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Discovering Thoughts, Inventing Future

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Studies on Biochemical Changes of Acetyl and Butryl Cholinesterases in the Sprayers Exposed to Organophoshorous Pesticides in Nuziveedu Krishna District A.P., India.

By K. S. Tilak & Malempati. Sravanthi Acharya Nagarjuna University, Krishna University, India

Abstract- The neurotransmitter enzymes such as acetyl and butryl cholinesterase's effects as changes are studied in human beings exposed to organophosphorous pesticides during agriculture practices of spraying in the areas of Nuziveedu Krishna district, A.P, INDIA. These changes are significant as it was found to be more than 45% in Acetyl cholinesterases (AChE) and 36% in butryl cholinesterase (BChE) decrement in the exposed group when compared to non-exposed group as controls. First absorption, by people resulting toxicity as chronic by the production of oxygen free radicals, being heterotrophic metabolically, results in the alteration of homeostasis leading to oxidative stress that culminates the non maintenance of the antioxidants continuously due to imbalance.

Keywords: organophosphorous pesticides, acetyl cholinesterase, butryl cholinesterase, methylated, non-methylated, bio-indicator.

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Studies on Biochemical Changes of Acetyl and Butryl Cholinesterases in the Sprayers Exposed to Organophoshorous Pesticides in Nuziveedu Krishna District A.P., India.

K. S. Tilak ^a & Malempati. Sravanthi ^o

Abstract- The neurotransmitter enzymes such as acetyl and butryl cholinesterase's effects as changes are studied in human beings exposed to organophosphorous pesticides during agriculture practices of spraying in the areas of Nuziveedu Krishna district, A.P, INDIA. These changes are significant as it was found to be more than 45% in Acetyl cholinesterases (AChE) and 36% in butryl cholinesterase (BChE) decrement in the exposed group when compared to non-exposed group as controls. First absorption, by people resulting toxicity as chronic by the production of oxygen free radicals, being heterotrophic metabolically, results in the alteration of homeostasis leading to oxidative stress that culminates the non maintenance of the antioxidants continuously due to imbalance.

organophosphorous (OP) residues The as contaminants in the body inhibit the two enzymes which are cholinergic rendering the hydrolysis of the acetylcholine not to take place there by disturbance in neuronal transmission. The results in different age groups and smoking habit do not show much variation but the duration of exposure resulted due to ethylated and methylated variation. Results varied both in nicotinic group as well as in the muscarinic group of workers. Significant levels of changes are observed in methylated OP insecticide sprayed individuals only rather than non methylated OP compounds rather than the both as mixtures. It results in tiredness, weakness, nausea, dizziness, headache, sweating, tearing, vomiting, limited vision, diarrhea, polyuria, muscle trembling, hyper tension and breathing disorders.

Keywords: organophosphorous pesticides, acetyl cholinesterase, butryl cholinesterase, methylated, non-methylated, bio-indicator.

I. INTRODUCTION

ood, fibre, forage are the three essential necessities for human beings. Concomitant to the demands, of the above pesticide usage is inevitable. This indiscriminate usage leads to contamination. Pesticides, as a diverse group of chemicals destined to kill and control the pests categorized differently into insecticides, bactericides, algaecides, weedicides, etc. To the concomitant increase of world population there is a demand for the basic necessities, which require pest control and storage. This resulted in the usage of different chemical substances like organochlorines, organophosphates, carbamates and synthetic pyrethroid groups during different periods of time.

According to Watson et al., (2002), the most commonly used organophosphates and carbamates accounted for human poisoning and death other than pesticide class organo chlorines. But not only the consumption of residued food and water even the fondeling of such chemicals effect the health, of those who spray them during agricultural practices where in usage is inevitable and that is why the agri sprayers as farmers and labour engaged in such tasks, resulting what it does do. The earlier reports with a variety of neurological dysfunction were by Karalliede eta al., 1999; Vega 1994, Brown et al., 1989.

Not only the environment as ecotoxicology aspects studied but also individual organisms are affected. No segment of the population is completely protected against exposure to pesticides and the potentially serious health effects though disproportionate burden is shouldered by the people of developing countries and by high risk groups in each country (Jeyaratnam, 1985).

India, one of the agricultural countries, use of pesticides due to 56.7% of farm sector ranked 12th in the world in its consumption. The first report of poisoning due to pesticides was from Kerala in 1958 where over 100 people died after consuming wheat flour contaminated with parathion (WHO, 1990). This prompted the special committee on Harmful effects of pesticides constituted by Indian Council of agricultural research to focus attention on the problem (Karunakaran, 1958).

Locally, the place popularly known as "Mangoes Paradise" as Nuziveedu, situated in Krishna district of Andhra Pradesh, India and other agricultural crops use lot of pesticides to combat pests and among

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them OP takes the lions share. As they inhibit the enzymes AChE and BChE, the agri sprayers which include farmers and labours as sprayers, an attempt is made to know how ignorance illiteracy and illusion could give a sociological problem regarding the proper care to be taken while spraying, of course this study is an attempt at local area because monitoring plays a major role in abatement.

At present, India is the second largest producers of pesticides in Asia and also ranks twelfth in the consumption of the world pesticides (Eds, et al., 1972). Majority of the population in India (56.7%) are engaged in agriculture and are inevitable to exposure to the pesticides used in agriculture (Gupta, 2004). Organophosphate pesticides can generate reactive oxygen species and alter cellular antioxidant systems (Delescluse, et al., 2001; Bagchi, et al., 1995; Flessel, et al., 1993). ChE enzymes include acetyl and pseudo cholinesterase as butryl cholinesterase. Monitoring plays a major role in protecting the pesticide application workers from sub acute poisoning with organophosphate (OP) insecticides (Ames, 1989). Absorption of Organophosphorus compounds is commonly assessed by monitoring or measuring the acetylcholinesterase decrease in (AChE) or buytyrlcholinesterase (BChE) activities in human blood.

II. MATERIAL AND METHODS

Blood Acetyl cholinesterase (AChE) and Buytyrlcholinesterase (BChE) activity was determined by the method of Ellman (Ellman et al, 1961). Venous blood is collected into heparinized tubes and subjected to centrifugation for plasma without removing any erythrocytes. Then the erythrocytes are suspended into water to makeup to the same volume of the whole blood and to this 0.1M phosphate buffer is added and then frozen in order to haemolyse the erythrocytes. After thawing, the suspension is further diluted with buffer and thiol reagent DTNB added. Ten minutes after DTNB, acetyl thiocholine (ATCh) is added. The absorbance is read at 412 nm against a blank containing hemolysed erythrocytes suspended in buffer.

