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## Cardiac Oxidative Status in $CCl_4$ -Exposed Rats Treated with Extracts of *Dialium guineense* Stem Bark

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**Abstract-** The present study investigated cardiac oxidative status in carbon tetrachloride ( $CCl_4$ )-exposed rats treated with aqueous and ethanol extracts of *Dialium guineense* stem bark. Adult male Wistar rats ( $n = 25$ ) weighing 170 – 190 g (mean weight =  $180 \pm 10$  g) were randomly assigned to five groups (5 rats per group): normal control,  $CCl_4$  control, silymarin, aqueous extract and ethanol extract groups. With the exception of normal control, the rats were exposed to  $CCl_4$  at a single oral dose of 1.0 mL/kg body weight, bwt. Rats in the silymarin group were administered silymarin (standard cardioprotective drug) at a dose of 100 mg/kg bwt, while those in the two treatment groups received 1000 mg/kg bwt of aqueous or ethanol extract orally for 28 days. Activities of antioxidant enzymes such as catalase, superoxide dismutase (SOD), glutathione peroxidase (GPx) and glutathione reductase (GR) were evaluated in heart homogenate.

**Keywords:** cardioprotection, *dialium guineense*, heart, lipid peroxidation, oxidative stress.

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# Cardiac Oxidative Status in $CCl_4$ -Exposed Rats Treated with Extracts of *Dialium guineense* Stem Bark

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**Abstract-** The present study investigated cardiac oxidative status in carbon tetrachloride ( $CCl_4$ )-exposed rats treated with aqueous and ethanol extracts of *Dialium guineense* stem bark. Adult male Wistar rats ( $n = 25$ ) weighing 170 – 190 g (mean weight =  $180 \pm 10$  g) were randomly assigned to five groups (5 rats per group): normal control,  $CCl_4$  control, silymarin, aqueous extract and ethanol extract groups. With the exception of normal control, the rats were exposed to  $CCl_4$  at a single oral dose of 1.0 mL/kg body weight, bwt. Rats in the silymarin group were administered silymarin (standard cardioprotective drug) at a dose of 100 mg/kg bwt, while those in the two treatment groups received 1000 mg/kg bwt of aqueous or ethanol extract orally for 28 days. Activities of antioxidant enzymes such as catalase, superoxide dismutase (SOD), glutathione peroxidase (GPx) and glutathione reductase (GR) were evaluated in heart homogenate. The results showed that there were no significant differences in the concentrations of cardiac total protein (TP) among the groups ( $p > 0.05$ ). The activities of the antioxidant enzymes and level of reduced glutathione (GSH) were significantly lower in  $CCl_4$  control group than in normal control group, but they were increased by extract treatment ( $p < 0.05$ ). However, the level of cardiac malondialdehyde (MDA) increased by  $CCl_4$  intoxication was significantly reduced after treatment ( $p < 0.05$ ). These results indicate that aqueous and ethanol extracts of *D. guineense* stem bark may enhance antioxidant defense in rats hearts exposed to  $CCl_4$ .

**Keywords:** cardioprotection, *dialium guineense*, heart, lipid peroxidation, oxidative stress.

## I. INTRODUCTION

Carbon tetrachloride ( $CCl_4$ ) is a colorless liquid with a "sweet" smell that can be detected at low levels [1]. Its production has steeply declined since the 1980s due to environmental concerns and the decreased demand for chlorofluorocarbons (CFCs), such as the Freons dichlorodifluoromethane (F-12) and trichlorofluoro- methane (F-11), which are used primarily as refrigerants [2]. It is also used in petroleum refining, pharmaceutical manufacturing, as an industrial solvent, in the processing of fats, oils, and rubber, and in laboratory applications [3]. Currently,  $CCl_4$  is not permitted in products intended for home use. The primary

routes of potential human exposure to  $CCl_4$  are inhalation, ingestion, and dermal contact. The general population is most likely to be exposed to  $CCl_4$  through air and drinking water[4 – 6]. In humans and animals,  $CCl_4$  is rapidly absorbed by any route of exposure. Once absorbed, it is widely distributed among tissues, especially those with high lipid content, reaching peak concentrations in <1– 6 h, depending on exposure concentration or dose. The compound is metabolized in the body, primarily by the liver, but also in the kidney, lung, and other tissues containing cytochrome P450 (CYP450). The fraction of the compound that is metabolized varies with dose [7, 8].

The heart is a muscular organ which pumps blood through the blood vessels of the circulatory system [9]. Blood provides the animal's body with oxygen and nutrients as well as assist in the removal of metabolic wastes. In humans, the heart is located between the lungs in the middle compartment of the chest [10 - 12]. The heart is effectively a syncytium, a meshwork of cardiac muscle cells interconnected by contiguous cytoplasmic bridges [13 - 15].

