# GLOBAL JOURNAL

OF MEDICAL RESEARCH: K

Interdisciplinary

**Endogenous Endophthalmitis** 

Frequently Moving and Permanent

Highlights

Disseminated Myeloid Sarcoma

**Evaluation of the Mutagenic Potential** 

Discovering Thoughts, Inventing Future

**VOLUME 17** 

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# Global Journal of Medical Research: K Interdisciplinary

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# Bacterial Endogenous Endophthalmitis

By Francis Kwasi Obeng, Vipan Kumar Vig, Preetam Singh, Rajbir Singh, Kanwardeep Singh & Nikhil Sahajpal

Abstract- Background: Bacterial endogenous endophthalmitis (BEE) is uncommon and severe. Few patients who have this disease are initially misdiagnosed. Its victims usually have an underlying disease which predisposes them to infection. Blood and vitreous cultures are the most frequently used media of establishing the diagnosis. Staphylococcus aureus, group B streptococci, Streptococcus pneumonia and Listeria monocytogenes are the commonly found Gram positive organisms. The most common Gram negative causative bacteria are Klebsiella spp., Escherichia coli, Pseudomonas aeruginosa, and Neisseria meningitidis. Gram negative organisms are responsible for the majority of cases reported from East Asian hospitals, but Gram positive organisms are more common in the developed world. Apart from being rare, BEE has very little literature and there has not been any publication on it in Northern India emphasizing on its management to the best of our knowledge.

Keywords: endophthalmitis, metastatic, bacterial, ocular barriers, vitreous inflammation.

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# Bacterial Endogenous Endophthalmitis

Francis Kwasi Obeng a, Vipan Kumar Vig , Preetam Singh P, Rajbir Singh D, Kanwardeep Singh F & Nikhil Sahajpal §

Abstract- Background: Bacterial endogenous endophthalmitis (BEE) is uncommon and severe. Few patients who have this disease are initially misdiagnosed. Its victims usually have an underlying disease which predisposes them to infection. Blood and vitreous cultures are the most frequently used media of establishing the diagnosis. Staphylococcus aureus, group B pneumonia Streptococcus streptococci, and Listeria monocytogenes are the commonly found Gram positive organisms. The most common Gram negative causative bacteria are Klebsiella spp., Escherichia coli, Pseudomonas aeruginosa, and Neisseria meningitidis. Gram negative organisms are responsible for the majority of cases reported from East Asian hospitals, but Gram positive organisms are more common in the developed world. Apart from being rare, BEE has very little literature and there has not been any publication on it in Northern India emphasizing on its management to the best of our knowledge. To fill in this gap in research, we evaluated the use of systemic antibiotics with intravitreal antibiotics and steroids (SAIAS) and/or pars plana vitrectomy (PPV) in treating patients diagnosed with BEE.

Aim: To assess the complication rate and visual outcomes of BEE after the use of SAIAS and/or PPV in a cohort of Indian patients who visited our hospital in Northern India.

Material and Method: Records of all patients who were diagnosed with BEE and managed at our hospital from 2007 to 2015 were reviewed retrospectively for visual outcomes and complications. Patients' demographic data, predisposing medical conditions, ocular features, extraocular manifestation of infection, Gram staining, treatment, best corrected visual acuity (BCVA) before and after treatment, indications for any further surgical procedures and length of follow up were collected and analysed.

Results: 31 eyes of 29 patients (19 males and 10 females) were identified. Mean age at presentation was 41.8+ 18 years (range 3 - 81 years) with a mean follow up  $11.1 \pm 22.7$  months (range 1- 96 months). 54.84%, 32.26% and 12.90% of eyes had maintenance, improvement and worsening of BCVA respectively at the last review. 16 (51.61%) of 31 eyes had complications from BEE the most common of which was rhegmatogenous retinal detachment (RRD).

Conclusion: Timely use of SAIAS and/or PPV in treating patients with BEE is a preferred method. The visual outcomes and complication profile of our centre are better compared to other case series. Although patients have benefitted massively from our therapeutic regimen, they should be informed on diagnosis that BEE itself is fraught with complications with baseline reporting BCVA being the best visual prognostic

Keywords: endophthalmitis, metastatic, bacterial, ocular barriers, vitreous inflammation.

Author  $\alpha$   $\sigma$   $\rho$   $\omega$   $\neq$  g: Vitreo-Retinal Center, Sadar Bahadur Dr. Sohan Singh Eye Hospital, Amritsar, India. e-mail: fobeng37@yahoo.com

#### I. Introduction

gist of protective structures whose breakdown leads to intraocular infection and inflammation helps in better understanding of BEE. There are two main blood ocular barriers (BOB): blood aqueous barrier (BAB) and blood retinal barrier (BRB). Whereas the former is made up of non-pigmented ciliary epithelium and endothelium of iris vessels, the latter is further categorized into an inner and outer parts. The inner portion comprises tight junctions between endothelial cells of retinal capillaries and the outer, tight junctions between hexagonally shaped retinal pigment epithelial cells. Being similar to blood brain barrier, the BRB is restrictive and regulates ion, protein and water flux into and out of the retina.1

Endophthalmitis refers to purulent inflammation of vitreous and aqueous due to infection as a result of breakdown of BOB paving way for microbial invasion into the eye.<sup>2</sup> Depending on its causative organism, it can be classified into bacterial, fungal, protozoal, parasitic and viral although the first two are the most common. The route of infection can make it endogenous, in which the causative agent is from within the body or exogenous, characterized by external invasion.

Rare though it is, BEE is potentially devastating resulting in guarded visual prognosis. Albeit patients generally present with underlying systemic infections such as liver abscess, sinusitis, endocarditis or any other infection in any part of the body, in 44% of cases no source of infection is found according to a study published by Binder et al. 3 Jackson et al also documented in their study that in 70% of cases the source of infection is known inferring that the etiology is not known in 30%. <sup>4</sup>Another study has emphasized that the great majority of individuals with BEE have either diabetes mellitus, heart disease or malignancy as the main etiology. Due to its hematogenous spread from a focus of infection, a systemic work up for detection of the source of infection is critical in its management. It is important that prompt diagnosis is made and appropriate treatment started to preserve vision and avoid mortality. A high index of suspicion, accuracy and clinical judgment with collaborative input from the ophthalmologist, physician specialist and microbiologist are therefore paramount to the successful management of BEE.

#### II. MATERIALS AND METHODS

A 9-year retrospective study from 2007 to 2015 was conducted in our hospital with a minimum follow-up of 1 month. We have three experienced vitreoretinal surgeons, a physician specialist who helps in the management of systemic diseases with ocular complications and a microbiologist. Institutional ethical approval was required for this research and in a wider dimension, the tenets of Declaration of Helsinski applied in an attempt to respect human rights of the participants. Patients' demographic data, predisposing medical conditions. ocular features, extraocular manifestation of infection, Gram staining, treatment, BCVA before and after treatment, indications for any further surgical procedures and length of follow up were collected and analysed. Out of the 40 patients whose medical records were reviewed, 11 were excluded from the study because they were either followed up for less than 1month, lost to follow up, had had intraocular surgery within 1 year of presentation or involved in recent trauma to the eye. The vitreoretinal surgeons made all major decisions in consultation with the physician specialist and microbiologist.

Blood and vitreous samples for culture were taken from all patients with provisional diagnosis of BEE. Being rare contaminants of blood and vitreous cultures, Gram negative bacteria were very significant if isolated in either of the two fluids. On the other hand, Gram positive infection was significant if it was isolated in more than one culture plate. Our incubation period was up to 7 days at a temperature of 37\*C.

All specimens were taken under sterile conditions in operating theatre after the last non-infected case of the day. 0.2 ml of vitreous was taken by entering the eye through a sclera point 3.5 mm away from the limbus. Depending on microscopy report which we got

in few minutes, we chose the appropriate antibiotic and injected it intravitreally. If the causative organism was not identified by the laboratory, we routinely used 2 mg in 0.1 ml of vancomycin against Gram positive and 2 mg in 0.1 ml of ceftazidime against Gram negative bacteria. All patients also received intravitreal injection of 0.1 ml of dexamethasone to combat against the associated inflammation. If the presenting visual acuity was perception of light, we primarily performed 3 port PPV, a procedure which was also utilized as second line treatment for patients who did not respond to the initial SAIAS. Patients who had associated retinal detachment had belt buckling (BB) in addition to the PPV.

Positive blood cultures coupled with antibiotics capable of crossing the BOB helped us make systemic antibiotic choice. Patients in whom blood cultures were negative were put on systemic ciprofloxacin tablets (cifran) 500, 750 mg or less twice daily depending on their body weight for 14 days.

The Snellen BCVA was converted into logarithm of minimum angle of resolution (log MAR) units for statistical analysis. Patients whose visual acuities were hand motion and light perception were assigned the equivalence of 1.7 log MAR units. The  $x^2$  test was used to determine relationships between categorical variables and the paired t test, normally distributed variables. All tests were considered to be statistically significant if the p value was 0.05 or less.

Table 1: BCVA after Treatment

SRL	Quality	Number of Eyes	Percentage
1	Maintenance	17	54.84
2	Improvement	10	32.26
3	Worsening	4	12.90
	Total	31	100.00

Table 2: Underlying Diseases Causing BEE

SRL	Disease	Number of Patients	Percentage
1	Type 2 Diabetes Mellitus	11	37.93
2	Urinary Tract Infection	5	17.24
3	Pneumonia/Bronchopneumonia	4	13.79
4	Ischaemic Heart Disease	3	10.35
5	Hepatitis C	2	6.90
6	Infected Skin Wound	2	6.90
7	Tuberculosis	1	3.45
8	No Focus of Infection	1	3.45
	Total	29	100

Table 3: Complications of BEE and Management

SRL	Complication	Number	Precentage	Management					
1	Rhegmatogenous Retinal Detachment	8	50.00	BB+PPV+FLUID AIR EXCHANGE+ ENDOLASER+SILICONE OIL					
2	Complicated Cataract	3	18.75	BB+LENSECTOMY+PPV					
3	Phthisis	2	12.50	REFERRAL TO ORBIT AND OCULOPLASTIC SPECIALIST					
4	Multifocal Choroiditis	2	12.50	SYSTEMIC STEROIDS+TREATMENT OF UNDERLYING DISEASE					
5	Macular Scar	1	6.25	OBSERVATION					
	Total	16	100						

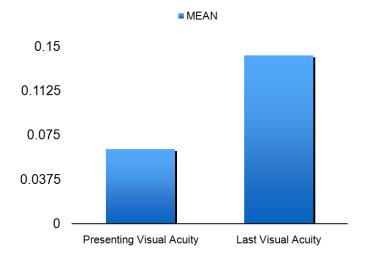
#### III. RESULTS

During the study, 29 patients (31 eyes) were diagnosed with BEE. There were 19 (65.52%) males and 10 (34.48%) females with a mean age of 42 years (SD 18; range 3-81). There was right eye (n=15; 51.73%) preponderance over left (n=12; 41.38%) but in all the condition was bilateral in 2 (6.89%) patients. The most common presenting and last follow up visual acuities were light perception and counting fingers at 1 metre

respectively. The mean difference between the final postoperative BCVA at last visit and presenting visual acuity was  $1.1\pm0.9$  log MAR units which was significant statistically. (p= 0.04)This is shown in the graph pad below with its corresponding table.All data are expressed as Mean  $\pm$  SD. The graph pad software version 5.0 was used to analyze data. The numerical data was compared using t test.

Presenting Visual Acuity	Last Visual Acuity	P VALUE
0.06 ± 0.17	0.14 ± 0.30	0.04 *

All values expressed as Mean  $\pm$  SD.



As at the last visit after all therapeutic interventions, 17 (54.84%), 10 (32.26%) and 4 (12.90%) eyes had maintenance, improvement and worsening of their visual acuities respectively as shown in table 1. Fifteen eyes had hypopyon and ocular hypertension at presentation. Other clinical features in our case series included ocular pain, blurred vision, swollen eyelids, injected and chemosed conjunctiva, anterior chamber inflammation as well as poor red reflex and fundal view due to intraocular inflammation. The examination of patients with ocular medial opacification was complemented with B-scan ultrasonography. Initially misdiagnosed as having acute anterior uveitis, 4

(13.79%) patients had a 3-day delay in appropriate diagnosis and effective treatment of the disease. 28 (96.55%) patients had an underlying medical condition which made them vulnerable to infection and in 12 (41.38%), the underlying disease was previously undiagnosed. As shown in table 2, organized from most to least common predisposing systemic diseases detected in our study were type 2 diabetes, urinary tract infection, pneumonia/bronchopneumonia, ischaemic heart disease, hepatitis C, infected wound and tuberculosis.

All patients had positive vitreous or blood cultures. Vitreous culture was positive in 50% of cases

and blood, 60%. In all, Gram positive organisms were found in 21 (67.74%) eyes with the remaining 10 (32.26%) being Gram negative. Prognosis was guarded in the Gram negative group. The most common Gram positive and negative bacteria found Staphylococcus aureus and Klebsiella respectively. All our patients did not only receive appropriate treatment of underlying diseases but also oral ciprofloxacin as well ceftazidime intravitreal vancomycin, dexamethasone. Out of the total number, however, 16 (51.61%) eyes had further treatment with PPV on not responding to the previous management. Table 3 shows the complications we had and their management. The visual outcome was generally poor with count fingers at 1 metre or worse in 25 (80.65%) eyes. Patients who presented with visual acuity of 6/36 or better retained useful vision. Eyes which underwent vitrectomy had markedly reduced chances for evisceration and enucleation.

#### IV. Discussion

Being rare, BEE has a prevalence rate of 2 to 8% of all endophthalmitis.  $^{\rm 5}$ 

The use of SAIAS and/or PPV is the best approach in the management of patients with BEE compared to other therapeutic regimen: intravitreal antibiotics with steroids alone or intravitreal treatment with systemic antibiotics or PPV alone. The aim of this study was to assess the complication rate and visual outcome of BEE after the use of SAIAS and/or PPV in a cohort of Indian patients who presented to our facility. In general our results show favorable outcomes compared to other studies. We did not register any mortalities from systemic complications of the underlying diseases. BCVA was maintained, improved and worsened in 54.84%, 32.26% and 12.90% of eyes respectively.

#### a) Patients' Details

The mean age of incidence of BEE, according to a study published by Wong *et al*, is 52 years.<sup>6</sup>In our study the mean age was 41.83years, a parameter which does not differ much from other case series. As reported in other publications, our research showed more males (65.52%) affected by BEE than females (34.48%).<sup>4, 5, 6</sup>The reason for this difference could be that men, unlike women, are more willing to travel when referred to specialized hospitals. A recent research result published by Zeng et al has established that men have thicker choroid than women.<sup>7</sup> They may therefore have bigger choriocapillaries which transport more bacteria to the vitreous than women albeit more studies are needed to corroborate it.