The BChE activity in plasma is also with 1.0Mm ATCh using the same buffer and DTNB reagent. The enzyme activities are measured at 25or 37oC. The concentration of haemglobin in the erythrocyte suspension is determined spectrophotometrically at 546 nm at room temperature. The activities of AChE and BChE were expressed as micromoles of hydrolysed ATCh per minute and per milliliter of whole blood and plasma (Worek, 1999).

III. Results and Discussion

In the present study both acetyl cholinesterase (AChE) and butyrlcholinesterase (BChE) as per the effects of OPI values are given in figures1, 2, 3, 4, 5, 6.

As per the illustration in figure I the RBC, AChE and the plasma BChE levels are measured in the controls and the exposed workers. All the OP pesticides are suppressors of AChE activities and both the parameters serve as an important as bio-markers of toxicity. The activities of both the enzymes (AChE and BChE) were decreased significantly in the OP pesticide exposed group as compared to the values recorded in the control group. The decrease in the activity of AChE was found to be more than 45% and 36% in case of BChE. The decreased levels of cholinesterase in the exposed group may be resulting from dephosphorylation of the enzymes due to direct action of OP pesticides.

The AChE and BChE levels in relation to age in controls and exposed group are provided in figure 2. The effect of age on AChE and BChE activities in controls and exposed workers was not discernable in this study as the two age groups (<30 years and >30 years) did not differ significantly in the controls as well as OP pesticide exposed workers.

The effect of smoking on the AChE and BChE levels in the controls and exposed workers is displayed in figure 3. The results indicated no significant differences in the mean values of AChE and BChE in the controls as well as in the exposed group. The study failed to demonstrate any significant effect of smoking in the decrease of the activity of AChE and plasma BChE in both the groups.

The levels of AChE and BChE as per the duration of exposure of OPs insecticides are summarized in figure 4. The workers in the chronic exposure group (>10 years) showed significant decrease in the mean values of both enzymes as compared to the mean values observed in the acute exposure group (<1 year). The significant decrease of activities following prolonged exposure to OP insecticides may be resulting from ageing of both, is which the cholinesterase is active. In fact the continuous exposure does not allow the recovery of inactive AChE and BChE to their active form as the process any more remains as reversible.

The AChE and plasma BChE levels in normal asymptomatic and symptomatic exposed workers are given in figure 5. The levels were significantly reduced both in the nicotinic group as well as in the muscarinic group of workers as compared to asymptomatic workers. The significant reduction in RBC AChE and plasma BChE in both nicotinic and muscarinic groups is indicative of OPI intoxication and in such cases the symptoms are the outcome of the tremendous decrease is true and pseudocholinesterases levels (BChE).

In RBC AChE and plasma BChE activity measured in all the three subgroups of workers is shown in figure 6. The maximum decrease of RBC AChE was recorded in the exposed workers-group I who sprayed only methylated OP insecticides 407.6±23.9 while group III showed the highest reduction in plasma BChE 419±23.6 as compared to other groups. Both group I and group III workers showed significant decrease in the mean values of AChE while this was not observed in the case of plasma BChE which did not show any significant variation when compared within the three sub groups of pesticide sprayers.

It is also observed that the fall in the activity of plasma BChE was not that pronounced as in the case of RBC, AChE. It is therefore RBC AChE is considered as more reliable bio-indicator of OP toxicity in contrast to plasma BChE.

Cholinesterase is one of the enzymes of neurological system and OPs have interfered in Cholinesterase activity by way of inhibition. The effects of this compound can result from breathing, eating, or contact with skin and by mucous secretion during the different stages of working, preparation of the solutions and spraying etc.

The prolonged exposure resulted adverse effects and infact showed different signs and symptoms due to degree of toxicity of the concentration. In low exposure, symptoms like tiredness, weakness, vertigo, nausea and dimness were seen, in median exposure headache, sweating, tearing, saliva increasing, vomiting and limited vision and in high exposure abdominal AChE, polyuria, diarrhea, muscle trembling tittering pupil stricture, hypotension, bradycardia, breathing disorders and probably dead according to (Parron, et al., 1996) who considered, them as the three separate target groups.

the organophosphorus compounds, In insecticides like malathion, diazinon, acephate etc., are mostly used as insecticides in agriculture and hygiene pest control. It should be mentioned that some of these workers working in some seasons and there is no control on their cholinesterase activities. However, this association is independent of the utilization of Ops pesticides other than OPs can also decrease AChE (Hernandez, et al., 2006; Banerjee, et al., 1999). McCauley et al, (2006) reported the role of acetylcholinesterase (AChE) in rural workers due to OPs exposure. Such effects noticed, observed and repoted to have profound influence on cellular respiration culminating the metabolism, in working people which can be considered as occupational hazard.

Erythrocyte AChE was significantly decreased in pesticide-exposed farmers compared to the control. Organophosphates inhibit AChE in RBC. The depletion of AChE found in the exposed workers occupationally to OP compounds correlated well the with period of exposure. This observation was clearly seen when acute exposure group was compared with the chronic with regard to impairment of ervthrocvte acetvl cholinesterase. The latter group showed significantly reduced mean value, as compared to that found in acute exposure group, which showed a decreasing trend.

The levels are significantly reduced both in the nicotinic group as well as in the muscarinic group of workers as compared to asymptomatic workers. The significant reduction in RBC AChE and plasma BChE in both nicotinic and muscarinic groups is indicative of OPI toxicity, in such cases the symptoms are the outcome of the tremendous decrease in true and pseudo cholinesterase levels.

A maximum decrease of RBC AChE was recorded in the exposed workers, sprayed only methylated OP pesticides such as methyl parathion, diazinon, malathion, dichlorovos, dimethoate, when compared to ethylated OP pesticides such as chlorpyrifos, diazinon, methidathion, phorate and in mixed op pesticide applicators and further it showed the highest reduction in plasma BChE.

