic characteristics and age categories.

The analysis of this study indicated that children who have parents, marital status and educational status of the care takers, first food the child received were identified as determinant factors.

Although it is generally held that maternal orphans are at greater risk for health problems because of the loss of their primary caregiver, children who had lost a father were more likely to be malnourished than non-orphans, indicating that loss of a father may be at least as significant as loss of a mother. As to the finding of this result, The odds of stunting among OVC whose either parent were alive were 3.717 times an increased risk than those who were not alive (AOR 3.717; 95% CI 1.405, 9.804). More ever, A study conducted on poorer health and nutritional outcomes in orphans and vulnerable young children not explained by greater exposure to extreme poverty in Zimbabwe showed that OVC aged 6-59 months were more likely to be stunted than non-OVC (36).

Concerning marital status, there was significant association between the marital status of the care takers and stunting, OVC of married care taker were 74.1% at reduced risk to be stunted than those OVC of single care takers (AOR .259; 95% CI .751,.089). This could be due to the reason that married caretaker have an opportunities to have economic strengthen and other support from their partner than single caretakers and will have an impact on nutritional status of orphan and vulnerable children.

Regarding educational status, there was significant association between the educational status of the care takers and stunting. The odds of stunting among OVC care takers whose educational status primary were 2.777 times at an increased risk when compared to OVC of care takers their educational status were secondary and above (AOR 2.777; 95% CI 1.272, 6.063). Similar findings are reported in other studies in Garhiwali Himalyas and Bostwana respectively (40, 41). This could be due to the reason that as the educational level of the caretakers of OVC increase their knowledge to different nutritional program and adherence to nutritional education given by supportive NGOs will increase. So, they can apply it to their children in order to make their children well nourished.

Concerning first complementary food the child received, there was significant association between first complementary food the child received and stunting, The odds of stunting among OVC whose first food porridge were 2.463 times an increased risk than OVC whose first complementary food were milk (AOR 2.463; 95% CI 1.328, 4.568). This could be due to the fact that in the first six month of life, all the infant"s nutritional needs are met by the mother"s breast milk, but from the age of six month onwards breast milk alone can"t provide the entire nutrient. In the current study it was found that children who began complementary feeding with milk were significantly at reduced risk to being stunted compared to those children who began complementary feeding with porridge. This could be due to the reason that the process of making porridge make the porridge less content in nutrients and May exposes the Orphan and vulnerable children to the risk of infection and malnutrition than making milk.

### b) Wasting

The magnitude of wasting was found to be more or less consistent with the regional prevalence of Amhara (9.9%), oromia (9.7%) and Harar (9.1%) and among orphans and vulnerable children in Zambia (5%) were wasted respectively (8,32). The figure in this study is however bit higher than Addis Ababa (4.6%). And lower than Dire Dawa (12.3%), Gambella (12.3%), Afar (22.2%) and Southern Sudan (22%) (8,42). This difference also probably the difference in due to study period, study area, study subjects, socioeconomic characteristic. There was significant association between children who have cough prior to 2 weeks of this survey and wasting. The odds of wasting among OVC who were have cough prior to 2 weeks of this survey were 2.272 times an increased risk than OVC who were not have cough (AOR 2.272; 95% CI 1.997, 5.181). This is due to the fact that Infection and nutritional status of children are interrelated where malnutrition can accelerate disease progression, and Infection worsens malnutrition by weakening the system and hindering nutrient intake, immune absorption, and storage which further affect the nutritional status of the child according to the vicious cycle of malnutrition. There was also a significant association between Household food insecurity and Wasting, The odds of wasting among OVC from food in secured HH were 2.667 at increased risk than to be those who were from food secured (AOR 2.667; 95% CI 1.072, 6.667). This could be due to the reason previously demonstrated that household food insecurity is increased among orphans living in households (43). And that orphans are more vulnerable to food insecurity than non-orphans (44). It has also been demonstrated that orphaned children in sub-Saharan Africa tend to have more malnutrition compared to non orphans (45). A similar study conducted in Nigeria revealed that foodinsecure households were five times more likely to have wasted children than food secure households (46). Concerning food and nutrition support from NGO, there was significant association between food and nutrition support from NGO and Wasting. The odds of wasting among OVC who have no food and nutritional support from NGO were 6.251times at increased risk to be wasted when compared to OVC who do have food and nutritional support.(AOR.6.251; 95% Cl.1.427, 9.778). This could be due to the reason that food and nutrition support along with other support from the supportive organization make Orphan and Vulnerable Children will have the access for food and nutrition which enable them to have adequate intake and prevent from being wasted.

### c) Underweight

The prevalence of Underweight in OVC was 8.9 % (95% C.I 6.4 - 12.3) in this survey. The magnitude of Underweight was found to be consistent with the regional prevalence of DireDawa, Harari and Somalia and significantly varied from other region and might be due similarities in the nature of study setting and involvement of special segments of the study subject

respectively (8). The prevalence of Underweight in the current study is lower than a study done among orphans and vulnerable children in Zambia prevailed (19%) (36). this could be due to the difference in the study subject. Where use study was from a town, receiving care and support form NGO and this might contributed to lower underweight compared to national and regional figure by EDHS 2011. . Regarding associated factors of malnutrition, analysis of this study indicated that family size in households and duration of breastfeeding were identified as determinant factors for Underweight. There was also a significant association between family size households and Underweight. The odds of underweight among OVC from >= 5 family size were 2.778 times at an increased risk than those who family size < 5(AOR 2.778; 95% CI 1.148, 6.721). This could be due to the reason that Orphans and Vulnerable Children could not be able to get adequate and balanced food required for their growth and development as the number of family size increase. Thus, larger family sizes have adverse effect on the nutritional status of a child. Moreover when economically inactive members in a household increases relative to the number of economically active members of a household, the limited available food resources will be depleted without satisfying the required nutrition (47).