Our study as shown in table 2, like what has been published in other reviews, has demonstrated that the extraocular foci mostly affected are liver, lung, endocardium and urinary tract. <sup>4</sup> According to Binder M et al, a diagnosis of BEE merits systemic workup for the

source of infection although in 44% of cases no source is found.3In the publication made by Jackson et al, it was also revealed that 40% of BEE patients may not have an underlying systemic disease and if they do, then type 2 diabetes, intravenous drug use, HIV infection and malignancies are the most commonly found causes but there are several other etiologies. 4 Our study also revealed type 2 diabetes as the most common cause as shown in table 2. Since it is a scientific fact that without focus of infection or immunodeficiency the diagnosis of BEE becomes ambiguous, we delivered almost free medical services to our patients majority of whom were poor with the aim to not only preventing them from using lack-of-funds as an excuse to refuse tests but also enhancing our diagnostic yield. As shown in table 2, only 1 (3.45%) participant did not have an underlying disease in our study. The patient in question missed an appointment. We, therefore, strongly believe that expensive medical bills may act as a hindrance in detecting systemic entities associated with BEE although further studies are needed to establish this fact.

The only brachiocephalic artery in cardiovascular system and the biggest branch of aortic arch is situated at the right making blood volume and bacterial load sent from it to the right carotid and eye more than the left.8Based on this fact, Greenwald et al suggested that BEE occurs more in right than left eye. <sup>9</sup>In an attempt to emphasize this scientific fact, Forster et al concluded in their study that the reason behind right eye predominance is that the only brachiocephalic artery which is right sided in the body directly takes blood and infective pathogens from aortic arch to the right eye through other arteries, an anatomical feature which the left eye does not possess. 10Other researchers, however, upon finding left eye preponderance, have categorically stated that blood flow is equal to both eyes and the extra transit time to the left carotid is unlikely to have an important effect on bacterial survival.4 Although with marginal difference, our study revealed right eye predominance (51.73%) substantiating previously found evidence in scientific armamentarium. Bilaterality is rare but when detected, the most commonly associated systemic disease and causative organisms are diabetes and klebsiella pneumoniae respectively. 11-16 Other characteristics of both eyes involvement include liver abscess and poor visual prognosis. 11-16 In our study we detected bilateral disease in 2 patients one of whom had diabetes and the other, tuberculosis. The final BCVA was worse in the patient with diabetes.

#### b) Clincal Features

The most common eye symptom in our patients was blurred vision (n=24; 82.76%) followed by eye pain (n=16; 55.17%). The signs we commonly detected were absence of red reflex (n=17; 58.62%), anterior chamber inflammation (n=13; 44.83%), vitritis (n=12; 41.38%)and

hypopyon (n=10; 34.48%). Many patients had systemic features like fever (n=13; 44.83%) and influenza-like symptoms (n=6; 20.69%) which accompanied or preceded the ocular symptomatology. These findings are similar to what has been detected in other case series.<sup>4</sup> Depending on the predominant focus of inflammation, there are five main types of BEE: anterior focal, anterior diffuse, posterior focal, posterior diffuse and panophthalmitis.<sup>9</sup> Anterior means aqueous and posterior refers to vitreous humor and retina. Focal and diffuse represent part of whole area and whole area respectively.

#### c) Diagnosis

#### i. Errors In Diagnosis

Albeit BEE has its own clinical symptoms and signs, many of them might be nonspecific making its diagnosis difficult. The diagnostic error is compounded by its very low incidence rate. According to Greenwald et al,<sup>9</sup> errors in diagnosis occurred in 11 out of 67 patients representing 16%. Jackson et al, however, are of the opinion that the error rate ranges from 22 to 63% emphasizing that physicians may not report all the diagnostic errors they make.<sup>4</sup> Our rate was 13.79% after having misdiagnosed 4 patients as having acute anterior uveitis. Index of suspicion should therefore be very high in order not to miss the diagnosis.

#### ii. Differential Diagnoses

Entities which can easily mimic BEE may be categorized into intraocular and eyelid. Intraocular entities include acute anterior noninfectious uveitis due to formation of keratic precipitates, acute angle closure glaucoma owing to trabecular meshwork clogging with inflammatory cells and fungal endophthalmitis from intravenous drug abuse. <sup>4</sup>Whereas there is enough scientific evidence explaining immunocompromised state of intravenous drug abusers making them prone to fungal endophthalmitis in general, such an evidence is not clearly established between them and BEE. This can bring about diagnostic dilemma.

In children under 2 years of age, the most common differential diagnosis is retinoblastoma due to pseudohypopyon and inflammatory cells appearing as leukocoria. <sup>17, 18</sup> Cataract and uveitis in a child is another mimicking entity to consider according to Auerbach et al. <sup>19</sup> Eyelid swelling may mimic orbital cellulitis. <sup>4</sup> The youngest patient in our study was 3 years.

#### d) Ancillary Tests

#### i. Microscopy and culture

#### a. Blood Culture

Blood culture, unlike vitreous, constitutes the most reliable medium for making the diagnosis as established in other case series with as high as 75% culture positivity. <sup>5, 20, 21</sup>In our study, 17 (58.62%) out of 29 patients had their blood cultures positive.

#### b. Intraocular Culture

Useful though they are, blood cultures cannot be relied upon entirely for the diagnosis of BEE. In the absence of positive blood cultures, it is advisable to get intraocular samples, be it vitreous or aqueous. Although some authorities advocate for aqueous samples when the inflammation is predominantly anterior, 9 clinical and experimental studies have concluded that vitreous samples reliable are more in exogenous endophthalmitis, a finding which has not been well established in BEE<sup>22, 23, 24</sup>. In our centre, we usually take vitreous and aqueous specimens in each patient suspicious of BEE. More than 65% of organisms grown were from the vitreous. This made us arrive at the conclusion that vitreous is more reliable than aqueous. Vitreous sample can be obtained through needle aspiration or cutter. Donahue et al, after investigating to find out which method of getting vitreous specimen yielded more culture positivity, ended their study concluding that use of a cutter is better than needle aspiration. <sup>25</sup> In our hospital the observation we have made is that whereas needle aspiration sometimes results in dry tap, use of a cutter always gives us a specimen. Another difference we have observed is that the needle may not aspirate enough sample but the cutter is very reliable in giving us the amount of sample we need. We, therefore, usually use the cutter in getting vitreous samples due to its advantages. Although we incubate pathogens up to 7 days, majority of our pathogens were detected within 24 hours.

#### ii. Polymerase Chain Reaction

Polymerase Chain Reaction (PCR) also plays an important role in the diagnosis of BEE. Its advantages include ability to detect unusual organisms, <sup>26</sup> augmentation of bacterial DNA for better detection of single organism, <sup>27</sup> and detection of organisms in culturenegative specimens after antibiotics have been initiated. <sup>28</sup> It is also faster than the traditional culturing of samples. <sup>29</sup>

Its main disadvantage in our hospital is cost. Other demerits substantiated by studies include cross contamination, false negative results, inability to detect capacity of an organism to replicate, difficulty in matching organism sensitivity to specific antibiotics and not being useful in infections caused by multiple organisms. <sup>30, 31, 27</sup> Due to these imperfections associated with it, PCR is used to complement the traditional microscopy and culture in our hospital.

#### e) Causative Organisms

It is a well known fact, according to Wong et al, that the most common cause of BEE in East Asia is Klebsiella which is a Gram negative bacterium. <sup>6</sup> Another publication from Okada et al has established that in the developed world it is Gram positive bacteria which predominantly cause BEE. <sup>5</sup> However, it is now accepted that the most common cause of BEE in both developed

and developing countries is Klebsiella Pneumoniae (KP).4 Recent studies have revealed that apart from its capsule capable of protecting it against immunogenicity of the host, the organism in question has hypermucoviscosity and mag A gene which make it more virulent and metastatic in nature. 32, 33, 34. There is a strong association among diabetes, KP, liver abscess and BEE.32,35 This means that a good number of patients with diabetes with compromised immune system are easily infected by KP with affinity to the liver and eye causing liver abscess and BEE. In our study, diabetes was the underlying disease mostly found as shown in table 2 and KP, the most commonly isolated Gram negative pathogen. Although we never had liver abscess as an underlying disease, 6.90% of our patients had hepatitis C, a discovery which still makes the liver a sine qua non being the nidus of settlement of KP to set the pace for the development of BEE. Further research is needed to help establish the association between hepatitis C and BEE.

Pseudomonas aeruginosa (PA) causes BEE in the old and young. In the former, the risks increase if there is immunodeficiency or urinary catheterization whereas in the latter, affected individuals are usually neonates or below age 25 years. <sup>4</sup>We neither had neonates nor catheterization in our research but the second most common underlying disease was PA urinary tract infection.

Other uncommon pathogens capable of causing BEE are N meningitides usually found in children and Bacillus cereus, in intravenous drug users.

#### f) Pathogenesis

There are two major branches of the ophthalmic artery which help in ocular blood circulation: the posterior ciliary artery provides blood supply to the posterior uvea whereas central retinal artery does the retina. BEE can only occur when the blood ocular barrier (BOB) is debilitated allowing entrance of offensive microorganisms usually from a focus of infection in the body to the eye through any of the 2 circulatory pathways. We believe that 3 factors may play a role in the pathogenesis of BEE: disruption of BOB, compromised immune system of the host and virulence of the pathogen involved. Adequate integrity of BOB may not allow BEE to occur even when there is bacteremia.

Roth's spots are septic emboli on the retina which may occur in only 1% of patients with bacteremia. We can therefore infer that it is not all patients with septicemia who progress to BEE depending on the tightness of their BOB. This fact was confirmed when out of 202 patients with septicemia none of them developed BEE with only 12 developing minute retinal hemorrhages and cotton wool spots thought to be Roth's spots. We could not substantiate

this fact because all patients referred to our centre already had an eye problem which finally turned out to be BEE.

The triad of diabetes, hepatic abscess and BEE with possible choroidal abscess needs to be highlighted. Diabetes is known to interfere with chemotaxis of polymorphonuclear leukocytes bringing about unopposed devastating effects of KP exo and endotoxins. A1 Serotype K1 of KP, which is the most common of all its serotypes, produces toxins which have affinity for the liver and vitreous after travelling through blood to reach and break down the BOB. A2Owing to the fact that 70% of ocular blood circulation occurs at the choroid, A3it should therefore not be a surprise that some patients with BEE develop choroidal and retinal abscesses. KP toxins can also cause irreversible photoreceptor damage within 24 hours to result in rapid decline in visual acuity.

#### g) Treatment

#### i. Systemic Antibiotics

Although BOB is impermeable to antibiotics under non-inflammatory conditions, it becomes permeable to a few of them when there is ocular inflammation. 45, 46 Systemic fluoroquinolones, which are mostly utilized to treat infections caused by Gram positive and negative bacteria, have good ocular penetration against many bacteria and it improves with repeated doses. 45 Albeit all types of systemic fluoroquinolones may work well in BEE, the fourth generation class like moxifloxacin and levofloxacin are the best known antibiotics in crossing the BOB. 46,47 Since ciprofloxacin is not as good as the fourth generation group in terms of ocular penetration, it is recommended that it be supplemented with intravitreal antibiotics (IA) in the treatment of BEE. 47,48

Ceftazidime, a third generational cephalosporin, is the best choice against Gram negative organisms but has poor ocular penetration. 46 Aminoglycosides like gentamicin and amikacin have poor intraocular therapeutic levels against Gram negative bacteria. 48

Intravenous vancomycin is usually used in treatment of infections caused by Gram positive bacteria but its ocular penetration is poor.<sup>46</sup>

Though other routes of treatment are available, systemic antibiotics should always be used in the management of BEE to help reduce or eliminate the bacterial load in the eye, systemically and treat the primary focus of infection. 45, 46, 47. All the patients in our study received systemic oral ciprofloxacin supplemented with IA because they could not afford the fourth generation fluoroquinolones. If there were patients who could afford better oral antibiotics, we would still administer the IA to locally potentiate and augment ocular therapeutic effects.

#### ii. Intravitreal Antibiotics

According to Barza et al many systemic, subconjunctival and topical antibiotics have poor vitreous penetration. 49 After detailed research, Wong et al also realized IA did not improve visual acuity but reduced the rates of evisceration and enucleation as compared to those who did not receive it.6 Other studies have accepted that the first line of treatment of BEE is systemic antibiotics such that if they fail, then IA can be used. 50 Although other authorities advocate for the use of IA, 4 Greenwald et al concluded in their research that IA are not required for most patients with BEE.9 In our study, since we took vitreous sample for microscopy, culture and sensitivity from all our patients, we only thought it was logical to inject antibiotics into the vitreous cavity just after taking the specimen at least to depopulate the quantum of micro-organisms in all patients. None of our participants had evisceration nor enucleation, a success which we attribute to the IA.

#### a. Choice of IA

Vancomycin (1.0mg/0.1 mL) and ceftazidime (2.25mg/ 0.1 mL) are the best IA used against Gram positive and negative organisms respectively in BEE.<sup>51</sup> Whereas gentamicin causes macular infarction, amikacin can bring about retinal toxicity.<sup>52, 53, 54</sup> This means that aminoglycosides are not safe for intravitreal use. In our study we used vancomycin and ceftazidime intravitreally for all our patients.

#### iii. Intravitreal steroids

The purpose of using intravitreal steroids (IS) is to reduce intraocular tissue destruction as a result of host inflammatory response to bacterial toxins. 55 Many experiments have substantiated that intravitreal dexamethasone (0.4 mg/0.1mL) is capable preserving retinal structure and function. 56, 57, 58 Meredith et al, on the contrary, had poor results when they treated BEE patients with IS.<sup>59</sup> In our hospital from the year 2000 up to 2006 out of the 10 cases of BEE diagnosed, 8 (80%) were treated with only IA but the other 2 (20%) had combination of IA with IS. 6 (75%) of those without IS had final BCVA of light perception. The remaining 2 (25%) of non-steriod group finally needed evisceration. On the other hand, the combination therapy group had final BCVA of 6/36 without any of them needing evisceration. After having had better visual and anatomical outcomes with the combination therapy, we have made it our policy to treat all cases of BEE with IS in addition to IA when microscopy rules out fungal infection. All our patients in this study had IS in addition to IA. In our candid opinion, our anatomical and visual outcomes could have been worse had we not used IS in addition to IA in this research.