The fluctuations in AChE levels with an increasing severity of pesticide exposure may reflect the amount of pesticide inhaled or absorbed. The significant reduction in RBC AChE levels in the chronic exposure group could also be attributed to irreversible dephosphorylation of AChE i.e. "Aged AChE" or inactive. Due to prolonged and consistent environmental exposure to OP pesticides as found in this study, and the absence of time lag is the key factor in chronic exposure while acute exposure is intermittent giving time allowance to recover to its active form. It is synchronizing with the early reports of some. Such reports are earlier by Amar Santosh Dhalla and Mohammd Fareed et al, 2013; Suman Sarma 2013; Quazi et al, 2012; Tilak, et al, 2011, 2010; Fernanda Simoniella et al, 2010; Manel Araoud et al 2010; Rohlman et al, 2010; Rastogi et al, 2009; 2008; Zhou et al 2007; Lopez et al 2007, Boiko et al, 2005; Vidya Sagar, 2004; Patil, 2003; Verma et al, 2003 and Pay Mino et al. 2002.

Hence as per the earlier reports and present study it may be concluded that both AChE and BChE serve as an indices of pesticide toxicity and if applied as a biomarker for giving any pesticide representation in usage can be a part of monitoring the pollution abatement and control.

With the increase of the scientific knowledge a mechano revolution finding sprayers using machines needs to be revolutionized and agri engineering must take care of a minimum exposure by the human beings so that contamination can be reduced to a maximum extent.



Figure 1 : The Effect of AChE and BChE in the Controls and in the OPP Exposed Group



Figure 2 : The effect of AChE and BChE in different age groups on the controls and in the OPP Exposed Group





STUDIES ON BIOCHEMICAL CHANGES OF ACETYL AND BUTRYL CHOLINESTERASES IN THE SPRAYERS EXPOSED TO Organophoshorous Pesticides in Nuziveedu Krishna District A.P., India.



Figure 4 : The effect of exposure on AChE and BChE levels



Figure 5 : The activity of AChE and BChE in OP Pesticide Poisoning



Figure 6 : Blood and Plasma levels of AChE and BChE in the different OP Pesticide Exposed Group

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Traditional Botanical Knowledge of Baiga Tribe of Nemna, Dist-Sonbhadra, Up

By Ajay Kumar Srivastava & Ashutosh Kumar

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Abstract- The village Nemna is situated in the southern part of district Sonbhadra of the UP state of India. Since time immemorial, it has been famous for its elegant environment and forest products. Several tribal communities like Kol, Gond and Baigas dwell in the forest area and utilize a wide variety of plants for food, fodder, fuel, medicine, dye, gum, tannin and household and farm implements. Nowadays, NTPC Rihand and its associates have opened the doors for employment, all for good but as the young generation is seeing a shift in their income pattern, it is feared that the vast expanse of ecological knowledge the Baigas had mastered would be lost for ever.

An ethnobotanical study was carried out with a view to properly document the human plant interaction which was till now propagated orally only from generation to generation. The first hand information on medicinal uses of plants by Baiga tribes senior medicine men viz. mode of preparation, administration, duration of the treatment etc. was collected using a questionnaire.

The study revealed that the Baigas of Nemna are rich in ethnobotanical diversity. For treating Bilani, a disease of the eyes, they use Mangifera indica. Sihula, a skin disease is treated using the bark of Kurli. Sarphonk is effective against snakebite while Gainthi increases immunity. The bark of Koraya is used thrice a day to cure malaria.

As a custodian of these and many more practices the traditional knowledge of the Baigas need to be conserved. Let us save them both- the Baigas and these plants.

Keywords: diseases, nemna, traditional knowledge, tribals.

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Keyword: diseases, nemna, traditional knowledge, tribals.

I. INTRODUCTION

Buttar Pradesh, Chattisgarh and Jharkhand of Central India. It is a fast dwindling nature loving tribe having sub castes like Bijhawar, Nahar, Narotia, Raibhaina and Khadbhaina. They do lead a semi nomadic life and practice Jhum cultivation which they call Dahiya, as they believe that ploughing the land would be like scratching the mother's body. Chromosome wise, they have been reported to be very close to some aboriginal tribes of Australia. The Baigas do not like to mix with the outside world and yet have survived through the ages. This is due to their deep understanding of the nature- the seasons, the calamities and the trees and other plants.

Village Nemna is situated in the southern part of district Sonbhadra of the UP state of India. The tribal

Author α: HOD Botany, St. Xavier's College, Ranchi, India. e-mail: ajaysrivas11@gmail.com Author σ: Principal, DAV, Dugda. villagers inhabiting there are Kol, Gond and Baigas. The Baigas have their own ecosystem approach and have garnered a sizeable wisdom through generations in this regard. Their knowledge regarding the flora and fauna is not limited to their harnessing it but also about their toxicity, palatability, distribution and time of availability.

The reason for the present study are manifold. One, the outside world is oblivious of their wisdom. Two, the extent of their knowledge on food and medicine supplementing plants would mean a lot to the outside world. Above all since the knowledge passes orally only, it is under threat. Thus eventually perhaps, they will be taken over by the spree of modernization of the outside world and lose all the knowledge or, they would lose their existence fighting the outside world.

II. MATERIAL AND METHODS

Ethnobotanical study attempts to underline intricate relationships between the plants and ethnic tribes like Baigas. Many villages in Sonbhadra and some parts of Chattisgarh were taken into account of which the Nemna village showed the greatest biodiversity and interactions. Between the years 2006 and 2009, several visits were made to Nemna to take the tribals to confidence. The village chieftain who happens to be the wisest person of the clan, was interviewed several time. Since the Baigas are introrse and inward looking and do not wish to open out, it took several more visits to interact with the womenfolk. The informations gathered from different families were compared and cross verified.