Plants are at the center of Traditional Medicine. Their use in disease management is as old as man [16, 17]. Medicinal plants serve as cheap alternative to orthodox medicine since they are readily available [18 - 20]. *Dialium guineense* is a medicinal plant used in folklore medicine for the treatment of infections such as diarrhea, severe cough, bronchitis, wound, stomachaches, malaria, jaundice, ulcer and hemorrhoids [21, 22]. At present not much is known about the potential of extracts of *D. guineense* stem bark to protect against  $CCl_4$ -induced cardio-toxicity in rats. The aim of this study was to investigate cardiac oxidative status in  $CCl_4$ -exposed rats treated with aqueous and ethanol extracts of *D. guineense* stem bark.

## II. MATERIALS AND METHODS

### a) Chemicals

All chemicals and reagents used in this study were of analytical grade and they were products of Sigma-Aldrich Ltd. (USA).

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**b) Collection of Plant Material**

The stem barks of *D. guineense* were obtained from Auchi, Edo State, Nigeria and authenticated at the herbarium of the Department of Plant Biology and Biotechnology, University of Benin, Benin City, Nigeria (No. UBH<sub>D</sub>330).

**c) Plant Preparation and Extraction**

The stem bark was washed and shade-dried at room temperature for a period of two weeks and crushed into small pieces using clean mortar and pestle. Aqueous and ethanol extracts of the stem bark were obtained using cold maceration method as described previously [23].

**d) Experimental Rats**

Adult male Wistar rats ( $n = 25$ ) weighing 170 – 190 g (mean weight =  $180 \pm 10$  g) were obtained from the Department of Anatomy, University of Benin, Benin City, Nigeria. The rats were housed in metal cages under standard laboratory conditions: room temperature, 55 – 65% humidity and 12-h light/12-h dark cycle. They were allowed free access to rat feed (pelletized growers mash) and clean drinking water. Prior to commencement of the study, the rats were acclimatized to the laboratory environment for one week. The study protocol was approved by the University of Benin Faculty of Life Sciences Ethical Committee on Animal Use.

**e) Experimental Design**

The rats were randomly assigned to five groups (5 rats per group): normal control,  $CCl_4$  control, silymarin, aqueous extract and ethanol extract groups. With the exception of normal control, the rats were exposed to  $CCl_4$  at a single oral dose of 1.0 mL/kg bwt [23]. Rats in the silymarin group were administered silymarin (standard cardioprotective drug) at a dose of 100 mg/kg bwt, while those in the two treatment groups received 1000 mg/kg bwt of aqueous or ethanol extract orally for 28 days.

**f) Tissue Sample Collection and Preparation**

At the end of the treatment period, the rats were euthanized and their hearts excised, and used to prepare 20% tissue homogenate. The homogenate was centrifuged at 2000 rpm for 10 min to obtain supernatant which was used for biochemical analysis.

**g) Biochemical Analyses**

The activities of catalase, SOD and GPx were determined [24 - 26]. Levels of total protein, MDA and GSH were also measured [27 - 29]. The activity of GR was determined using a previously described method [30].

**III. RESULTS****a) Effect of Extracts of *D. guineense* Stem Bark on Relative Organ Weight**

As shown in Table 1, there were no significant differences in relative organ weight among the groups ( $p > 0.05$ ).

*Table 1: Relative Organ Weights of Rats*

Group	Relative organ weight $\times 10^{-2}$
Normal Control	$3.34 \pm 0.54$
$CCl_4$ Control	$3.02 \pm 0.10$
Silymarin	$3.17 \pm 0.16$
Aqueous Extract	$3.52 \pm 0.24$
Ethanol Extract	$2.96 \pm 0.14$

Data are relative organ weights and are expressed as mean  $\pm$  SEM ( $n = 5$ ).

**b) Effect of Extracts of *D. guineense* Stem Bark on Oxidative Status in Rat Heart**

There were no significant differences in the concentrations of cardiac TP among the groups ( $p > 0.05$ ). The activities of the antioxidant enzymes and level of GSH were significantly lower in  $CCl_4$  control group than in normal control group, but they were increased by extract treatment ( $p < 0.05$ ). However, the level of cardiac MDA increased by  $CCl_4$  intoxication was significantly reduced after treatment ( $p < 0.05$ ). These results are shown in Figures 1 to 3.