#### a. Reinjection

Second IA and IS should be considered 48 hours after the first therapy if the response is not adequate but since a third injection makes the rate of

retinal toxicity almost 100% irrespective of the antibiotic used, it is recommended that patients get vitrectomy performed if the second injection is not beneficial. <sup>60, 61, 62</sup> We had 3 patients who, on not responding well to the second IA and IS, were booked for PPV but were lost to follow up and therefore excluded from the study.

#### iv. Vitrectomy

PPV is performed with the aim to objectively removing the offensive micro-organisms together with their endo and exotoxins, vitreous membranes capable of leading to retinal detachment as well as vitreous inflammatory particles apart from helping to get abundant specimen for culture and appropriate dissemination of IA and IS. <sup>60</sup> A systematic review of 342 cases of BEE revealed that eyes treated with PPV and IA were 2 times more likely to have vision better than 6/60 and 3 times less likely to need evisceration or enucleation when compared with IA alone. <sup>51</sup>

The question of whether all patients with BEE should have immediate PPV remained unanswered prior to our research. In our center, however, out of the 51.61% of the patients we vitrectomised, the various indications were poor response to initial SAIAS, severe vitritis, retinal infiltration, worsening of vision and presenting visual acuity of light perception.

#### h) Prognosis

The prognosis of BEE has been poor since time immemorial. In a study published by Greenwald et al. 29% of patients required evisceration or enucleation, 26% were blind and 41% had visual acuity of counting fingers or better. 9 Shammas et al had similar results in their research. 63 Other publications have recorded mortality rate of 32% from the associated systemic diseases.40 Our experience was better than what has been reported in other case series. The final BCVA we recorded were such that 70.96% of eyes had counting fingers at 1 metre or better, 9.69% had nil perception of light and 19.35%, light perception. None of our patients had evisceration, enucleation nor mortality till the last review. We ascribe this comparatively better outcomes to lower rates of KP etiology, our combination therapy and multidisciplinary collaborative efforts.

Poor prognosis can result from delay in diagnosis, wrong choice of antibiotics, 4 diffuse infection of vitreous and retina or panophthalmitis, infection with virulent organisms and Gram negative bacterial infection. KP may cause choroidal and retinal abscess, bilateral BEE and poor visual prognosis. The most common guarded prognostic factors in our centre for this study were poor presenting visual acuity and Gram negative infection with Klebsiella.

#### V. Conclusion

The poor prognosis of BEE which has not improved over several decades has underlying factors. It mimics several common ocular diseases such that it

easily leads to initial misdiagnosis setting the pace for rapid disease progression, delayed therapy and invariably unwanted outcomes. Physician specialists may hardly focus on the eye, a situation which is further compounded by the ophthalmologist overlooking the systemic implications and concentrating only on the eyes. There have not been large prospective trials whose purpose it is to determine the real advantages of systemic antibiotics, IA, IS and vitrectomy either in isolation or combination. The question of whether combination therapy involves double, triple or all the 4 remained unanswered before our study was initiated . KP etiology which is on the ascendency, has poor visual prognosis.

In our center, all patients are treated with systemic antibiotics, initial IA and IS while the physician specialist manages the systemic disease. If there is no improvement after 48 hours, we repeat intravitreal injections. PPV is performed 48 hours after the second intraocular injection if there is poor response. Should the patient meet the criteria for PPV on the first day, we perform it without going through this algorithm. A few aspects account for the limitations of our study: retrospective nature, one centre focus, 3 vitreoretinal specialists management of patients and small sample size.

We believe that our algorithm, fewer KP infective cases coupled with team work with the physician specialist and microbiologist, made us have appealing results compared to other case series owing to the fact that we did not record any eviscerations, enucleations nor mortalities apart from our visual outcomes being comparatively better.

#### Contribution

FKO commenced the project, implemented and completed the data collection, wrote the statistical analysis plan, analysed the data, drafted and revised the paper. NS contributed to the statistical analysis. VKV, PS, RS and KS contributed to the management of cases and revised the paper. VKV, PS, RS and KS are guarantors.

#### Competing interest-None.

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# Evaluation of the Mutagenic Potential of Orlistat in Root Merymatic Cells of *Allium cepa*

By G.R. de Sousa, R.P. Gomes, D.M.L. de Andrade, H.K.P. Porto, M.O. Santos, A. Genaro, L.C. Carneiro & A.V. de Moraes Filho

Universidade Federal de Goiás

Abstract- It has been manufactured constantly, more drugs against obesity, and a great part of these medicines can be bought without prescription, as is the case of Orlistat®. However, some drugs can cause genotoxic effects in the body, which are closely related to carcinogenesis and are therefore capable of cause DNA modifications and can cause great damage to cells. In order to provide information on safety for human health, thus contributing to public health, it is hoped to increase the knowledge about the genotoxic activity of the drug. Orlistat® to provide a broader picture of the possible side effects of this drug. For this, the Allium cepa test with different concentrations of Orlistat® was performed. It was found that the drug induced chromosomal aberrations in meristematic cells of onion root. Genotoxic assessment of medicinal products increases the complexity of assessing its side effects.

Keywords: obesity, genotoxicity, weight loss.

GJMR-K Classification: NLMC Code: QU 550.5.M8



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# Evaluation of the Mutagenic Potential of Orlistat in Root Merymatic Cells of *Allium cepa*

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Abstract- It has been manufactured constantly, more drugs against obesity, and a great part of these medicines can be bought without prescription, as is the case of Orlistat®. However, some drugs can cause genotoxic effects in the body, which are closely related to carcinogenesis and are therefore capable of cause DNA modifications and can cause great damage to cells. In order to provide information on safety for human health, thus contributing to public health, it is hoped to increase the knowledge about the genotoxic activity of the drug. Orlistat® to provide a broader picture of the possible side effects of this drug. For this, the Allium cepa test with different concentrations of Orlistat® was performed. It was found that the drug induced chromosomal aberrations in meristematic cells of onion root. Genotoxic assessment of medicinal products increases the complexity of assessing its side effects.

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#### I. Introduction

besity is a disease characterized by dysregulated accumulation of fat in the body, which is associated with health risks due to its relationship with various metabolic complications. It is simultaneously a disease and one of the most important risk factors for other chronic non - communicable diseases, such as cardiovascular diseases and Diabetes mellitus (Pi-Sunyer et al., 1997; Halpern and Mancini, 1999; Halpern et al., 2000; Fortes et al., 2006).

For the treatment of this disease the daily insertion of pharmacological and / or non-pharmacological therapies such as physical exercises, change of eating habits, surgical procedures and medications, respectively, is recommended.

In an attempt to aid in the treatment of obesity, there are currently drugs with direct and / or indirect weight-loss properties such as those that inhibit appetite (catecholaminergic), which increase satiety (serotonergic), those that decrease fat absorption and

those that increase burning of fat (Guyton e Hall, 1997; Pi-Sunyer, 1997; Halpern e Mancini, 1999; Radominski, 2010).

Among these drugs, Orlistat® is of recent use in the treatment of obesity, which has a mechanism of action different from the others because it inhibits the lipases of the gastrointestinal tract, which are responsible for the cleavage and subsequent absorption of fatty acids (Drent e Veen, 1993; Drent et al., 1995; Zhi et al., 1995; Zhi et al., 1995; Zhi et al., 1995; James et al., 1997).

Also known as tetrahydrolipostatin, it is a specific inhibitor of gastric and pancreatic lipases, which are important for aiding the digestion of fats in the diet (Drent et al., 1995). This drug is chemically synthesized from a hydrogenated derivative of the lipostatin produced by *Streptomyces toxytricini* (Drent e Veen , 1993; Zhi et al., 1994; Amatruda e Welle, 1995). With the following structure (Fig. 1):

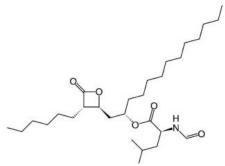


Fig. 1: Orlistat's chemical strutucture

The evaluation of the carcinogenic risk / benefit ratio should always be performed before prescribing a drug (Brambilla et al., 2011; Brambilla et al., 2012).

Therefore, this work aims to contribute to a risk-benefit projection of the use of this drug, demonstrating the possible genotoxic effects of this treatment. The objective of this study was to evaluate the mutagenic potential of Orlistat® in meristematic cells of *Allium cepa*; Quantify the mutagenic effects of Orlistat® in the test system used; contribute to the elucidation of information on probable adverse effects caused by the indiscriminate use of Orlistat®.

#### II. METHODOLOGY

Organic onion bulbs were purchased locally with reliable source. The dry external scales were removed without damaging the root area and the central

Author α: Bolsista do Programa Bolsa de Iniciação Científica. Acadêmica do curso de Biomedicina, Faculdade Alfredo Nasser.

Author o: Pesquisadora Colaboradora, Mestranda do Programa de Pós-Graduação em Biologia da Relação Parasito-Hospedeiro da Universidade Federal de Goiás.

Author x: Pesquisadora Colaboradora.

Author v: Professor Orientador, Faculdade Alfredo Nasser.

e-mail: aroldodemoraes@gmail.com

parenchyma of the bud crown was also removed by circular incision to increase the uptake and uniformity of budding and root growth. These bulbs were washed in running water for about 20 minutes. Carefully, the roots of the bulbs were exposed with the samples in covered glass beakers to prevent light from entering, so that only the central parenchyma of the bud crown was in contact with the samples. For each sample analyzed, five onion bulbs were used and placed in contact with the samples for 24 hours. The negative control was performed in the same manner using distilled water and ethanol in the ratio 1: 1 (solvent) (Rank. and Nielsen, 1993; Kruger, 2009; Cuchiar et al., 2012).

The standard orlistat test concentrations for the experiments were 60 mg/L, 360 mg/L and 500 mg/L. These concentrations were selected on the basis of the doses considered subdose (where the dose described is lower than the dose at which the drug reaches therapeutic effect), therapeutic dose (from 60 to 120mg, 3 times a day) until overdose (where the dose described is higher than the dose at which the drug achieves therapeutic effect, and may reach toxicological effect (Zhi et al., 1995). The positive control was Paracetamol® at 800 mg / L concentration.

After growth, the roots immersed in the samples were measured and then fixed in Carnov's solution (acetic acid and ethyl alcohol, in the concentration of 3: 1) for 12 hours. After fixation, the roots were washed in distilled water for five minutes and stained on slides. For this, the roots were stained with acetic orcein dye in the dilution of 2% orcein and 45% acetic acid. The root tips were cut and heated for one minute in counting with the dye. Then, the roots were placed on slides covered by coverslips and one drop of acetic orcein dye was added between slide and cover slip. Subsequently, the root was crushed by gentle pressure. The observation of the slides was performed under an optical microscope with a 100x objective, counting 5000 cells, observing the mitotic indexes and the chromosomal and mitotic changes (Ribeiro and Grotzner, 2012; Dias, 2014).

The calculation of the mitotic index (MI) and the index of chromosomal and mitotic aberrations (ICMA) occurred according to the following equations:

MI = number of cells in mitosis x 100  $\div$  total number of cells observed

ICMA = number of altered cells x 100  $\div$  total number of cells observed

For statistical analysis, the ANOVA test was used, with significance level  $\alpha=0.05$ , using the statistical package GrafPad Prism 5.0.

#### III. RESULTS

The characterization of the genotoxicity and cytotoxicity of Orlistat® was performed by root growth analysis of *Allium cepa*, in order to evaluate the inhibition

of root growth, mitotic index (GMI) and mitotic and chromosomal abnormalities index (MCAI).

The results of the analysis of variance by the ANOVA test of root growth are described in Fig. 2. It was possible to verify that the root growth of a strain in the negative control did not present statistically significant difference of the means obtained in the roots treated with the three concentrations of the drug, so Orlistat® did not interfere with the growth of onion roots.

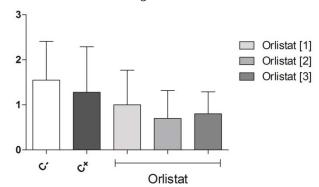


Fig. 2: Root growth of Allium cepa

In relation to MI, when comparing the negative control and the treatments, in the three concentrations the drug significantly reduced the MI in the two lowest concentrations, as can be observed in Fig. 3.

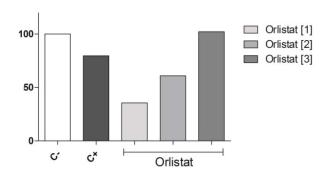


Fig. 3: Mitotic Index

Orlistat® significantly increased ICMA when compared to the negative control. This increase had a dose-response effect (Fig. 4).

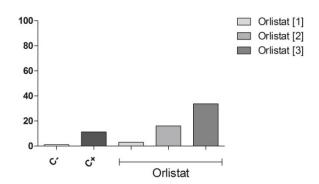


Fig. 4: Index of chromosomal and mitotic aberrations

#### IV. DISCUSSION

In the study of Lopes and Vicentini (2002) with mouse bone marrow cells, Orlistat® showed no mutagenic effect at the concentrations tested (0.2, 0.4 and 0.6 mg/mL). Concentrations tested in the above work are considerably lower than those tested in this study.

Based on this survey of the mutagenic potential of the Orlistat® drug in Allium cepa meristematic root cells, the number of mutations was high, as was a study with Drosophila melanogaster, in which Orlistat® was tested at the standard cross- Enzymatic basements) improved cross-fertilization (with metabolic activation). At the standard crossing, the drug did not show genotoxic effects, but at the improved crossbreeding it was genotoxic, demonstrating that Orlistat® has an indirect genotoxic effect on *D. melanogaster*, suggesting that cytochrome P450 enzymes interfere with the genotoxicity of the compound. On the other hand, when co-administered with doxorubicin, Orlistat® modulated the action of this agent (Orsolin et al., 2012). carcinogenicity Moreover,in tests in Drosophila melanogaster, Orlistat® did not induce tumors, nor did it modulate the action of Mitomycin C in relation to tumor formation (Orsolin et al., 2012; Menendez et al., 2005), Orlistat® showed antitumor effect in breast cancer cells. However, in another study Orlistat® showed genotoxicity in human lymphocytes in the presence of caffeine by in vitro comet assays, was induced DNA damage prior to the repair mechanism (Chakrabart et al., 2016).

Therefore, as genotoxicity may be related to carcinogenesis, it is necessary to monitor chronic medications to make a profile with regard to the possible side effects produced by them and thus serve as support to ensure health safety oxcf people who use these medicines. Therefore, further research should be carried out in order to broaden our understanding of the genotoxicity of Orlistat®.