III. Results and Discussion

The Baigas are the repository to a vast expanse of traditional knowledge and their wisdom is remarkable with regard to the plants use. Their knowledge has been sought to be enumerated in Table 1, encompassing the plants names, local as well as scientific; family and distinctive uses. Medicinal use of some plants have been found to be new and it needs some more investigation. Since the tribe had remained in isolation for generations, they have emerged with some traditions in the innovative use of plants found in their areas. Some plants treated as wild elsewhere are used as efficient food supplements. However before jumping to make similar uses elsewhere care should be taken, but it would certainly open new vistas in the world of nutrition.

| S No | Scientific name | Family | Local name | Usage |
|------|--|-----------------|------------|---|
| 1. | Mangifera indica | Anacardiaceae | Aam | Leaves used to cure an eye infection called |
| | C C | | | Bilani. |
| 2. | Tribulus terrestris | Zygophyllaceae | Dashmool | Used in curing ear-pain. |
| 3. | Momordica subangulata | Cucurbitaceae | Kheksa | Roots durable source of energy. Used during fasts. |
| 4. | Calycopteris floribunda | Combretaceae | Kurli | Bark used to cure skin disease, sihuli. |
| 5. | Bellis perennis | Asteraceae | Gursankar | Wound maturing and healing. |
| 6. | Diospyros melanoxylon | Ebenaceae | Tendu | Edible fruits and bidis giving leaves. Enduring bulbils store a large no. of alkaloids |
| _ | | | | and cure various stomach ailments. |
| 7. | Calotropis giganteum | Asclepiadaceae | Madar | Latex as cure for dental ailments. |
| 8. | Vetiver zizanioides | Poaceae | Khasas | Roots cure snake bite. Bark in migraine. |
| 9. | Tephrosia purpurea | Leguminoceae | Sarphonk | Mixed with black pepper, it is used in snake bite. Also scorpion bite. |
| 10. | Cissus quadrangularis | Vitaceae | Hadjore | Root sap consumable. Rejoins fractured bones. |
| 11. | Phyllanthus emblica | Euphorbiaceae | Amola | Leaves teeth whitener. Smoothens still births |
| | - | · | | in cows. |
| 12. | Anogeissus latifolia | Combretaceae | Dhawa | Dried bark cures asthama. |
| 13. | Butea monosperma | Papilionaceae | Palash | Cures stomach inflammation. |
| | | | | Flower bath prevents post parturition women |
| | | | | from infection. |
| 14. | Dioscorea bulbifera | Dioscoreaceae | Gainthi | Anti malaria. |
| | | | | Promotes immunity. |
| 15. | Wrightia tomentosa | Apocyanaceae | Dudhi | Crushed roots used in curing fever. |
| 16. | Asparagus plumosus | Alliaceae | Satavar | Cures reproductive illness. |
| | | | | Promotes lactation. |
| 17. | Platycladus orientalis | Cupressaceae | Marmakhi | Tonic for weak children. Leaf anoints cures |
| 18 | Carissa carandas | Apocyanaceae | Karonda | Boot sap beneficial in treating pneumonia |
| 19 | Pterocarpus marsupium | Fabaceae | Lakda | Bark powder cures diarrhea |
| 20. | Holoptelea integrefolia | Ulmaceae | Chilbil | Leaf extracts cures eczema. |
| | · · · · · - /- · · · · · · · · · · · · · | | | Leaf paste on animal's neck cures infections. |
| 21. | Zizyphus mauritiana | Rhamnaceae | Jhadi ber | Leaf extract bath used against prickly heat. |
| 22. | Phoenix dactilyfera | Palmaceae | Khajur | Burnt roots mixed with mustard oil cures |
| | | | | itching. |
| 23. | Holoptelea grandis | Ulmaceae | Nakwa | Food supplement. |
| 24. | Coccinia indica | Cucurbitaceae | Kunroo | Food supplement. |
| 25. | Solanum surattense | Solanaeae | Bhangraiya | Soaked seeds expels germs from the teeth. |
| 26. | Solanum nigrum | Solanaceae | Makoi | Edible fruits. Mixed roots decoction with |
| 07 | Capaia tara | Casalpiniasaa | Chalavad | Dhausa used as anti venom. |
| 21. | Cassia lora | Caesalpiniaceae | Chakvau | Leaves lowers blood sugar. |
| 28. | Tinospora cordifolia | Menispermaceae | Banwar | Root decoction expels poisons. |
| 29. | Lagerstroemia parviflora | Lytheraceae | Sidha | Straight poles used in functions. |
| 30. | Adina cordifolia | Rubiaceae | Haldu | Useful timber. |
| 31. | Holarrhena floribunda | Apocyanaceae | Koraya | Twigs used as tooth brush. Root decoction |
| | | | | used thrice a day to cure malaria. |
| 32. | Butea superba | Papilionaceae | Dhadsa | Aphrodasiac. Root extract mixed with Koraya |
| | | | 1 | used as anti venom. |

Table 1

ⁱTewari DD & Campbell JY, Increased development of non timber forest products in India: some issues and concerns, Unasylva, 187(47)1996 26-31.

ⁱⁱWorld Resource Institute. The World Bank in the forest sector: A global policy paper, Wasteland News, 8(2)(1990)6-12. ⁱⁱⁱMishra R. Ecological Work book, (Oxford and IBM Publishing Co.)1988.



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Correlation of blood glucose level, glycated hemoglobin, total cholesterol and triacylglycerol level in diabetic patients attending tertiary care hospital in eastern Nepal

By Man Kumar Tamang, Prem Raj Shakya, Niraj Dhakal, Saroj Khatiwada, Dr. Madhab Lamsal & Dr. Nirmal Baral

Tribhuvan University, Nepal

Abstract- Background: Measurement of blood glucose level and glycated hemoglobin (HbA_{1c}) are widely used for long term management of diabetes and its complications. Dyslipidemia, an abnormal level of lipids in blood, is frequently associated with diabetes as a strong risk factor for developing cardiovascular disease, and its control can prevent cardiovascular complications. In this study of diabetic patients, we assessed the blood glucose level, HbA_{1c} and estimated average glucose (eAG) to determine the correlation with lipid profiles specifically the total cholesterol(TC) and triacylglycerol(TAG).

Keywords: blood glucose, glycated hemoglobin, total cholesterol, triacylglycerol, dyslipidemia, nepal.