As to duration of breast feeding, there was significant association between duration of breast feeding and Underweight. the odds of underweight among OVC who were breast feed for 6-12 month were 3.257 times at an increased risk when compared to OVC who were breast feed for > = 12 month (AOR 3.257; 95% CI 1.344,7.891). Currently recommended and preferred infant feeding option in the context of HIV by WHO as well as national ministries of health of most developing countries is; during the first six months of life exclusive breastfeeding; then after appropriate complementary foods should be introduced at six months of age with continued breastfeeding until nutritionally adequate diet without breast milk can be provided. Early cessation and abrupt weaning of breastfeeding should be avoided (48). In line with this facts, in this study the longer the OVC on breast feeding, the decreased risk to be underweight.

### VII. STRENGTH

- ✓ using standardized, validated tools
- ✓ community based study

### VIII. LIMITATION

- ✓ Cross sectional nature of the study
- ✓ Not triangulated with qualitative study

### IX. Conclusion

This study revealed that, 1. Prevalence of malnutrition was high and it was the top list among the

health problems in orphans and vulnerable children who were in care and support from nongovernmental organization in Hawassa town, Ethiopia. 2. Parental status, marital status, educational status, and first food the child received was significantly associated with stunting. 3. Identified cough prior to 2 weeks of this survey, HH food security and food and nutritional support from NGO Households were associated with wasting. 4. Having more (>=5) Family size in the household and duration of breast feeding Orphan of Vulnerable children were associated with underweight among orphans and vulnerable preschool children in this study.

### X. Recommendation

- Community based nutrition program targeting Orphan and Vulnerable Children should be established to tackle the problem of malnutrition at community level depending on the severity of malnutrition identified
- 2. Nutrition education by supportive organization in coordination with health extension workers should be strengthening to improving the child feeding practice of parents on appropriate infant and young children feeding.
- 3. Nutritional Intervention by supportive organization to improve the food security and care of orphaned and vulnerable children in the community
- 4. Integrating Food and nutrition support by supportive organization is mandatory to improve the nutritional status of orphans and vulnerable children
- 5. Continued attention should mandatory to duration of breast feeding practices mothers/caretakers to avoid malnutrition among orphans and vulnerable by supportive organization.

- Woreda health office should be collaborated with BOWA and supportive organization to improve access health facilities having special attention to Orphan and Vulnerable Children.
- 7. Further comparative study should be done to see OVC from other segments of population in the study setting that were not included in the present study

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### XII. ACRONYMS/ABBREVIATIONS

AIDS Acquired immune Deficiency Syndrome

**CSA Central Statistics Agency** 

DHS Demographic and Health Survey

EDHS Ethiopia Demographic and Health Survey

ENA Emergency Nutritional Assessment

ETB Ethiopian Birr

FANTA Food and Nutrition Technical Assistance

FAO Food and Agricultural Organization

MDG Millennium Development Goal

MPH Master of Public Health

MSF Medicines Sans Frontiers

MUAC Mid Upper Arm Circumference

NGO Non Governmental organization

NNP National Nutritional Programme

OR Odds Ratio

OVC Orphan and vulnerable children

SMART Standardized Measuring Assessment for Relief and Transition

SNNPR Southern Nation Nationality People Regional State

UNICEF United nation children Fund

WHO World Health Organization

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Annex I: Information sheet

Hello my Name is ----- I am a data collector for public health nutrition master"s student project at Mekelle University .The objective of this study is to assess the nutritional status and associated factors among orphans and vulnerable preschool children on care and support from nongovernmental organization in Hawassa town. The information collected from you will be useful for the health care provider, Bureau of women"s affairs, the Regional Health Bureau and other concerned bodies to improve the service given to OVC. An interview question will present to you and anthropometric measurement will be taken from your child. Your child has been selected randomly in this study and you and your child name will not be mentioned in the questionnaire and the information you have given will be kept in confidence. You can guit at any point of interview or you can skip questions. We would like to thank you in advance for participating in our study. For additional information you can contact the principal investigator with the following address: Name of principal investigator: Mr.Bisrat Getaneh Mobile. Cell phone: +251(0)911881252. Email:bisratlove@gmail.com.

### Annex I: Consent form

As to the information given ahead, I have been informed that the objective of this study is to assess the nutritional status and associated factors among orphans and vulnerable preschool children aged 6-59 months. I have understood that participation in this study is entirely voluntarily and study has no any risk. My name will not be written on this form and the information I give will never be shared to others. I may not answer any questions that I don't want to answer and I may end this interview at any time I want therefore I am giving my written consent to participate in this study in titled "Nutritional status and associated factors among Orphans and vulnerable preschool children aged 6-59 months on care and support from nongovernmental organization Hawassa town..

Please Check box ( ) to that show the respon	dent"s commitment to participate in this study
☐ 1. Agree	
☐ 2. Disagree (End the interview)	
Signature of Participant	Date

Annex III: Interviewer Administered Questionnaire in English

Data collection tools for Mekelle University, college of health sciences, department of public health MPH/PHN research project on Nutritional status and

associated factors among Orphans and vulnerable preschool children on care and support from nongovernmental organization Hawassa town. The following Questionnaire classified in to 5 parts as socio Demographic factors, Socio economic variables, Child health care, Environmental /sanitation factors, food

insecurity variables, Dietary intake and anthropome	etric	
measurements.		
CODE OF THE QUETIONNAIRE		
Name of the interviewer		
Signature		
Date of interview (dd/mm/yyyy)		
Result of interview:		
1- Completed	3-	Refused
2- Partially completed	4-	Respondent not available
Checked by supervisor;		
Name Signature	Date	э

Part I: Demography and socioeconomic characteristics

Code	Questions	Coding categories	Sk ip to
Q. 101	Address of the child	sub -city	
		Kebele	
Q. 102	Age of the child in Month	month	
Q. 103	Sex of the child	☐ 1. Male ☐ 2. Female	
Q. 104	Number of children in under Five in HH		
Q. 105	How many members are present in the HH now		
Q. 106	Religion of parents/caretaker	<ul> <li>□ 1. Orthodox</li> <li>□ 2. Muslim</li> <li>□ 3. Catholic</li> <li>□ 4. Protestant</li> <li>□ 5. Other, Specify</li> </ul>	
Q. 107	Ethnicity of the mother/caretakers	<ul> <li>□ 1. Sidama</li> <li>□ 2. Wolayita</li> <li>□ 3. Gurage</li> <li>□ 4. Amhara</li> <li>□ 5. Tigre</li> <li>□ 6. Other, Specify</li> </ul>	
Q. 108	Are the parents of the child alive	□ 1. Yes □ 0. No	If no, skip to Q. 110
Q. 109	If, yes, who is alive	<ul> <li>□ 1. Mother</li> <li>□ 2. Father</li> <li>□ 3. Both</li> <li>□ 4. Not Known</li> </ul>	