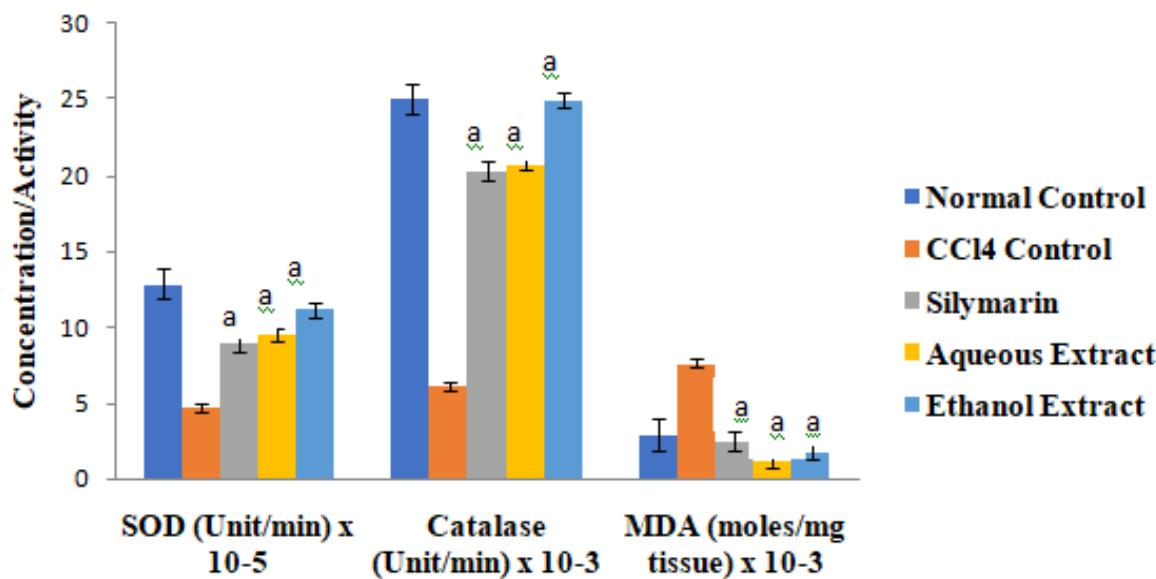


Figure 1: Effect of Extracts of *D. guineense* Stem Bark on Markers of Oxidative Stress in Rat Heart

Data are oxidative stress markers, and are expressed as mean  $\pm$  SEM. <sup>a</sup> $p < 0.05$ , when compared with CCl<sub>4</sub> control group.

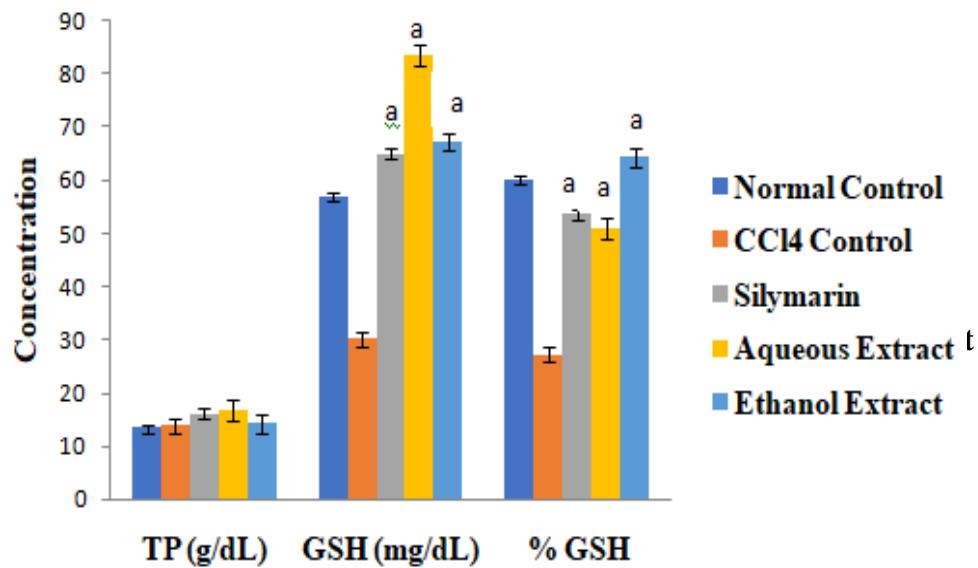


Figure 2: Effect of Extracts of *D. guineense* Stem Bark on Some Oxidative Stress Parameters

Data are oxidative stress markers, and are expressed as mean  $\pm$  SEM. <sup>a</sup> $p < 0.05$ , when compared with CCl<sub>4</sub> control group.

