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How Does the Behavior “My Way or the Highway” Influences our Health

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How Does the Behavior “My Way or the Highway” Influences our Health

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I. INTRODUCTION

My measurements on the effect of our emotions and even way of thinking (our thoughts are emotionally colored) on our health were published in a number of articles and books [1], [2], [3]. I had to develop and patent a very sensitive equipment to be able to measure the effect of emotions and even thoughts on our aura, which I found to be weak electromagnetic field- 1,000 times weaker than the electromagnetic field created by the biocurrents of the material body. Since when we experience positive emotions and we feel in high spirit our aura is brighter and when we experience negative emotions and we feel in low spirit our aura is dimmer, I concluded that the aura must be our emotional Spirit. Then I found that the ancient Jewish Cabala was teaching to high priests that the aura is our Spirit. I found that the weak field of the aura (Spirit) is nonlinear electromagnetic field (NEMF), but this weak field rules and regulates everything in the body, not with its strength, but with the information it carries (nonlinear fields can imprint information).

II. MEASURING THE VORTICES AND ANTI-VORTICES OF THE AURA (SPIRIT) NEMF OF THE HUSBANDS, WHOSE WIVES LIVE ON THE PRINCIPLE “MY WAY OR THE HIGHWAY”

In this article, I am going to show based on my measurements that the type of behavior “my way or the highway” of individuals: 1/ brings stress to the life of the individuals (who cannot always have it their way), which with time would lead to chronic disease of their

genetically inherited weak organ [1]; 2/ brings stress to the life of their life partners. I measured the alternating vortices and anti-vortices of their partners’ nonlinear electromagnetic field (NEMF), called in ancient Hindu text “chakras” (which means “spinning wheels” in Sanskrit). On Fig. 1 they are numbered from bottom to top. I found that when the wives or husbands were “my way or the high way” type of personality, not only did they suffer health problems, their partners (wives or husbands) suffered health problems – I measured in all of them low energy of the Chakras #3 and Chakra #4, which led to digestion and heart health problems in all of them.

1/ My measurements found that when the wives were always demanding “my way or the highway”, the husbands had low reading of the spinning energy center “Solar Plexus” (chakra #3 on Fig. 1, which is one inch under the ribs’ conjunction). All ancient texts say that the chakra #3 (Solar Plexus) is related to the will power. Obviously, the fact that the husbands were not allowed to express their will led with time to low energy of their chakra Solar Plexus (the chakra of the will). Since the chakra Solar Plexus rules and regulates the digestion, the husbands (of wives always demanding to be their way) had high cholesterol and poor digestion.

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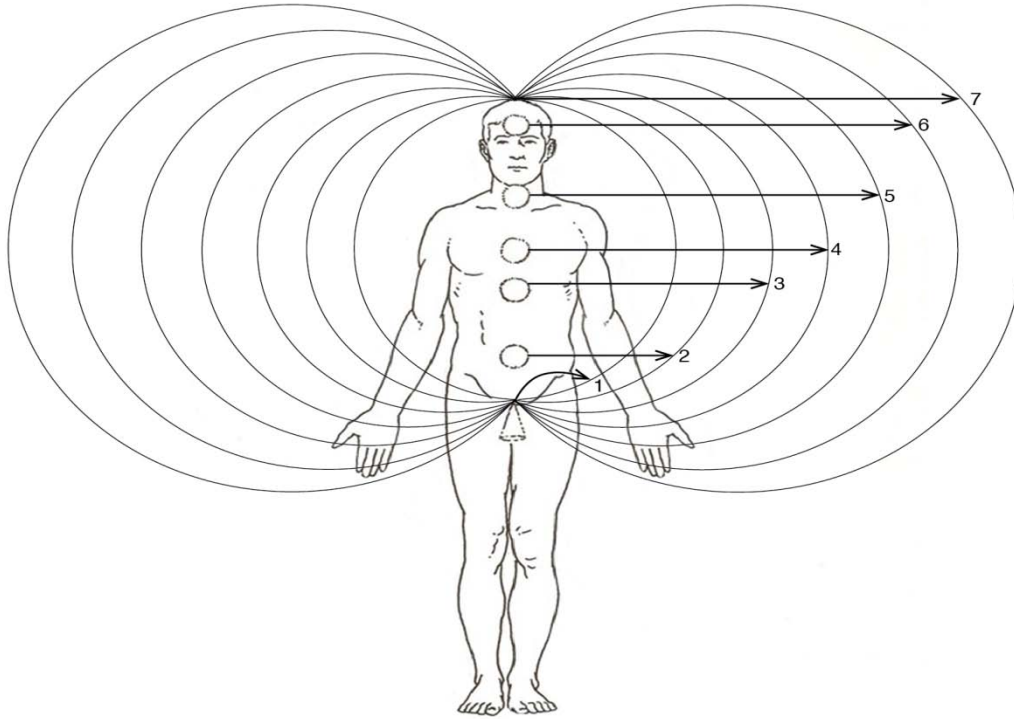


Fig. 1

The chain of alternating vortices and anti-vortices along the backbone called chakras and their corresponding discrete energy levels

2/ My measurements of the chakras also found that when the wives always demanded “my way or the highway”, the husbands had low energy of the spinning energy center of the Heart (chakra #4 on Fig. 1). This meant that after living for many years with wives demanding “my way or the highway”, the husbands were on the border of getting heart attacks. My explanation of it is - the husbands loved their wives (done with the heart), but for them it was difficult to tolerate their behavior “my way or the highway”. This resulted in a damage of the husbands’ hearts.

Thus, with time the wives behavior “my way or the highway” led to collapse of their husbands’ heart and digestion. The same was true for the wives, whose husbands lived on the principle “my way or the highway” – the wives suffered indigestion and heart problems. Thus, practicing “my way or the highway” is destructive for both - the persons practicing it and for their life-partners.

III. CONCLUSION

The Creator God gave us freedom of choice to believe or not that He (the Creator) exists. However, if we had chosen to believe that the Creator did not exist, our life was going to be very stressful. Just like the Creator, we need to give freedom of choice of

everybody around us. If we choose to live our lives on the principle “my way or the highway”, we put ourselves under stress because it is not always going to be our way. With time, the stress would lead to a chronic disease (‘chronic’ means ‘slow’) of our genetically inherited weak organ, which would shorten our lifespan. By demanding to “be always my way” we also put the lives of the people around us under stress, which brings to all of them diseases of the heart and the digestive tract, which shortens their lifespan.

In my book: ‘Listen and Talk to Your Body and Soul’ [4], I list 8 different religions, which say the same: “Don’t do to others what you don’t want to be done to you.” If we would all follow this simple rule – there would be no stress of life and we would love much longer and we would be happier... and there would be no people living on the principle “my way or the highway”.

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