Q.110	The respondent ,s relation with the child	<ul> <li>□ 1. Parents</li> <li>□ 2. Brother</li> <li>□ 3. Sister</li> <li>□ 4.Grand parents</li> <li>□ 5.other relative</li> <li>□ 6.neighbour hood</li> </ul>	
Q.111	Age of the care tak ers/ Guardian	years	
Q.112	Sex of the care taker / Guardian	☐ 1.male ☐ 2.female	
Q.113	Educational status of care taker	<ul> <li>□ 1. No formal education</li> <li>□ 2. Read &amp; write</li> <li>□ 3. Grade 1 -8</li> <li>□ 4. Grade 9 -10</li> <li>□ 5. Grade 10+2 &amp; above</li> </ul>	
Q.114	Oc cupation of the care taker/Guardian	<ul> <li>□ 1. House wife</li> <li>□ 2. Private employee</li> <li>□ 3. Government employee</li> <li>□ 4. Daily laborer</li> <li>□ 5. Merchant</li> <li>□ 6. Other, Specify</li> </ul>	
Q.115	Marital status of the care taker/Guardian	<ul> <li>□ 1. Single</li> <li>□ 2. Married</li> <li>□ 3. Divorced</li> <li>□ 4. Widowed</li> <li>□ 5. Separated</li> </ul>	If not married, skip to Q.117
Q.116	Occupation of the husband /wife	<ul> <li>□ 1. Private employee</li> <li>□ 2. Government employee</li> <li>□ 3. Daily laborer</li> <li>□ 4. Merchant</li> <li>□ 5. Other, Specify</li> </ul>	
Q.117	Who is the head of the family?	<ul> <li>□ 1. car etakers</li> <li>□ 2. Husband /wife of care takers</li> <li>□ 3.other ,Specify</li> </ul>	
Q.118	What is your family total monthly income?	Eth. Birr	

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### Part II: Sanitation and Hygiene related question

Q.119	Where is your Source of water?	□ 1. Pipe	
		☐ 2. publ ic stand	
		☐ 3. protected spring /well	
		☐ 4. Other, Specify	
Q.120	How much water used per day?	L/day	
Q.121	What Method used for water storage ?	□ 1.Pot	
		□ 2. Jeri Can	
		☐ 3. Bucket	
		☐ 4. Other, Specify	
Q.122	Do you was h your hands with soap and water	r 🛘 1.Yes	
	Whenever you feed your child?	□ 0. No	
Q.123	Do you have latrine?	□ 1. Yes	If no skip
		□ 0. No	1
		_ 0.1.0	to Q.125
Q.124	What type of latrine available	□ 1.pit latrine	
		☐ 2.Ventilated Improved latrine	
		☐ 3.Water carriage type	
		☐ 4.Other	
Q.125	Where do You dispose domestic waste	□ 1.Pit	
		□ 2.Open	
		☐ 3.MunicipalityService	
		☐ 4.Other, Specify	
Q.126	Do you have separated kitchen	□ 1. Yes	
		□ 0. No	
	1	I	
	Part III: Dieta	ary intake	
Q. 201	Did the child Brest feed	□ 1.Yes	If not
		□ 2.No	yes, skip
		☐ 3.Don <sup>ee</sup> t know	
			to Q.206
Q.202	When did mother/caretakers first put the	☐ 1.With in first hour of delivery	
shild an husastfooding?		☐ 2. Within the firs t 8 hour of delivery	

□ 3.After 2 -3 days ☐ 4. Don't Know

	I	
Q.203	Did the child exclusively breas tfeed?	□ 1. Yes
		□ 2. No
		☐ 3. Don"t know
Q.204	For how long the childe Breastfeed?	month
Q.205	At what age did you start to give food in	☐ 1.Immediately after birth
	Additio n to your breast milk?	☐ 2.Within 1 to 6 months
		☐ 3.Within 6 to 12 months
		☐ 4.Twelve month later
Q.206	What is the first food mother/caretakers used	□ 1. Milk
	to feed the child?	☐ 2. Adult food
		☐ 3. Pourage
		☐ 4.Other specif y
Q.207	What do Mother/caretakers used to feed the	□ 1. Hand
	child?	☐ 2. Cup and spoon
		□ 3. Bottle
		☐ 4. Don"t know
Q.208	Did the child eat any flat bread, biscuits, or	□ 1. Yes
	any other foods made from cereal (maize,	□ 0. No
	sorghum, millet, wh eat, barely or teffe)	
	yesterday?	
Q.209	Did the child eat any pumpkin, carrots,	□ 1. Yes
	y/orange flesh sweet potatoes irish potato,	□ 0. No
	white sweet potato, onion, white yam,	
	cassava, enset and other foods made from	
Q.210	roots yesterday?  Did the ch ild eat any dark green leafy	D 1 V
Q.210	vegetables (kale, Swiss chard, cabbage)	□ 1. Yes □ 0. No
	and other vegetables (tomato, onion)	0.10
	yesterday?	
Q.211	Did the child eat any fruits like ripe	□ 1. Yes
	mango, papaya, banana, avocado and	□ 0. No
	lemon and orange) and other fr uits yesterday?	
O 212	<u>, , , , , , , , , , , , , , , , , , , </u>	
Q.212	Did the child eat any flesh meat (beef, lamb, goat, chicken) and any organ meat	□ 1. Yes
	(liver, kidney, heart) yesterday?	□ 0. No
Q.213	Did the child eat any eggs yesterday?	□ 1. Yes
		□ 0. No
Q.214	Did the child eat any fresh or dried fish	□ 1. Yes
<11	yesterday?	□ 0. No
		U U.INU

