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Keywords: *contrast enhanced CT; clear cell RCC (ccRCC); non clear cell RCC(Non-ccRCC).*

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Differences in Contrast-Enhanced CT Features between Clear Cell Renal Carcinoma and Non-Clear Cell Renal Carcinoma

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Abstract- Purpose: Different RCC has different behavioral characteristics and their management protocol also different. Our purpose was to differentiate clear cell renal carcinoma from Non clear cell renal carcinoma with the help of contrast enhanced CT imaging features, which might help the clinician to make early decision about the management of renal cell carcinoma.

Materials and methods: We retrospectively analyzed 64 patients (39 clear cell and 25 non clear cell) of renal cell carcinoma (RCC) from February, 2014 to February, 2016. We excluded 2 cases of angiomyolipoma and one case of oncocytoma because of their benign characteristics. So, total number of non- clear cell renal carcinoma was 22. Two radiologists retrospectively reviewed CT studies in an independent and blinded fashion. We compared Patient age and sex; tumor size; margin (clear or ill defined); location; presence or absence of hemorrhage, necrosis, calcification; degree of enhancement (hypodense, isodense or hyperdense) ; pattern of enhancement (homogenous or heterogeneous); tumor spreading pattern including presence or absence of thrombus (inferior vena cava and renal vein), lymphadenopathy, ascites. We performed statistical analysis with the help of SPSS 17.1 Software.

Results: In corticomedullary phase, most of Clear cell RCC 21 of 39 (53.8%) tended to show hyperdense enhancement, whereas, most of non- clear 21 of 22 (95%) showed hypodensity and only 1 of 22 (5%) showed isodensity. When, we compared homogeneity and heterogeneity in between two groups, we found non- clear RCC_s (86%) were more heterogeneous than clear cell RCC_s (53%) (P < 0.05). ccRCC 15 of 39 (38.5%) usually located in middle pole whereas most of non- clear cell RCC 15 of 22 (68.2%) did not show any specific polarity predilection (P < 0.05). 33 of 39 (84.6%) ccRCC involved medulla, whereas 20 of 22 (90.9%) non clear cell RCC showed mixed involvement of cortex, medulla and pelvis but no specific tendency to locate (P < 0.05). Calcification was more common in non-clear cell RCC (27.2%) than ccRCC (7.6%)

Conclusions: Contrast enhanced CT provides reliable information for differentiating clear cell RCC and non-clear cell RCC. Degree and pattern of enhancement is the most important parameter but presence or absence of calcification, necrosis and location also have supplementary values.

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Keywords: contrast enhanced CT; clear cell RCC (ccRCC); non clear cell RCC (Non-ccRCC).

I. INTRODUCTION

Renal cell carcinoma (RCC) accounts for more than 2% of cancers in humans worldwide [1,27]. It is the seventh most common malignancy in male and 12th most common malignancy in female [2, 28]. Many researchers have stated that renal cell carcinoma (RCC) is not a single disease but rather, a group of several disease entities [3,4,10]. In 2004 WHO classified RCC into different histopathologic types which is showed in table 1:

Table 1: 2004 World Health Organization Classification of RCC

Clear cell (conventional) RCC
Multi locular clear cell RCC
Papillary RCC
Chromophobe RCC
Carcinoma of collecting ducts of Bellini
Renal medullary carcinoma
X _p 11 translocation carcinoma
Carcinoma associated with neuroblastoma
Mucinous tubular spindle cell carcinoma
Unclassified RCC
Source-Reference 30

The classification of renal cell carcinoma into subtypes has become of interest because of the association with prognosis [10]. Different tumor behavior and aggressiveness related to histologic subtypes and some others well- established parameter according to Fuhrman grade (tumor size and stage) [6,7,27]. Clear cell carcinoma also known as conventional renal carcinoma is the most common subtype, accounting for 65% of RCC [8,9]. Papillary and chromophobe renal carcinoma comprise 25% of RCC [8,9]. Collecting duct is a rare subtype, accounting for less than 1% of all RCC [5]. Patients with papillary renal carcinoma or with chromophobe renal carcinoma have a higher 5- year survival rate than those with conventional renal carcinoma of the same stage [2,4,5]. However, collecting duct carcinoma have the worst prognosis, with a 5- year survival rate less than 5% [5]. CT imaging posing a diagnostic dilemma for the practicing physician because

it can provide detailed information about tumor itself and whether it has extended into perinephric fat or renal vein[10]. So it can play an important role in treatment planning.