GJSFR-C Classification : FOR Code: 780105



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Correlation of Blood Glucose Level, Glycated Hemoglobin, Total Cholesterol and Triacylglycerol Level in Diabetic Patients Attending Tertiary Care Hospital in Eastern Nepal

Man Kumar Tamang ^α, Prem Raj Shakya ^σ, Niraj Dhakal ^ρ, Saroj Khatiwada ^ω, Dr. Madhab Lamsal [¥] & Dr. Nirmal Baral [§]

Abstract- Background: Measurement of blood glucose level and glycated hemoglobin (HbA1c) are widely used for long term management of diabetes and its complications. Dyslipidemia, an abnormal level of lipids in blood, is frequently associated with diabetes as a strong risk factor for developing cardiovascular disease, and its control can prevent cardiovascular complications. In this study of diabetic patients, we assessed the blood glucose level, HbA1c and estimated average glucose (eAG) to determine the correlation with lipid specifically the cholesterol(TC) profiles total and triacylglycerol(TAG).

Methods: In this retrospective cross sectional study, we analyzed the fasting blood glucose (FPG), postprandial blood glucose (PPBG), HbA_{1c}, TC and TAG level in 726 diabetic patients seen at the biochemistry laboratory, B.P. Koirala Institute of Health Science, Dharan, during January, 2011 to January, 2012. Estimated average glucose (eAG) was calculated from HbA_{1c} using pre-established regression equation (AG_{mg/dl} = 28.7 X A1C – 46.7) proposed by Nathan et al. The correlation coefficient was determined and p value <0.05 was considered statistically significant.

Results: Out of 4,816 samples with lipid profile, we analyzed 726 samples with blood glucose level in the diabetic range,according to American Diabetes Association (ADA) criteria 2010. The median values were FBG 152.5 mg/dl, PPBG 287.0 mg/dl,TC 172.0 mg/dl, TAG 154.0 mg/dl, HbA_{1c} 7.4%. It was found that 9.0% had hypercholesterolemia and 56.7% hypertriglyceridemia according to reference range given in the test kit.There was a significant correlation between FBG with TC, TAG, HbA_{1c} and eAG.

Conclusion: This study shows the association of hyperglycemia defined by elevated FBG with dyslipidemia in diabetic patients. In addition HbA_{1c} not only measures chronic control of blood glucose levels but can also be used to assess the degree of dyslipidemia.

Keywords: blood glucose, glycated hemoglobin, total cholesterol, triacylglycerol, dyslipidemia, nepal.

Introduction

I

iabetes mellitus (DM) is a metabolic disorder of multiple etiologies characterized by chronic hyperglycemia and abnormal carbohydrate, fat and protein metabolism which results from defects in insulin secretion and or insulin action. DM is associated with various acute and chronic complications resulting in systemic damage.(World Health Organization. Dept. of Noncommunicable Disease Surveillance., 1999)Plasma lipid and lipoprotein abnormalities which includes, reduced high density lipoprotein cholesterol (HDL-C), predominance of small dense low density lipoprotein particles (LDL-C) and elevated TAG (also known as lipid triad), are shown to have tight association with DM, especially type 2 DM (T2DM). (Temelkova-Kurktschiev and Hanefeld, 2004)This condition of dyslipidemia is a potential risk factor for atherosclerosis, cardiovascular disease and resulting morbidity and mortality. (Lowe et al., 1997)Therefore, regular monitoring of FBG, PPBG and HbA_{1c} level and adopting suitable therapeutic approaches is imperative in controlling dyslipidemia and lipoprotein disturbances. Effective management of these parameters could provide a beneficial effect against atherosclerosis. cardiovascular complication and resulting adverse consequences. (Ahmed et al., 2008) According to World Health Organization (WHO) and ADA, the value of FBG, PPBG and HbA_{1C} are considered as important criteria for the diagnosis for DM. However, HbA_{1c} is also used to assess long term monitoring of blood glucose level. (American Diabetes, 2010) We have used ADA criteria 2010 to categorize patients intodiabetic and non-diabetic. (American Diabetes, 2010) Based on these criteria, FBG level (126 mg/dLor

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PPBG level (200 mg/dLor HbA $_{1C}$ (6.5% were classified as diabetic.

The relationship between estimated average glucose level (eAG) and HbA_{1C} have been shown by many studies, and various equations have been obtained. (Nathan DM, 2007, Sacks et al., 2002, Rohlfing et al., 2002) In the present study we have used Nathan's regression equation (Nathan DM, 2007), as recommended by the ADA, to calculate the eAG level using HbA_{1C} value. This was then used to study the relationship with FBG level and lipid profile in diabetic patients.

II. MATERIALS AND METHODS

We analyzed one-year retrospective data (January 2011 to January 2012) from the Department of Clinical Laboratory Services and Laboratory Medicine, BPKIHS, Dharan. Out of 4,816 samples with a lipid profile only 726 samples containing both lipid profiles with their respective blood glucose levels or HbA_{1c} levels were included in this analysis. The parameters for the diagnosis of diabetes as per the criteria proposed by ADA were FBG ≥126 mg/dL or PPBG ≥200 mg/dL or HbA1c ≥6.5% [5]. FBG and PPBG was measured by auto Analyzer (Vitalab[™] Selectra E) using Glucose Oxidase-Peroxidase (GOD-POD) and HbA1c level were measured by Nycocard reader™ II based on immuno chromatographic principle. Serum TC and serum TAG were also measured in auto Analyzer (Vitalab™ Selectra E) based upon the principle of Cholesterol Oxidase-Peroxidase (CHOD-PAP) and Glycerol Oxidase-Peroxidase (GPO-PAP) respectively.

III. ETHICAL CLEARANCE

Permission was granted for the use of medical data, taken from medical records section of B.P. Koirala Institute of Health Sciences (BPKIHS), Dharan. The ethical clearance for this study was approved from the Institutional Ethical Review Board of BPKIHS, Dharan, Nepal.

IV. STATISTICAL ANALYSIS

The normality of data was checked by Kolmogorov-Smirnov test. We applied Spearman's rank correlation test as all data obtained were non-normal. Comparison of age and sex with other parameters was done by Man Whiteney-U test. A p-value ≤ 0.05 was considered statistically significant.

v. Result

Among 726 subjects, 50.7% (n=368) were males and 49.3% (n=358) were females. The median values were FBG 152.5 mg/dL, PPBG 287.7 mg/dL, TC 172.0 mg/dL, TAG 154.0 mg/dL and HbA_{1c} 7.4% (see table 1). Of the diabetic patients, 18.9% (n=137) had

underlying borderline high cholesterol, 9.0% (n=65) were hypercholesteromic and 56.7% (n=412) were hypertriglyceremic (see table 2).