Q.215	Did the child eat any food made from		. Yes	
	beans like kidney beans, haricot beans,		. No	
	field peas, cow peas, chick peas, nuts, lentils or others yesterday?			
Q.216	Did the chi ld drink milk and milk products	□ 1	. Yes	
	yesterday? (milk, cheese, yogurt or other		. No	
0.015	milk products)			
Q.217	Did the child eat any food with oil, fat or		. Yes	
	butter yesterday?		. No	
Q.218	Did the child eat any suga r or honey,	<b>□</b> 1	. Yes	
	sweet/soft dr ink yesterday?		. No	
Q.219	Did the child eat any spices (black pepper,		V	
Q.219	salt), condiments (soy sauce, hot sauce),		. Yes	
	and coffee, tea yesterday ?		. No	
	Part IV: Morbidity	variable	9S	
0.201	,		T	-
Q.301	Has mother ever attended ANC during her preg this child?	nancy of		
			□ 0.No	
Q.302	Where did mother give birth to the child?		□ 1. Home	
			☐ 2. Health facility	
			☐ 3.Other ,Specify	
Q.303	Who attended the delivery ?		□ 1. TBA	
			☐ 2. Health personnel	
0.204			☐ 3.Other,Specify	_
Q.304	Did the c hild receive vaccination?		□ 1. Yes	
			□ 2. No	
0.205			☐ 3. Don't know	10 1:
Q.305	Do you have vaccination card		□ 1. Yes	If no skip to Q.307
			□ 0. No	10 Q.507
Q.306	What is the vaccination status?		□ 1.BCG	
			☐ 2. Polio	
			☐ 3.Me sales	
			☐ 4 Other, Specify	
Q.307	11	ntation?	□ 1. Yes	
	(in the last 6 months)		□ 0. No	
Q.308	Had the child suffer from infections like measles?		□ 1. Yes	
			□ 0. No	
Q.309	Fever for the past 2 weeks ?		□ 1. Yes	
			□ 0. No	
Q.310	Cough for the past 2 weeks ?		□ 1. Yes	

1. Yes □ 0. No

Q.311	Diarrhea for the past 2 weeks?	□ 1. Yes
		□ 0. No
Q.312	Bilat eral pitting oedema on clinical examination	□ 1.0
		□ 2.+
		□ 3.++
		□ 4.+++

### Part IV: Food insecurity and malnutrition

Q.401	Did you worry that your household would not have enough		1. Yes	If no, skip
	food?		0. No	to Q.40 3
Q.402	If yes, how frequent?		1.rarely	
			2.sometimes	
			3.often	
Q.403	Were you or any household member not able to eat the kinds of		1. Yes	If no, skip
	food you preferred because of lack of resources ?		0. No	to Q.40 5
Q.404	If yes, how frequent?		1.rarely	
			2.sometimes	
			3.often	
Q.405	Did you or any household member eat just a few kinds of food		1. Yes	If no, skip
	day after day due to lack of resources ?		0. No	to Q.40 7
Q.4 06	If yes, how frequent?		1.rarely	
			2.sometimes	
			3.often	
Q.407	Did you or any household member eat food that you preferred		1. Yes	If no, skip
	not to eat because of lack of resources to obtain other types of food?		0. No	to Q.40 9
Q.408	If yes , how frequent?		1.rarely	
			2.sometimes	
			3.often	
Q.409	Did you or any household member eat a smaller meal than you		1. Yes	If no, skip
	felt you needed because there was not enough food?		0. No	to Q.4 11
Q.410	If yes, how frequent?		1.rarely	
			2.sometimes	
			3.often	
Q.411	Did you or any household member eat fewer meals in a day		1. Yes	If no, skip
	because there was not enough food?		0. No	to Q.41 3
Q.412	If yes, how frequent?		1.rarely	
			2.sometimes	
		<u> </u>		

Q.413	Was there ever no food at all in your household because there were not enough resources to get more ?	1. Yes 0. No	If no, skip to Q.41 5
Q.414	If yes, how frequent?	1.rarely 2.sometimes 3.often	
Q.415	Did you or any household member go to sleep at night hungry because there was not enough food ?	1. Yes 0. No	If no, skip to Q.41 7
Q.416	If yes, how frequent?	<ul><li>1.rarely</li><li>2.sometimes</li><li>3.often</li></ul>	
Q.417	Did you or any household member go a whole day without eating anything because there was not enough food?	1. Yes 0. No	If no, skip to Q.501
Q.418	If yes, how frequent?	1.rarely 2.sometimes 3.often	

## Part V: OVC Care and support

Q.501	What type of Support Provided by NGO?	1.Food and Nutrition
	(more than one answer is possible)	2.Health Care
		3.Economic Strengthening
		4.Education
		5.Psychosocial Support
		6.Legal Protection
		7.Shelter and Care
Q.502	If Food and Nutrition, what services	☐ 1.Nutritional assessment and supplementary
	provided?	feeding
	1	☐ 2.links to other health and nutrition
		interventions
		$\square$ 3.training on nutrition, diet, and food
		preparation for care takers
Q.503	If Health Care, what services provided?	☐ 1.free access to health services for OVC and
		guardians
		☐ 2.Regular home visits to assess health status
		of the child
		$\square$ 3.training to caregivers on the importance of
		immunization, malaria prevention, hygiene and
		sanitation, optimal nutrition