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#### **FIGURES**

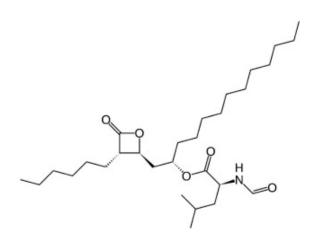


Fig. 1: Chemical structure of Orlistat®. Fonte: Orsolin et al, 2012

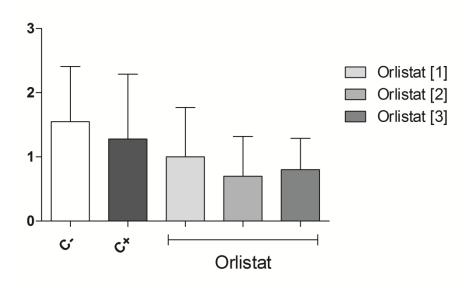


Fig. 2: Root growth index

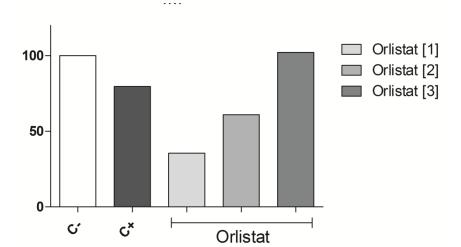


Fig. 3: Mitotic Index

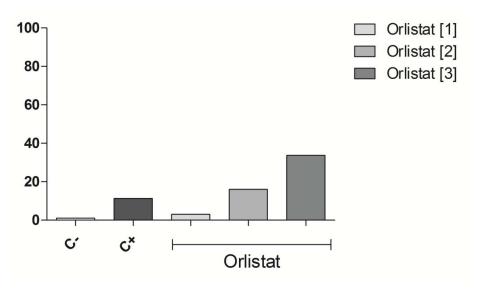


Fig. 4: Chromosomal aberration index





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# Knowledge of Fearfulness about HIV/AIDS between Frequently Moving and Permanent Resident Population of Three Metropolitan Cities in Bangladesh

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Begum Rokeya University

Abstract- HIV/AIDS and its potentially fatal impact on human beings have undoubtedly become an extremely topical issue now-a-days. To have accomplished the task, this study has used mainly primary data and information collected from 1596 respondents among Dhaka, Rajshahi and Chittagong cities with the help of an interview schedule through conducting a well-designed survey have also been used in this study. It is notable that the sample size for the survey is categorized into two groups- frequently moving and permanent resident consisting of 798, 798 respondents respectively. The study reveals that though 99 percent frequently moving and permanent resident respondents heard the name of HIV/AIDS by various sources of media but 31 percent frequently moving and 28 percent permanent resident respondents don't know the fearfulness of HIV/AIDS. Findings also reveal that comparatively permanent resident respondents (92.4%) more educated than frequently moving respondents (about 78%).

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GJMR-K Classification: NLMC Code: WY 153.5



Strictly as per the compliance and regulations of:



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# Knowledge of Fearfulness about HIV/AIDS between Frequently Moving and Permanent Resident Population of Three Metropolitan Cities in Bangladesh

Dr. Prosannajid Sarkar <sup>α</sup>, Shah Md. Ruhul Amin <sup>σ</sup>, Kazi Asaduzzaman <sup>ρ</sup>, Md. Khairul Islam <sup>ω</sup> & Md. Hafizur Rahman \*

Abstract- HIV/AIDS and its potentially fatal impact on human beings have undoubtedly become an extremely topical issue now-a-days. To have accomplished the task, this study has used mainly primary data and information collected from 1596 respondents among Dhaka, Rajshahi and Chittagong cities with the help of an interview schedule through conducting a well-designed survey have also been used in this study. It is notable that the sample size for the survey is categorized into two groups- frequently moving and permanent resident consisting of 798, 798 respondents respectively. The study reveals that though 99 percent frequently moving and permanent resident respondents heard the name of HIV/AIDS by various sources of media but 31 percent frequently moving and 28 percent permanent resident respondents don't know the fearfulness of HIV/AIDS. Findings also reveal that comparatively permanent resident respondents (92.4%) more educated than frequently moving respondents (about 78%). Electronic media is the most dominate source of hearing about HIV/AIDS for both frequently moving (about 51%) and permanent resident (39%) respondents. In this study it also found that uncontrolled and unsafe sexual relation is the main causes to HIV/AIDS answer by the respondents. Also, they knew only safety highest ways to avoid HIV/AIDS are multiple ways. Further, all the variables (respondent's age, marital status, educational level and occupation) of contingency analysis are significantly associate with HIV/AIDS in both permanent resident and frequently moving. In multivariate logistic analysis we found that in case of frequently moving respondents variables like respondent's age, marital status, educational level and occupation exerts the significant effect on the knowledge about the fearfulness of HIV/AIDS whereas in permanent residents all variables exerts the significant (except in age group) effect on the knowledge about the fearfulness of HIV/AIDS.

Keywords: HIV/AIDS, fearfulness, frequently moving and permanent resident population.

Author α: Senior Researcher, Dr. Wazed International Research and Training Institute Begum Rokeya University, Rangpur.

e-mail: drpsarkarbrur@yahoo.com

Author o: Executive Officer, Dutch Bangla Bank Limited Bangladesh. e-mail: sobin\_cu@yahoo.com

Author ρ ω: Begum Rokeya University, Rangpur Rangpur-5400, Bangladesh. e-mails: asaduzzaman.brur@gmail.com,

khairulnet @gmail.com

Author ¥: Assistant Director (Passport), Department of Immigration and Passport DIP, Agargaon, Dhaka. e-mail: hafbge02@yahoo.com

#### I. INTRODUCTION

angladesh is the seventh most populous country in the world and administratively, Bangladesh is divided into six Metropolitan Cities with a population of about 161.3 million (UNFPA, State of world population, 2008 and Notun Bisso, 2009). Rapid urbanization and industrialization have increased the scope of mobility within the country and job opportunity outside the country as well. During the past two decades, the urban population has grown from 6 million in 1974 to 21 million in 1994, and it is expected to grow to over 50 million by 2014. About two million migrant workers live in Middle East and South East Asian Countries (World AIDS Day, 2001). Despite many major achievements in health, a small number of populations in our region continue to slightly die from these murderer AIDS diseases. Meanwhile, Acquired Immune Deficiency Syndrome (AIDS) is caused by the Immunodeficiency Virus (HIV). It weakens the immune system and makes the body susceptible to and unable recover from other opportunistic Consequently it is one of the main causes of death of human being and world wide wreaking devastation on millions of people's communities. HIV/AIDS is the late clinical stage of infection with the HIV. The virus is generally transmitted through sexual contact, infected unborn children, or women to their contaminated needles (infections) or blood (Rahman, Mondol & Abedin, 2005). It poses a serious challenge to human kind and at present AIDS/HIV has increasingly become a major public-health concern in many developing countries as well as in Bangladesh. So far the disease has no any reliable antibiotic medicine till today, but a cure for HIV/AIDS infection remains an elusive goal despite the significant impact of current treatments. This is because of the virus' ability to adapt to and resist those treatments, and bypass the immune system's natural defenses (Suhadolnik, Robert J. et al, 2007). It is a threat to social and economic development, to people in the most productive period of

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their lives, to family life, to mothers and their children, to entire culture and population.

HIV still continues to be a very common complication worldwide. During the twenty-first century, it was the fourth cause of mortality, with more than 5% of deaths all over the world (Murray C.J.L., et al., 2001). In a study, up to 40 million people are estimated to live with HIV in the world. In addition, 25 million deaths have been reported (UNAIDS/WHO, 2006). The level of knowledge of the population is thus an important measure for understanding the magnitude of the challenges by Government and Non-government organizations Bangladesh is passing through a period of demographic transition. The most distinctive demographic change is the shift of population from rural to urban areas, especially in Metropolitan cities (Sultana, R, 2005). The impact of HIV/AIDS in Bangladesh reaches every concern of society. HIV/AIDS also has become national concern in Bangladesh and the government has already developed a national strategy and an operational plan to address the country's needs. Worldwide experience of HIV/AIDS disease has suggested that public knowledge on AIDS is the most fundamental weapon against the AIDS pandemic as long as a vaccine or cure has not been developed (UNAIDS China, 2002). The level of knowledge of the population is thus an important measure for understanding the magnitude of the challenges by Government and Non-government organizations (United Nations, 2002). To meet the targets and goals of AIDS prevention and control, there is a strong need to assess the current levels of specific knowledge about AIDS transmission and prevention by various residence and other key socio-demographic factors. In this context, the study is conduct on knowledge of HIV/AIDS between the frequently moving (a section of the population who is frequently moving in where and there place) and permanent resident (a section of the population permanently resident in a place) population.

### II. OBJECTIVES OF THE STUDY

The present study focus on-

- To identify socio-demographic factors related to knowledge about HIV/AIDS
- To investigate the factor related to knowledge about HIV/AIDS transmission and prevention
- To determine and compare the levels of knowledge about HIV/AIDS between frequently moving and permanent resident groups of selective people
- To examine the knowledge of fearfulness about HIV/AIDS

#### III. Data Sources and Methodology

The study is based on the data from a quota sampling of which 50 are of frequently moving and 50 are of permanent residents for every 100 respondents

from three Metropolitan City Corporations namely Dhaka, Rajshahi and Chittagong. The information is collected on the basis of structured frequently moving (a section of the population frequently moved in every place) and permanent resident (a section of the population permanently resident in a place) population. All the respondents were interviewed during 1<sup>st</sup> October to 20<sup>th</sup> December, 2008.

At first, we estimated percentage distribution of both frequently moving and permanent resident respondents who have or not ever heard the name of HIV/AIDS and their fearfulness. Secondly, to test any association between different phenomena that could be useful in the cross tabulation analysis by Pearson's chisquare ( $\chi^2$ ) statistic is considered. Finally, binary logistic regression was used to estimate the number of determinant fearfulness about HIV/AIDS.

#### IV. Results and Discussions

a) Socio-economic characteristics of frequently moving and permanent resident respondents

Socio-economic and demographic characteristics of the study population are essential for interpretation of collected data and examination of any cause-effect relationship among different variables. It also helps in comparing findings with similar characteristics in other independent study findings. It is provide the descriptive summary of some selected socio-economic and demographic characteristics of the study population from Table 1 we observed that about 39 percent of the respondents in frequently moving category are in age 30-39 years whereas about 44 percent of the respondents in permanent resident category are in age group 18-29 years. Education is one of the most important indicators of increasing awareness. Table 1 show that 28 percent frequently moving respondents and about 31 percent permanent resident respondents have education secondary & higher. The professional characteristics are the subject matter analysis which influences the socio-economic performance and identification of issue of HIV/AIDS in Bangladesh. Table 1 presents in frequently moving category respondents (33.70%) are engaged in rickshaw & auto rickshaw whereas permanent resident category respondents (25.60%) are engaged in other category work. We also observed that according to frequently moving (about 86%) and permanent resident (about 74%) respondents, married respondents contain a significantly higher percentage.

Table 1: Selected socio-economic characteristics of frequently moving and permanent resident respondents

Characteristics	Population						
Characteristics	Frequently Moving (N=798)	Permanent Resident (N=798)					
Age Group		, , , , ,					
18-29	202 (25.30)	348 (43.60)					
30-39	307 (38.50)	332 (41.60)					
40-49	139 (17.40)	99 (12.40)					
50+	150 (18.80)	19 (2.40)					
Education							
No education	178 (22.30)	61 (7.60)					
Primary Incomplete	193 (24.20)	180 (22.60)					
Primary Complete	108 (13.50)	123 (15.40)					
Secondary & Higher	224 (28.10)	246 (30.80)					
Graduate & Above	113 (11.90)	188 (23.60)					
Occupation							
Rickshaw & Auto Rickshaw	269 (33.70)	174 (21.80)					
Service Man	130 (16.30)	176 (22.10)					
Business Man	135 (16.90)	179 (22.40)					
Driver	82 (10.30)	65 (8.10)					
Sex worker	-	-					
Others (day labor, farmer, beggar)	182 (22.80)	204(25.60)					
Marital Status							
Single	97 (12.20)	196 (24.60)					
Married	683 (85.60)	588 (73.70)					
Widow & Widower	18 (2.30)	14 (1.80)					

Notes: Figure in parenthesis indicate that the percentage distribution, single define never married and (-) not available

Sources of Information about HIV/AIDS: The role of sources information about HIV/AIDS is alarm the public awareness. The public should be reassured that HIV/AIDS is not a dangerous disease as long as the appropriate prevention measures taken. Table 2 shows that 99 percent frequently moving and permanent resident respondents heard the name of HIV/AIDS by various sources of media but 31 percent frequently moving and 28 percent permanent resident respondents don't know the fearfulness of HIV/AIDS. Electronic media is the most dominate source of hearing about HIV/AIDS for both frequently moving (about 51%) and permanent resident (39%) respondents. Most of the respondents

are known HIV/AIDS as transmitted diseases and it is transmitted by multiple routes for both frequently moving (about 57%) and permanent resident (about 32%) respondents. Awareness of prevention on HIV/AIDS of frequently moving and permanent resident population regarding knowledge based about HIV/AIDS prevention. When respondents were asked how way to avoid AIDS virus, it seems that they want to rely on personal opinion about way to reducing HIV/AIDS. Table 2 pointed that about 30 percent frequently moving respondents and 22 percent permanent resident respondents mention highest way to reduce HIV/AIDS is multiple way.