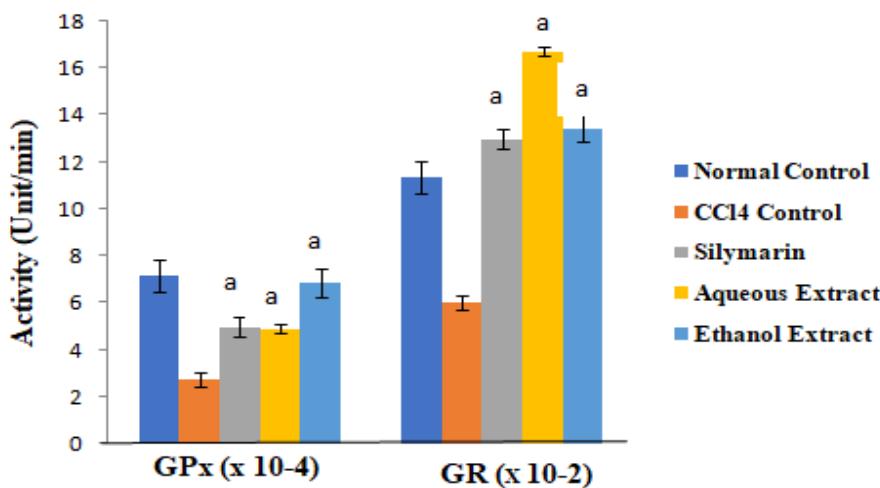


Figure 3: Effect of Extracts of *D. guineense* Stem Bark on Rat Oxidative Status

Data are oxidative stress parameters, and are expressed as mean  $\pm$  SEM. <sup>a</sup> $p < 0.05$ , when compared with CCl<sub>4</sub> control group.

#### IV. DISCUSSION

In animals, CCl<sub>4</sub> is rapidly absorbed via any route of exposure. Once absorbed, it is widely distributed among tissues, especially those with high lipid content. It is metabolized in the body, primarily by the liver, but also in the kidney, lung, and other tissues containing CYP450. The poison reaches its maximum concentration in the liver within 3 h of administration, thereafter it falls and by 24 h it is completely cleared from the organ [7, 8].

Tissue injury produced by CCl<sub>4</sub> is mediated by two major processes resulting from bioactivation in the endoplasmic reticulum (ER) and mitochondria of centrilobular hepatocytes [31]; haloalkylation of cellular macromolecules by reactive metabolites such as trichloromethyl free radical or trichloromethyl peroxyl free radical [32–34]; and lipid peroxidation [35].

Reactive oxygen species (ROS) and oxidative stress have been shown to play an important role in the etiopathogenesis of tissue injury. The role of oxidative stress in cardiac hypertrophy and remodeling has been demonstrated. An increased generation of ROS in the vascular wall and a reduction of nitric oxide (NO) bioavailability lead to endothelial dysfunction in atherogenesis [36, 37]. The ROS cause damage to cellular structures within the vascular wall, thereby triggering several redox-sensitive transcriptional pathways, shifting the cell towards a proatherogenic transcriptomic profile. Animal models of atherosclerosis demonstrate the involvement of ROS in atherosclerosis by the accumulation of lipid peroxidation products and induction of inflammatory genes and activation of matrix metalloproteinases [38, 39]. The ROS and reactive nitrogen species (RNS) produced by the endothelium promote oxidative modification of low-density lipoprotein-cholesterol (LDL-C) in the phase that

precedes the transfer into the subendothelial space of the arterial wall, where they initiate atherosclerosis [40].

This study investigated cardiac oxidative status in CCl<sub>4</sub>-exposed rats treated with extracts of *Dialium guineense* stem bark. The results showed that the activities of the antioxidant enzymes measured as well as level of GSH were significantly lower in CCl<sub>4</sub> control group than in normal control group, but these parameters were increased by extract treatment. However, the level of cardiac MDA increased by CCl<sub>4</sub> was significantly reduced after treatment. These results suggest that extracts of *D. guineense* stem bark may enhance antioxidant defense in rat heart exposed to CCl<sub>4</sub>. The capacity of extracts of the medicinal plant to potentiate natural antioxidant defense system has been reported [41–43]. Plants rich in polyphenols are reported to possess good antioxidant capacity [44–46]. Plants with cardioprotective potential have been shown to contain a variety of bioactive compounds, such as diosgenin, isoflavones, sulforaphane, carotenoids, catechins, quercetin, allicin, cardiac glycosides, saponin-shatavarins 1-1V, cyclovirobuxine D and triterpenes/triterpenoids [47–49].

The cardioprotective effect of medicinal plants may involve attenuation of the damage in cardiac muscle cells, vascular smooth muscle cells (VSMCs), endothelial cells (ECs), and macrophages and monocytes. In cardiomyocytes, cardioprotective agents may promote the opening of K<sub>ATP</sub> channel, increased secretion of atrial natriuretic peptide, as well as the regulation of cardiac hypertrophy, oxidative stress, and apoptosis [50, 51].

#### V. CONCLUSION

The results of this study suggest that aqueous and ethanol stem bark extracts of *D. guineense* enhance

antioxidant defense in rat heart exposed to  $CCl_4$ . Their bioactive molecules may exert cardioprotective function via suppression of specific factors, regulation of key enzymes, and scavenging of oxygen-free radicals.

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