II. MATERIALS AND METHODS

a) Patients

A computerized search of our institution's medical records dated between February, 2014 and February, 2016 generated a list of 64 patients who had undergone nephrectomy for renal cell carcinoma. Of these 64 patients, the diagnosis for 39 patients with a pathologic diagnosis of clear cell carcinoma and 25 patients with non-clear cell carcinoma (6 with papillary cell carcinoma, 3 with chromophobe cell carcinoma, 2 with pelvicalyceal urothelial carcinoma, 2 with pelvicalyceal urothelial papillary carcinoma, 2 with Wilms' tumor, 2 with sarcomatoid RCC, 1 with clear cell papillary carcinoma, 1 with clear cell sarcoma, 1 with malignant rhabdoid tumor, 1 with leiomyosarcoma, 1 with renal cell carcinoma associated with X11.2 dislocation TF3 fusions, 2 with angiomyolipoma and 1 with oncocytoma). 2 patients of angiomyolipoma and 1 patient of oncocytoma were excluded due to their benign characteristics. Therefore, 22 patients of non-clear cell carcinoma were included in our study. For the clear cell carcinoma (n=39; men 23, women 16; age range: 26-77 year; mean age: 54.59 +11.05 years). For non-clear cell carcinoma (n=22; men 16, women 6; age range: 0.3-74 year; mean age: 43.82 +/- 23.7 year)

b) CT examination

All patients underwent pre-operative plain CT and triphasic DCE-CT examinations using a dual-source CT scanner (Somatom Definition; Siemens, Germany) and with our standard renal mass protocol tailored to each scanner. CT images were obtained during patient breath holding with following parameters - gantry rotation time:0.33s ; tube potential:100kV_p; effective tube current:100mA ; pitch:1.2 ; collimation:32mm x 0.6mm ; beam collimation:64mm x 0.6mm; slice thickness:5mm and intersection gap:5mm. All patients received oral contrast materials 30 minutes before CT. Unenhanced images were acquired before the intravenous injection of contrast media. After administering contrast agent (Ultravist, 1.5 ml/kg) with a power injector at a flow rate of 3.0ml/sec, corticomedullary, nephrographic and excretory phase images were obtained at 25-45sec, 60-90sec, 240-300 sec respectively. All images were sent to our enterprise-wide picture archiving and communications system to be interpreted on workstations.

c) Image analysis

Two experienced genitourinary radiologists who were aware that patients were being evaluated for renal lesions, but they were blinded to any other clinical, pathologic or imaging findings. Before, image interpretation, the readers met and agreed on the CT

features to be used to characterize renal masses and a data collection form. They reviewed the CT scans at picture archiving and communications system. They compared patient age, sex; size and shape of tumor; margin whether well-defined or ill-defined; location; presence or absence of calcification, hemorrhage, necrosis or any cystic change; presence or absence of thrombus in renal vein or inferior vena cava, ascites and lymphadenopathy; pattern (homogeneous or heterogeneous) and degree of enhancement (hyperdense, hypodense or isodense). For comparison of location, they described it in three patterns: Location 1 (tumor located either right or left side); Location 2 [tumor involved upper, middle, lower pole or mixed (involvement of more than one pole)]; Location 3 [involved cortex, medulla, pelvis or mixed (involvement of more than one layer)].

d) Statistical analysis

Analysis were performed by using SPSS17.1 software. We used the Pearson χ^2 test to compare the distribution of features across the two groups. A P value less than 0.05 indicated a statistically significant difference.

III. RESULTS

Of 64 renal lesions included in this study, 39 were clear cell RCCs, 25 were non-clear cell RCCs. 3 of 25 non-clear cell renal carcinoma (2-angiomyolipoma and 1-oncocytoma) were excluded as their benign behavior. So, total number of non-clear cell carcinoma were 22. Patient presented for CT examination at the CT laboratory from February, 2014 to February, 2016. The CT images were analyzed retrospectively.