Table 2: Sources of Information about HIV/AIDS

	Pop	oulation
HIV/AIDS Related Information	Frequently Moving (N=798)	Permanent Resident (N=798)
Heard about HIV/AIDS		
Yes	790 (99.00)	790 (99.00)
No	8 (1.00)	8 (1.00)
Knowledge about fearfulness of HIV/AIDS		
Yes	550 (68.90)	571 (71.60)
No	248 (31.10)	227 (28.40)
Source of HIV/AIDS media		
Doesn't know	8(1.00)	8 (1.00)
Electronic media	404 (50.60)	313 (39.20)
Print media	41 (5.10)	44 (5.50)
Counseling	53 (6.60)	46 (5.80)
Institute	62 (7.80)	196 (24.60)
Multiple source	230 (28.80)	191 (23.90)

Transmission Routes		
Doesn't know specific way	12 (1.50)	37 (4.60)
Mosquito bite	20 (2.50)	4 (0.50)
Illegal intercourse	63 (7.90)	251 (31.50)
Blood & vaginal secretion	17 (2.10)	43 (5.40)
Injection	21 (2.60)	11 (1.40)
Free intimacy	28 (3.50)	23 (2.90)
Sex worker	48 (6.00)	53 (6.60)
Mother to child transmission	73 (9.10)	96 (12.00)
Shaking hand	20 (2.50)	6 (0.80)
Sharing food	11 (1.40)	6 (0.80)
Toilet seats	17 (2.10)	9 (1.10)
Hugging	17 (2.10)	6 (0.80)
Multiple routes	451 (56.50)	253 (31.70)
Prevention ways		
Doesn't know specific way	-	-
To obey command of religious belief	86 (10.80)	128 (16.00)
Abstain from sexual relation	12 (1.50)	16 (2.00)
Use condom during intercourse	61 (7.60)	94 (11.80)
Doctor advice	8 (1.00)	41 (5.10)
Avoid multiple sex partner	62 (7.80)	5 (0.60)
Abstain sex from prostitute	25 (3.10)	2 (0.30)
Avoid homo sex	32 (4.00)	12 (1.50)
Avoid contaminated syringe & razors	166 (20.80)	173 (21.70)
Avoid kissing	17 (2.10)	10 (1.30)
Blood transfusion	87 (10.90)	131 (16.40)
Avoid mosquito bites	-	7 (0.90)
Multiple way	242 (30.30)	179 (22.40)

Notes: Figure in parenthesis indicates percentage and (-) not available

#### b) Bivariate Analysis

Knowledge of HIV/AIDS Transmission by background characteristics: Bangladesh is highly susceptible to the transmission of epidemic (HIV in Bangladesh, 2002). There is a huge lack of accurate knowledge about the ways in which HIV/AIDS can and cannot be transmitted among many Bangladeshi people. The knowledge of HIV/AIDS transmission among frequently moving and permanent resident respondents by background characteristics such as age, marital status, educational level and employment status are differences which are presented in Table 3. The higher proportion of respondents in age group 30-39 years, 62 percent frequently moving respondents believe that HIV/AIDS can be transmission routes by multiple routes while 42 percent permanent resident in age 50+ years believes same routes. Again, about 23 percent frequently moving population in age group 50+ years and 21 percent permanent resident population in age 40-49 years believe HIV/AIDS misconception transmission routes. The differences of various transmission routes and age are statistically highly significant for both frequently moving and permanent resident population. Table 3 shows the higher proportion of respondents about 57 percent frequently moving married believe HIV/AIDS transmission routes by multiple transmitted routes whereas, the proportion is about 33 percent permanent resident married believes same routes. According to the higher proportion of widowed frequently moving and permanent resident respondents believes HIV/AIDS transmission routes misconception routes and its percentage are about 39 and about 14 respectively. It is worth mentioning that, widow considers as has no spouse are less aware about misconception than married person and the differences of various transmission routes and marital status are statistically significant for both frequently moving and permanent resident populations. Education is strongly and positively associated with a correct understanding of HIV/AIDS transmission. The higher proportion of frequently moving and permanent resident respondents with educational level no education and its percentage are 43 percent and about 61 percent respectively believes HIV/AIDS transmission routes misconception transmission routes. According to secondary and higher education, about 70 percent frequently moving respondents believe the transmitted routes is multiple routes whereas only about 36 percent permanent resident respondents. It is notable that more educated person more awarded about HIV/AIDS transmission routes and the differences of transmission routes and education are statistically highly significant for both types of respondent. From Table 3 we also seen that according to rickshaw puller about 25 percent frequently moving believes HIV/AIDS transmission routes by misconception transmission routes whereas

permanent resident the proportion are about only 17 percent. Again, about 59 percent frequently moving service man believes HIV/AIDS transmission routes are multiple routes whereas 40 percent permanent resident

driver believes the same routes. The differences between transmission routes and occupation are statistically significant for both frequently moving and permanently resident respondents.

Table 3: Knowledge of HIV/AIDS Transmission routes: Frequently moving and Permanent resident population

Dealcone	Transmission routes												
Background		Freque	ently Mo	ving (N	=798)			Perma	anent resi	ident (N	=798)		
characteristics	Α	В	Ċ	D	E	F	Α	В	С	D	E	F	
Age													
18-29	14.90	16.80	1.50	4.00	15.80	47.00	8.90	33.90	7.80	1.10	12.90	35.30	
30-39	14.00	14.00	2.30	1.60	5.90	62.20	11.10	39.20	3.30	1.80	12.30	32.20	
40-49	12.90	10.10	5.00	2.90	7.20	61.90	21.20	53.50	3.00	0.00	7.10	15.20	
50+	22.70	13.30	0.00	2.70	8.70	52.70	10.50	15.80	10.50	5.30	15.80	42.10	
		$\chi^2 = 40.62$	27; d.1	f=15;	p=0.000			$\chi^2 = 46.1$	13; d.f	=15; p	0.000		
Marital status													
Unmarried	11.30	18.60	1.00	3.10	12.40	53.60	10.20	38.30	9.20	1.50	10.20	30.60	
Married	15.70	13.60	2.30	2.60	8.60	57.10	11.70	38.10	3.90	1.20	12.60	32.50	
Widowed	38.90	0.00	0.00	0.00	11.10	50.00	14.30	35.70	14.30	7.10	14.30	14.30	
		$\chi^2$ =14.731; d.f=10; p=0.142						$\chi^2$ =15.942; d.f=10; p=0.101					
Education													
No education	43.30	14.00	0.00	2.20	0.60	39.90	60.70	14.80	6.60	0.00	1.60	16.40	
Primary incomplete	10.90	11.40	4.10	2.60	5.70	65.30	9.40	37.20	3.90	2.80	11.10	35.60	
Primary complete	15.70	18.50	0.00	1.90	8.30	55.60	8.90	41.50	6.50	0.00	9.80	33.30	
Secondary & higher	3.10	14.70	1.80	4.00	6.70	69.60	6.90	43.10	5.70	2.00	6.50	35.80	
Graduate & above	3.20	11.60	5.30	1.10	38.90	40.00	4.80	37.80	5.30	0.50	25.00	26.60	
		$\chi^2 = 274.8$	70; d.	f=20;	p=0.000	•	$\chi^2$ =208.350; d.f=20; p=0.000						
Occupation													
Rickshaw	24.90	12.60	1.90	1.10	3.30	56.10	16.70	32.20	5.20	2.30	8.60	35.10	
Service	5.40	10.80	3.10	2.30	20.00	58.50	4.00	40.90	4.50	1.70	24.40	24.40	
Business	8.90	20.00	3.00	1.50	9.60	57.00	8.40	43.00	5.00	0.60	11.20	31.80	
Driver	12.20	12.20	2.40	6.10	11.00	56.10	10.80	30.80	12.30	1.50	4.60	40.00	
Sex worker	-	-	-	-	-	-	-	-	-	-	-	-	
Other	15.90	14.30	1.10	4.40	8.80	55.50	16.20	38.70	4.40	1.00	7.40	32.40	
		$\chi^2 = 71.19$	93; <b>d.</b> 1	=20;	<b>p</b> =0.000			$\chi^2 = 67.0$	24; <b>d.f</b>	=20; <b>p</b>	0.000		

Notes: A = misconception transmitted routes; B = sexual relation; C = blood and vaginal secretion; D = injection; E = mother to child transmission; F = multiple routes, (-) denote not available and tables value indicate percentage of with in different background characteristics group.

# c) Knowledge of HIV/AIDS Prevention by background characteristics

HIV/AIDS of Bangladesh is considered as a "Low Prevalence but High Risk" country. Only prevention measure can be avoided this risk. However, prevention knowledge is one of the most important elements of social and economic life. It is also associated with control of HIV/AIDS. The differences of prevention way and among all variables are statistically significant. Table 4 indicates the proportion of frequently moving respondents reporting correct prevention knowledge of HIV/AIDS by avoid contaminated syringe and razors at about 22 percent frequently moving in age group 30-39 years while at 27 percent permanent resident in age group 40-49 years. Again, the higher proportion of frequently moving respondents about 33 percent in age group 30-39 years believe that the prevention way by avoid multiple way while the higher proportion of permanent resident respondents were 29 percent in age group 40-49. Table 4 also show that the

higher proportion of prevention way were about 29 percent permanent residents widowed believe prevention method blood transfusion whereas 38 percent frequently moving unmarried believe prevention method avoid multiple way. Table 4 shows the higher proportion respondents of primary incomplete about 36 percent frequently moving believe of prevention methods by multiple way whereas about 31 percent permanent resident with secondary and higher education. The higher proportion of respondents, about 36 percent frequently moving who work business believes popular prevention methods by avoid multiple way while the proportion of 34 percent permanent resident who work driver.

Table 4: Knowledge of prevention way about HIV/AIDS by Frequently moving and permanent resident population

Pool/ground							prevent	ion way	•					
Background Characteristics	Frequently Moving (N=798)							Permanent resident (N=798)						
Characteristics	Α	В	С	D	E	F	G	Α	В	С	D	E	F	G
Age														
18-29	0.50	12.90	5.90	12.90	19.80	16.30	31.70	1.10	3.40	11.50	23.30	20.40	19.30	21.00
30-39	2.60	19.90	6.80	6.80	21.80	9.40	32.60	2.10	6.00	12.70	21.70	21.40	13.90	22.30
40-49	4.30	12.90	12.20	19.40	21.60	7.20	22.30	6.10	3.00	8.10	12.10	27.30	14.10	29.30
50+	1.30	17.30	7.30	13.30	19.30	10.00	31.30	0.00	0.00	21.10	21.10	21.10	21.10	15.80
		χ <sup>2</sup> =	41.951;	d.f=8	3; p=0	.001			$\chi^2 =$	28.589;	d.f=1	8; p=	0.054	
Marital status														
Unmarried	1.00	9.30	7.20	8.20	17.50	18.60	38.10	2.00	4.60	9.70	26.00	18.40	19.90	19.40
Married	2.20	17.40	7.80	12.20	20.90	10.00	29.60	1.70	4.40	12.80	19.40	22.80	15.00	24.00
Widowed	5.60	16.70	5.60	16.70	33.30	5.60	16.70	21.40	0.00	0.00	28.60	21.40	28.60	0.00
		$\chi^2 =$	17.900;	d.f=1	2; p=0	0.119		$\chi^2$ =41.261; d.f=12; p=0.000						
Education														
No education	1.70	11.20	9.00	19.10	21.90	10.70	26.40	3.30	3.30	23.00	23.00	19.70	9.80	18.00
Primary incomplete	3.60	9.80	5.70	11.40	18.10	15.50	35.80	3.90	4.40	15.00	21.70	22.20	15.00	17.80
Primary complete	0.00	27.80	1.90	6.50	20.40	11.10	32.40	0.80	3.30	13.80	28.50	17.90	17.10	18.70
Secondary & higher	3.10	18.30	12.10	11.20	15.20	7.60	32.60	1.20	5.70	11.00	14.60	20.30	16.70	30.50
Graduate & above	0.00	22.10	5.30	6.30	37.90	9.50	18.90	2.10	3.70	4.80	23.90	26.10	19.10	20.20
		$\chi^2 =$	83.241;	d.f=2	4; p=0	0.000			$\chi^2 =$	47.997;	d.f=2	4; p=0	0.003	
Occupation														
Rickshaw	2.60	16.00	7.10	16.00	17.50	10.80	30.10	1.10	5.70	16.10	25.30	19.00	15.50	17.20
Service	5.40	13.10	6.20	5.40	30.80	12.30	26.90	1.70	3.40	5.70	23.30	27.80	18.80	19.30
Business	1.50	23.70	8.10	4.40	22.20	3.70	36.30	1.70	5.60	10.60	17.90	19.00	15.10	30.20
Driver	0.00	13.40	15.90	12.20	15.90	19.50	23.20	3.10	3.10	10.80	20.00	12.30	16.90	33.80
Sex worker		-	-	-	-	-	-	-	-	-	-	-	-	-
Other	0.50	15.40	5.50	15.40	19.80	11.50	31.90	3.40	3.40	14.70	19.10	24.00	16.20	19.10
		$\chi^2 =$	67.095;	d.f=2	4; p=0	0.000			$\chi^2 =$	39.266;	d.f=2	4; p=0	0.026	

Notes: A= not prevention; B= avoid unsafe sexual relation; C= use condom during intercourse; D= advice; E= contaminated syringe & razors; F = blood transfusion; G = multiple way; (-) = not available.

#### d) Results of Logistic Regression Analysis

logistic regression analysis Multiple conducted to asses the knowledge of fearfulness about HIV/AIDS as dependent variable (0= if he/she doesn't know the fearfulness about HIV/AIDS and 1= if he/she know the fearfulness about HIV/AIDS) by some selected characteristics for both floating and permanent resident respondents. There are many potential independent variables. Of all the potential independent variables we consider only those of the variables which give significant result in empirical study and that are also suitable for theoretical purpose. Here the independent variables are age, marital status, educational qualification and occupation of the respondents.

For frequently moving resident, 30-39 years, 40-49 and 50+ years age group are 2.693, 1.311 and 2.767 times more to have knowledge about fearfulness of HIV/AIDS than that of the respondent of 18-29 years age group (reference group) respectively. Here, the middle age group (40-49 years) who are less than old in age and less awarded about the fearfulness of HIV/AIDS. Consequently they have negative significant impact on the fearfulness of HIV/AIDS. For marital status married and widow-widower are 0.400, 0.228 times less to have knowledge about fearfulness of HIV/AIDS than that of the respondent with single (reference group) respectively. Here, the marital status married and

widow-widower who have experienced in different purpose of life had a significant acquaintance about HIV/AIDS. Again, respondents educational level primary incomplete, primary complete, secondary & higher secondary, graduate & higher are 7.020, 8.825, 19.325 and 6.914 times more to have knowledge about fearfulness of HIV/AIDS than that of the respondent no education (reference group) respectively. Here, the educational level who have experienced in different purpose of life had a highly significant acquaintance about HIV/AIDS than no education. For respondents occupation, service man, business man, driver and others are 0.820, 0.701, 0.337 and 0.534 times less to have knowledge about the fearfulness of HIV/AIDS than that of the respondent of occupation rickshaw & auto rickshaw driver (reference group) respectively. Here, driver move here and there and consequently have had a significant acquaintance about HIV/AIDS. But the service man and business man have not such of opportunity and they have negative impact about the fearfulness of HIV/AIDS than that of rickshaw & auto rickshaw driver.

