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Bipolar Disorder – Nature, Origin, and What Caused it

By Prof. Maria Kuman, PhD

Editorial- The name bipolar disorder says it all – it is uncontrollable switch between good and bad moods. It is considered “mental disease”, but there is nothing wrong with the mental abilities of these people. Since emotions are involved, it should be called “psychic disease”. In the past, the bipolar people were called “possessed by Evil Spirit” because the ancients were considering the good mood as dominating good Spirit and the bad mood as dominating bad (Evil) Spirit. After the First World War they were called schizophrenics, and their disease called schizophrenia. Now the same people are called individuals with bipolar disorder.

I had a brilliant student Dagmar, who was diagnosed with schizophrenia. I think that the reason she had schizophrenia was strong emotional trauma - her father committed suicide when she was a teenager - a time of hormonal rearrangement and emotional instability. Her switches between good and bad moods (which is emotional disorder) were probably caused by this strong emotional trauma. Bipolar disorder could also be caused by strong anger, prolonged fear, or other strong or prolong negative emotions. For the damages of the anger (negative emotion), I spoke in my article [1]. In the present article, I will speak mostly about the paralyzing effect of fear (another negative emotion).

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Bipolar Disorder – Nature, Origin, and What Caused it

Prof. Maria Kuman, PhD

EDITORIAL

The name bipolar disorder says it all – it is uncontrollable switch between good and bad moods. It is considered “mental disease”, but there is nothing wrong with the mental abilities of these people. Since emotions are involved, it should be called “psychic disease”. In the past, the bipolar people were called “possessed by Evil Spirit” because the ancients were considering the good mood as dominating good Spirit and the bad mood as dominating bad (Evil) Spirit. After the First World War they were called schizophrenics, and their disease called schizophrenia. Now the same people are called individuals with bipolar disorder.

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Dagmar was sharing with me the stupid things she did. She had stolen and eaten up the chocolate of her room-made and then for a long time she was paralyzed by fear that the room-made will discover that her chocolate was missing... And she didn't have explanation why she did this because she had the money to go and buy herself a chocolate. But she also shared with me that she had bad inherited karma - during the time of Atlantis she was with the Black Brotherhood of Atlantis and she was seeing (as if it is happening now) the terrible things they did. This made her suicidal in this lifetime – she felt she does not deserve to live.

Not only steeling is a source of fear, lying is also a source of fear. My mother used to say: “There is nothing simpler than telling the truth. Then you don't need to remember the lies and you don't need to live

with the fear that they will discover that you lied.” Following her guidance, I lived with the simple truth, which saved me a lot of fears. We should always remember (whatever we do) that everyone of us has a strong judge in the Subconscious. Each time we lie, steel, or take things that we shouldn't take, or take advantage of somebody, the strong judge is telling us that we didn't do right. This brings negative emotions, which suppress the brain activity and darken our brain (seen on MRI images as darkness in the middle of the brain, where the Emotional Brain is).

The doctors, who read the MRI, know from experience that the people with darkness in the middle of their brain are predisposed to become addicted to alcohol or narcotics. However, they don't understand that the brains of these people are darkened by their dominant negative emotions, negative thinking, and wrong doing, and the reason they are attracted to alcohol and narcotics is - these are exciting substances, which bring light to their darken by negative emotions and negative thinking brain (the most paralyzing negative emotion is fear - fear that the lies or wrong doings would be uncovered).

The strong judge of the Subconscious is located in the Quantum Computer in the Subconscious, which is the birth-place of our intuition and intuitive creativity. In the hardware of this Quantum Computer, the Creator put what He want us to be: to love one another, love our neighbors, and even love our enemies, forgive their trespasses, and help one another in any way we can. When we do these, we experience (as an award for the good doing) positive emotions, which lighten our brains by bringing psychic energy of excitation to them.

Since the Creator God is Light woven with Love (according to the people who were in a state of clinical death and came back), when we live our lives following God's recommendations (Loving, forgiving, and helping others), our brains are lightened, which makes us God-like. When we trespass God's rules - lie, steel, and take advantage of others, our brains become dark because the brain activity is suppressed by the negative feeling that we didn't do right. Thus, the darkness in the middle of the brain observed on the MRI of bipolar people reflect their dominant negative emotions (like fear and anger), negative thinking, and wrong doing, which suppress the brain activity.

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The guilt of wrong doing brings negative emotions, the brain becomes dark, and darkness is always associated with Evil. That is why in the past the bipolar people were considered possessed by Evil Spirit (or Spirits). Also, the children of bipolar individuals seeing that their bipolar parent is getting angry, lying and cheating, think that it is OK to lie, cheat, and get angry. For that reason, the children of bipolar parent are frequently bipolar. This roller-coaster continues until the bipolar disorder of the parent grows to a degree requiring hospitalization in “mental” hospital, which makes the children feel like orphans.

The presently offered treatment of bipolar disorder is a pharmaceutical drug, which trims the energy of both Spirits. This do decrease the amplitude of switch between the good and bad mood, but leaves the individuals with so little energy that they barely exist. Since the disabled bipolar patients became too many, the mental (psychiatric) hospitals were closed. Even the violent mentally-sick patients were kicked out, and the easy access to guns in the US made the mass-shootings in the US daily events with a lot of innocent people killed.

For almost 9 years I was feeding the homeless and more than 90% of the homeless were patients kicked-out from the “mental” hospital. They were given such small amount of disability money that they had a heavy choice to make – either to have roof and not have what to eat or if they chose to use the money for food, not to have a roof. I wanted not only to provide food for the homeless, but to figure out why they are the way they are and try to help them to get out of the troubles they put themselves in.

I found that they are all negative thinkers and overall negative. I was trying to convince them that at the bottom of their life problem is their negative thinking and overall negativity, but I couldn't convince them to stop being negative. Only one of them while being negative will turn to me and say: “Oh, I was not supposed to be negative.” I couldn't convince them to change their way of thinking to positive for their own good. My mother used to say: “You can bring the horse to the water, you cannot make the horse drink”. Only one person (the son of my friend Joyce) made the effort to change his way of thinking from negative to positive and this changed his life.

He was no more bipolar and he didn't need alcohol or narcotic drugs to make him feel well. In a few years his Spiritual and Intellectual level grew from 9 to 11 [2]. Bipolar disorder is diagnosed with MRI (it is detected as darkness in the middle of the brain, where the Emotional Brain is. This darkness means suppressed brain activity caused by dominant negative thinking and negative emotions from negative doing. Since detecting bipolar disorder with MRI is very expensive, in my article [3], I offered a cheap alternative

way for detecting bipolar disorder with simple electric measurements with high sensitivity.

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