Q.504	If Economic Strengthening, what services	☐ 1.vocational training for caregivers
	provided?	☐ 2.income-generating activities involving
		small business
		☐ 3.access to credit
Q.505	If Education ,what services provided	□1.Direct assistance to subsidize school costs
		□2.Identifying and promoting educational
		opportunities
		$\square$ 3. Training caregivers to OVC who are not
		enrollment in school
Q.506	If Psychosocial Support, what services	☐ 1. providing regular training to care givers
	provided?	on psychosocial support for OVC
		☐ 2.develope psychosocial support groups to
		provide support to OVC and caregivers
		☐ 3.parenting and communication skills for
0.505		caregivers, support during illness
Q.507	If Legal Protection, what services	$\square$ 1. protect children about the legal rights of
	provided?	children
		☐ 2.link OVC and caretakers to legal services
		and child protection bodies when required
Q.508	If Shelter and Care, what services	☐ 1.Supporting families with home visits
	provided?	☐ 2.Regularly assess and identify the shelter
	-	and care needs of OVC
		☐ 3.Improve shelter and care for OVC in the
		community
Q.509	For how long supported by the NGO?	month
Q.510	Please, express your View as to the	□ 1.Adequate
	adaguacy of support?	☐ 2.Not adequate
	adequacy of support?	☐ 3.No answer
	<u> </u>	
	Part VI: Anthropomet	ric Measurements
Q.601	Age the child	(month)

Q.601	Age the child	(month)
Q.602	Weight of the child (if no bilateral pitting edema)	(kg)
Q.603	Height of the Child	(cm)
Q.604	MUAC of the child (Ht>65cm)	(mm)

### Annex IV: Information sheet in Amharic version

### የመረጃ ቅጽ

### የመተጣመኛ ቅጽ

እኔ ከለይ በተሰጠኝ መርጃ መሰርት ፣ የጥናቱ ዋና ዓላማም ወላጅ ያጡና ተጋላጭ የሆኑ ሕጻናትን የሥነ-ምግብ ሁኔታ ይተመልከተ ጥናት መሆኑ የተገለጸልገኝና የምናደርግው ተሳትፎ በፌቃደኝነት ላይ የተመሰረተ መሆኑን ፣ያልተስማማኝ ጥያቄ ሲኖር አለመመለከ፣ በማንኛውም ሰዓት ቃለ መጠይቁን የማቋረጥ መብቴ የተጠበቀ መሆኑ፡፡ የምስጠው መረጃ በሙሉ በሚስጥር ከለሚያዝ ለማንም ሰው ሊያገኘው አነንደማይችል በ መርዳት ለ ወላጅ ያጡና ተጋላጭ የሆኑ ሕጻናትን የሥነ-ምግብ ሁኔታ ለሚመልከተው ጥናት እኔ የጥናቱ ተሳታፊ ለሙሆን የመተማመኛ ፈርማ ከዚህ በታች አኑሪያለሁ ፡፡

ይህን	ምልክት 🕜 በሳዋን	ውስት	በማሰይት	ይዋናት ተሳታፊው	ልቃደኝነታቸውን	ያመልክቱ።
<b>□</b> 1.	እስማማለ <del></del> ሁ					

□ 2. አልተስማማሁም (አመስግነህ/ሽ መጠይቁን አቋርጥ/ጪ)

ቃለ መጠይቅ ተድራጊው ፌርማ \_\_\_\_\_\_ቀን\_\_\_\_\_

# የሥነ-አመጋገብ ሁኔታ ለማዋናት የተዘጋጀ ቃለ መጠይቅ በአማርኛ

በመቐለ ዩኒቨርሲቲ በማህበረሰብ ጤና የስነ ምግብ የድህረ-ምረቃ ክፍል ስር የመመረቂያ ጽሐፉን ሲሆን ይሄ ጥናት ሊሰራ የታቀደው በሀዋሳ ከተማ ነው የጥናቱ ዋና ዓላማም ወላጅ ያጡና ተጋላጭ የሆኑ ሕጻናትን የሥነ-ምግብ ሁኔታ ይተመልከተ ጥናት ሲሆን፤ ከዚህ በታች ይሚገኙ መጠይቆች በ 6 ክፍል የተከፋፍሉ ናቸው፣ እንዚህም የማህበራዊና የሥነ-ምጣኔ ፤ የአካባቢና የግል ንጽህናን በተመለከተ፣ የአመጋገብ ሁኔታን ሚመለከት ጤና ነክ፣ የቤተሰብዎ የምግብ ዋስትና የሚፌትሹ መጠይቆችና የአንትሮ ፖሞትሪክ ልኬትናችው።

መለያ.ቁ		
የቃለ መጠይቅ አድራጊው ስ	Jo	
&.C <sup>.0</sup> 9		
ቀን		
የቃለ መጠይቅ ውጤት:		
1- የተጠናቀቀ	3- ያልተስ	<i>ማ</i> ሙ
2- በክፊል የተጠናቀቀ	4- በቃለ	<i>ው</i> ጠይቅወቅት <i>ያ</i> ልተገኙ
የተቆጣጣሪው ስም	<i>ል.</i> ርማ	ቀን

	ክፍል l: ማህበራዊና የሥነ-ምጣኔ መጠይቆች					
ተ.ቁ	ጥያቄ	መልስ	ይለፍ			
Q.101	የህፃኑ/ኗ አድራሻ?	ክ/h				
		ቀበሌ				
Q.102	የህፃኑ/ኗ እድሜ (በወራት) ?					
Q.103	የህፃኑ/ኗ ጸታ?	□ 1. ወንድ				
		🗆 2. ሴት				
Q.104	በቤት ውስጥ ከአምስት አመት በታች <i>ያ</i> ሉ ህጻናት ስንት ናቸው?					
Q.105	በቤት ውስጥ ስንት ሰው ይኖራል?					
Q.106	የህፃኑ/ኗ ሃይማኖት?	🛘 1.ኦርቶዶክስ				
		□ 2. <b>ሙስሊ</b> ም				
		□ 3.ካቶሊክ				
		🛘 4.ፕሮቴስታንት				
		🗆 5.ሌላ ካለይጥቀሱ				