A nonparametric procedure, the Spearman's rank order correlation coefficient (i.e., Spearman's rho) was computed to assess the relationship among FBG, PPBG, TC, TAG and HbA_{1C}.We found a statistically significant correlationbetween FBG and TC (r=0.145,n=626, p<0.01), FBG and TAG(r=0.135, n=509, p<0.01), PPBG and TAG (r=0.147, n=509, p<0.01), PPBG and TAG (r=0.147, n=509, p<0.01), HbA_{1c} and TC (r=0.54, n=286, p<0.01) and HbA_{1c} with TAG (r=0.126, n=323, p<0.05) (see table 3).

A scatter plot between FBG and HbA_{1c} (see Figure 1), HbA_{1c} and TC (see Figure 2) and HbA_{1c} and TAG (see Figure 3) are presented to summarize these results. In contrast to other parameters, females were found to have higher median total cholesterol (178 mg/dL) than males (168 mg/dL) which was statistically significant p≤0.007. There was no significant difference between two age groups (>40 and <40 years) for TC, TAG, blood glucose level and HbA_{1c} (data not shown).

We also calculated estimated average blood glucose (eAG) level of all samples with HbA_{1c} values and found a significant correlation between FBG and eAG. There was also a significant correlation of eAG with TC ($p \le 0.04, r=0.161$), TAG ($p \le 0.024, r=0.126$) and PPBG ($p \le 0.001, r=448$).

VI. DISCUSSION

Our study provides evidence of connection in elevated blood glucose level and HbA_{1c} with HbA_{1c} dyslipidemia in diabetic patients. The measurement is used to determine the average level of glycemic control over the previous 8-12 weeks; this measurement is accepted as a gold-standard glycaemia. measurement of chronic (American Diabetes, 2010) We found a significant correlation among FBG with PPBG (p<0.01, r=0.686), TC (p<0.01, r=0.145), TAG (p<0.01, r=0.159) and HbA_{1c} (p<0.01, r=0.54) in accordance with the findings of Ito et al (Ito et al., 2000) and Khan et al. (Khan et al., 2007)

We also calculated eAG from the values of HbA_{1c} using the formula derived from Nathan $(AG_{mg/dl} = 28.7 \times HbA_{1c} - 46.7)$.(Nathan DM, 2007) The eAG will help the health care providers to clearly interpret the result of HbA_{1c} .

In our study, we found a significant correlation between eAG and FBG similar to the findings of Bozkaya et al (Bozkaya et al., 2010). Diabetic patients can have many lipid abnormalities including hyper chylomicronaemia, elevated levels of very low density lipoprotein cholesterol (VLDL-C), low density lipoprotein cholesterol (LDL-C) and triglycerides, and low levels of high- density lipoprotein cholesterol (HDL-C). (Haffner, 1998) All of these lipid abnormalities are predisposing

factors for atherosclerosis and cardiovascular disease. (Haffner et al., 1998, Pyorala et al., 1987) In diabetes, these conditions arise due to impaired metabolism, especially glucose metabolism leading to hyperglycemia and dyslipidemia. Thus, controlling hyperglycemia can minimize these lipid disorders and subsequent vascular conditions. (Marcus, 2001, Lehto S et al., 1997) Considering the importance of these parameters, we assessed lipid parameters in diabetes. We were only able to include TC and TG in lipid profile due to the variation in methods of analysis in our laboratory for HDL-C, VLDL-C, and LDL-C.

Similar to the finding from Esteghamati et al (Esteghamati et al., 2006), we found higher level of TC in females than in males which was significant. This was in contrast to the finding of Mengesha et al (Mengesha, 2006). Except for TC levels, which tend to be higher in females, there was no significant difference between males and females with regard to the other plasma lipid levels. The eAG calculated from HbA1calso showed good correlation with FBG, TC and TAG.

VII. Conclusion

Our study shows that dyslipidemia is associated with elevated blood glucose level either acutely or chronically. In addition, the value of HbA_{1c} can also indicate eAG. Thus, the adverse effect of hyperglycemia and associated dyslipidemia must not be underestimated in diabetes. Bearing this in mind, continuous monitoring of glucose and lipid profile in diabetic patients is essential. All of these are effective in assessing hyperglycemic and dyslipidemic condition, as shown by our study.

VIII. Competing Interests

The author(s) declare that they have no competing interests.

IX. Authors' Contributions

MKT and PRS conceived and designed the study, participated in literature review and drafted the manuscript. PRS also conducted the statistical analyses. ND and SK collected the data and participated in literature review. ML and NB provided expertise and reviewed drafts. MKT and PRS contributed equally to this work. All authors read and approved the final manuscript.

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| Table 1 : Biochemi | ical parameter | rs of diabetic | patients |
|--------------------|----------------|----------------|----------|
|--------------------|----------------|----------------|----------|

| Р | arameters | Male (n=368) | Female (n=358) | Total |
|-----------------------|--|--------------|----------------|-------------|
| FBS(mg/dL) | Median | 155 | 151 | 153 |
| (n=626) | (25 th ; 75 th Percentile) | (132 ; 208) | (131 ; 207) | (132 ; 207) |
| PPBS (mg/dL) | Median | 300 | 279 | 287 |
| (n=509) | (25 th ; 75 th Percentile) | (240 ; 387) | (234 ; 359) | (236 ; 376) |
| TC(mg/dL)* | Median | 168 | 178 | 172 |
| (n=726) | (25 th ; 75 th Percentile) | (139 ; 195) | (142 ; 211) | (140 ; 203) |
| TAG (mg/dL) | Median | 152 | 157 | 154 |
| (n=726) | (25 th ; 75 th Percentile) | (101 ; 234) | (110 ; 217) | (105 ; 225) |
| HbA _{1C} (%) | Median | 7.3 | 7.4 | 7.4 |
| (n=323) | (25 th ; 75 th Percentile) | (6.2 ; 9.1) | (6.6 ; 9.3) | (6.3 ; 9.2) |