Baseline characteristics for each of the groups are presented in table 2:

Table 2: Characteristic ccRCC non-ccRCC

Characteristic	ccRCC	non-ccRCC
<u>Sex</u>		
male	23	16
female	16	06
Mean age(years)	54.59 +/- 11.05	43.82 +/-23.7
Mean size(cm)	5.08 +/-3.57	6.18 +/-2.89
Hemorrhage	03	02
Necrosis	24	18
Calcification	03	06
<u>Rim</u>		
clear	12	10
Unclear	27	12
<u>Shape</u>		
round	34	17
irregular	05	05
Homogeneous	18	03
Heterogeneous	21	19
Hyperdense	21	00
Hypodense	08	21
Isodense	10	01
<u>Location1</u>		
Right	21	13
Left	18	09
<u>Location-2</u>		
Upper	07	01
Middle	15	06
Lower	09	00
Mixed	08	15
<u>Location-3</u>		
Cortex	02	00
Medulla	33	00
Pelvis	00	02
Mixed	04	20
Metastases	04	03

There were no significant differences, when we compared age; sex; shape of tumor; presence or absence of (necrosis, hemorrhage) in between two groups.

But, when we analyzed the degree of enhancement (hyperdensity, isodensity, hypodensity) in arterial (corticomedullary) and venous (nephrographic) phases showed significant difference. In arterial phase, most of clear cell RCC (21 of 39, 53.8%) showed hyperdensity, whereas none of non-ccRCC (0 of 22,0%) showed hyperdensity. The P value was 0 (P<0.05). In venous phase, ccRCC showed more hyperdensity or isodensity (9 and 4 of 39, 23.1% and 10.3% respectively) than non-ccRCC (0 and 1 of 22, 0% and 4.5% respectively). Almost all of the non-clear cell RCC (21 of 22, 95.5%) showed hypodensity in both arterial and venous phases.



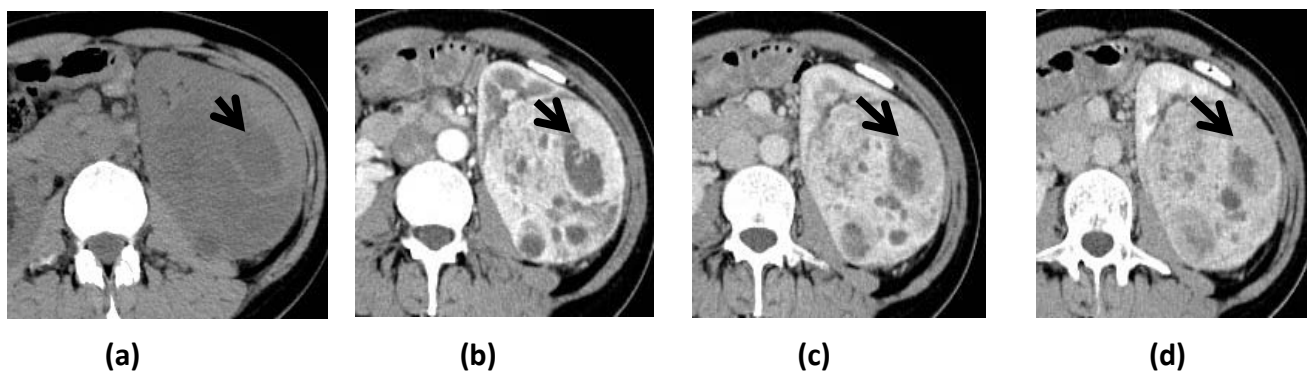


Figure 1: (a) Pre-contrast, (b) Corticomedullary, (c) Nephrographic, (d) Excretory phase-A case of clear cell renal carcinoma in a 49 years old female measuring 8 cm in diameter showing hyperdense, heterogeneous enhancement with internal necrosis (arrow).

However, we did not get any significant comparison of degree of enhancement in different phases in between ccRCC and non-ccRCC. Table 3: shows the difference in degree of enhancement in delayed phase (excretory phase).

