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The Best Time to Heal with our Informational NEMF?

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Abstract- The article underlines that the best time to heal with prayer through our informational nonlinear electromagnetic field (NEMF) is at dawn and dusk when the spinning of our NEMF turn to opposite, the breathing is done through both nostrils, and both brain hemispheres are active. Since one of the hemispheres is mostly related to the Conscious and the other mostly related to the Subconscious, this is the time when the Conscious and the Subconscious are bridged and the Subconscious can be reached. This is very important for info-energy healing (healing with prayer), which is done through the Quantum Computer in our Subconscious, which operates with the waves of our NEMF, which rules and regulates everything in the body. Thus, the best time for info-energy healing (healing with prayer) is at dawn and dusk when the Quantum Computer that rules and regulate everything can be accessed. Also, in our one-and-a-half-hour cycle of breathing, the best time for healing is the time of switch between one-and-a-half-hour breathing through the right nostril and one-and-a-half-hour breathing through the left nostril when for a short time the breathing is done through both nostrils.

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Abstract- The article underlines that the best time to heal with prayer through our informational nonlinear electromagnetic field (NEMF) is at dawn and dusk when the spinning of our NEMF turn to opposite, the breathing is done through both nostrils, and both brain hemispheres are active. Since one of the hemispheres is mostly related to the Conscious and the other mostly related to the Subconscious, this is the time when the Conscious and the Subconscious are bridged and the Subconscious can be reached. This is very important for info-energy healing (healing with prayer), which is done through the Quantum Computer in our Subconscious, which operates with the waves of our NEMF, which rules and regulates everything in the body. Thus, the best time for info-energy healing (healing with prayer) is at dawn and dusk when the Quantum Computer that rules and regulate everything can be accessed. Also, in our one-and-a-half-hour cycle of breathing, the best time for healing is the time of switch between one-and-a-half-hour breathing through the right nostril and one-and-a-half-hour breathing through the left nostril when for a short time the breathing is done through both nostrils. This is the time when both brain hemispheres are active, i.e. both the Conscious and the Subconscious are active, and it is possible to access the Quantum Computer in the Subconscious, which rules and regulates everything in the body.

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I. INTRODUCTION

Let us introduce some concepts of nonlinear physics, which we would need. The flux of running river-water would be linear, if the bottom of the river is smooth. However, if there is a big stone on the bottom of the river, the water needs to flow around the stone and the water flux becomes nonlinear. Behind the stones, turbulence would be observed manifested with a couple of: vortex spinning clockwise and anti-vortex spinning counterclockwise.

Following the law of the folded fingers of the right hand in physics, when the folded fingers show the direction of the currents (or the direction of spinning), the vertical thumb show the direction of the induced magnetic field. Following this law, the vortices (which spin clockwise) would induce magnetic field toward the surface. This would make the vortices to suck energy in. Following the same law, the anti-vortices (which spin counterclockwise) would induce magnetic field off the

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surface, which would make the anti-vortices to emit energy.

II. ANCIENT WISDOM AND MODERN FRONTIER SCIENCE FOR THE INFLUENCE OF POSITIVE AND NEGATIVE EMOTIONS ON OUR NEMF CALLED SPIRIT

The human nonlinear electromagnetic field (NEMF) (Fig. 1) is seen as “aura” (which in Hebrew means “light”) and called Spirit. It can be photographed in high frequency electric field (Kirlian photography). The Russian scientist Shkatov found with his patented ‘torsemeter’ [1], which allows him to measure the spinning of the human NEMF (Fig. 1), that at positive emotions (joy, happiness, etc.) the human NEMF spins clockwise. According to nonlinear physics, the vortices spin clockwise and suck energy in. This means that when we experience positive emotions, our NEMFs spin clockwise and suck energy in. This explains the energy uplift we usually feel when experiencing positive emotions.

I spent 40 years of my life measuring the human NEMF, including studies of how positive or negative thinking influence it. Our electrical measurements of NEMF [2] found energy increase on top of the head (Fig. 1) at positive emotions or just positive thinking, which means electrical energy has been sucked from the atmosphere through the top of the head, which energized or activated (Yang) the whole NEMF, and increased the spinning of its vortices and anti-vortices called chakras (in Sanskrit “chakras” means “spinning wheels”).