*significant at the level p < 0.05

Abbreviation; FBG= Fasting Blood Glucose, PPBG= Postprandial Blood Glucose, TC=Total Cholesterol, TAG=Triacylglycerol

| Table 2 : Distribution of lipid parameters among | diabetic | patients | by gender |
|--|----------|----------|-----------|
|--|----------|----------|-----------|

| Lipid | | Male (n=368) | | Female (n=358) | | Total (n=726) | |
|---------------|----------------------|--------------|------|----------------|------|---------------|------|
| parameters | | n | % | n | % | n | % |
| | Desirable | 288 | 78.3 | 236 | 65.9 | 524 | 72.2 |
| *TC (mg/dl) | Borderline high | 57 | 15.5 | 80 | 22.3 | 137 | 18.9 |
| - | Hypercholesterolemia | 23 | 6.3 | 42 | 11.7 | 65 | 9.0 |
| | Normal | 167 | 45.4 | 147 | 41.1 | 314 | 43.3 |
| TAG (mg/ai) - | Hypertriglyceridemia | 201 | 54.6 | 211 | 58.9 | 412 | 56.7 |

*Significant at the level p < 0.01

Abbreviation; TC=Total Cholesterol, TAG=Triacyglycerol

TC Desirable <200 mg/dL, Borderline high 200-239 mg/dLand Hypercholesterolemia>240 mg/dL.TG Normal <140 mg/dL and Hypertriglyceridemia >140 mg/dL.

Table 3 : Correlation between FBS, PPBS, TC, TAG and HbA_{1c} in diabetic patients

| Parameters | | FBS | PPBS | TC | TAG |
|-------------------|---------|---------|---------|---------|--------|
| | r value | 0.686** | | | |
| PPB3 - | n | 409 | | | |
| TO | r value | 0.145** | 0.135** | _ | |
| 10 - | n | 626 | 509 | | |
| TAC | r value | 0.159** | 0.147** | 0.438** | |
| TAG | n | 626 | 509 | 726 | |
| | r value | 0.54** | 0.448** | 0.161** | 0.126* |
| ΠDA _{1C} | n | 286 | 242 | 323 | 323 |

Spearman's rank correlation

*significant at the level p <0.05

**highly significant at the level p <0.01

Abbreviation; FBG=Fasting Blood Glucose, PPBG=Postprandial Blood Glucose, TC=Total Cholesterol, TAG=Triacylglycerol



Figure 1: Correlation between HbA_{1c} level and FBS in diabetic patients Spearman's rho correlation=0.540; p<0.001



Figure 2 : Correlation between HbA_{1c} level and TC level in diabetic patients *Spearman's rho correlation=0.161;* p=0.004



Figure 3 : Correlation between HbA_{1c} level and Triacylglycerol level in diabetic patients Spearman's rho correlation=0.126; p=0.024



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Comparative Study of Diversity of Soil Oribatid Mites (Acari: Oribatida) in Two Different Soil Habitats Near Kolkata, West Bengal, India

By Shelley Acharya, Paramita Basu & Sweta Majumder

Abstract- Soil samples were collected at monthly intervals from two different habitats- a waste disposal site and an agricultural field, near Kolkata, West Bengal. A total of 16 species of oribatid mites of 9 families were recorded from the study sites. The species richness and the abundance of oribatid were maximum in waste disposal site. Whereas, at diversity level, the maximum values for Shannon-Wiener index and Pielou's index of evenness were showed by agricultural field.

Keywords: diversity, oribatid mites. agricultural field, waste disposal site.

GJSFR-C Classification : FOR Code: 961499

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Comparative Study of Diversity of Soil Oribatid Mites (Acari: Oribatida) in Two Different Soil Habitats Near Kolkata, West Bengal, India

Shelley Acharya ^a, Paramita Basu ^a & Sweta Majumder ^p

Abstract- Soil samples were collected at monthly intervals from two different habitats- a waste disposal site and an agricultural field, near Kolkata, West Bengal. A total of 16 species of oribatid mites of 9 families were recorded from the study sites. The species richness and the abundance of oribatid were maximum in waste disposal site. Whereas, at diversity level, the maximum values for Shannon-Wiener index and Pielou's index of evenness were showed by agricultural field.

Keywords: diversity, oribatid mites. agricultural field, waste disposal site.

I. INTRODUCTION

Mites have seldom been exploited as bioindicators in soil, however, oribatid mites may prove especially useful indicators (Lebrun and van Straaleen 1995, Stamou and Argyropoulou 1995). Since they have relatively long life cycles, they may prove useful indicators of heavy metal pollution events. The relative proportion of the oribatid mites has been shown to increase in response to heavy metals and to pesticide pollution (Siepel 1995).

A significant feature of biological activity in soil is the conversion of dead organic matter in inorganic nutrients. Mites play a major role in soil humification and regulation of soil fertility. So a little attempt has been made to compare the soil mite diversity and richness in two different soil conditions i.e. heavy metal rich polluted land and inorganic pollutant rich area near Kolkata.

Various workers like Sengupta and Sanyal (1991), Bhattacharya and Chakraborty (1994), Rusek and Marshall (2000), Zaitsev and van Straalen (2001), Skuba and Kafel (2004), Hazra and Bhattacharya (2003), Banerjee (Moitra) et al. (2010), Moitra (2013) studied the ecology of soil microarthropods in polluted or ecologically disturbed areas in different parts of the world.

II. STUDY AREA

For this study 2 different study sites were selected in West Bengal. One is Dhapa solid waste disposal ground (Site I), which was one of the major municipal solid waste dumping site of Salt Lake city and Kolkata, situated at North 24 Pargana. This site is

Author α σ ρ: Zoological Survey of India, M-Block, New Alipore, Kolkata, West Bengal, India. e-mail: acharya.shelley@gmail.com contaminated with organic and inorganic garbage of the township. The other one is a road side Agricultural field of Baruipur (Site II), situated at South 24 Pargana. The soil of this site is contaminated mainly with inorganic agricultural pollutants.



Figure 1 : Map of Dhapa Municipal Solid Waste Dumping Ground



Figure 2 : Baruipur Agricultural field

III. MATERIAL AND METHODS

Sampling was done on monthly basis throughout the study period. Four randomly selected plots were selected in each study area and four soil samples were collected from each study area in each month. A total of 24 soil samples were collected from each study area.

The soil samples were collected by shovel from upper 10 cm soil profile and were kept in polythene bags. The samples were extracted by using modified Tullgren funnels and extracted mite specimens were collected in glass tubes containing 70% alcohol.