Q.107	የህፃኑ/ኗ ብሔር?	□ 1. ሲዳማ	
		□ 2. ወላይታ	
		□ 3. <b>ጒራጌ</b>	
		□ 4. አማራ	
		□ 5. ትግሬ	
		🗆 6. ሌላ ካለይጥቀሱ	
Q.108	የህፃኑ/ኗ ወላጆች በሕይወት አሉ?	□ 1. አ <i>ዎ</i>	የለም
		□ 2.የለም	ከሆነ ወደ
			<b>ጥ</b> ያቄ
			ቁጥር110
Q.109	አ <i>ዎ</i> ካለ ማን?	□ 1.እናት ብቻ	
		🗆 2.አባት ብቻ	
		🗆 3.ሁለቱም በሕይወት አለ	
		□ 4.አይታወቅም	
Q.110	ቃለ መጠየቅ የሚደረግለት ሰው ከህፃኑ/ኗ ጋር	□ 1. ወላጅ	
	ያለው ዝምድና?	🗆 2. ወንድም	
		🗆 3. አህት	
		□ 4. አያት	
		□ 5. ሌላ ዘ <i>ሙ</i> ድ	
		🗆 6.ሌላ ካለ ይጥቀሱ	
Q.111	የሞግዚቱ/ቷ እድሜ?	ዓመት	
Q.112	የሞግዚቱ/ቷ ጸታ?	□ 1.ወንድ	
		□ 2.ሴት	
Q.113	የሞግዚቱ/ቷ የትምህርት ደረጃ?		
Q.114	የሞግዚቱ/ቷ ስራ?	🗆 1. የቤት እመቤት	
		□ 2. የ <b>ግል</b> ተቀጣሪ	
		□ 3. የ <i>መንግ</i> ስት ሰራተኛ	
		□ 4. የቀን ሰራተኛ	
		□ 5.7,2%	
		□ 6. ሌላ ካለ ይተቀሱ	
0.115	የሞግዚቱ/ቷ የ <i>ጋ</i> ብቻ ሁኔታ?	□ 1.ያላንባ/ችክሆን <b>ጥ.</b> ቁ 117	ያላገባ/ዥ
2.113	CI THE TYPE CY HY U BY :	□ 2. <i>9</i> 19/ <del>1</del>	ስሆነ ጥ.ቁ
		□ 2.3 F/T □ 3. የተፋታ/ <del>Ť</del>	117
		□ 4. ባል/ሚስት የሞተባት	117
		□ 4. ሳል/- ሂብታ ነ ዓ ታሳታ □ 5.የተለ <i>ያየ/ት</i>	
		□ つれてはより/で	

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Q.116	የባል/የሚስት ስራ?	🗆 1.የግል ተቀጣሪ
		🛘 2. የ <i>መንግ</i> ስት ሰራተኛ
		🗆 3. የቀን ሰራተኛ
		□ 4. 1.25 <sub>6</sub>
		□ 5. ሌላ ካለ ይጠቀስ
Q.117	የቤተሰቡ ሃላፊ ማን ነው?	□ 1.ሞግዚቷ/ቱ
		□ 2.የሞግዚቷ/ቱ ባል/ሚስት
		🗆 3.ሌላ ካለ ይጠቀስ
Q.118	የቤተሰብ የገቢ መጠን በወር ስንት ይሆናል?	<u>_</u>

# ክፍል **∥ : የአካባቢና የ**ግል *ንጽህናን በተመ*ለከተ

Q.119	የመጠዋ ውሃ ከየት ታገኛላችሁ?	□ 1. ከቧንቧ	
		🗆 2. ከህዝብ ቧንቧ	
		□ 3. ከምንጭ	
		🗆 4. ሌላ ካለ ይጠቀስ	
Q.120	በቀን ምንያህል ውሃ ይሆናል?	ለ/በቀን	
Q.121	ውሃ የማስቀመጫ መንገድ?	🗆 1. እንስራ	
		🗆 2. ጀሪካን	
		🗆 3. ሳፋ	
		□ 4. ሌላ ካለ ይጠቀስ	
Q.122	የህፃኑ/ኗ ምግብ ከመስጠተሽ/ህ በፊት እጅሽን	□ 1.አዎ	
	በሳሙናና ውሃ ትታጠቢያለሽ/ህ?	□ 2.የለም	
Q.123	መፀዳጃ ቤት አላችሁ?	□ 1.አ <i>ዎ</i>	
		□ 2.የለም	
Q.124	አዎ ካሉ ምን አይነት?	□ 1. የግል ጉድጉዋድ	
		□ 2. <i>ጉ</i> ድጉዋድ	
		□ 3. በውሃ የሚሰራ	
		🗆 4. ሌላ ካለ ይጠቀስ	
Q.125	የቤት ቆሻሻ የት ታስውግዳላችሁ?	□ 1.ጉድጉዋድ	
		□ 2. <b>~%</b> %	
		□ 3.የመዘ <i>ጋ</i> ጃ አገልግሎት	
		🗆 4.ሌላ ካለ ይጠቀስ	
Q.126	ለብቻወ የተለየ የምግብ ማብስያ አላቸሁ?	□ 1.λ <i>P</i>	
		□ 0.የለም	