The Russian scientist Shkatov also found that at negative emotions (anger, hatred, sadness, etc.) the human NEMF spins counterclockwise [1]. According to nonlinear physics, the anti-vortices spin counterclockwise and loose energy. This means that when we experience negative emotions, our NEMFs spin counterclockwise and loose energy, which explains the low energy we feel when experiencing negative emotions.

Our electrical measurements of NEMF [2] found energy decrease on top of the head (Fig. 1) at negative emotions or just negative thinking, which means that energy has been lost. This deactivates the whole NEMF and reduces the spinning of its vortices and anti-vortices called chakras. However, how this is going to work for

females, whose NEMF is spinning in direction opposite to the man's NEMF? [3].

III. THE DAY/NIGHT DYNAMICS OF OUR NEMF CALLED SPIRIT FOR BOTH GENDERS

Yogi books [4] claim that the chakras, which are the alternating vortices and anti-vortices of the human nonlinear electromagnetic field (NEMF), change the direction of their spinning to opposite at dawn and dusk. If the alternating vortices and anti-vortices of our NEMF change the direction of their spinning to opposite at dawn and dusk, the spinning of the whole our NEMF must change to opposite at dawn and dusk.

This makes sense because during the day, which is the active cycle of humans, the man's torus

shape NEMF (Fig. 1), must spin clockwise like a vortex and suck in energy from the atmosphere through the top of the head. The said above is in full agreement with ancient Chinese texts, which claim that during the day (Yang), when the Sun is active (Yang), the processes in the male (Yang) body are more active (Yang).

For this to happen, the man's NEMF must spin clockwise and suck energy in. The sucked energy is not just any kind of energy – it is energy that stimulates (Yang). Since the electrical energy stimulates (Yang), during the day (Yang), the man's (Yang) NEMF must suck electrical (Yang) energy from the atmosphere through the top of the head to get energized or stimulated (Yang) (Fig. 1) [5].