For permanent resident, 30-39 years, 40-49 and 50+ years age group are 0.259, 0.235 and 0.369 times less to have knowledge about fearfulness of HIV/AIDS than that of the respondent of 18-29 years age group (reference group) respectively. Here, there is no

significant age group. For marital status married and widow-widower are 0.927 and 0.317 times less to have knowledge about fearfulness of HIV/AIDS than that of the respondent with single (reference group) respectively. Here, the widow-widower who have experienced in different purpose of life had a negative significant acquaintance about HIV/AIDS. Again, respondents educational level primary incomplete, primary complete, secondary & higher secondary, graduate & higher are 14.115, 19.929, 28.908 and 16.867 times more to have knowledge about fearfulness of HIV/AIDS than that of the respondent no education (reference group) respectively. Here, the educational level have experienced in different purpose of life had a highly significant acquaintance about HIV/AIDS. For

respondents occupation, service man, business man and driver are 0.573, 0.914 and 0.645 0 times less times to has knowledge about the fearfulness of HIV/AIDS than that of the respondent of occupation rickshaw & auto rickshaw driver (reference group) respectively. And others is 1.234 times more to have knowledge about the fearfulness of HIV/AIDS. Here, the service, move daily a specific place with respect to discipline for their service and consequently have had a significant acquaintance about HIV/AIDS. But the business man, driver and others has no such of specific place and they have negative impact about the fearfulness of HIV/AIDS than that of rickshaw & auto rickshaw driver.

Table 5: Results of Logistic Regression Analysis of Knowledge of fearfulness about HIV/AIDS for frequently moving and permanent resident

	Freque	ntly moving	Perman	ent resident
Name of Independent variables	В	Odds Ratios	В	Odds Ratios
Age				
18-29 (Ref.)				
30-39	0.990***	2.693	0.224	0.259
40-49	0.271	1.311	0.354	0.235
50+	1.018***	2.767	-0.55	0.369
Marital status				
Single(Ref.)				
Married	-0.917***	0.400	-0.076	0.927
Widow & widower	-1.479***	0.228	-1.147***	0.317
Education				
No education (Ref.)				
Primary incomplete	1.949***	7.020	2.647***	14.115
Primary complete	2.178***	8.825	2.993***	19.929
Secondary & higher secondary	2.961***	19.325	3.364***	28.908
Graduate & higher	1.934***	6.914	2.825***	16.867
Occupation				
Rickshaw & auto rickshaw (Ref.)				
Service	-0.198	0.820	-0.557*	0.573
Business	-0.356	0.701	-0.089	0.914
Driver	-1.087***	0.337	-0.438	0.645
Sex worker				
Others	-0.628***	0.534	0.210	1.234

Notes: (Ref.) denotes Reference category. \*\*\* denotes 1% level of significance. \*\* denotes 5% level of significance. \* 10% level of significance B denotes estimate regression coefficient and others: day labor, farmer and beggar.

# V. Conclusion and RECOMMENDATIONS

Knowledge of HIV/AIDS has become the burning question of the day. The knowledge of HIV/AIDS in Bangladesh has long been a topic of interest to population research because of its apparent direct relationship with lack of health facilities and indirectly with the poverty. At the significance level among the selected variables we have seen that the more knowledge gathered on HIV/AIDS in frequently moving respondents than permanent resident respondent. This

study reflect that wide gap exists frequently movingpermanent resident respondent by different demographic; especially education, occupation and media exposure & also followed by way to prevent of HIV/AIDS between frequently moving and permanent resident. Therefore, both government and NGO's program should strengthen care and support program may build up knowledge about HIV/AIDS and to provide the prevention through mass media by creating awareness to all people also.

#### Conflict of Interests

The author declares that there is no conflict of interests regarding the publication of this paper.

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# A Disseminated Myeloid Sarcoma Case Transformed into Leukemia

By Rafet Eren, Fuat Aydınlı, Osman Yokuş, Ceyda Aslan, Cihan Gündoğan, Mehmet Hilmi Doğu, Elif Suyanı, Şermin Altındal & Habip Gedik

Abstract- Myeloid sarcoma (MS) is a tumoral mass which is derived from immature myeloid precursor cells. A 28 year old man without a medical history was diagnosed as isolated MS of testis and orchiectomy was performed. After a watch and wait approach, one year later relapse occured in the other testis without bone marrow involvement. Orchiectomy to the other testis was repeated. One year later, the patient presented to our hospital with masses at inguinal and right popliteal regions. Body 18F-FDG PET/CT showed increased FDG uptake in lymph nodes of aortocaval, paraaortic, paracaval, bilateral common iliac, right external iliac, bilateral inguinal regions with a diameter of maximum 3.7 cm and a SUVmax of 11.9; and also a heterogenous FDG uptake was observed in the muscles of posterior leg region. We performed bone marrow biopsy and aspiration resulting in no pathological infiltration. The patient was treated with induction treatment of AML, followed by consolidation with one cycle of high dose ARA-C. After the first cycle of high dose ARA-C, leucocytosis developed.

Keywords: myeloid sarcoma, acute myeloid leukemia, testis, muscle, lymph node.

GJMR-K Classification: NLMC Code: WH 250



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# A Disseminated Myeloid Sarcoma Case Transformed into Leukemia

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Keywords: myeloid sarcoma, acute myeloid leukemia, testis, muscle, lymph node.

#### I. Introduction

yeloid sarcoma (MS) is a tumoral mass which is derived from immature myeloid precursor cells. Although MS most commonly develops as an extramedullary presentation of acute myeloid leukemia (AML), it can also accompany myelodysplastic syndrome (MDS) or myeloproliferative neoplasms (1-3). While MS is seen in % 2-14 of AML patients (1,3), the incidence rate of isolated MS without bone marrow infiltration is only 2 per million (2). Myeloid sarcoma can occur at any time during the course of disease. It is

Author  $\alpha$   $\sigma$   $\rho$   $\omega$ : Hematologist and Internal Diseases Physician, Department of Hematology, Ministry of Health Istanbul Training and Research Hospital, İstanbul. e-mails: rafeteren@hotmail.com,

fuataydinli@yahoo.com, yokus.osman@yandex.com, ceydaaslan@yahoo.com

Author ¥ §  $\chi$  v: Nuclear Medicine Physician, Department of Nuclear Medicine Physician, Ministry of Health Istanbul Training and Research Hospital, İstanbul. e-mails: cihangundogan@hotmail.com, mehmethilmi@hotmail.com, elifsuyani@hotmail.com,

elifsuyani@hotmail.com

Author O: Associate Professor, Department of Infectious Diseases and Clinical Microbiology Ministry of Health Bakirkoy Sadi Konuk Training and Research Hospital, Istanbul, Turkey.

e-mail: habipgedik@yahoo.com

often seen in bone, soft tissue, lymph nodes, periton and gastrointestinal system and rarely seen in genitourinary system and central nervous system (1-3). Here, we present a case presenting with isolated testicular MS, relapsing with testis, lymph node and soft tissue involvements, and ultimately experiencing bone marrow infiltration.

#### II. CASE

A 28 vear-old-man without a remarkable medical history presented to his primary care physician with pain at inquinal region. A testicular mass was found at physical examination. Laboratory results including complete blood count and biochemistry were normal. 18F-Fluorodeoxyglucosepositron tomography/computed tomography (18F-FDG PET/CT) showed increased FDG uptake in testicular mass, solely. He underwent orchiectomy and biopsy revealed MS. Examinations including bone marrow aspiration and biopsy, and bone marrow conventional cytogenetics were normal without blast infiltration. After a watch and wait approach, relapse occured in the other testis one year later. Simultaneous bone marrow examination was again normal. Orchiectomy to the other testis was repeted. One year after the second orciectomy, the patient presented to our hospital with gait disturbance. His physical examination was notable for a mass at inguinal region with a diameter of 3 cm and a mass at right popliteal region with a diameter of 7 cm. Body 18F-FDG PET/CT showed increased FDG uptake in lymph nodes of aortocaval, paraaortic, paracaval, bilateral common iliac, right external iliac, bilateral inquinal regions with a diameter of maximum 3.7 cm and a SUVmax of 11.9; and also a heterogenous FDG uptake was observed in the muscles of posterior leg region (figure 1). Complete blood cell count was normal. Pathological examination of the excisional biopsy of the lymph node was reported as MS. We performed bone marrow biopsy and aspiration resulting in no pathological infiltration. The patient was treated with induction treatment of AML (3/7: Idarubucin + Cytosine arabinoside (ARA-C)), followed by consolidation with one cycle of high dose ARA-C. His gait disturbance resolved. For monitoring response to therapy we performed 18F-FDG PET/CT which showed increased FDG uptake in lymph nodes of abdomen and iliac region and mass in the right popliteal region with a

diameter of 3.5x2.9x7.4 cm (SUV max: 9.2). After the first cycle of high dose ARA-C leucocytosis developed. Peripheral smear revealed blastic cells. Bone marrow bone marrow involvement was confirmed by examination. Salvage therapy with fludarabin + ARA-C + granulocyte colony stymulating factor + idarubucin (FLAG-IDA) and later etoposide + mitoxantrone + ARA-C (EMA) were applied to the patient sequentially. However response could not be achieved and patient died.

# III. Discussion

Although lymph node involvement of MS is often encountered (1,2), testicular (4-6) and muscle involvements (7,8) are rare entities in these patients. Neverthless, our patient comprised both testicular and muscle involvements consecutively, and also the lymph nodes were affected which was predictable in such a spread of the tumor.

An other distictive feature of this case is the development of bone marrow infiltration nearly 2.5 years after the diagnosis with the propagation of MS. Whereas leukemic transformation of MS usually occurs after a nearly median 7 months (1). Further more leukemic transformation occured during treatment after atypical extramedullary relapses. Mostly, MS with chromosome 8 abnormality transformes to AML rapidly with high incidence (2). However cytogenetic analyze of our patient was normal, which may be the cause of late leukemic transformation, although he did not receive systemic treatment at first diagnosis.

To our knowledge, this MS case differs with its disease course, as it presented with isolated testicular MS, relapsed repeatedly with testicular and later with lymph node and muscle involvements, and ultimately experienced leukemic transformation. Patients with isolated MS should be treated at first diagnosis.

# Conflict of Interest

The authors declare that they have no conflict of interest

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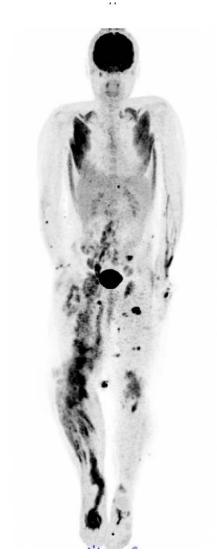


Figure 1



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# Determinants of Maternal Care Utilization in a Rural Area of Bangladesh: A Case Study of Udaypur Village of Bagerhat District

By Moriam Khanam & Nusrat Jafrin

University of Dhaka

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# Determinants of Maternal Care Utilization in a Rural Area of Bangladesh: A Case Study of Udaypur Village of Bagerhat District

Moriam Khanam a & Nusrat Jafrin a

Abstract- The aim of the study was to identify the demand side factors that determine the decision to utilize maternal care from medically qualified providers in the rural village of Bangladesh. Different scholarly articles have divided the problem of health services into two categories of factors: demand side factors and supply side factors. In this study, we are considering only the demand side factors only because the supply has increased substantially over time. The study was conducted in Udaypur Aruakandi village of Bagerhat distrct where the government health care facility (UHC) is only 1 km away. Econometric methods are used to identify demand side determinants of health service utilization in general. Data from 60 selected women who has given birth within 2.5 years or were pregnant at the time of data collection from three strata of households from a purposively chosen village of Bangladesh were collected in the period 25 December, 2015 to 5 January, 2016. This study used both qualitative and quantitative analyses to identify the factors that affect the use of maternal health care. In the study area out of the 60 women, 53% received antenatal care from a medically trained provider, making 4 ANC visits is only by 30% women, 49% of the delivery were attended by SBAs, 35% of the women received post natal care from medically qualified providers. So the utilization of maternal care is very low. The result of logistic regression analysis show that in general the likelihood of using maternal care services is affected by the socio-economic conditions, family education, occupation and age of the respondent individually. The level of family education was found to be the main factor associated with use of the MCH services, besides, perception of quality about the services provided by nearest health care facilities, wantedness of pregnancy, women's decision making power are also the important determinants of maternal care utilization from medically qualified sources.

Keywords: bangladesh, bagerhat, rural area, maternal care utilization, health care services.

# I. Introduction

he health status of women is an important indicator of the general health and well-being of the population of a country. Over the years, many impressive initiatives have been taken globally to improve maternal health status and reduce maternal mortality. Very recently different initiatives have been taken under goals specified in MDGs and SDGs. In the

Author  $\alpha$ : Lecturer, Institute of Health Economics, University of Dhaka, Bangladesh. e-mail: moriamkhanam@gmail.com

Author o: Lecturer, Department of Population Sciences, University of Dhaka, Bangladesh. e-mail: nusrat dps@du.ac.bd

Summit United **Nations** Millennium of 2000, improvement of maternal health was one of the Millennium Development Goals (MDGs). Finally, the declaration of Sustainable development goal 3 and target 1 is to reduce global MMR to less than 70 per 100,000 live births by 2030. Though the world has experienced considerable success in reducing maternal mortality, still about 830 women die from pregnancy- or childbirth-related complications around the world every day and the risk of a woman in a developing country dying from a maternal-related cause during her lifetime is about 33 times higher compared to a woman living in a developed country (WHO, 2015). The major determinants of maternal morbidity and mortality include pregnancy, the development of pregnancy-related complications, including complications from abortion, delivery, and the post delivery period. If the utilization of proper maternal care could be ensured, majority of the death would not occur.

Since the independence, Bangladesh has achieved remarkable progress in various health indicators including maternal health status[1] such as life expectancy at birth has increased, total fertility rate, under 5 mortality rate, maternal mortality have declined over time. Bangladesh was committed to the MDGs and developed different policies and strategies. As a result, the country has made significant progress in improving the maternal health status. Bangladesh has experienced a steady decline in maternal, neonatal, infant and underfive mortality in recent decades; however, the rate of decline is insufficient to achieve MDG 4 and 5 targets set for Bangladesh (UNICEF, 2013). Bangladesh is now preparing to welcome the post-2015 Sustainable Development Goals (SDGs) 2030. For the health sector in Bangladesh, the SDGs will create an opportunity for focusingon results through overcoming the challengesof the unfinished agenda of the MDGs (Health Bulletin, 2015). In 2000, maternal mortality ratio (MMR) was 399 deaths per 100,000 live births and by 2015, it has dramatically reduced to 176 deaths per 100,000 live births in Bangladesh (World Bank, 2015). But the condition is not vet at satisfactory stage, considerably compared to many other developing nations. Despite improvements. pregnancy-related complications remains the leading cause of death and disability amongwomen of childbearing age [2]. To achieve the target specified in SDG, Bangladesh needs to go a long way. The maternal mortality rate in Bangladesh is mainly attributable to the low utilization of maternal health care services from qualified providers. Because there are demand-side barriers that inhibit women from seeking antenatal care (ANC), delivery, and postnatal care (PNC) services, including lack of information about when or from where to obtain treatment and women's awareness of potentially life-threatening conditions (NIPORT, 2005). Utilization of antenatal care received from a medically trained provider (at least one visit) is 64%, at least four visits is 31%; delivery care with skilled attendant at birth is 42%, although 22 percent of the births were delivered in a private facility, only 13 percent were delivered in a public facility, and 62 percent delivered at home; 36% receives postnatal care (BDHS, 2014). Further, inequity exists in the utilization of maternal care among the rural and urban areas of Bangladesh. So it is an important concern to bring those women who are not using the maternal care from qualified sources under the utilization.