Table 3: Comparison of degree of enhancement in between ccRCC and non-ccRCC

Types	Arterial Phase			Venous Phase		
	Iso	Hypo	Hyper	Iso	Hypo	Hyper
ccRCC (n =39)	10	8	21	4	26	9
Non-ccRCC(n=22)	1	21	0	1	21	0
P value	P =0			P =0.028		

ccRCC = Clear cell renal carcinoma , non-ccRCC = Non clear cell renal carcinoma .
 Iso= Isodense
 Hypo= Hyperdense
 Hyper = Hyperdense

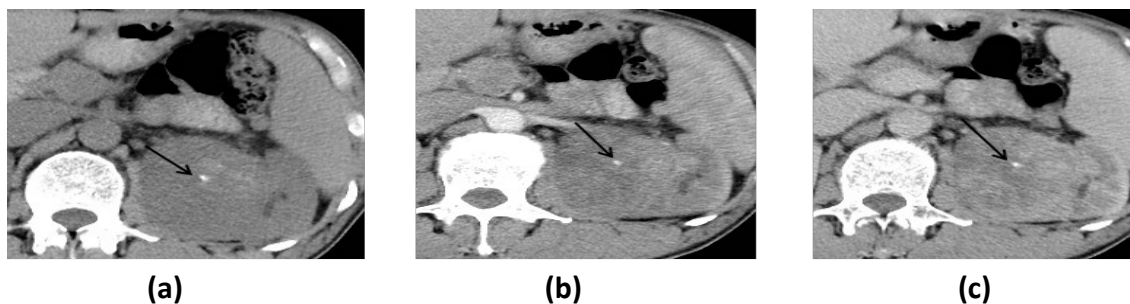


Figure 2: (a) Pre-contrast, (b) Corticomedullary phase, (c) Nephrographic phase : A case of papillary renal cell carcinoma in a 43 years old male, measuring 7cm in diameter showing calcification (arrow), necrosis and heterogeneous enhancement pattern.

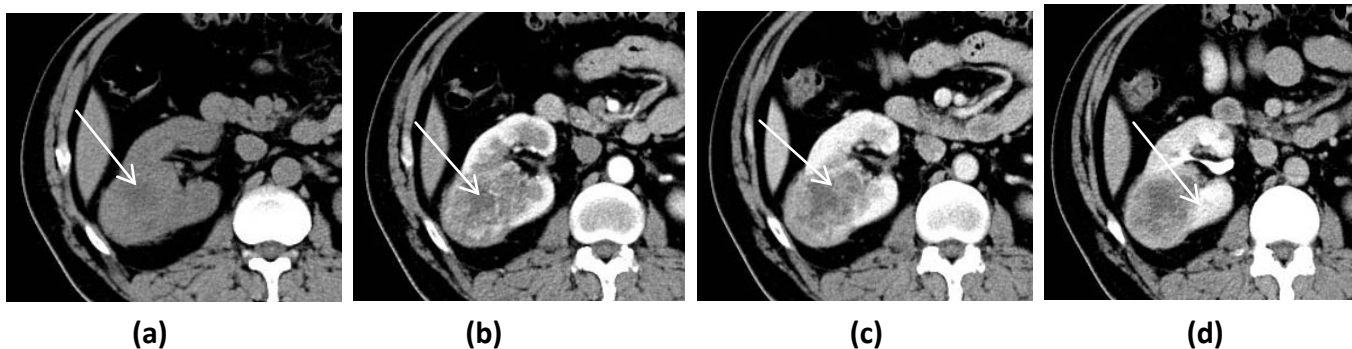


Figure 3: (a) Pre-contrast phase, (b) Corticomedullary phase, (c) Nephrographic phase, (d) Excretory phase of a case of chromophobe cell renal carcinoma in 47 years old male measuring 5.5cm in diameter showing hypovascular heterogeneous enhanced pattern with necrosis (arrow)

The pattern of enhancement (homogeneous or heterogeneous) showed significant difference. Non – clear cell carcinoma (19 of 22, 86%) showed more heterogeneous enhancement pattern than that of clear cell carcinoma (21 of 39,53%). The P value was 0.012 ($p < 0.05$).

When, compared location of tumor (whether it involved upper, middle or lower pole of kidney), we found that 15 of 39 (38.5%) ccRCC were located in middle pole; but most of non-clear RCC (15 of 22,68%) did not show any specific polarity predilection. They involved two or all of 3 poles. The P value was 0.001($p < 0.05$)

Most of the clear cell RCC (33 of 39,84.6%) showed involvement of medulla, whereas most of the non clear cell RCC (20 of 22,90%) did not show such predilection for a specific layer. They involved more than one layer. the P value was significant ($p = 0$). But when, we compared involvement of pelvis, we found that non-ccRCC (2 of 22,9%) showed more pelvis involvement than ccRCC (0 of 39,0%).