# ክፍል ॥ ፡ የአመ*ጋ*ገብ ሁኔታን በሚመለከት

Q.201	ህፃኑ/ኗ ጡት ጠብቷል/ታለች?	□ 1.አ <i>ዎ</i>
		□ 2.የለም
		□ 3.አላው∙ቅም
Q.202	ለመጅመርያ ጊዜ ህፃኑ/ኗ ጡት የጠባው/ትው	🛘 1. በአንድ ሰዓት ውስዋ
	ከተውለደ/ች በስንት ጊዜ ውስጥ ነበር?	🛘 2. በስምንት ሰዓት ውስዋ
		□ 3. 2-3 <b>4</b> 7
		□ 4. አላውቅም
Q.203	ህፃኑ/ኗ ለመጀመሪያ 6 ወር ጡት ብቻ	□ 1.አ <i>ዎ</i>
	ጠብቷል/ <b>ታለ</b> ች?	🗆 2.የለም
		□ 3.አላው∙ቅም
Q.204	ህፃኑ/ኗ ጡት ለምን ያህል ጊዜ ጠብቷል/ታለች?	Λως
Q.205	ተጨማሪ ምግብ ለህፃኑ/ኗ መመገብ የተጀመረው	🗆 1.ልክ አንዴተወለደ/ዥ
Q.203	መች ነበር?	□ 2.ከ 1አስክ 6 ወር ባለው ግዜ
	o- i ma:	□ 3.h 6 አስh12 ወር ባለው
		<b>ግ</b> ዜ
		□ 4.ħ 12 ወC በሃላ
		□ 5.አላውቅም
Q.206	ህፃኑ/ኗ ለመጀመርያ ጊዜ የተመገበው ምግብ ምን	□ 1.のナナ
	ነበር?	🛘 2.የአዋቂ ምግብ
		□ 3.በስሎ የተዘጋጀ ገንፎ
		□ 4.አላውቅም
Q.207	ህፃኑ/ኗ ለመመገብ የሚጠቀሙበት ምን ነበር?	□ 1.በእጅ
		□ 2.በሲኒና ማንኪያ
		□ 3.A <b>a</b> ·a
		🛘 4.ሌሳ ካለ ይጠቀስ
Q.208	, ,	
	ከስንዴ፣ ከኅብስ ወይም ከ <b>ጤ</b> ፍ የተ <i>ሥራ ምግ</i> ብ	□ 0.የለም
	በልቶል/ለች?	
Q.209	<i>ትናንትከአትክ</i> ልቶች፣ዶባ፣ክሮት፣ቢ <i>ጫ</i> ስኩዋርድንች፣ብ	□ 1.አ <i>ዎ</i>
	ርቱካናማ ድንች ፣ከድቡልቡል ድንች፣ ከስኳር	□ ዐ.የለም
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	ከሌሎች ስራስሮች የተሥራ ምግብ በልቶል/ለች?	
Q.210	ትናንት ከአረንጓዴ አትክልቶች የተሥራ ለምሳሌ	□ 1.አ <i>ዎ</i>
	ጎመን፣ ቆስጣና ጥቅልል ጎመን ቲማቲም፣ሽንኩርት	□ 0. <b>የ</b> ለ <b>ም</b>
	የተሥራ ምግብ በልቶል/ለች?	
Q.211	ትናንት ከፍራፍሬ ለምሳሌ ማንት፣ ፓፓያ፣ ሙዝ፣	□ 1.አዎ
	ዘይቶን፣አቮከዶ፣ ሎሚ፣ ብርቱከን በልቶል/ለች?	□ 0.የስም

Q.212	ትናንት ከስጋ ዉጤቶት ለምሳሌ የበሬ ስጋ፣ የበማ	ና   □ 1.አዎ	
	ይፍየል ስ <i>ጋ፣</i> የዶሮ ስ <i>ጋ</i> እና ከሆድ ዉስጥ ስ;	0.የለም	
	ምሳሌ <i>ጉ</i> በት፣ ኩላልት፣ ልብ በልቶል/ለች?		
Q.213	ትናንት ዕንቁሳል በልቶል/ለች?	□ 1.አ <i>ዎ</i>	
		□ 0.የለም	
Q.214	ትናንት ጥሬ ወይም የበሰለ ዓሣ በልቶል/ለች?	□ 1.አ <i>ዎ</i>	
		□ 0.የለም	
Q.215	ትናንት ቦሎቄ፣ ከባቄሳ፣ ከአተር፣ ከአኩሪ አተር	፣ □ 1.አ <i>ዎ</i>	
	ከሽምብራ እና ከመሳሰሉት በልቶል/ለች?	□ 0.የለም	
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	አይብ፣አርን በልቶል/ለች?	□ 0.የለም	
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	<i>ነገሮችን</i> በልቶል/ለች?	□ 0. <b>የ</b> ስ <b>ም</b>	
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	ሽንኮራ አንጻ፣ ለስላሳ መጠጦችን ወስዶል/ለች?	□ 0.የለም	
Q.219	ትናንት ቅመጣ-ቅመም፣ ቡና፣ ሻይ፣ ወስዶል/ለች?	□ 1.አ <i>ዎ</i>	
		□ 0.የለም	
	ክፍል III: <i>ጤና ነክ ጥያ</i>	ያ ያ	
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		□ 0.የለም	
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		🗆 2.በጤና ተቐም	
		🗆 3.ሌሳ ካለ ይጠቀስ	
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		□ 2.የጤናባለሙያ	
		🗆 3.ሌላ ካለ ይጠቀስ	
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		□ 0.የለም──→	
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		□ 0.የለም	
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		□ 2.ፖሊዮ	
		□ 3.ሚዚልስ	
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	ውራት ወስዶል?	□ 0.የለም	
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		□ 0.የለም	