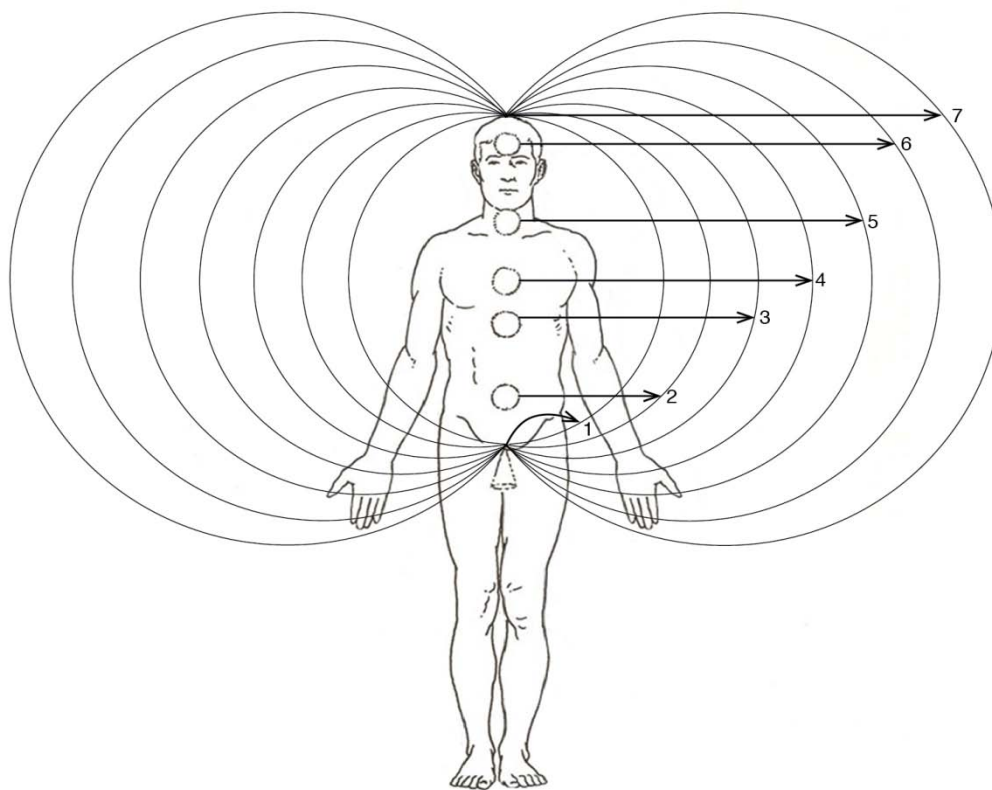


Fig. 1: Vertical cross section of the human torus shaped NEMF with its vertical chain of alternating vortices and anti-vortices and their corresponding energy levels

During the night, the man's NEMF must spin counterclockwise like an anti-vortex and loose energy through the top of the head because this is the time when man rest and sleep. Ancient Chinese texts claim that during the night (Yin), all the processes in the male body are passive (Yin). This means that during the night (Yin), man's NEMF must spin counterclockwise and loose energy in the atmosphere through the top of the head, so that the body can rest and sleep.

Thus, during the day (Yang) when the body is active (Yang), man's (Yang) NEMF spins clockwise and breathes in electrical stimulating (Yang) energy. During the night (Yin), when the body needs to rest (Yin) and sleep, man's NEMF spins counterclockwise and breathes energy out. However, how this is going to work for females, whose NEMF is spinning in direction opposite to the man's NEMF? [3]

Since the male and female NEMF spin in opposite directions at the same time of day or night [3], the female (Yin) NEMF must spin counterclockwise during the day and suck magnetic (Yin) energy from the Earth (Yin) through the Earth chakra, which is at the tailbone open to the Earth. During the night, the female (Yin) NEMF must spin clockwise and release the magnetic (Yin) energy to the Earth (Yin) to calm (Yin) down the processes in the female (Yin) body so that the female (Yin) body can have the needed rest and sleep.

The activation of the male (Yang) Spirit (NEMF) during the day by sucking stimulating electric (Yang) energy from the atmosphere is probably the basis of our concept of Father God in Heaven. The activation of the female (Yin) Spirit (NEMF) during the day by sucking magnetic (Yin) energy from the Earth (Yin) is probably the basis of our concept of Mother Goddess of Earth.

The ancient Chinese texts always underline that keeping the Yang and Yin balanced in every body (male and female) is the key to good health [4]. But based on what we just said, balanced Yin and Yang means balanced activity and rest. According to Yoga books [5], the best time to heal, i.e. balance the chakras and balance Yin and Yang is at dawn and dusk when the NEMF changes its direction of spinning, and so do the chakras, which are the vortices and anti-vortices of our NEMF.

Since "Yoga" means "connected to God", Yogi books [5] say that dawn and dusk is also the best time to meditate and connect to the Creator God. This is because the Subconscious contains information about the Creator, of which we are not consciously aware. As said, at dawn and dusk when the spinning of our NEMF turns to opposite and we breathe through both nostrils, both brain hemispheres are active, and this allows access to the Subconscious, where our powerful Quantum Computer operates with the waves of the Spirit that comes from God.

Since Russian scientists found through EEG studies that both meditation and prayer deactivate the Conscious so that we can hear the voice of the Subconscious, dawn and dusk when the Conscious and the Subconscious are bridged, will be the best time to meditate on health (or pray for health) and also to hear the voice of the Creator from the Subconscious, where the Quantum Computer operates with the waves of our NEMF, which we call Spirit, and see as aura.

Dawn and dusk, when the Conscious and the Subconscious are bridged, is also the best time to receive intuitive insights or solutions from the Quantum Computer in the Subconscious, which works with the waves of the Spirit. Formulate the problem you need to solve before to asleep, and if you are lucky, you may get the solution from the Quantum Computer when you awake. Since a Quantum Computer is involved, the time of receiving the solution is always an outcome with probability.

Thus, meditate and pray during dawn and dusk for health, to balance your Spirit, and to balance your Spirit (Yang) and body (Yin).