Calcification is more common in non-clear cell RCC 27% (6 of 22) than clear cell RCC 7% (3 of 39).The p value was significant ($p = 0.038$).

Table 4: Shows those parameters which have significant P value--

Types	Pattern of enhancement		Location 2				Location 3				Calcification	
	Homo	Hetero	1"	2"	3"	4"	1"	2"	3"	4"	Yes	No
ccRCC	18	21	7	15	9	8	2	33	0	4	3	36
Non-ccRCC	03	19	1	6	0	15	0	0	2	20	6	16
P value	P=0.012		P=0.001				P=0				P=0.038	

NOTE:
 ccRCC=Clear cell renal carcinoma ;Non-ccRCC=Non clear cell renal carcinoma ; Homo=Homogeneous ;
 Hetero=Heterogeneous
 Location 2 (1"=upper pole, 2"=middle pole, 3"=lower pole, 4" =mixed)
 Location 3 (1"=cortex, 2"= medulla, 3"= pelvis, 4"=mixed)

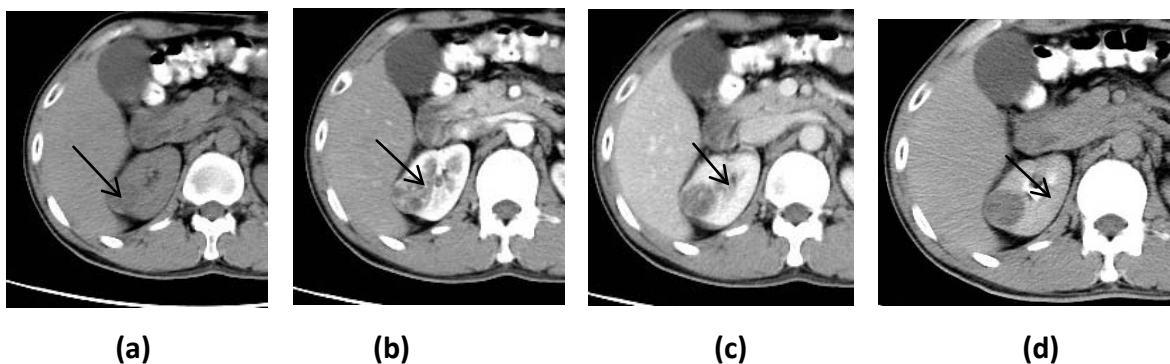


Figure 4: (a) Pre-contrast, (b) Corticomedullary, (c) Nephrographic, (d) Excretory phase -A case of clear cell renal carcinoma in a 32 years old male measuring 1 cm in diameter showing hypodensity after contrast administration.

In our study, we also made comparison in between non- clear cell RCC and clear cell RCC with hypovascular tumor. We found significant p values when we compared size, location, pattern of enhancement and presence or absence of necrosis in between these two types.

The mean size of hypovascular ccRCC was (3.92±1.89)cm, whereas mean size of non-ccRCC was (6.18±2.89)cm. The P value was 0.023($P < 0.05$).

Non-clear cell carcinoma (19 of 22, 86.4%) showed more heterogeneous enhancement pattern than hypovascular clear cell RCC (2 of 8, 25%). P value was 0.003 ($p < 0.05$).

When, we compared presence or absence of necrosis, we found that, necrosis was more common in non-clear cell RCC (18 of 22, 81.8%) than ccRCC with hypovascular tumor (2 of 8, 25%). The P value was significant ($P = 0.007$).

In our study, we also found that most of non-clear cell RCC layers (20 of 22, 90.9%) showed mixed involvement of different layer of kidney (cortex, medulla and pelvis) that means no specific predilection for any layer, whereas most of hypovascular ccRCC (4 of 8, 50%) showed involvement of medulla. The p was 0 (< 0.05).