# II. JUSTIFICATION OF THE STUDY

Evidence shows that the maternal mortality rate (MMR) are still at unacceptable level. So it is important to obtain information and identify reasons for low utilization of maternal health care services. In Bangladesh there are services for delivery care which may be insufficient amount, but they are not adequately used(2). Many investigations have been made to identify the underlying causes of low use of the MCH services provided through the public sector health care facilities. These mainly focused on both demand and supply side barriers. But over the time availability of maternal services at the rural level remarkably improved but the utilization has not increased remarkably. Thus, in Bangladesh, there is a research gap in this field due to inadequate research on the under-utilization issue from the perspective of users only. There are some research in this field but no research in this particular village of Bagerhat.

Against this background, it is therefore imperative that a study be conducted to analyze and describe the demand side factors that affect the utilization of maternal care by pregnant women. Therefore, the search for factors that influence utilization in that area will certainly be beneficial to improve the utilization of maternal care in rural areas of Bangladesh.

# a) Research Question

What are the demand side factors influencing utilization of maternal health care services in a rural area of Bangladesh?

Research objective: Using a rural village of Bangladesh as a case study, the objective of this study is to observe the utilization pattern and establish determinant factors in the utilization of maternal health care services from

qualified sources that is, the use of antenatal care services, skilled assistance during delivery, postnatal care among women of reproductive age in a rural area of Bangladesh.

- b) Specific objectives
- ❖ To examine the patterns of the use of maternal care by pregnantwomen.
- ❖ To investigate the determinants of utilizing maternal care from medically trained providers.

# c) Hypotheses

The study, considering only the demand side factors, hypothesized that

- Populations in higher socio-economic conditions are likely to use maternal health care services from medically qualified sources more than are those relatively in low socio-economic conditions in rural Bangladesh
- Poor knowledge and negative attitude of people towards the public sector healthcare service decreases the use of maternal care services in rural Bangladesh.

These hypotheses will be discussed and verified in the result section of the paper based on the data and information collected.

# III. LITERATURE REVIEW

The use of health services is influenced by the characteristics of the health delivery system for example, accessibility, quality, and cost of the services [Chakraborty et al. (2003)]. However, even where there is a good supply of services, those services may not be fully used [3]. Even under the same circumstances of availability, some women are more likely to use services than others. Therefore, a health delivery system is not the only factor that determines the level of use of health care services. Other factors such as characteristics and structure influence the use of health care services. Several studies have shown that sociodemographic factors affect the utilisation of maternal health care services. Below a review of the empirical evidence of the selected demand side factors that affect the utilisation of maternal health care services has been given.

Chowdhury et al. (2003) found that educated women are more likely to seek treatment from doctors/nurses than women who were not educated in Bangladesh. The results of their multivariate analysis showed that women with secondary or higher education were almost 1.8 times more likely to seek treatment from doctors/nurses to treat their antepartum morbidities than the women who were not so. A study of 80 Bangladeshi women in two different districts, performed by Kalim et al (2009), found a significant relationship between maternal years of education, literacy rates, and the

utilization of skilled birth attendants and maternal mortality rates.

The media can bring about changes in people's attitudestowards the use of modern maternal care services. Literature suggests thatmass media are effective in information dissemination, which increases awareness about innovations, and fosters interpersonnel communication, which could facilitate behavioral changes allowing for the adoption of new/different behaviors (Valente et al., 1996).

Chakraborty et al. (2003) in their paper examined a number of predisposing and enabling factors that influence the use of maternal health care services in Bangladesh. The results show a high level of association between certain predisposing and enabling factors and use of maternal health services and they have found that women's education, husband's occupation, and influence of severity of disease condition in explaining the utilization of maternal health care are significant. Sunil et al. (2005) observed the relative effect of women and their husbands' education on use of maternal care services in rural India using data obtain from National Family Health Survey -2. They did not only find positive significant relative effect of spousal education on use of maternal care services, but also found impact of women education was higher in comparison to their husbands' education. They have also found women's mass media exposure was a positive and significant factor affecting the utilization of maternal care services in rural India. According to them, the percentage of utilization of maternal care services was about 19 percent almost a double for women who were exposed to media than the 10 percent of women who were not exposed to any medium of mass media.

Syed Azizur Rahman (2001) has found among the socio-economic factors - family education, income, negative attitude towards the services available were significant both individually and jointly with the variations of use of MCH services.

Additionally, women's age is an important factor which may influence the use of maternal health care services. The association between a woman's age and the use of medical services has been found to be inconsistent across studies. Because of greater exposure to and knowledge of modern health care, younger women may make more use of modern health care facilities than older women. Several studies indicate older women are less likely to use skilled delivery assistance (Banerjee et al., 2008).

It is observed from various research findings that the relative effect of joint or large family was found negative on use of maternal and child health services (Wang et al., 1987; Mishra, 2000; World Bank, 2001; Chowdhury et al, 2003 and, Sunil et al., 2005). They reasoned that larger family size might have resource constraints to utilize health services comfortably as compared to smaller family size.

A study on safe motherhood programs in Bangladesh found that women's low status in society, strong cultural and traditional ties that deter women from delivering at health centres or with medically-trained attendants because their mothers have given birth "naturally" for generations (UNICEF, 2007).

Pokhrel and Sauerborn (2004) stated that the economic model assumes that factors such as price and income covariate with a set of other socio-demographic and need factors, producing the demand for health care, usually represented by health care utilization.

As Mishra (2000) claimed that knowledge about health centre near by residence of the respondents may also have positive and significant effect on the utilization level of maternal and child health services.

Moreover, women's access to maternal health care has been expected to be limited by constraints on their autonomy, where female autonomy can be described as the ability of the women to make decisions within the household relative to her husband. Bloom et al. (2001) have found in the Indian context a positive relationship between female autonomy and the utilization of maternal care.

Several studies indicate a negative association between higher birth order and the use of maternal health care services (Babalolaet al. 2009, Ekale et al. 2007). A study from India affirms that women with more than two children are less likely to deliver at health facilities (Banerjee et al. 2008).

So cultural barriers and traditions as well as lack of information prevent women from accessing maternal and newborn health services. There is also little understanding about the need for rest and additional nutritious food during pregnancy. Moreover, the low status of women within the family means women will have her health care decided by her husband. Often her mother-in-law will be a key decision-maker. Despite being available, the utilization of emergency obstetric and neonatal care services is still low as well as postnatal care use. Families often ignore very simple healthy practices or do not accept them because it is against tradition or common belief. Similarly most people are not able to recognize when it is necessary to seek care for the mother.

# IV. CONCEPTUAL FRAMEWORK

The purpose of this study is to identify the determinants of maternal care utilization. To identify the determinants of maternal care utilization, a conceptual framework can be used.

The Anderson's behavioral model of health service use has widely been used to understand the determinants that affect the utilization of health use. In specifying the factors determining the type of provider chosen, this study used the modified version of the

behavioral model. The following figure is depicting the framework-

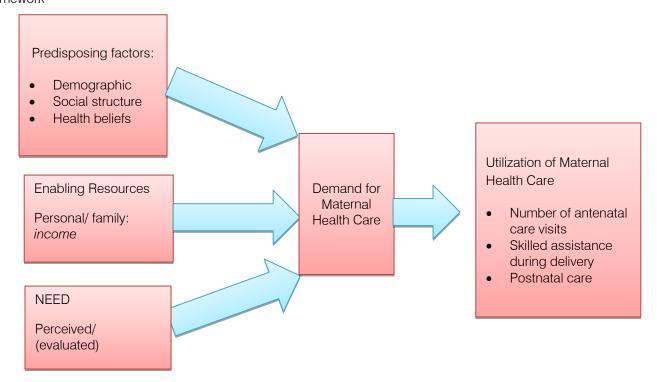


Figure 1.1: The conceptual framework depicting the relationship between selected control variables and maternal health care utilization.

In the framework, the demographic factors include age, gender, family size, number of previous pregnancies. Social structure involves education, occupation and religion. Health beliefs are the knowledge about health and health care system; for example, attitudes towards disease and medical care. Enabling factors are factors that make the individual able to obtain health care services, such as husband's occupation, family income, land holding. Need factors which are considered to be the most immediate cause of health service use -Information about risks of childbirth and about service availability in radio or TV should increase use, Pregnancy wanted, Perceived quality of care. In this study it is expected that these factors determine demands for maternal care and as a result the utilization of maternal care.

# V. METHODOLOGY

This study was a cross-sectional study carried out from December 25, 2015 to January 5, 2016 and the purpose was to determine the demand side factors that affect the utilization of maternal care services. Rural Bangladesh survey has been conducted in Udaypur Aruakandi Village of MollahatUpazila, Bagerhat district, the south-western part of Bangladesh. The Udaypur Aruakandi village is 1 km away from the UHC. But most of the deliveries in that area occur with traditional birth attendants and many pregnant women do not seek care during pregnancy, sometimes they seek care from

unqualified providers, a common situation in many rural area of Bangladesh which may have serious health consequences. Therefore, this village has been chosen to identify what the factors are that determine the utilization and non-utilization of maternal care services from qualified providers.

With a view to permitting scientifically grounded estimates to be made from the survey, the intention was to adopt probability sampling. The target population of this study was the women aged 15-49 years who have already given birth within 2.5 years or were pregnant at the time of data collection in a rural village of Bangladesh. The main specific issue was: to estimate the proportion of women using maternal care during pregnancy from qualified providers and identify the factors that affect the utilization of that care. The proportion was the main indicator of the survey. According to BDHS, 2014 report, the utilization of antenatal care from medically trained providers in rural Bangladesh is 58.6%. By considering this value, the value of probability has been assumed as .58 in the sampling formula. The formula for sample size calculation,

$$n= \frac{Z^2 P (1-P) (deff)}{d^2}$$

Where, n = sample size; Z = value of thestandard normal variable, which is equal to 1.96 at 5% level of significance; p = expected use rate of health care, deff. = design effect; d = the level of precision required or maximum error deemed acceptable. Using p=.58, Z=1.96, deff=1.5, d=.10, the required sample size was n= 140. But due to time and resource constraints sample size was limited to the number 60.

The list of households was collected from the BBS, 2011 data. According to the list there are 287 households in the village. The households were divided into 5 groups, 3 of these consisting of 57 households and the other two each consisting of 58 households. Then 3 of them were selected randomly, the primary sampling units. After selecting the groups of households, then author started walking from one corner until 20 eligible women were interviewed in each group. In most of the households at least one women satisfied the criteria. Thus 60 women were interviewed from the 3 PSUs, 20 from each. The instrument that was used for collecting data was a structured questionnaire for face-to-face interviews, which was designed under the guidance of the advisors. That structured questionnaire was used to collect information from the respondents to identify the level and type of maternal health care use, and determinant factors that affect the utilization. If the woman had more than one child within the 2.5 years preceding the survey, information on the use of antenatal care was collected for the last birth.

After the data collection, checking and appropriate editing, to find the association of utilization of maternal care with and the factors, data was analyzed using standard statistical packages. Excel-2013 was used for data entry and as the dependent variable is dichotomous, a multivariate logistic technique has been run using STATA-13 software.

# VI. RESULTS

A total of 60 women were included in the study. The mean age of the respondents was 23.7  $(\pm .63)$ years ranging from 17 to 40 years, majority (62%) were in the age group 20-25 years. 27% of the respondents were with education level below class five, 62% of the respondents were with education level that is from class five to class eight, only 8% are with education level from class nine to twelve, only 3% were above HSC level. Regarding occupation of the respondents, 88% were housewives followed by 6% students, 2% service holders, 2% doing business, other 2% were doing part time jobs. 11% of the women were pregnant for the first time and has not given birth yet, 36.6% has one child, 33.33% of the respondents has 2 children, 8.33% has 3 children, 5% has 4 children, 3.33% has 5 children, followed by 1.67% has 6 children. The average family size of the respondents is 4.8 ( $\pm$  .21), where the family size ranges from 2 to 10 in number. All households living in the village are Muslims.

Among the 60 respondents, 52 has already given birth within the past 2.5 years, and the rest 8

women were pregnant at the time of data collection. 82% of the pregnancies were wanted, followed by 18% unwanted pregnancies. 60% women have some idea about the importance of using antenatal care and the rest have no idea. 83% of the respondent women received TT vaccine during their pregnancy. Among the 60 women, 36 (60%) received antenatal care and 24 (40%) did not receive antenatal care at all. Most of the respondents, about 88%, received antenatal care from the qualified providers and the rest 12% received the care from informal providers like homeopathic doctor, pharmacist etc. Only 30% of the antenatal care receiver made 4 ANC visits, 36% made one visit, 11% could not remember the number of visits. Respondent women without any formal education did not receive ANC at all, followed by 32% of the women in the education level class one to five, 86% of the respondents who attended secondary level, 100% of the respondents who attended the higher education made antenatal care visits at least once.30% of the women in the age group 25-30 years received antenatal care, 100% of them from qualified providers, among women in the age group above 30 years, 50% received antenatal care from qualified providers. Only 57% of the respondents who are housewives received antenatal care (60% of which are from qualified providers); followed by service holders, students, and who do some part time activities for money all (100%) are user of antenatal care from qualified providers.

Fifty two women among the sixty respondents have given birth. Most of the delivery (73%) occurred at home, 25% of the delivery took place at private clinics, only 2% delivery took place at the UHC. 98% delivery outcome was normal child, followed by only one percent dead child. 49% of the delivery were by trained attendants (doctor, nurses, CSBA, FWV), of which 23% births were delivered by Cesarean section (C-section). 51% of the delivery were attended by traditional birth attendants and relatives.100% of the women whose annual family income are above tk. 200000, 71% whose annual family income are 96000, 59% whose annual family income are 120000, 75% whose annual family income are 144000 received antenatal care.

The data in this study shows that only 42% of the mothers received postnatal care within 42 days after delivery, the other 58% did not receive any postnatal care. 82% of the postnatal care receiver received it from medically qualified providers (MBBS doctor, nurses, FWVs etc.), the other 18% received it from informal providers (kabiraj, pharmacists, homeopathic doctors etc.). According to them, the reasons for choosing the unqualified providers are problem was not so serious, low cost, well behave of providers, availability etc. majority (55%) of the women received postnatal care among the age group 20-25 years and the utilization is lowest (25%) among the adolescent mothers. Results also shows that all women (100%) with no formal

education did not received postnatal care at all and the utilization of postnatal care was highest (63%) among women who have attended the secondary level of education. Women who do some part time activities for earning money, all of them have used postnatal care, the utilization of postnatal care is low among housewives and those who have used only 43% of them used from qualified providers. The utilization of postnatal care is highest (100%) among both women whose husbands work outside the country and students.