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	ትኩሳትንበረው/ራት? □ 0.	የለም
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	፣አብዛኛው ግዜ (በወር ከ10 ግዜበላይ)	🗆 3.አብዛኛው ጊዜ
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	ወይም 2 <b>ግዜ)፣ የተወሰ</b> ን ግዜ (በወር	ከ 3 እስከ 10 ግዜ)	🗆 2.የተወሰን ጊዜ		
	፣አብዛኛው ግዜ (በወር ከ10 ግዜ በሳይ	.)	🗆 3.አብዛኛው ጊዜ		
Q.417	ባለፉ 30 ቀናት በቂ ምግብ ባለ <i>መ</i> ኖ	ሩ  እርስዎና የቤተሰበዎ	□ 1. <b>አ</b> ዎ	ጥ.ቁ	
	አባል <i>ሙ</i> ሉ <i>ቀን ምግብ ያ</i> ልበለብት <i>ገ</i>	ዜ ነበር?	□ 0. <b>የ</b> ስም <b>──→</b>	501	
Q.418	<i>መ</i> ልሶ አ <i>ዎ</i> ከሆነ ፣ዎንያሀል ግዜ? አ	ልፎአልፎ፤(በወር1ወይም	🗆 1.አልፎ አልፎ		
	2ግዜ)፣ የተወሰን ግዜ (በወር ከ 3 እስ	ስከ 10 <i>ግ</i> ዜ) ፣አብዛኛው	🗆 2.የተወሰን ጊዜ		
	ግዜ (በወር ከ10 ግዜ በሳይ)		🗆 3.አብዛኛው ጊዜ		
	ክፍልIV: እንክብ <sup>ነ</sup>	ካቤና ድ <i>ጋ</i> ፍን የተመለከተ	t•		
Q.501	ከእርዳታ ድርጅቶች የተደረገልዎት	□ 1.የምግብ			
	ድ <i>ጋ</i> ፍ <i>ምን ምን ነበር?</i>	🗆 2.የሕክምና			
		🗆 3.የኅንዘብና የኅቢ ማስ	ነባኛ		
		🛘 4የትምህርት ቁሳቁስ			
		□ 5 የምክር አገልግሎት	•		
	🗆 6. የህግ ክለላ		• -		
	🗆 7.የመጠልያና እንክብ				
Q.502	የምንብ የሚያገኑ ከሆነ፡በምን 🛮 1 የምንብ እጥረት		በመዳሰስ የአልሚ ያ	<sup>ኮ</sup> ማብ	
	መንገድ ድኃፉን ያግኙ ነበር? አርዳታ በ ማድርግ		a antili am al		
	□2.በሕክምናምባብ ድ,				
	□3.ለ አሳዳጊወቸ የስን		19941 A.Y.Y.HS ANTI	<b>የ</b> ደጥ	
0.502	ስልጣና መስጠት				
Q.503	የሕክምናድ <i>ጋ</i> ፍየሚያባኑ ከሆነ፣በምን □1.ነፃ የሕክምና አገልግሎት በመስጠት መንገድ ድ <i>ጋፋን ያግኙ</i> ነበር? □2.ቤት ለቤት በ መሄድ የህፃኑ/ኗ		90A.		
			ገ <i>ህተ</i> (አመር ነው		
		ጋ.ለለጥ ኒው ነለ <i>ከተ</i> ንጽና ስልሐና በ <i>መ</i> ስሐት		11 761	
O 504	የገንዘብና የገቢ ማስገኛ ድ <i>ጋ</i> ፍ	783 በልጠና በመጠጠተ ፡ 🗖 1.አጫምር ስልጠና በ መስጠት			
Q.50 I	የሚያገኑ ከሆነ፡በምን <i>መንገ</i> ድ 🗆 2.የገቢ ማስገኛ ስራወችን			በድሮ	
	1	በማመቻቸት			
Q.505	የትምህርት ቁሳቁስ ድ <i>ጋ</i> ፍ የሚያገኑ	r □ 1.በቀጥታ የትምህርት ውጭን በመቻል			
	ከሆነ፣በምን <i>መንገድ ድጋፋን ያግኙ</i> 🗆 2.የትምህርት እድል		በመፍልግና በማመቻቸት		
	ነበር? 🔲 3.ለአሳዳጊው ህፃኑ/		ኗ በትምህርት ገበታ	ጲለ	
	እንዲገኙ ስልጠና በ <i>መ</i>		ስሐት		

Q.506	የምክር አገልግሎት የሚያገኑ □	1.በቀሚንት ስነልቦናዊና ማህበራዊ ድ <i>ጋ</i> ፍ	
	ከሆነ፣በምን <i>መንገ</i> ድ ድ <i>ጋ</i> ፉን <i>ደግኙ</i> ስ	ልጠና በ <i>መ</i> ስጠት	
	<i>50C</i> ? □	2.ድ <i>ጋ</i> ፍ ስ <i>ጭ አካላትን በማቀቀም ለህፃኑ/ኗ</i> እና	
	n	አሳዳጊወቸ .የምክር አገልግሎት በመስጠት	
		3ቤተሰባዊ <i>ግንኙ</i> ነተ <i>እንዲኖር በጣድርግ</i>	
Q.507	የህግ ክለላ ድ <i>ጋ</i> ፍ የሚያገት 🗆	1.የህፃኑ/ኗ ህ,ንዊ መብት በመጠበቅ	
	ከሆነ፣በም <i>ን መንገ</i> ድ ድ <i>ጋፋን - ያግኙ</i> 🗆	2ለ ህፃኑ/ኗ እና ለአሳዳጊው የህግ ክለሳ	
	<i>ነበር</i> ? አኅ	<b>ግልግሎት አደረጊ አካሳት በ</b> ማገናኘት	
	አ	<b>ገል</b> ግሎት በ <i>መ</i> ስጠት	
Q.508	የመጠልያና እንክብካቤ ድጋፍ 🗆	1.ቤት ለቤት በ <i>መሄ</i> ድ የቤተሰብ ድ <i>ጋ</i> ፍ	
	የሚያገኑ ከሆነ፣በምን መንገድ 🗆	2.በቀሚነትየመጠልያ እንክብካቤ ፍላጎትን	
	ድ <i>ንፋን ያግኙ</i> ነበር?	ማየት	
		🗆 3.በህብርተስቡውስዋ የ <i>መ</i> ጠል <i>ያ እንከብካ</i> በ	
	0	<b>በ</b> ማሻሻል	
Q.509	ለምን ያህል ጊዜ ድ <i>ጋ</i> ፍ _ ተደረገሎት?	Λως	
Q.510	በእርሶ አስተያየት የሚደረግሎት [	🗆 1. በቂ ነው	
	ድ <i>ጋ</i> ፍ እንዴት ያዩታል? □ 2. በቂ አይደለም		
		3. <i>መ</i> ልስ የለም	
	አንትሮ	ፖሞትሪክ ልኬት	
Q.601	የህፃኑ/ኗ አሁን የደረሰችበት/በት እድሳ	<u></u>	
		ПФС	
Q.602	የሆለትዮሽ ወደ ውስጥ የሚሰረጎድ	<b>የግር አብ</b> ጠፕ 🗆 1. 0	
	ሆኔታ በምርመራ?	□ 2. +	
		□ 3. ++	
		□ 4. +++	
Q.603	የህፃኑ/ኗ አሁን ያለው/ሳት ቁመት		
		(ሴ.ሜ)	
Q.604	የህፃኑ/ኗ አሁን ያለው/ሳት ክብደት		
		(ኪ.ማ)	
Q.605	የሀፃኑ/ኗ አሁን ያለው/ሳት የክንድ ልነ	րժ·	
		(9, 9)	