Table 5: Summaries difference in between hypovascular ccRCC and non-ccRCC:

	Pattern of enhancement		Necrosis		Location 3			
	Homo	Hetero	No	Yes	1"	2"	3"	4"
Hypo ccRCC (n=8)	06	02	06	02	02	04	00	02
Non-ccRCC (n=22)	03	19	04	18	00	00	02	20
P value	P=0.003		P=0.007		P=0.00			
Note: Hypo ccRCC=Hypovascular clear cell renal carcinoma ,Non-ccRCC=Non-clear cell renal carcinoma, Homo=Homogeneous, Hetero=Heterogeneous Location 3 (1"=Cortex, 2"=Medulla, 3"=Pelvis,4"=Mixed)								

However, there were no significant differences in between hypovascular ccRCC and non-ccRCC, when we made comparison for shape (round or lobulated), rim (clear or unclear), presence or absence of (hemorrhage, calcification and metastasis). The P values were (>0.05).

IV. DISCUSSION

Now-a-days, the incidence of renal cell carcinoma is increasing due to increasing risk factors (obesity, smoking) and utilization of modern imaging techniques[11-13, 29]. A majority of renal tumors are incidentally diagnosed on medical imaging, that's why most of them are asymptomatic, small in size and present at an earlier stage [14,27]. It is important to discriminate clear cell RCC from non-clear cell RCC because of ccRCC is generally considered to have a worse prognosis and is treated differently than other subtypes [15-18,27]. Several study has been done previously to differentiate clear cell RCC from non-clear cell RCC by using imaging modalities. The most consistent finding was that, degree of enhancement was the most valuable parameter for differentiation of renal cell carcinoma subtypes. Clear cell RCCs enhance to a greater degree than other subtypes of malignant lesions [8,10,19-22]. Some researchers stated that the strong enhancement of conventional renal carcinoma is caused by its rich vascularity and alveolar architecture at histologic examination [4,10,23]. Our study consistent with these study. In this study, we found ccRCC (53.8%) showed more hyperdensity than that of non-ccRCC(0%). Most of non-ccRCC (95.5%) had hypodensity in all phases.

However, when we compared pattern of enhancement, most of clear cell RCC (53.5%) showed heterogeneity, which agree with other studies related with pattern of enhancement of ccRCC[8,10]. But, when we made comparison of heterogeneity in between ccRCC and non-ccRCC, we found that, non-ccRCC were more heterogeneous than ccRCC. This may be because of larger size of non-ccRCCs which tended to show heterogeneity due to propensity of hemorrhage,

necrosis and calcification [24-26]. At microscopic examination, all tumors with homogeneous enhancement were mainly composed of solid elements, whereas all tumors with heterogeneous enhancement had solid elements, necrosis, hemorrhage and calcifications.

When, we made comparison in between clear cell RCCs and non-clear cell RCCs for the presence of calcification, we found that calcification was significantly more in non-ccRCC (27%) than that of ccRCCs (7%). Calcification suggests a higher 5- years survival rate[3,10].

To our knowledge, it is the first study which made comparison in between two groups for the predilection of pole(upper ,middle,lower) and for the involvement different layer(cortex, medulla, pelvis). We found that ccRCC showed more middle pole predilection (84%) than that of non-ccRCC(27.3%), whereas majority of non-ccRCC showed mixed polarity means involvement of more than one pole (68.2%). ccRCC (84.6%) had predilection for involvement of medulla, whereas most of the non-ccRCC(90%) had no specific predilection for any layer, they involved more than one layer. In case of pelvis involvement, non-ccRCC (9%) showed more pelvis involvement than that of ccRCC(0%).

In this study, we also made comparison in between ccRCC which showed hypovascularity and non-ccRCC. The number of ccRCC with hypovascularity was 8. Non-ccRCC (86.4%) were more heterogeneous than hypovascular ccRCC(25%). We also found that, necrosis was more common in non-ccRCC (81.8%) than hypovascular ccRCC(25%) and involvement of pelvis was more common in non-ccRCC(9.15%) than hypovascular ccRCC(0%). Hypovascular ccRCC (50%) showed predilection for involvement of medulla and most of non-ccRCC(90.9%) did not show any specific predilection for involvement of cortex, medulla and pelvis, rather than they showed involvement of more than one layer(mixed involvement).

Our study had few potential limitations. First, our study was retrospective study. Second, we did not measure CT value of different kinds of tumor. Third, we

did not compare clear cell renal carcinoma with any other specific type of non-clear cell renal carcinoma. We compared ccRCC with as a whole others non-ccRCC. So, it may be a limitation. The study population of non-clear cell renal carcinoma was small in number.

Disclosures:

The authors indicated no financial relationships.

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