# a) Logistic Regression Analyses

The outcome variable being dichotomous, logistic regression analysis has been carried out by taking each independent variable against the outcome variable to estimate the effect of the indicator variables on the outcome variable. To determine the demand for maternal care among the women in the village, logit regression analysiswas conducted. There are three regression equations: one for antenatal care use, another for skilled birth attendance at delivery, and the last one for the use of postnatal care.

ANC Determinants of Utilisation: Results from multivariate logistic regression models for antenatal care utilization are given infollowing table-1,

Table-1: Results of multivariate logistic regression analyses of utilisation of antenatal care

Explanatory Variables	Dependent Variable: utilization of antenatal care from qualified providers (1=ANC visit, 0=no ANC visit) (Average marginal effects)	P value
Age of the woman (in years)	0407455	0.067
Education of the woman(in years)	.0170818	0.079
Occupation of woman (=1 if housewife, =0 otherwise)	2755223	0.191
Education of the household head (in years)	0380068	0.194
Husband's occupation (=1 if day laborer, =0 otherwise)	.2770648	0.063
Family size ( in number)		
High Birth order	1193902	0.064
Household income(in taka)	9.34e-07	0.350
Family structure (=1 if singe, =0 if combined)	.0520282	0.011
Watch TV(=1 if watch, =0 if do not watch)	.1080109	0.072
Listen to radio (=1 if listen, =0 if do not listen	0297394	0.793
Wanted pregnancy	0012503	0.995
Perceived quality (=1 if good, =0 if bad)	.1896817	0.061
Women's decision making power (1=yes, 0=no)	.1896817	0.061

Source: Author's computation

The age of the women is negatively related to the use of ANC. As age increases by 1 year, on an average, the likelihood of utilization of antenatal care decreases by .041 and the result is significant at 6% level. Banerjee et al. has also found this negative relationship with age. Education of woman is positively related to the likelihood of using antenatal care. As education increases by 1 year, on an average, the probability of antenatal care increases by .097 and the result is significant at 8% level. The husband's education reduces the likelihood of using antenatal care from qualified provider but the result is insignificant as the pvalue is large.

If the woman is housewife, the probability of antenatal care visit decreases by .27 compared to a woman with other occupation (either student, or service holder, or do some part time jobs), on an average but the p value is large (.191). The household income has a positive association with the utilization of antenatal care from a qualified source but the result is insignificant. Women who watch TV, for them the likelihood of utilizing antenatal care increases by .11 compared to other who do not watch TV. Watching TV and reading has a positive significant impact on antenatal care use. The multivariate logistic regression results show a negative insignificant impact on the utilization of maternal care. Here, watching TV and listening radio are serving as the proxies for consciousness about different health related matters, especially maternal health.

By running a bivariate logistic regression model where ANC visit (1=yes, 0=no) is the dependent variable and wanted pregnancy (1= wanted, 0= unwanted) is independent variable, there has a significant positive impact (at p-value 8%) on the likelihood of use of ANC. But after controlling for other variables like education, age, occupation, perceived quality, knowledge about the nearest health facilities, women's decision making power, the intendedness of pregnancy has a negative impact on the likelihood, but it is highly insignificant (p-value is .995).

The perceived quality of nearest health facilities has a significant impact on the utilization of maternal care. The women who think the quality is good, on an average, their probability of using antenatal care from qualified sources increases by .18 compared to others who think the quality to be bad. The women's decision making power is significantly associated with the utilization of maternal care. The likelihood of using antenatal care for a woman of a single family is on an

average .052 higher compared to a woman from a combined family structure and the result is highly significant (p value=.01).

The pseudo  $R^2$  in this model is .60. Though the pseudo  $R^2$  is not so high, the explanatory variables have explanatory power.

Determinants of Use of care from SBA at delivery: The result of multivariate logistic regression model for the use of maternal care has been represented in the following table,

Table-2: Results of multivariate logistic regression analyses of the utilization of delivery care from SBA.

Explanatory Variables	Dependent Variables: (1=SBA,, 0=not SBA) (Average marginal effects)	P value
Age of the woman (in years)	.019	0.48
Education of the woman(in years)	.0589723	0.093
Occupation of woman (=1 if housewife, =0 otherwise)	1059744	0.033
Education of the husband (in years)	.032427	0.033
Husband's occupation (=1 if day laborer or farmer, =0	0282797	0.874
otherwise)		
Birth order	1628903	0.071
Household income(in taka)	-7.29e-07	0.529
Family structure (=1 if singe, =0 if combined)	1791702	0.176
Intendedness of pregnancy (=1 ifwanted, =0 if unwanted)	.1630559	0.085
Watch TV(=1 if watch, =0 if do not watch)	.0788669	0.070
Listen to radio (=1 if listen, =0 if do not listen	0837846	0.210
Perceived quality (=1 if good, =0 if bad)	.3948859	0.018
Women's decision making power (1=yes, 0=no)	.048071	0.028
ANC visit (1=yes, 0=no)	.0930675	0.052
Attendant choice by mother in law (1=yes, 0=no)	1040598	0.080

Source: Author's computation

Increase in women's age increases the likelihood of using care from SBA in time of delivery by .019, on an average but the variable is insignificant (p value is .62). Both education of a woman and the education of her husband increases the probability of using the delivery care from a skilled birth attendant, where both the variables are significant (p value is less than 10%). If a woman is housewife, her likelihood of using maternal care on an average, decreases by .11 than a woman who is not housewife and the result is significant. If the husband of a woman is day laborer or a farmer, on an average the likelihood of her use of care during birth from SBA decreases by .03 compared to women whose husbands' are of other occupation but the result is insignificant due to the p-value is high. Household income is showing a negative impact and the result is insignificant (p-value is high). High birth order has a significant negative impact on the likelihood of using care from SBAs.

Watching TV has a significant positive impact on the utilization of care from SBAs at time of deliveries while listening radio is showing an insignificant negative impact on the probability of using care from SBAs. Woman whose pregnancy was wanted has a significant

positive impact (with p value .08) on the likelihood of using skilled birth attendant as an assistance at delivery.

Women who perceive the quality of nearest health facilities to be good their probability of use of delivery care from SBAs increases by .39 compared to them who perceive the quality not to be good enough and the result is highly significant. On an average, woman who made the ANC visit during pregnancy has an increased likelihood of using the care from SBAs during delivery compared to women who do not made ANC visit. Likelihood of using care from SBAs declines by .104 if the mother in law made the choice of attendant at delivery and the result is significant (p value=.08).

Pseudo  $R^2$ : Pseudo  $R^2$ is .55. So the model fits moderately well.

# b) Determinants of Postnatal care utilization

Table-3: Results of multivariate logistic regression analyses of the utilization of postnatal care.

Explanatory Variables	Dependent Variable: use of postnatal care (1=received postnatal care from qualified providers, 0=did not seek postnatal care or seek care from informal sources) (Average marginal effects)	P value
Age of the woman (in years)	0046187	0.847
Education of the woman(in years)	.0158037	0.077
Occupation of woman (=1 if housewife, =0 otherwise)	.3310671	0.251
Education of the household head (in years)	.0451985	0.103
Husband's occupation (=1 if day laborer, =0 otherwise)	2019506	0.270
Birth order (in number)	142351	0.080
Household income(in taka)	2.49e-06	0.080
Family structure (=1 if singe, =0 if combined)	1124638	0.348
Intendedness of pregnancy (=1 ifwanted, =0 if unwanted)	0033296	0.989
Watch TV(=1 if watch, =0 if do not watch)	.27722	0.025
Listen to radio (=1 if listen, =0 if do not listen	.1220926	0.014
Knowledge about nearest health facilities (=1 if yes,=0 if no)	.2798133	0.013
Perceived quality (=1 if good, =0 if bad)	.2255077	0.050
Women's decision making power (1=yes, 0=no)	.075726	0.351

Source: Author's computation

Age of women reduces the likelihood of using postnatal care from qualified providers but the result is insignificant. Both the women education and the education of their husbands have significant (p value < .10) positive impact on the likelihood of utilization of postnatal care, on an average.

Both the occupation of husbands and the occupation of women is not showing any significant impact on postnatal care utilization. Watching TV, listening to radio, perceived quality to be good, knowledge about nearest health facilities have significant impact on likelihood of postnatal care utilization. Women who has some ability to make decision in the family are more likely to use postnatal care than those who don't have that ability but the result is insignificant (p value=.351).

# VII. Discussion

Results showed that 53% of the women in the study area received antenatal care from a medically trained provider which is low compared to the use by 64% of the women according to BDHS, 2014. Making 4 ANC visits is only by 30% women. 49% of the delivery were attendant by SBAs which is greater than the rate in Bangladesh 42% according to BDHS report. Only 35% of the women received post natal care from medically qualified providers. So the utilization of post natal care is very low.

The use of antenatal and post natal care from informal providers is very low 12% and 18% respectively. The results of our study showed that mothers with higher education had the highest percentage of adequate ANC use compared to those with no or

primary education. This result is consistent with Shahjahan et al (2012). Women who are students and service holders, 100% of both of them utilized ANC from medically qualified source. Women who has already three living children, did not seek antenatal care at all. Women from single families utilize formal ANC care more than women from combined family structures. Low use of ANC among those who has not enough ideas about the availability of services, who perceive the quality to be bad.

The findings show that age is an important factor in determining the use of skilled assistance, early antenatal care visits and more than four antenatal visits. Older women are less likely to utilize maternal health services compared to younger ones. This finding is similar to a study by Ochako (2003) in which young women are more likely to seek skilled assistance in health facilities in comparison to older ones. Banarjee et al. (2008) also found such a negative association between age and maternal care.

In cases of use of care from SBAs during deliveries and the postnatal care from medically qualified providers also have almost similar pictures in relation to socio-demographic factors as well as knowledge of health facilities and perceptions about their quality.

As expected, use of antenatal services was more likely among the literate women than among the illiterates. The use of maternal care is significantly affected by education, which is consistent with the findings by Chowdhury et al. (2003), Kalim et al. (2009), Chakraborty et al. (2003). High birth orders also has a significant negative impact on the utilization of maternal

care from a medically qualified provider. This finding is supported by that of a study by Shahjahan et al (2012). A possible explanation for these results is that highparity women have less desire to use maternal health care services due to a beliefthat they have experienced with pregnancyand childbirth and therefore do not need such services (6).

Knowledge about the nearest health facilities and the perceptions about the quality of services provided by those facilities have a significant impact on the utilization of maternal care from qualified providers. These findings are consistent with findings of study by Syed Azizur Rahman (2001)

Shunil et al. (2005) in the context of India found a positive relationship between use of maternal care and exposure to media. The result of the study shows that exposure to mass media (watching TV, listening to radio) wasthe variable that was significant for postnatal care use. Watching TV has significantly positive for both antenatal care use and use of SBA during birth but listening radio did not have significant impact on the likelihood of ANC visit, use of care from SBAs.

The use of maternal care has no significant relationship with the income level in this study. So the result is not consistent with other studies.

# a) Limitation of the Study

This study has collected data from women of age 15 to 49 who have given birth within 2.5 years prior to the survey or were pregnant at that time. As the information was collected in regard to births 2.5 years preceding the survey, the accuracy of information relies on the ability of the respondent to recall. Therefore, there remains a chance of recall bias.

The household survey data have been collected from the female members of the households, those have less decision making power in family matters including seeking health care from different sources. Moreover, they have less knowledge about the income and expenditure of the family, as the majority (96%) of them is housewives. This was not anticipated during the design of the study. So future studies should include a considerable number of male members in order to get more precise information on those aspects.

Adequate sample size cannot be taken under consideration due to time constraints. Finally, this study focuses on a village only; therefore, its findings and are difficult to generalize in the country as a whole.

# VIII. Conclusions and Policy Recommendations

Considering and analyzing findings of the study, it has been observed that the overall utilization of maternal care in the study area was at low level, especially delivery care from skilled attendants, postnatal care from qualified providers was low. The utilization of antenatal care and postnatal care from

unqualified provider is very low; many of them did not seek care at all. The study has identified a number of important factors that affect the utilization of maternal care. The findings indicate that formal education, number of living children, access to mass media, knowledge about nearest health facilities and the perception of the quality of the services provided, women's decision making power in a family are important correlates in using maternal care services from medical qualified providers. However, the effect of income on the use of maternal care is not significant. So economic factors themselves do not contribute much in bringing better health outcome in this case.

The evidence from this study suggests that public health policies aimed atreducing maternal morbidities and mortalities in Bangladesh should includestrategies that will improve maternal health status through:

- Increasing maternal education at least up to secondary level in the country.
- Information, and communication on maternal care must be intensified in order to reach the rural mothers. Informal adult education for women and men can be employed as an immediate intervention to provide basic education and to increase awareness about basic maternity care.
- Campaigns against social norms that are harmful to women's health such asearly marriage and high parity etc. The campaign for health awareness as a proxy of education may increase the demand for health services.
- Education programs to women of traditionalist beliefs on theimportance of MHCS utilization. These programs can be routed through religious and traditional/community leaders.
- The health personnel need to be trained about maternal health services and should take part in educating their target populations on the importance of seeking maternal health care services on time from nearest health facilities.
- ➤ In a long run, women empowerment through informaleducation and income generating activities by informal education and vocational training for those groups of women may serve as an immediate strategy which will ultimately result in women's decision making power in the family as well as the use of maternal care.
- Involvement of husbands and mother-in-laws during information, education and communication are important to improve the use of ANC, SBAs at delivery, postnatal care.
- As unwanted pregnancies have a negative impact on the likelihood of using maternal care, so awareness about use of appropriate family planning method should be raised to avoid unwanted pregnancies.

Further studies are required to be carried out in this issue involving different areas which will clearly show the effect of variation on the use of maternal care.

# Competing Interest

The authors declare that they have no competing interests.

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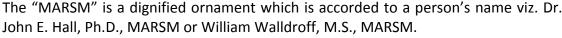
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- (g) Discussion should cover the implications and consequences, not just recapitulating the results; conclusions should be summarizing.
- (h) Brief Acknowledgements.
- (i) References in the proper form.

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### References

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- Significant conclusions or questions that track from the research(es)

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# Approach:

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### Content

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# Approach

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References	Complete and correct format, well organized	Beside the point, Incomplete	Wrong format and structuring



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