IV. THE HOURLY DYNAMICS OF OUR NEMF CALLED SPIRIT

Our cycle of breathing is in synchrony with our brain activity. Every one-and-a-half hour we breathe through the left nostril and our right-brain hemisphere is active. The next one-and-a-half hour we breathe through the right nostril and our left-brain hemisphere is active. While one of the hemispheres is mostly related to the Conscious, the other is mostly related to the Subconscious. When the breathing switches from left to right nostril or vice versa, for short period of time the breathing is done through both nostrils and this is the time when the Conscious and the Subconscious are bridged.

As said, the best time to pray for healing or meditate on healing is at dawn and dusk when the spinning of our NEMF switches to opposite and we breathe through both nostrils, because this is the time when the Conscious and the Subconscious are bridged. In the same way, the best time for healing with prayer or meditation is during the switch from the one-and-a-half hour breathing through the left nostril to the one-and-a-half hour breathing through the right nostril and vice-versa, when both nostrils are active. However, in the hourly switch the time for healing is shorter than in the day/night switch.

Ancient acupuncture sources highly recommend the acupuncture treatments to be synchronized with the cycle of breathing.

1/ When the acupuncturist wants to stimulate to insert the needle at the time when all the breath is exhaled. He must wait until the patient has to inhale (which activates the body) to move the needle. When it is time to withdraw the needle to do it at the time the inhalation begins.

2/ When the acupuncturist wants to sedate to insert the needle at the time of inhalation. When it is time to withdraw the needle to do it when all the breath is exhaled (which deactivates [6] the body).

In both cases (stimulation or sedation) the needle movement is done at the time the breathing switches from left to right nostril or vice-versa and the breathing is done through both nostrils for a short period of time. This bridges the Conscious to the Subconscious, which allows access to the Quantum Computer in the Subconscious, which through the waves of the NEMF rules and regulates everything in the body. All said comes to prove that acupuncture seems to work through our NEMF.

The author of this article predicted with a mathematical model in 1983 that waves must run from a treated with needle acupuncture point [4] and these

waves were experimentally confirmed in 1984 [4]. If so, acupuncture works through the waves of our NEMF. With the waves of our NEMF also operates our Quantum Computer in the Subconscious, which rules and regulates everything in the body. In the light of all this, we can understand why ancient acupuncture sources recommend acupuncture to be synchronized with the cycle of breathing.

Also, ancient texts on acupuncture recommend stimulating acupuncture to be done only in the morning because the energy (Chi) grows in the morning; the ancients say it will be like swimming in the direction of the river flow. This was confirmed by contemporary studies, which found that the cortisol level, which determines our energy and the strength of our immune system, grows in the morning [6].

Also, ancient texts on acupuncture recommend sedating acupuncture to be done only at the evening because the energy (Chi) decreases in the evening. The ancients say it will be like swimming in the direction of the river flow. This was confirmed by contemporary studies, which found that the cortisol level, which determines our energy, decreases in the evening [6].

V. CONCLUSION

Thus, the best time for info-energy healing is at dawn and dusk when the direction of the spinning of our informational NEMF (Spirit) changes to opposite. This is when we breathe through both nostrils and both brain hemispheres are active. Since one hemisphere is mostly related to the Conscious and the other to the Subconscious, this means that the Conscious and Subconscious are bridged. If so, this is the time when the Subconscious can be reached and in the Subconscious is the Quantum Computer, which rules and regulates everything in the body through the waves of our NEMF (Spirit).

Dawn and dusk is also the time to balance the chakras of the Spirit, which are the vortices and anti-vortices of the human NEMF. Since Russian scientists found with EEG studies that during both - meditation and prayer - the Conscious is not active (just like during hypnosis), which allows access to the Subconscious, dawn and dusk are the best time to meditate and pray for health, i.e. to reach our Quantum Computer, which through the waves of our Spirit (NEMF) rules and regulates everything in the body.

That is why it is essential to meditate and pray for health at the time when the Conscious and the Subconscious are bridged, which allows access to the Quantum Computer in the Subconscious. This is: 1/ at dawn and dusk when the spinning of our NEMF turns to opposite and we breathe through both nostrils and 2/ when the breathing switches from one-and-a-half-hour breathing through the left nostril to one-and-a-half-hour breathing through the right nostril or vice-versa and for a

short period of time the breathing is done through both nostrils.

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