The oribatid mites were sorted out from the admixture of extracted soil microarthropods and were kept in solution of 90% alcohol and lactic acid (v/v) as

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advocated by Balogh (1965). For microscopic observations, Balogh's (1965) method of temporary mounting in lactic acid was followed and for identification, the taxonomic keys proposed by Balogh (1972) were followed. After necessary microscopic observations the specimen were preserved in small glass vials containing 90% alcohol.

IV. Results and Discussions

During the study period a total of 709 specimens were collected among them 482 specimens were collected from Site I and only 227 specimens were collected from Site II. 9 species of oribatid mites under 4 families like Scheloribatidae, Haplozetidae, Galumnidae and Oribatellidae were collected from Site II. Whereas 14 species under 9 families like Scheloribatidae, Haplozetidae, Oppiidae, Basilobelbidae, Nothridae, Tectocepheidae, Lohmanidae, Oribatellidae and Galumnidae were recorded from Site I (Table 1). Similar study of Moitra (2013) recorded the tea garden as the species rich site than solid waste disposal site.

In Site I, the relative abundance of *Protoribates magnus* (Aoki) was 26.97% and was deserved the status of most abundant oribatid species of the study area. *Protoribates magnus* was followed by *Scheloribates curvialatus* Hammer (24.90%), *Oppia kuehnelti* Balogh (19.71%) and *Scheloribates albialatus* Hammer (9.96%) (Figure 3).

Whereas, in Site II, *Rostrozetes foveolatus* Sellnick (25.11%) deserved the status of most abundant oribatid species and was followed by *Scheloribates albialatus* Hammer (22.91%), *Lamellobates palustris* Hammer (20.70%) and *Scheloribates curvialatus* Hammer (11.89%) (Figure 4). Again, *Rostrozetes foveolatus* Sellnick and *Pilobatella punctata* Grobler were the 2 unique species under the family Haplozetidae, were not found in Site I and the representatives of the family Lohmanidae were not found in Site II during the study period (Table 1).

Diversity was estimated in terms of Shannon-Wiener index (Shannon and Weinner, 1963), and Pielou's index of evenness (Pielou, 1963) was calculated for the estimation of evenness. The oribatid community in site II was more diverse and showed higher value of Shannon Index (H': 2.04) and Evenness Index (H_{even}: 0.86) (Table 2). Again the three most diversified and species rich oribatid families of the study sites were Scheloribatidae. Lohmaniidae and Haplozetidae. Among the oribatid family's Scheloribatidae was the most diversified family in both the site may be due to the prevalent status of this species in West Bengal. Shannon index and evenness index of family Scheloribatidae (H': 1.04, H_{even}: 0.75) in Site II showed higher value than Site I (Table 3).

| SI. No. | Species | Site I | Site II |
|-----------|---|--------|---------|
| Family: S | Scheloribatidae | | |
| 1. | Scheloribates curvialatus Hammer | ++ | + |
| 2. | S. albialatus Hammer | + | ++ |
| З. | Scheloribates sp. | + | ++ |
| 4. | S. huancayensis Hammer | + | ++ |
| Family: H | Iaplozetidae | | |
| 5. | Protoribates magnus Aoki | ++ | + |
| 6. | Setoxylobates foveolatus Balogh & Mahunka | + | - |
| 7. | Rostrozetes foveolatus Sellnick | - | + |
| 8. | Pilobatella punctata Grobler | - | + |
| Family: (| Dppiidae | | |
| 9. | <i>Oppia kuehnelti</i> Balogh | ++ | - |
| Family: E | Basilobelidae | | |
| 10. | Basilobelba sp. | + | - |
| Family: (| Galumnidae | | |
| 11. | Galumna sp. | + | ++ |
| Family: N | Nothridae | | |
| 12. | Nothrus sp. | + | - |
| Family: 1 | ectocepheidae | | |
| 13. | Tectocepheus sp. | + | - |
| Family: L | ohmanidae | | |
| 14. | Javacarus kuehnelti Balogh | + | - |
| 15. | Annectacarus sp. | + | - |
| Family: (| Dribatellidae | | |
| 16. | Lamellobates palustris Hammer | + | ++ |

Table 1 : Species composition of soil oribatid mites of both the study areas







Figure 4 : Relative Abundance (%) of different species of oribatid mites collected from Site II

| Study area | H' | H_{even} |
|------------|------|------------|
| Site I | 1.77 | 0.42 |
| Site II | 2.04 | 0.86 |

| Table 2 : Diversity Index of oribatid mites in Site | e I and Site II during the study period |
|---|---|
|---|---|

| Table 3 : Diversity | Index of diffe | rent species (| of oribatid | mites in | Site I a | and Site II |
|---------------------|----------------|----------------|-------------|----------|----------|-------------|
|---------------------|----------------|----------------|-------------|----------|----------|-------------|

| Family | | Site I | Site II |
|-----------------|------------|--------|---------|
| Scheloribatidae | H' | 0.88 | 1.04 |
| | H_{even} | 0.64 | 0.75 |

| Haplozetidae | H' | 0.16 | 0.83 |
|--------------|-------------------|------|------|
| | H _{even} | 0.23 | 0.76 |
| Lohmanidae | H' | 0.45 | - |
| | H _{even} | 0.65 | - |

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- 3. Submission of Manuscripts,
- 4. Manuscript's Category,
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An abstract is a brief distinct paragraph summary of finished work or work in development. In a minute or less a reviewer can be taught the foundation behind the study, common approach to the problem, relevant results, and significant conclusions or new questions.

Write your summary when your paper is completed because how can you write the summary of anything which is not yet written? Wealth of terminology is very essential in abstract. Yet, use comprehensive sentences and do not let go readability for briefness. You can maintain it succinct by phrasing sentences so that they provide more than lone rationale. The author can at this moment go straight to shortening the outcome. Sum up the study, with the subsequent elements in any summary. Try to maintain the initial two items to no more than one ruling each.

- Reason of the study theory, overall issue, purpose
- Fundamental goal
- To the point depiction of the research
- Consequences, including <u>definite statistics</u> if the consequences are quantitative in nature, account quantitative data; results of any numerical analysis should be reported
- Significant conclusions or questions that track from the research(es)

Approach:

- Single section, and succinct
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Approach:

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Approach:

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Approach:

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| References | Complete and correct format, well organized | Beside the point, Incomplete | Wrong format and structuring |

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